



# Triangles

BULLETIN

No. 134  
December 2000

---

## THE APPROACH OF THE HIERARCHY

Many, many thousands of years ago, there was a period in human history when God-men, Priest-Kings, openly walked the earth amongst humanity. These priest-kings acted as “focal points of attractive energy”, drawing to themselves those spiritual seekers who responded to their note. References to this ancient civilisation of Atlantis are scattered throughout the Sacred Teachings in the guise of legend and myth; its fall from grace being most notably depicted as the Flood in the Old Testament. Since then humanity, through the Law of Evolution, has had to learn to tread “the Path of Return through individual experiment and experience”. Now, again, on a higher turn of the spiral, after many millennia, the Approach of the Hierarchy to openly live and work on the physical plane draws ever closer. And at the forefront of this epochal impulse stands the World Teacher, the Lord of Love, the Christ.

In the last few hundred years, the advent of the Approach of Hierarchy has profoundly stimulated human development, evoking the creative genius of the human family. In art, music and literature the expression of beauty through form, sound and the written word has reached new heights. In science, the mysteries of the physical universe are being revealed, enriching our physical living beyond measure. And in governance, we have moved from the position of the nation-state to the idea and the birth of the great family of nations.

All these effects in the outer world indicate that the soul of humanity is responding to the Call of Hierarchy. But opposing these progressive developments are those potent forces that are obstructing the ‘divine circulatory flow’ of energy and acting as a barrier to humanity entering into a global era of spiritual creativity. In its own way Triangles is helping to redress the balance and, once and for all, turn the tide of human aspiration towards those spiritual values that humanity shares with the higher kingdoms.

We all acknowledge that the use of the Great Invocation is central to the Triangles work. And through the initiative at the beginning of the year to offer the adapted version, which incidentally is in *addition* to and not a *replacement* of the original Invocation, it is hoped that a wider audience will be drawn into using the Great Invocation. All of us who work in Triangles recognise the pivotal role of this sacred Mantram to reconnect humanity into the ‘divine circulatory flow’. Its use is a powerful tool in the skilled hands of all those who work to invoke light, love and power, and so play a part in creating “the new heavens and the new earth.”

# THE RAINBOW BRIDGE

---

There is the material world and the spiritual. Between lies the universal mind which is also the universal heart. It is wise love that makes the two one.

**Sri Nisargadatta Maharaj, I Am That**

The Rainbow Bridge or antahkarana, as it is also known, exists for the purpose of bridging the mundane to the spiritual. It does this through three channels: A life thread or direct link between our spiritual and physical being; a consciousness thread linking the soul to the mind; and a creative thread which extends the spiritual axis outwards into daily living. If the life and consciousness threads are thought of as the rails of a ladder, the creative thread can be seen as the rungs. These rungs link two independent rails into a fully functioning whole down which spiritual truth may descend and the aspirants of the world may climb up. Consequently, the Rainbow Bridge is responsible for conditioning human existence in line with divine purpose and plan. In other words the two most important commandments, to love God and to love humanity, rely entirely on the construction of the Rainbow Bridge.

The antahkarana is a Sanskrit term. Translated literally it means that which *acts or works between*. 'Antar', meaning *between* or *intermediate*, and 'karana', the present participle of 'kri', *to do*. The implication is that the antahkarana is the string making God's puppet dance. However, there is a general consensus that this is not always the meaning that ought to be inferred. The celebrated yogi, B.K.S. Iyengar, defines the antahkarana as the conscience, the being with knowledge. The first interpretation allows no place for the free agency of the human spirit. The second allows for both awareness and action by the personality within the context of an overarching spirituality.

The Rainbow Bridge derives its name from the fusion of all the colours of the seven Rays, the archetypal universal energies that are wielded and mastered by the pilgrim upon the eternal Path of Life. This connecting bridge eventually brings about

right relationship to all spheres of planetary Life: the natural, the human and the divine. Like a spider that builds its gossamer web, so we, too, weave the connecting threads out of our own being that link the outer and inner worlds to eventually reveal "a promised land of beauty, love and future vision." Such an inclusive sensitivity enables us to respond to the unfolding Plan of God with skill in action.

From a human perspective, weaving the Rainbow Bridge, through meditation, nurtures a purposeful loving rapport to God and to our neighbours. The practice of focused lighted thought or meditation results in the alignment or the unimpeded relationship between soul and personality. The Buddhist monk, Thich Nhat Hanh, calls this state "seeing deeply". When we see with the eye of the soul, all is light. We can see the interconnectedness of all the lives that surround us.

In the Ageless Wisdom teachings, we are reminded that, before we can tread the spiritual Path, we must become the Path itself. Step by step, and stage by stage, throughout the millennia, each human soul draws out of his or her being the radiant rainbow bridge, which connects us to the one universal Fount of Life. The path is an ever progressive inward movement in consciousness, from the periphery of the outer worlds to the inner causal realms, liberating us from the imprisonment of matter, and releasing us into the "freedom of the heavens".

Today there are a growing number of spiritual servers who are contributing collectively to the fusion of the many radiant strands that make up the connecting cables relating the human and spiritual worlds. We are reminded in the Old Testament of the vision of Jacob who, whilst asleep, dreamt of a ladder stretching from heaven to earth upon which the angels of God were able to descend and ascend. Each time we link up in our triangles we, too, are building Jacob's Ladder, the planetary Rainbow Bridge, so that at the destined time "the weight of the Will of God may progress from point to point, from sphere to sphere and from glory to glory" (adapted).

