

Bridging between Inner and Outer

At present, the trained mind is regarded by many as the highest expression of which humanity is capable; and the possibility that there is ‘something’ higher which can use the mind, as the mind in its turn uses the physical brain, is mostly overlooked.

This higher ‘something’ is called by many names: it is known, for example, as the Master in the Heart, as the Soul, and as the indwelling Christ. St. Paul emphasises the same truth when he speaks of “Christ in you, the hope of glory”. It first makes its presence felt through the “still small voice” of conscience prompting us to higher and more unselfish living. Later, this “voice” comes to be known as the Voice of the Silence; later still, it is called the awakened intuition.

This indwelling soul, whose nature is love-wisdom, expresses the quality of inclusive love in contradistinction to the exclusive, separative attitude of the lower self; its outstanding characteristic is service. Service is the first real effect, evidenced upon the physical plane, that the soul is beginning to manifest itself.

The bridging between inner and outer is done *in consciousness*, using high grade mental substance; the quality of thought and emotion determines the material to be used. Like the thread the spider weaves so amazingly out of itself, each aspiring person weaves a thread in consciousness which reaches slowly but steadily inwards until the bridge between soul and personality is eventually built. Today, by their thoughts and actions, many, many people are in process of weaving this bridge in consciousness.

The world religions suggest that God is essential Love, Life and Light. They also tell us that Life carries within itself the quality of the Will of God which is imbued with Love. It is these divine qualities which we can expect to see demonstrated increasingly by humanity as the bridging process continues.

The establishing of right human relations is an aspect of the divine Will and the next facet of divine expression to manifest itself in human affairs. Nothing can finally impede this divine expression because divinity is immanent or present in all human beings. However it can be delayed by the time factor which is determined by humanity and is an expression of human freewill.

The Great Invocation forms an important and significant part of the bridging process. It gives us a formula with which we can dynamically evoke the energies of Light and Love and the Will-to-Good into today's world.

A Universal Energy Field

Recent issues of *Network*, the newsletter of the Scientific and Medical Network, contain reports of an energy field theory which marks a new development for Western science. The theory proposes the existence of a fifth field in nature, termed the Psi field. Beyond the four fields currently recognised by science (electromagnetism, two nuclear forces and gravity) the Psi field is proposed as the element in nature which accounts for the interconnectedness and oneness of all life.

The idea is attracting considerable interest because it represents a breakthrough in scientific thought and also because its proponent, Ervin Laszlo, enjoys an international reputation as a respected scientist and world-server. He has been described as the "foremost exponent of systems philosophy and general evolution theory"; he is Science Adviser to UNESCO; a leading member of the Club of Rome; and author of such visionary books as *The Inner Limits of Mankind*.

Ervin Laszlo writes that the Psi field records a "memory trace" of all events in the universe of time and space: "Whatever has happened in reality leaves a memory trace which influences, however subtly, the chance play of probabilities in the progress of continuing evolution".

In an interview to mark publication of his recent book, *The Creative Cosmos*, he recalls that he came to this insight when reflecting on the death of a colleague and friend. "I asked myself the question, in this world where all energy is conserved, how is it that all the experiences of a human being – wisdom, insight, knowledge, feelings – everything that one accumulates in a lifetime, how could all that just vanish.... It occurred to me that I never really believed that anything that one thinks or feels, that one experiences, could completely vanish without a trace."

The key mystery in evolution, he explained is "why things converge rather than diverge. Why is it that order arises instead of just more and more chaotic diversity?" And why do living things "grow into more harmonious and higher level orders within the biosphere"? The Psi field answers these questions.

The point is made that this fifth field is a factor of the physical universe. Quantum mechanics accepts that point 'A' can influence point 'B' from a distance. But how are they connected? The field Ervin Laszlo proposes "is almost like a fishing net, if you like, where 'A' and 'B' are the knots along the net, so if you pull at that particular knot, which is 'A', then the whole net is moving and eventually 'B' moves accordingly".

Energy follows thought and the fifth field theory applies as much to consciousness as to other expressions of energy/matter. There is, Ervin Laszlo believes, "a universe of interconnection between minds".

In an earlier issue of the Network's journal he refers to parallels between insights of oriental philosophy and the scientific idea "of a deep-layer in the cosmos that periodically gives rise to all that we can observe". He cites the Chinese *Ch'i* and the Sanskrit *Mulaprakriti*; "the primal, undifferentiated source from which all things emerge through involution followed by evolution". It is, however, the ancient path of Raja yoga, "the 'royal way' expounded in Patanjali's *Yoga-Sutras*", which Ervin Laszlo proposes as being most in tune with the scientific cosmology of interdependence.

He refers in particular to the writings of Swami Vivekananda who discusses the cosmology of Raja Yoga in terms of akasha and prana. Ervin Laszlo writes: "Akasha is the underlying substance of all that exists, while Prana is the arch-energy that acts on and forms everything.... At the end of a cosmic phase all forces resolve back into Prana, just as all things die back into Akasha. And the latter is not passive; as the legendary 'Akashic record' it conserves the traces of all that takes place in the cosmos."

