



Triangles

BULLETIN

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SILENCE — A PRICELESS GIFT

To cultivate the silence of the inner planes in the heart and mind is one of the most difficult injunctions before us, so caught up are we in the business of the world. Some might well claim it impossible of achievement without retiring to a quiet retreat; and indeed, there is a current proliferation of such places, offering a welcome break from the frantic pace of daily life for periods of quiet reflection, inner searching and communion with the soul.

Most of us spend the majority of our time amongst the jarring vibrations of suburbia and the city, but this need not prove an insuperable barrier to the cultivation of inner serenity. For the silence we are seeking is not so much a state of mystical rapture in the far away hills, but more a state of supreme spiritual tension through which the dynamic potencies of the soul can move into our daily lives. It is achieved by an intense desire to align ourselves with the soul's purpose and an equally intense desire to love and serve those who need our help. This concentrated effort trains our capacity to listen to both the voice of the soul and the cry of humanity, and relate them to one another.

Therefore, the silence that we cultivate in meditation goes hand in hand with increasing powers of concentration. In fact, we could say that we are concentrating the very essence of our being, drawing it in to a point of creative potential. This is a transmuting power that can and should then be applied to our intelligent work in the world, serving, lifting and conferring on others the priceless gift of silence. From the angle of the form nature, the soul's contemplation is indeed a silent one, but from within this well of silence the music of creativity flows, carrying the power and beauty of renewal into the words necessary for the fulfillment of service.

If we are to leave the group of "those who talk" to seek a deeper understanding of the conditioning forces that underlie people and events, we need to join those who wield the laws of silence. Only when these have been mastered, and the voices of selfish desire fall away can we enter *the circle of those who live within the secret quiet place. They use not words and yet their sound goes forth and when they speak—and speak they do—people listen.*¹

Through Triangles, we are cultivating a silence that transforms us into a mediating link between emerging ideas and expressed truth. The Triangles network is the carrier for the sound of invocation, and in the silence that follows the use of the Great Invocation, the work is carried out.

¹ Discipleship in the New Age, Vol II adapted.

SHARING GROUP THOUGHT

Every year we feature in the Bulletin a selection of thoughts on Triangles that we receive from co-workers around the world. We hope, too, that you will be encouraged to share your insights on Triangles with the worldwide group.

During this present and complex crisis, Triangles has become an even more beloved instrument of invocation and meditation. It is so healing to know that behind all the surface appearances of conflict and stress, animosities and distrust, there is an unseen but never the less real network of light, love and the will-to-good circulating the planet at every moment throughout the day. Via this network of Triangles, one finds oneself in a space where one can send love throughout the world. One can by this means reach out and touch all those beautiful co-workers throughout the world, many suffering excruciating mental, emotional and spiritual pain, and say, "I'm with you. Hold strong, Let us be part of your spiritual strength." In my imagination I see them in Asia, Africa, North America, South America, Europe, The Middle East, Australia, and New Zealand, and other remote parts of the world. To be a member of Triangles is one of the most treasured blessings of my life.

USA

Having seemingly been led to a very time-consuming and physical life concerning land and animals – I value enormously the small contribution I can make through Triangles. It gives stability and a reaching out and up through which light can flow in all directions. As I also have little contact with people – this helps create pathways on the subtle planes. I often feel more 'in touch' with subtle energies and angels – from whom I know I receive help. The triangle is like a keyhole – thought, will, invocation – the key to unlock energies for good.

UK

As one who has worked with Triangles for years, I find that understanding the quality of light and goodwill deepens ever more. They are basic principles in my life, and they make me believe in the sound heart of humanity, which helps me to keep closing the door of evil by loving forgiveness.

Consciousness is being touched instantly through the Triangles work every day, and I find myself pouring out light and goodwill into human hearts no matter what their intentions. The Triangles work makes my heart strong to love with increased tension.

Denmark

I see Triangles as a very real net of light around the Earth, linking nations and effecting goodwill. It is from us, the race of men, that the Plan of Love and Light must start to spread and work out. We are guided and helped but the work is ours to do. Through Triangles I have made real friends around the world.

South Africa

I have been a co-worker for a long time without awareness of the degree of influence for the planet. I now concentrate on the configuration of Triangles with a deeper understanding of the sacredness of the number three. It adds joy to my spiritual practices to be a part of the worldwide grid of triangles. It is strange how in theory one understands best how it takes the light of the spirit to illuminate the knowledge.

USA

We are pleased to be able to join others in any effort to bring light, love and goodwill to the world through the Triangles work, New Moon and Full Moon Meditations.

USA

We have been a triangle over a year and a half bringing the Laws and Principles to people through the Internet.

