



Triangles

BULLETIN

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TRANSFORMING HUMAN CONSCIOUSNESS

Transforming Human Consciousness is the first of a series of three lead articles that we are featuring this year in the June, September and December Bulletins. The other two articles will explore the themes of **International Unity** and **Developing the Group Idea**. Taken together these three ideas are emerging as an important pattern in thought that we can help to develop at this period of human unfoldment.

The theme of ‘transforming human consciousness’ is particularly relevant to Triangles members, as this idea runs like a golden thread throughout our work. Our spiritual craft involves the impression of human consciousness with light and love, of raising human aspiration to touch the realms of God. For so long humanity has been immersed in the mire of materialism, devoid of lasting spiritual sustenance. Today, we stand at a crossroads; before us lies an age of enlightenment, of a global order conditioned by spiritual values, in which all our fellow human beings can live and work in peace, stability and goodwill. Just as, in the past, human civilisation has been characterised by separative attitudes, so, in the future, human thinking will sense the universality of life, the right relation of the part to the Whole, and the all-embracing beneficence of God.

Though we are far from this goal, remarkable trends in the evolution of human consciousness, especially in the last three hundred years or so, have brought humanity to a point of a deepening spiritual maturity. The piercing searchlight of the soul of humanity is revealing not only the good, the beautiful and the true, but also bringing to the surface the undesirable manifestations of human expression. A great cleansing process is underway, enabling humanity to confront its past in the light of its accumulated wisdom and yet to look to the future with a sense of confidence. These are challenging times, but there is every indication that humanity is rising to the proffered opportunity, through the skill and vision of thousands of inspired souls, who work to ameliorate world conditions in all areas of human life.

These manifold and diverse spiritual initiatives symbolise an expanding awareness of the human family, touching levels of spiritual reality that have, up till now, been the domain of the few. The luminosity, beauty and creativity of the inner worlds are nearer to us today than at any time in human history. Through the light and love generated by the Triangles network, a vast pulsating spiritual energy flow impresses human consciousness throughout each day, magnetically attracting people of goodwill everywhere to the higher principles and values. The transforming of human consciousness is underway. For each of us, it is a path of self-discovery, of expanding awareness, of a relentless movement from the periphery to the centre; and above all, it is an eternal quest for a growing number of servers to play their part in enabling the human family to arrive at a deeper identification with the one absolute Reality, God.

Triangles Forum

On Saturday, February 24th this year, a Triangles Forum was held in London, focusing on the theme of **Planetary Service through the Power of Thought**, and about eighty people attended. We were greatly encouraged by the response the Forum attracted from people not connected with the work, but who were attuned to the idea of selfless service. Our advertising in two spiritual magazines and in a mailing from a holistic education centre in London, stimulated support from people of goodwill in all walks of life. We felt that the aim of the Forum to introduce newcomers to the Triangles work and to help those already in a triangle to form other triangles was achieved. We were truly blessed with a glorious display of sunshine and clear blue skies, quite fitting for the afternoon's work.

The Forum was divided into two sessions. The first session began with a welcoming address and a talk on 'Triangles: The Upliftment of Human Consciousness'. The talk explored many aspects of the work including the role of Triangles as a spiritual technique contributing to the transformation of human consciousness. After the talk a question and answer session followed. A number of topical questions were asked, precipitating a fruitful discussion period. The first session ended with a short but focused group meditation, using the Triangles meditation as a format, to introduce newcomers to the work of visualising the global Network of Triangles, and of invoking and radiating spiritual energies into human consciousness.

After the tea break, the second session started with a talk on 'Invocation: A New Approach to God', discussing the importance of the new science of invocation and of the Great Invocation in re-connecting humanity with the divine. This was followed by small discussion groups, of between 3-5 people, exploring the theme of using the power of thought for planetary service. Drawing from the ideas in the talks and from the theme, the discussion period contributed to more clearly anchoring the role and purpose of Triangles in peoples' minds. This was followed by short

presentations from two triangles members who spoke of their own personal experiences of the global service of Triangles and their reasons for participating in the work.

Before the closing group meditation, there was a plenary session in which all participants were invited to ask questions or share their ideas on the afternoon's proceedings. There was a rich diversity of questions and comments. The last fifteen minutes of the Forum were spent in group meditation using the Triangles meditation outline. A number of people formed triangles on the day or put their names down to be linked into a triangle, and others have formed triangles since. All who attended the Forum helped to develop a greater understanding of the work, and to weave light and love into human relationships.

We hope this new initiative will capture the imagination of the worldwide Triangles Group and so help to propel the work into a new era of expanding service to the divine Plan, to Humanity and to the spiritual Hierarchy. A written transcript and an audio cassette of the Forum in English are available from headquarters.

How to Form a Triangle

At headquarters we often hear of the apparent ease that some people have in forming triangles, whilst others have difficulty finding the right co-workers. Some of those, who are unable to form a triangle, write in to headquarters seeking advice and often ask if we can help them form a triangle. Our policy is to encourage people to try to form their own triangles, this way the triangle forms naturally. Nevertheless, we understand that there are those who, not through lack of trying, are unable to find suitable co-workers. In these cases we do assist in linking them with other like-minded people, who have also written to us, and this administrative function of the work will continue.

