



# Triangles

BULLETIN

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## COMMUNITY

As social beings we have always been part of groups of one kind or another, but community is a particular type of group with intimations of a different order. In these days of rapid, all-pervasive and often disruptive change, community provides an antidote to the fragmentation of our times – a cohesive force that binds and unifies a group of people. We are all familiar with examples of community in varying forms from local area communities to religious groupings and so on to include the international community as well. And in all cases, the role of each individual is crucial to the life and well-being of the group, through a developed sense of responsibility to the “common good”.

This natural foundation in responsible interrelationship makes community a key element of citizenship, so it is a significant step forward that citizenship is now being included in many education curricula. And we can look forward to a future time when the esoteric meaning of community and its underlying concepts are also understood more widely; soul relationships, the law of rebirth and the true meaning of the law of karma can then provide deeper perspectives and help people understand their life’s purpose, finding self-chosen opportunity and service within the context of the whole. As the Agni Yoga teachings note, “People sometimes talk about the Common Good, yet this goal will only be possible through the embracing of the Higher World. Only then will the process of perfectment become a wise one, and unite all quests of humanity. The varied paths of all pilgrims will then be accepted and understood.”<sup>1</sup>

This higher world to which humanity aspires is the Community of Souls – the Spiritual Hierarchy – who are characterised by unity of thought along with diversity of methods and actions as they guide humanity forward. And it is a community of friendship in the purest sense, as all are fused and blended into groups of enlightened, serving minds and swept by the impulse to love. Glimpsing this higher world, we can recognise in the present examples of community, the first faltering steps towards the true communities that will one day prevail as the spirit of right relationships, responsibility and forgiveness begin to actualise their potential in the world.

As we visualise this future civilisation of light and love, it is inspiring to reflect on our work as members of the community of Triangles, helping to raise human consciousness to the point that it can commune directly with the Spiritual Hierarchy. As the many emerging spiritual groups strive to sensitise themselves to the higher impressions that emanate from this Community of Souls, an intuitive, telepathic interplay is flourishing that will one day enable communal living, in its highest sense, to be realised throughout the human kingdom.

<sup>1</sup> Supermundane IV, 722

## EDUCATION – THE SCIENCE OF THE ANTAHKARANA Part 2

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*Let light stream forth into human minds ...  
Let love stream forth into human hearts ... Let  
purpose guide all little human wills ...* These  
mantric phrases reflect a view of mind and heart  
as open pathways stretching into apparently  
limitless dimensions of Light, Love, Purpose  
and Life. Consciousness is understood as a  
continuity of energies and qualities reaching  
from the most basic and profane right into the  
heights of the sacred.

Yet much of the stuff of modern culture is  
built on an understanding of consciousness that  
denies or is ignorant of its higher lighted  
reaches. Imagine a modern education founded  
on a scientific approach to the inter-dimensional  
nature of mind and heart. Imagine how radically  
it would change the entire approach to the  
curriculum. The various subjects would, at least  
in part, be studied in such a way as to help craft  
a bridge from brain and personality across the  
gap into soul and spirit.

In her book *Education in the New Age*, Alice  
Bailey writes of a *Science of the Antahkarana* as  
an essential ingredient to a reformed education.  
The word *Antahkarana* looks strange to the  
modern eye, it is certainly not a word often seen in  
educational or even metaphysical literature. Yet in  
the ancient language of the Indian Vedas it was  
widely used to refer to the multi-layered  
dimensions of *mind* or the *inner faculty of instinct,  
intellect and ego*. Alice Bailey develops the idea of  
levels of mind, using the word to refer to the thread  
of consciousness linking aspects of higher and  
lower mind. Drawing on ancient texts of the East,  
she presents a detailed description of the subtle  
anatomy of this thread, both from the perspective  
of the personality with its brain, glands, emotions,  
mind, and electrical field AND the soul, with the  
various aspects of its light substance.

The *science* is in the work with light, fusing  
the golden physical light of the body's electrical  
fields, with the higher pure white light  
characteristic of the soul, and bringing the light of  
love into manifestation in the workings of the  
intellect. In consciousness terms, this involves  
experiments with meditation and service,  
designed to retrace the thread from lower to  
higher mind creating a bridge back to the center of  
being. These experiments are commonly referred  
to as stages or steps on the spiritual path – the  
science comes in the understanding of the *Path* as  
a roadway or bridge (a bridge of light, a rainbow  
bridge) to be created by the individual, leading  
from the outer ways of knowledge, through  
instinct and intellect to the inner understandings  
gained through intuition and insight.

Some approach to a science of the  
antahkarana is essential in education because of  
the desperate need for humanity to develop  
wisdom, empathy, a sense of synthesis, and a  
deep understanding of the interdependent nature  
of being. All of the problems of our time demand  
this. We have to find a way to consciously draw  
on the rich resources of mind and heart lying  
within us. Only then will we as individuals and  
as a species have the maturity needed to respond  
adequately to evolutionary challenges.