With the events in the world, we are focusing our attention on the Children of the World in our

meditations, lighting a candle and saying the Mantram of Unification.

USA

Triangles work is a duty, which we all render to humanity on the mental plane. Though a simple and short exercise it seems great in power and effective in strength. Each time I sit down to do my share of the work I just know I am contributing something great to a world in which I must play a part, hence I hold it a duty to play my part well with the group I belong to – my group of inner brotherhood – my co-associates in the network of Triangles.

Italy

I believe the divine symbol of a lighted Triangle can deliver illumination to the darkest corners of the universe —

I believe that the three points of a Triangle are energised with love to pierce open the heart centre of humanity —

I believe in the power of the mental telepathy of the group mind inextricably bound by purpose and the restoration of the Plan —

I believe that the Triangle is sacred and shaped by redemptive lines of force flowing toward each other imbued with wisdom ready to anchor the destiny of the race —

I believe that you and I, and us and them, and he and she, and ours and we can form a Universal Triangle into which we can enter as one and, as we step forward together to find our place at each apex, we shall know the true meaning of peace as we rest at last in the Centre of God's heart.

UK

One of the beautiful dimensions of the Triangles work is that we are working beyond the limitations of time and space. I can link with my triangle partners at any time and sense the power of our united prayer for humanity. That simple thought and gesture is available to me whenever and wherever I go, and it radiates out to those I

meet. It is a rarity in life – to be able to bring the manifested blessing of the Great Invocation to all with whom I speak, that I see and know. And to see it all expand and grow as new triangles are formed.... Well, it takes me into the future when peace and goodwill prevail for all.

USA

I am getting an inner vision of how all the triangles are linked together and forming a web of light. Some of these triangles are quite radiant, like the stars, yet each one has its place of honor in the universe.

USA

Triangles work really comes to life when it recognises itself as a group instrument of service. Standing alone it is a sacred shape with awe-inspiring significance. Standing together, in union, it opens the spiritual eye of vision to reveal the future of humanity awaking from the dream.

Therefore Triangles workers are as necessary an unseen force as guide dogs to the blind. That is to say that they are the trained, loyal and soulful eyes that civilisation requires in order to get itself across the road to safety.

UK

The necessity for this work has been given an impetus with the events of September 11. The urgency is apparent, and the response of people is beautiful. There has been an increase in potency of energies since that time and each new triangle similarly seems to generate further potency for all of the triangles. It is a joy and a privilege to share in this great work, and the many events taking place in the world today seem evidence of the manifestation of a big change in the public consciousness. What better way to begin this year than with a renewal of efforts to spread further the knowledge and practice of Triangles with like-minded people.

UK

THE KINGLY SCIENCE OF THE SOUL

“The Kingly Science of the Soul”, or Raja Yoga, is a science of the mind that reaches us from the East, its origins veiled by the mists of time. No-one knows for certain when Patanjali, its first codifier, lived. What relevance can such an ancient system hold for the modern world? The surprising answer is that it has been designed to come to its full flower in the West, in the current phase of conscious evolution.

Why should this be so? The answer lies in a potent numerical correspondence: for the mind is the fifth principle; and the fifth root race is in full flower, and its fifth sub-race is now a leading factor in world events. Just as the preceding root race, the fourth or Atlantean, revealed the emotional nature and the expression of beauty and colour through art; so, the fifth race is bringing the mind to a new zenith of creative power, in the realm of science and technology above all. Now the time has come for this power to serve a higher purpose than simple material benefit. The light of the mind has reached its intended point of maximum brilliance for this era; now it must be superseded by the light of the soul.

Raja Yoga offers the techniques and

methods to achieve this transformation of the mind. Step by step, there is revealed a way of calming its restlessness, so harnessing its creativity to a higher purpose infused with love. Higher and lower mind are brought into right relationship, and the radiance of the eternal shines through the meditator into the world of temporary forms. Thus the meditator, bridging heaven and earth, helps to redeem and uplift all beings.

Such is the work of Raja Yoga; and Triangles is so clearly a significant part of it. The Triangles worker explicitly sets out to redeem planetary substance, infusing it with light and love. The eternal archetype of the triangle directs these energies; and the global network forms a jewelled net through which they can circulate endlessly. As each triangle flames into life, activated by any of its members, it augments the process of bringing heaven and earth into ever-closer harmony. Indeed, through Raja Yoga and through Triangles, we are seeking to irradiate the whole Earth, so that it can take its rightful place within the wider network of the heavens, as a shining jewel in the cosmic firmament.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for men and women of goodwill and is published four times a year in Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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