## SACRIFICE – RECLAIMING THE SOUL

“As birds fly together to summer realms, so souls unite in flight. Passing through the gate they thus alight before the throne of God.”

These inspiring words belong to an unknown saint struck by the beauty of group companionship that comes to those who live the life of the soul. Group life is the nature of things, and as we pass into the Aquarian Age we are seeing it emerging in the physical world as an increased sense of responsibility for others. The joy of service is being realised by many today through a willingness to go beyond conventional notions of freedom and to make personal sacrifices for the benefit of the whole. And, in the act of giving themselves up to the greater good, they are finding in the secret place of the heart the light and joy of the soul rather than any burden.

Today, the concept of sacrifice needs lifting out of the “bad press” it has acquired and brought closer to its original meaning. The Sanskrit word “yaj” means to sacrifice in the sense of ‘offering’, of giving up to some cause of good. And to give something ‘up’ brings in the concept of ‘elevation’ – a release from that which is pinning the soul down to earth. While the personal self views sacrifice in terms of a loss of its own wants and desires, the soul views it as a re-appropriation of the good, the true and the beautiful. In the Pranava-Vada we read that “What has been offered up into the fire, (that is to say, performed without personal desire), in the light of universal reason, reaches all beings, and is for the good of all...”.

From a macrocosmic perspective, our failure to live sacrificially has led to disastrous planetary conditions. On the one hand, the theme of evolution may seem to be dominated by the survival of the fittest – the greater overwhelming the lesser; but on

the other hand, there may be noted a certain turning point in human evolution where the more evolved give of themselves to the less evolved who follow in their footsteps. This process can be summed up in the word “Love”, the epitome of sacrifice. Without such acts of sacrifice, God’s work would be frustrated; only as one thing gives way to another can the upward trend of evolution maintain its momentum.

Fortunately, there is now a greater general understanding of the need to give, to share and to take responsibility for our role in the stewardship of the planet and its life forms. For this to happen we will have to work creatively with the soul aspect in all forms, for our work is now with, and in, light. When humanity becomes radioactive, in a spiritual sense, and forms a magnetic centre upon the planet, it will be able to invoke all the higher kingdoms on the formless realms and, at the same time, provide the “area of mind” from which the subhuman kingdoms will draw their ‘inspiration’ for evolutionary progress.

The sacrifice of a few minutes a day to revitalise the subjective atmosphere of the planet through our daily triangles leads to a true personal and group decentralisation. In this selfless direction and visualisation of energy, we are learning *the art of the unseen sacrifice* which works quietly and intently behind the scenes. In so doing each of us is learning to reflect on a tiny scale, the great Sacrifice of the Silent Watcher of the planet, Sanat Kumara, who, having pervaded substance with his life, patiently waits for each of us to realise the potency of our ‘will’ and link it to the great purpose of redemption. Then we will be following the way of the Buddha and of the Christ, manifesting the “light of the world”, and knowing ourselves to be “Lords of Sacrifice and of loving persistent Devotion”.

There are innumerable definitions of God because his manifestations are innumerable. They overwhelm me with wonder and awe and for a moment stun me. But I worship God as Truth only. I have not found Him, but I am seeking after Him. I am prepared to sacrifice the things dearest to me in pursuit of this quest.

**Mohandas K. Gandhi**

## SHARING GROUP THOUGHT

I do hope I have grown spiritually thanks to my participation in the Triangle work. As a grandmother and a woman I feel I have the duty to my grandchildren to prepare a more spiritual world for them.

**New York State, USA**

Since I began participating in this work I have had the impulse to share it with those in my environment who could be receptive. As a result, I have participated in various triangles, some of which are still active. As part of this responsibility, I have been in contact occasionally with the members to assure that they are still active. I have also motivated those closest to the work to constantly increase their understanding of the profound and important nature of the service we are offering.

**Colombia**

The role of Triangles makes me aware – every day – that we are world servers. The world starts close by – at home and at work, with friends and with those I meet. Gradually, in these contacts I find the purpose for humanity as a whole, that we all have the same need and capacity for freedom and love.

**France**

Over the aeons, the Triangle has always been symbolic. The Holy Trinity is a solid spiritual foundation.

Triangles is a generator of energy, a reservoir of light. Surely the network of light will continue transforming the planet and bring about a better abode

for us all.

**Nigeria**

My understanding of the work is that through sacred geometry we become larger and more potent in our thoughts and deeds. When the thoughts are tempered with love and compassion we can affect a universal whole. The group of three becomes the world group.

**Pennsylvania, USA**

Divine energies pass through the network of Triangles, like our sun shines on the earth through the atmosphere. The network is the atmosphere, which protects and supports our inner nature on earth; it disperses spiritual energies enabling all peoples to contact these energies for constructive use. The brighter the network the better the atmosphere.

**Moldova**

Each triangle group is a point of brilliant light. We bring light to the world of darkness. In meditation, we join together, groups around the Earth, to form one large triangle. This triangle is filled with greater energy and light for it contains the thoughts of trillions of triangles.

These points of light reflect points of love which contain points of power and are sent out to humanity. We fulfill and enlighten those in need—a small point of light will brighten a darkened space and as more light comes in the glory of the “Son” shines on all and reveals to those (with inner vision) the one that is in all.

**New Jersey, USA**

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for men and women of goodwill and is published four times a year in Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

**For further information and literature write to Triangles:**

Suite 54  
3 Whitehall Court  
London SW1A 2EF  
UK

Case Postale 31  
1 rue de Varembe (3e)  
1211 Geneva 20  
SWITZERLAND

120 Wall Street  
24th Floor  
New York NY 10005  
USA