The daily link we make with our Triangles is a  
profound method of work with the science of the  
antahkarana. Simply by making the link and  
visualizing the grid we are training our minds to  
register, comprehend, and use in service substantial  
energies of light and goodwill. As we persist, the  
rainbow bridge within is naturally brought into focus  
as a healthy, vibrant channel of communication  
between higher and lower mind. *Let Light and Love  
and Power restore the Plan on Earth.*

## A HOLISTIC VISION

This is the age of the holistic vision. Due to the advances of science, holism is no longer a beautiful theory; now we can see with our own eyes images of our whole planet from space in all of its profound beauty. We live on a small planet in the solar system – part of the Milky Way galaxy which contains billions of stars like our Sun; and, within the visible Universe there are billions of galaxies. Amazingly, in the microcosm that is the human being, there are about a hundred thousand billion cells in the body, roughly a thousand times more cells than the number of bright stars in our entire Milky Way galaxy.<sup>1</sup> As human consciousness expands so does our understanding of life in the Universe which, according to science, is “far more complex and coherent than anyone other than poets and mystics have dared to imagine”<sup>2</sup>.

Holism, from the Greek word *holos*, is the idea that we live in an interdependent and interrelated world where everything interacts; all parts of a system, whether a human being, a community, a nation, a planet or a solar system are an integral part of a greater whole. Today, relationships in that whole we call humanity are under the microscope as never before, with problems in one part of the world impacting on others thousands of miles away.

Vision is expanding to reveal that which was previously hidden; as things come out into the open they can be dealt with. It is said that “where there is no vision, the people perish” and this seems especially true at this time of transition. Always we must strive towards the vision which lies ahead; if not there is stagnation. But when the inner eye of the soul is turned outward into the world and inward to the higher reaches of the mind we can sense the beauty, co-operation and coherence of all life in the Universe. It is humanity’s task to anchor this vision here on Earth.

Western civilisation with its emphasis on “the competitive spirit” may be thought to be the antithesis of a co-operative holistic society; however, as the mind expands its horizons pioneering thinkers in many fields of human expression are re-discovering the holism of the Wisdom traditions of the East. One example of this new thinking, is described by Ervin Laszlo, Founder and President of the Club of Budapest, who writes “the latest findings in various branches of the empirical sciences speak of an unsuspected form and level of coherence in nature...[which] points to a synchronised state, with non-conventional connections between the parts that make up a system, and between the systems and their environment... All parts of a system of such amazing coherence are correlated in such a way that what happens in one part also happens in all other parts; hence it happens in and to the system as a whole”<sup>3</sup>.

The idea of three people linking together as a triangle of light, mentally, spiritually and in a spirit of goodwill, as an interconnecting unit in the planetary Network of Triangles, is a powerful coherent image. On inner subjective levels our Triangles work transforms the planetary etheric body and in the outer world, where energy manifests, human relationships are uplifted. Thinkers seize hold of an idea, sweep it into activity and eventually it is brought down to Earth. By conscious co-operation in a coherent planetary network, human consciousness is expanded, helping to transform the whole system.

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<sup>1</sup>. Almost Everyone’s Guide to Science by John Gribbin. p.111

<sup>2</sup>. Science and the Akashic Field by Ervin Laszlo. P. 27

<sup>3</sup>. Article “Amazing Coherence” by Ervin Laszlo, in Caduceus, issue 62

## HEART – THE ABODE OF GOD

When we think of the heart, what usually comes to mind is a physical organ pumping blood around the body. It sounds very physiological and far removed from the theme of this article. But let us extend this description just a little by describing the heart as a physical organ pumping *life-giving* blood around the body. The meaning and emphasis begin to shift. Now we have a mystery. Life. How does the heart relate to life? And what is life anyway?

For so many people, and within various spiritual traditions, the heart has a central and crucial function above and beyond its duty as a pump. It receives and it gives out. It is seen symbolically and factually as the spring of life and the chalice for love. We have added another significant word. Love. How does the heart convey love? And what is love?

Is the heart the focal point for life and love within ourselves? Where do these energies or qualities originate? There is human life and human love. Yet we know that both life and love have meaning and presence beyond personal human expression. It brings to mind the short affirmation called the ‘Noontime Recollection’.

The heart is more than a physical organ. It is more than a personal centre of energy. Its influence and sensitivity can extend further than our physical and emotional concerns. For the heart provides our life-giving link to the Divine. The Recollection affirms this. And, as Triangles workers, we daily affirm the role of the heart in strengthening the network. We work from the mind, but our thoughts and intentions are given added quality from the heart. Our service must be both thoughtful and heartfelt.

### *Noontime Recollection*

*I know, O Lord of Life and  
Love, about the need.  
Touch my heart anew with  
love  
That I, too, may love  
and give.*

Spiritual traditions speak of Light and Life as synonymous terms. We visualise the downpouring of life-giving light and love into our triangles, and the outpouring of light and goodwill across the network to stimulate minds and hearts everywhere. As these energies flow, minds and hearts are awakened. This awakening extends beyond the individual heart to the collective heart of humanity. And, through the awakening of that collective heart, humanity will draw closer to God, and God will draw closer to humanity. Our hearts – individually and collectively – will truly become the abode of God.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

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