- Ervin Laszlo, *The Creative Cosmos: A Unified Science of Matter, Life & Mind*. Floris Books, 1993.
- Scientific & Medical Network (Lesser Halings, Tilehouse Lane, Denham, Nr. Uxbridge UB9 5DG, UK) is an informal international group consisting mainly of qualified scientists and doctors with some other professionals.

The planetary network of light, love and service is transforming the mental climate of the planet, reorientating humanity to spiritual attitudes and values. The groups and activities reported in the Bulletin reflect different aspects of the network. Please send information on any activities that could be included in a future Bulletin.

The Planetary Network

Through The Heart to Peace Pilgrimage

Between May 22-28 this year (the World Invocation Day period) an International Pilgrimage for Peace in Croatia-Bosnia-Serbia is to take place.

The idea for the pilgrimage arose through the meeting of two women, Emsuda Mujagic from Bosnia and Ema Miocinovic from Croatia. Emsuda first met Ema in August 1993 through her work helping refugees in the former Yugoslavia.

Both women had independently received a similar inspired message concerning a unique opportunity for peace which would be created if enough peace-loving people act in a certain way. "The message is especially to the women of the world, but also to all people – men and women – of goodwill. The action requires an active contribution to peace by all people of goodwill, focussed in a pilgrimage for peace."

The pilgrimage is seen, at its heart, as an act of "service; respect; remembrance; forgiveness; thanksgiving; meditation; prayer and invocation". The idea is that the pilgrimage by people from different countries could lead to a "great transformation of consciousness". The message received by Emsuda Mujagic and Ema Miocinovic emphasised that "if a true peace is attained in Croatia, Bosnia-Herzegovina and Serbia, it will be a major contributor towards the attainment of peace all over the world".

"Life", Emsuda has said, "is so important we must protect it with our hearts, intelligence and wisdom."

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- Gillian Keyne, Hazlewood House, Loddiswell, nr. Kingsbridge, South Devon TQ7 4EB, UK

- Christine and Wilhelm Bornschein, Mattseestr. 7, 81827 München, Germany

Forgiveness

Previous issues of the Bulletin have referred to Forgiveness Week initiatives. For one week of every year a focus is placed on bringing about "peace through forgiveness".

The week is promoted by two independent groups. Each has its own characteristic appeal and each group produces separate guidelines for action. Both initiatives emphasise the importance of meditation as well as other forms of action for forgiveness. In the latest guidelines for the week, the Gajalomawa Foundation write that the practice of forgiveness "constitutes world-work. Unbelievable as it may sound, the tiniest effort by each of us can make all the difference in bringing about that harmony and accord within Humanity which we are yearning for and dream about".

The International Forgiveness Week group is also hoping to establish widespread celebration of October 24th; the day the United Nations was officially founded, as International Forgiveness Day.

Dates for Forgiveness Week for the remaining years of the decade are:

- February 12-18, 1995*
- February 4-10, 1996*
- January 19-25, 1997*
- February 8-14, 1998*
- January 31-February 6, 1999*

- Gajalomawa Foundation, 25 Grey St, East Melbourne 3002, Australia
- International Forgiveness Week, J. Hahn, PO Box 1442, Tucson, AZ 85702, USA

Sharing Group Thought

Please share your thoughts on the work of Triangles by using the reverse side of the reply form accompanying this Bulletin

This is an excellent programme to promote peace and well-being. If the Triangles principle can be spread to cover the entire planet then we can expect a world community free from war.

Sri Lanka

The light and love that seeks to precipitate and condition life on Earth needs an attuned etheric body through which to flow. This etheric web is energised and shaped by the thought of the units of light that dwell within it. These units of light knit the web using triangles as basic units.

Paraguay

How rewarding and stupendous it is to know that we are part of such a network of souls. We cannot ask for anything more than to be as one with the energies of Light reaching out around the world, touching each and everyone in perfect unison. And to think that this extends beyond into the Universe and onward.

England

It is always satisfying to link up mentally in spiritual consciousness by visualising our triangles within the network of light and goodwill.

Nigeria

The whole of the Cosmos is a swirling energy-field and the constellations – gatherings of light. The whole process is one of transmutation and refine-

ment. Around planet Earth now, is an energy-field beyond measure. A network or field of light; a "shield", to protect the earth.

France

Through all the human suffering there is great joy in being part of Triangles; focusing light, love and power throughout the etheric body of earth and knowing that the old form is breaking down to allow the new.

England

Invoking my triangle each day as I travel to different locations, is to make whole with light, love and power.

Ireland

The sun is rising on a new day and with it, new possibilities, new vistas, new methods. The energies of Aquarius urge us to view life from the position or attitude of the true server, striding the heavenly worlds and pouring out the water of life upon a thirsty world.

Australia

I sometimes feel that the energy of light directed over the Triangles network brings with it a note which is in sympathy with any particular problem concentrated upon. These notes therefore build up to a chord of empathy and essential love.

England

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles. The Triangles Bulletin is for men and women of goodwill and is published four times a year in Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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