

From The Unreal To The Real

From time immemorial members of the human family have used mantric prayers and invocations. For many, these mantrams have provided the means for creating an avenue of approach to Divinity, or have been used as a means of protection or, perhaps, for spiritual work in line with their specific beliefs.

The following mantric prayer – regarded as one of the oldest known to humanity – has been used down the centuries to invoke three fundamental qualities essential for individual progress on the path of human evolution: “*Lead me from darkness into Light, from the unreal to the Real, from death to Immortality.*” When rightly understood and used, this is one of the most powerful mantrams we have.

From the evolutionary angle, when the spiritual unit (the incarnating human soul) is born, it has first to develop the five senses whereby contact with and awareness of the outer physical world become possible. It is through these five senses that we make every contact that it is possible to make upon physical levels; through them we learn, we grow, we become aware, and we develop; through them, all the great instincts are evolved. At the same time, however, we tend to identify ourselves completely with the dense physical form and are so at-one with it that we recognise no other, and become entirely occupied with the things of the material world.

From the spiritual standpoint, the whole objective of evolution is *the attainment of the consciousness of the real self, the reality within*. It is the power of evolution which drives us on to the point where we learn to discriminate and distinguish between the real and the unreal, between the “self” and the “not-self”, between the life within the form and the form which it uses. Through the evolutionary development of consciousness, we gradually recognise our place in a greater Whole and begin to shoulder our responsibility in group activity and service to others. This is the stage which a large number of the human family are now approaching.

Recognition that we are immortal gives meaning and purpose to life. We begin to recognise that the *real* person is the *soul*, the Divine Spark within – the tenant of the bodies and the one who uses them during the cycle of evolution. After the physical body dies, the immortal soul lives on. With this recognition we can move, in consciousness, from the stage of saying: “I have a Soul” to the stage of saying: “I *am* that immortal Soul.” Thus, in line with the mantric prayer, we move from darkness into *Light*, from the unreal to the *Real*, and from death to *Immortality*.

Faith:

*The substance of things hoped
for, the evidence of things not seen*

The spiritual truism: *faith is the substance of things hoped for, the evidence of things not seen*, is of utmost importance to Triangles workers. It is also suggested that, in pondering on this hint, “faith” be interchanged with the word “light” for further illumination. When we work in creative visualisation of our individual triangles and the greater network, we are working with the substance of light. We build our hoped for ideals out of the lighted substance of our faith.

The development of faith is usually our first subjective evidence of the world of the soul. As we sense the evocation of faith in our lives we should know that this faith is also our first indication of impression by the Plan. As we continue to do the work, gradually building more and more substance of faith and light into our triangles, and thus our lives, our faith will eventually be precipitated into a knowing conviction. When we follow and strengthen our impressions of faith we will find that we are naturally working out through our lives that aspect of the Plan which is our current responsibility, whether that responsibility is the efficient and sound running of a home or business, or the carrying out of the most seemingly insignificant chore. By our faith all will be imbued with the lighted presence of the soul.

Light sculpts form, revealing it to the eye of the seer. Let us try to understand faith in this way. As we faithfully work with the energies of light and

love in our daily triangles, we can come to realise that we are co-operating in the tremendous group project of sculpting and building the forms that will lead to the present and future solutions of world problems. Our thoughts are the blueprints from which our lives are built. This is as true for the individual as it is for the group. So, let our faith focus one-pointedly on the goal of co-operation with “The purpose which the Masters know and serve”. In this way we focus the intention which guides the development of the thoughts that are our working tools in that great endeavour.

All the thoughts we have and all the ideas that we become aware of are drawn from the same common reservoir within the “Mind of God”. It just isn’t possible to imagine something that doesn’t already exist on some level of being. This should serve to hearten us in our work, because if we can think something, or imagine something, then we can know that we are on the path toward that desired realisation. If we can come to understand faith as a lever or a steering mechanism, we can work through faith to true understanding. There may be many turns in the path as we adjust ourselves to the greater Plan/bigger picture, but if we remain faithfully attentive to the inner promptings, which our responsibilities will inevitably invoke, we will eventually find ourselves walking in the light of Truth. Let us take the steering wheel of faith in our hands and create of our lives a lighted pathway to Truth.

The great lever of faith will aid the spirit in finding its path.... Faith transformed the child into a warrior of spirit, and the path of solitude was transformed into one radiant with joy. Hope abides, and the wondrous power of Cosmos reveals itself when the spirit manifests faith.

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The Planetary Network

The planetary network of light, love and service is transforming the mental climate of the planet, reorientating humanity to spiritual attitudes and values. The groups and activities reported in the Bulletin reflect different aspects of the network. Please send information on any activities that could be included in a future Bulletin.

