



TRIANGLES

Bulletin 116

June 1996

Lighted Thought

The formulation of the idea of evolution was one of the great discoveries of the human mind. Some aspects of the truth which this idea embodies, such as the ability to adapt and the survival of the fittest, have been widely recognised and developed, but the overall concept has had only a limited impact on human consciousness. Indeed, when we recognise how materialistic is the present focus of conventional thought and attitudes, it is not surprising that this theory has been mainly interpreted in the mechanistic terms of the form aspect of life.

However, when we look at the idea of evolution from as wide a perspective as possible it becomes truly awe-inspiring. From a spiritual point of view, a wonderful new vista of possibilities and implications, of meaning and purpose is revealed. What happens, for example, when we apply the idea of evolution to the point of light that is concealed within every human being — consciousness itself, or the soul? Immediately we are able to discern the faint outlines of the journey that each one of us is making, starting from a time in the inconceivably remote past when the first spark of self-consciousness was kindled in our minds, through the many phases of existence in the form world and onward to the ever-nearing possibility of touching, knowing and becoming the soul – of seeing “light, more light”, to use Goethe’s words.

Indeed from the spiritual point of view the whole essence of evolution *is* the growth of light, and the whole experience of human unfoldment is properly described as the sequential revelation of light. Light should not be thought of only in the mystical or religious sense. Every major step forward in human progress – for example the abolition of slavery; the promotion of equal rights for all regardless of gender, race or religion; the mind-stretching discoveries of science; the great outpourings of art that occur in all cultures; the institution of mass education, to mention only a very few – can be seen as shafts of lighted thought pouring into the collective human mind, helping to dispel the different aspects of darkness and of ignorance that have imprisoned the human psyche for so long.

Seen from this vantage point we can better recognise the value of the lighted thought that we generate with conscious intensity every day. This unseen service is vital to the overall task of fitting humanity to express the true light – the light of love, of wisdom and of right relationships.

Touch our Hearts Anew with Love

There is an urgency in the call to evoke the heart quality. At this time of planetary transition the heart of humanity must awaken to a fuller expression of its essential energy: love-wisdom. For it is the heart that gives meaning as well as life to the human being. And it is 'thinking in the heart' that inspires transformation of the values that guide our civilisation's many departments of expression, be they political, judicial, economic, educational, scientific, social or religious. It is partly in answer to this call that we undertake our work in Triangles, thus sharing with the Christ and the Great Ones in bringing in the new world.

Thinking in the heart does not mean the same as the use of the brain. It is not the brain alone which will bring humanity through the crises and tension of the present time. But it is the heart's pondering which empowers us to discriminate between the conflicting poles of our being. Two major principles are in conflict: the selfish and the unselfish. They manifest in the material incentive and the spiritual impulse, the individual good and the group good, the national impulse and the world ideal.

As we face the future, with consciousness torn between these two principles, it is only the strengthened heart quality that can and will help us to choose the spiritual path. Only the heart can counter a despair that is expressed individually in mindless violence, crime and drugs, and nationally in fanatically fought wars. It is only the heart that sees through the glammers of personal pleasures or power, of personal gain or profit. It is the heart that informs of the impracticality – indeed impossibility – of living and acting as though the individual or nation were isolated from all others.

It is now in this time of almost unbearable tension – a universal tension – that the possibility of a climaxing decision can be made. Humanity has to decide: will the lesser values prevail, will selfish attitudes win? Will a general heartlessness destroy our hope of emerging from this inadequate civilisation? Will events take place as the Cree Indian philosophy suggests in their message to the Western world: "Only after the last tree has been cut down. Only after the last river has been poisoned. Only after the last fish has been caught. Only then will you find that money cannot be eaten."

The alternative is humanity's acceptance of the sacrifices and responsibilities of adjusting our institutions to reflect the vision of the awakened heart-inspired values.

No one is barred from sharing in making the right choices. Those of us with little influence or those with much influence – all can join in the Great Service. Daily, there are ways of showing which principles we favour. To pass on hurtful gossip and damaging innuendo, to be economic with the truth, to exploit others – all are actions that weigh against the safe emergence into the new era. Whereas to act and live by the values of integrity, truthfulness and compassion strengthen the tendency towards a more spiritually enlightened future.

Those of us who, thinking in the heart, form triangles of light and goodwill aid immensely all who struggle to come down on the side of Light, Love and Power.

In these days of climax our prayer must surely be:
"I know, O Lord of Life and Love, about the need.
Touch my heart anew with love
That I, too, may love and give."