We would suggest to those who find themselves in the position of wanting to form a triangle, but cannot find two other suitable co-workers, to use the technique of visualisation. Each day imagine that you are linked with two other points of light in a triangular pattern within the global Triangles network. Then, when,

sounding the Great Invocation visualise light and love flowing through each point of your ‘triangle’ and throughout the Triangles network. Using this technique, you are not only visualising your own ‘triangle’, to ‘magnetically’ attract two other like-minded people to form a triangle with you, but also contributing to the subjective work of directing spiritual energies into human consciousness.

It is worthwhile considering that people of goodwill are, more often than not, open to the idea of using the power of thought for constructive purposes. They, too, also recognise the need for more light and love in the world. As these two ideas lie at the heart of the work, it is not, therefore, such a great bridge that has to be crossed to introduce these people to Triangles. If, however, you are experiencing difficulties, please write to headquarters.

Triangles is universal in its appeal. At headquarters, over the years, triangles have been registered by people in over 100 countries of the world. There are today many thousands of people throughout the planet who link daily with the global Triangles network to infuse human consciousness with light and love. Forming one more triangle will exponentially increase the flow of these abundant spiritual energies onto outer levels.

For those of you who have access to the internet and are looking for one or two other co-workers to form a triangle with, you may be interested to learn that plans are underway to launch a new experimental project on the Triangles web pages of the Lucis Trust website (www.triangles.org). The project aims to help people form triangles on secure pages over the internet. We will keep you updated of progress.

Sharing Group Thought

From time to time we receive informative accounts of co-workers’ own inspiring experiences of Triangles. Such insights serve to enrich the group work by bringing a deeper understanding, an enthusiasm and a selfless spirit to the group effort. We would like to share with you the following paper from a co-worker in **Colombia**, South America:

Since the first time, in 1989, that I received a copy of the Great Invocation and heard about the Network of Triangles, the immediate inner response was a total empathy, acceptance and recognition of their value and importance in these times of great planetary crisis. Why this impulse and recognition? I ignore the question. I only know that everything happens according to the inner nature and conviction.

Since then I have followed them with faith, joy, love and perseverance. I feel that through the years not only have I been committed to them but that my understanding of these three divine aspects which we invoke and which we call light, love and will, as well as the realisation of the value of our work shared in group consciousness, have grown in my mind and heart with a clarity and force that has expanded my consciousness and intensified the initial impulse.

According to my understanding, the Network of Triangles is a Network of Light and Goodwill, by means of which we irradiate these energies around the entire planet. These energies are invoked by all members of Triangles in their daily service and evoked in proportion to the greater or lesser focus and energy at the time of offering the service. In addition, each triangle is connected with the entire Network which intensifies its evocative power.

It is the highest hope and fills me with profound joy to respond to the spiritual awakening currently in process on our planet. In addition, in my actual environment—a completely conservative, rigid and orthodox environment until quite recently, closed to anything that might indicate change in structure and ideology—I have begun to observe with infinite gratitude and faith, how these rigid walls are beginning to crumble in order to make room for the constructive energies of a humanity beginning to approach the divine ideal, light and goodwill—fostered by the awakening of correct human relations, especially in the education community.

IDEAS, IDEALS, IDEALISM

All that we see around us is the manifestation on outer levels of inner, impulsing ideas. The points of celestial light shining in the heavens, are reflections of dynamic thoughtforms held in the minds of stupendous cosmic Thinkers. Likewise, our planet, and the development of all life upon it, is inspired by the thought-processes of our planetary Logos. In our own spheres of consciousness we, too, weave patterns of thought or ideas that are expressed on outer levels, if the thought is potent enough.

All thought, whether spiritually inspired or personality oriented, is registered by the mind. It is an arresting notion that the human mind has been described as both the "slayer of the real" and "the searchlight of the soul". Both capacities are distinctive of the mind. To the trained spiritual thinker, the mind is an instrument that is turned inwards to the higher mental levels, where reality is contacted. On these subtler levels the archetypal pattern, the divine idea, is contacted that will one day be realised in all its beneficent beauty on the lower planes. This beneficence, perhaps, can be summed up in a few words – the **will-to-good**, which is the distinctive note of our informing planetary Life in "Whom we live and move and have our being". Triangles is helping to accelerate the reconnection of the inner and the outer worlds by acting as an interface through which the archetypal spiritual pattern can emerge. As these

higher ideas filter through into human consciousness, they become clothed in denser substance, and interpreted in more appropriate terms for the well-being of the many.

The idealists and visionary thinkers of the world contact these pure precipitating ideas; and through working with them and formulating their practical expression in the three worlds, they descend further into the consciousness of the race to become the desired ideals, which enrich human life. They may work out as progressive legislation, or the establishment of visionary practical initiatives, or advances in medical science, to name but a few of the many diverse ways in which the subtler energy pattern is woven into the outer world. But their effect universally will be to serve the common good. As these ideals become clothed in human thinking and desire, like-minded people are magnetically attracted to them. Their focus nourishes and gives sustenance to the originating impulse, generating a sense of idealism and of promoting a cause, or system of thought.

In the world today, there are many progressive thinkers who are becoming attuned to the inner archetypal pattern. Through their enlightened thinking and selfless attitude of mind, they are building the foundations of a new spiritual order. A spiritual plan, motivated by love and conveyed on the wings of divine thought, is slowly but surely breaking on the shores of human consciousness.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for men and women of goodwill and is published four times a year in Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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