Operation Rainbow: Building a New World

Operation Rainbow is a project working with the power of thought to help build a new world.

An open invitation has been sent to people of goodwill everywhere, inviting all to “send us one or more postcards with a constructive thought for the world: the outcome of your own personal reflection, a wish for the common good, or a sentence that has been for you a source of inspiration.”

The invitation includes the following comment: “Thought is energy. By thought we create or we destroy. By nourishing lofty thoughts and by transmitting them into our surroundings we contribute to the building of a New World.”

All postcards received will be kept and will constitute the “Archives of Lofty Thoughts”. Selected contributions will be read on a radio programme: *New World*.

Operation Rainbow is inspired by this passage from the Agni Yoga book, *Supermundane I*: “Let us take as an example a person who writes many letters. If he writes with only himself in mind, he will not achieve the right results. And he is mistaken if he thinks that he is writing to only one person in particular. A letter full of lofty thoughts does not belong only to the author, or to the one to whom it is addressed, but to all of humanity. We should not be concerned with who will benefit from our thoughts. In addition to our personal intent, the letter is being sent into space, and it is not for us to worry where the thought it contains will find shelter. The only concern we ought to have is that our thought should serve for good. Perhaps it will be received somewhere in an entirely unexpected language....”

- Operation Rainbow, Fabio Gatti, Casella Postale 191, 1-00125 Roma Acilia, Italy: or Operation Rainbow, Fabio Gatti, PO Box 3089, G.C.S. New York, NY 10163, USA

Peace in our Lifetime: Peace Clock

At 12 noon, every day, for one minute, the Peace in our Lifetime: Peace Clock project, invites people to link up in silent meditation for world peace. Individuals, schools and communities throughout the world are encouraged to participate. The goal is for every person on earth to share in the minute of meditation by January 1, 2000. ‘Synchronised intention is the key’.

Literature on the project is available in English, Russian, Chinese and Japanese, and is in preparation in other languages.

- Peace Clock, PO Box 8307, Calabasas, CA 91302, USA

International Day of Peace

The United Nations has designated the third Tuesday in September, the opening day of the UN General Assembly, an International Day of Peace. On this day every year, at 12.00 noon, the General Assembly observes a moment of silence.

Pathways to Peace, The World Peace Prayer Society and other groups, encourage people all over the world to share in this moment of silence, standing in support of the United Nations, at 12.00 noon local time. Pathways to Peace further suggest the use of invocations, such as the Great Invocation or ‘May Peace Prevail on Earth’ during the minute of silence.

- Pathways To Peace, PO Box 1057, Larkspur, CA 94977, USA. T: (415) 461 0500 F: (415) 925 0330
- The World Peace Prayer Society, 800 Third Ave, 37th Floor, New York, NY 10022-7604, USA

Expanding the Triangles Network

To form a triangle is to join a global network in potent world service. Inspired by the recognition that energy follows thought, we work day after day in our triangles to help elevate the quality of human life.

Experience of the value of this work, of the way in which it radiates light and goodwill into human consciousness, leads many of us to want to help the network to expand. This prompts the question: How can we make people of goodwill aware of this subjective service in such a way that they will be drawn to participate? One response is to think how we ourselves were first introduced to the work. In many cases, we will have been drawn to Triangles by a friend who spoke of it with wise enthusiasm and at an appropriate time.

Often people who want to form a triangle comment that they are sure that no-one they know will be interested. Yet most likely this will not be the case. We can begin our search for Triangles partners by practising the basic principle of the work – that energy follows thought. Visualise a triangle forming by affirming that two co-workers will be found – and expect to find them. It is often the case, that if we are bold enough to speak a little about the network, and about our wish to be in a triangle, there will be someone amongst family, friends or even a

chance encounter at a seminar or workshop, who will want to form this special relationship in service. It is important that we seek Triangles members who we believe will persist in this daily link. Yet we know, too, that the work itself is magnetic and that, as we participate, the triangle will come to life for the newcomer, evoking commitment.

Some people have come to Triangles through skilful advertising and this can be very effective. Articles on the work have also been written and published in various magazines and journals. Co-workers throughout the world have reproduced these in local papers or magazines. Sample advertisements and some previously published articles (in English) are available on request from Triangles headquarters.

It is useful to remember that time and space are irrelevant in subjective work. It makes no difference if those who share a triangle live in the same house, in the same city, or on the other side of the world. What matters is the quality of light, persistence and loving goodwill that we bring to each of our triangles. It is this will-to-serve which makes the triangle a living, radiant unit within the network. And it is the network as a whole – the sum of the parts – that lifts and transforms consciousness.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles. The Triangles Bulletin is for men and women of goodwill and is published four times a year in Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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