The heart is verily an international organ. If we accept light as the symbol of the aura, then its parent will be the heart. How necessary it is to learn to feel one's heart not as one's own, but as the universal one.

Heart, 7

The Planetary Network

The planetary network of light, love and service is transforming the mental climate of the planet, reorientating humanity to spiritual attitudes and values. The groups and activities reported in the Bulletin reflect different aspects of the network. Please send information on any activities that could be included in a future Bulletin.

SGH – School

SGH-School is a healing group located in Switzerland. The focus of the School's work is to create a 'World-Wide Healing Circle' through which healing energy can flow freely. Meditation, prayer and visualisation exercises are all techniques used in the School's healing work.

The healing circle is intended to provide a reservoir of healing energy which people can draw on through prayer and meditation for themselves, for friends or for all the kingdoms in nature. Also, people can help "to strengthen the healing circle by adding their healing energies".

The group remarks, "healing energy spreads like waves over the whole world; it is like throwing a stone into water, thus creating ever widening circles spreading out; the same with our magnetic energy, we can reach all beings, human and otherwise, animals, the seas, woods and mountains, all kingdoms in nature in fact".

The School invites people of goodwill everywhere to help strengthen the healing circle, "for our planet Earth acutely needs healing thoughts and the energy of love". The Great Invocation (in the German language) is included in literature published by the group.

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Spiritual Experiences

Since 1969 the Religious Experience Research Centre at Westminster College, Oxford has been compiling information from people in the UK who believe they have had spiritual or transcendental experiences.

As a result of advertisements in daily papers and elsewhere almost 6,000 accounts of religious experiences have been sent to the Centre. These accounts from members of different faiths provide the raw material for research into the nature of spiritual experience.

The material held by the Centre shows that peak spiritual experiences are much more frequent than had earlier been thought. It also shows that those who have such experiences are, more often than not, emotionally stable and well-adjusted human beings.

The first 1,000 accounts have been analysed to find the common factors. Laurence Brown, Director of the Alistair Hardy Society, writes: "Visions and a sense of presence, security, protection or peace, and of joy, happiness or well-being cover the most common categories that were found [in the first 1000 accounts]. Guidance, vocation and inspiration, certainty, clarity and enlightenment, the purpose behind events and answered prayer were next, in that order. The most common triggers were depression or despair, nature's beauty, and participation in religious worship. A new or a growing sense of awareness, a conversion or moment of truth, were also mentioned."

The Alistair Hardy Society involves interested members of the public in the work of the Research Centre. The Society is a focal point for people and groups interested in the study of spiritual or religious experience. It also promotes public awareness of the nature and value of such experiences.

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Sharing Group Thought

Please send in your thoughts on the work of Triangles
for possible inclusion in a future Bulletin

Triangles is creating an etheric network, conditioned by love and light, to aid humanity build a better world.

Colombia

The world is surrounded by a web of light. Each point of the triangle is a dewdrop of light, which sparkles when activated. Stronger lines of light illumine the sides of each triangle, flowing from one to another, lighting up the world.

South Africa

It is interesting that as one focuses on the Triangles work, the patterns and relationships of Triangles become more apparent in everyday life and communications.

USA

Triangles, to me, is a great source of inspiration; it empowers us to be dynamically creative spiritually for the good of the greater whole.

In this time of transitory turmoil and rapid change, Triangles co-workers need to joyfully accept responsibility to help bring humanity closer to God.

UK

Triangles is the subjective frame that will help the objective construction of an age of enlightenment.

Portugal

A triangle is powerful, and forms a creative living link with the vast Triangles network. A triangle reaches from the heart of a group to the heart of the Plan with magnetic radiance and dynamic life.

UK

In the Triangles work, we set aside all the thoughts and cares of the world, and withdraw into the inner place of stillness, the Heart of God. It is a group work of pouring God's blessing on the planet.

Nigeria

Triangles has given me a practical tool in being active in world peace; by firstly, taking time to sit and find peace in myself, and then, extend it to my triangle's co-workers. This vibration pattern is multiplied throughout the world.

UK

Those with whom I share in this splendid work are all in accord as to the evident growing power of Triangles. The energies precipitated are increasingly being "real-ised" upon the etheric-physical plane. Our commitment to the work, each day, is renewed as we assist in the transformation of human consciousness – forming a lighted Path for the return of the Christ.

South Africa

It is always satisfying to link up mentally in spiritual harmony by forming a bright network of light, projected from the three points of consciousness. It is a network that projects light, each day, to people all over the world; sending out rays of love, goodwill and hope.

Nigeria

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles. The Triangles Bulletin is for men and women of goodwill and is published four times a year in Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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