



Triangles

BULLETIN

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THE INNER PILGRIMAGE

Nowadays many of us are used to long-distance travel. It is a part of modern culture that we take for granted, walking out the door, suitcases in hand, heading off for an extended period of work, relaxation, education or recreation.

Travel is also part of the modern spiritual life. In the religious world pilgrimages to sacred sites continue, especially in the eastern religions of Hinduism, Buddhism and Islam. In a secular sense people are giving a moral significance to their travel – perhaps selecting a location because it provides the peace and quiet necessary to attend to the quest for meaning, or because it is seen to be spiritually rich. Increasing numbers of people are travelling to attend retreats and workshops aimed at restoring connection with the soul.

At another level of meaning travel, and in particular pilgrimage, can be viewed as a metaphor for the spiritual life itself. Our journey from birth to death, in this life and the next, is the ultimate journey through time and space. We become pilgrims to the extent that we experience ourselves as being on a journey towards the higher potential for this life. This is not some idle abstraction. To experience our life as an inner pilgrimage is to see the journey itself as well as the destination as being full of poetry, significance and meaning. A daily review becomes an observation of the Way – outer events seen in the light of the inner pilgrimage.

This view of ourselves as pilgrims helps us to see life and all events from the perspective of the soul. It's a way of fostering detachment. Understanding that the journey is long helps to soften extremes of devotion and intensity. It reminds us to keep an eye on the destination while also valuing each step of the path – knowing that the goal is reached step by step, and that the path passes through cycles and seasons.

Our personal journey is part of the wider journey of our species travelling towards a new-found experience of community, and learning to express a new sense of synthesis. That which is eternal in us, our soul or Angel is on a great journey, travelling into the valleys of time and space to bring the radiance of light, love and purpose into the substance of the world. The Earth itself and all the lives of the kingdoms of nature are journeying towards an alpha and omega moment. It has been thus since the beginning of time.

MIND – THE FOCUS OF PLANETARY DEVELOPMENT

The Ageless Wisdom teachings maintain that behind the mind stands the Thinker, the Observer, the Divine Perceiver – all synonyms for the Soul. Man is “the one who thinks”, the word man being derived from its Sanskrit root – Manu. The mind is an instrument that registers impressions from a higher level of awareness – the “raincloud of knowable things” – “that cloud of wisdom which hovers over the lower mental plane and which can be tapped and used by students and aspirants through the free play of the intuition”.¹ The brain too, is simply a sensitive receiving and transmitting mechanism responsive to impressions relayed to it. This is in contrast to modern science which considers mind as being a by-product of the biological activity of the human brain. Nevertheless there are signs that the Eastern and Western approaches are coming closer together with more open-minded scientific discussion about the nature of human consciousness. Bridging is, therefore, underway and human understanding is advancing.

The outstanding quality of modern man is the intellect – the knowledge aspect that has brought into manifestation the objective forms that condition modern day life – for good and for bad. However, the intellect is not an end in itself – to progress further humanity must raise the mind to new heights and move from the intellect to the intuition. The intuition, from the perspective of the Ageless Wisdom teachings, is not a “feeling” but rather it is light flowing directly through the higher mind from the spiritual worlds. This light, when registered in mind and brain, brings a more synthetic understanding and recognition that all life on our planet is interrelated.

To draw down the intuition requires the lower mind to be in tune with the Soul – the Son of mind. The Soul is neither spirit nor matter but is the relation between them – the middle principle – the link between God and His form. Through the Raja Yoga technique of meditation the student integrates the physical, emotional, mental and spiritual life

leading to union or alignment with the Soul; thus the first half of the antahkarana – the rainbow bridge – is constructed consciously by the meditator. Through meditation the student draws down the spiritual force of the Soul so that it can be expressed in service in daily life.

The alignment of the lower mind and the Soul prepares the way for the building of the second half of the antahkarana linking the lower and higher aspects of mind. It is through the higher mind, the lowest point of the spiritual Triad, that the synthetic understanding of the intuition and the dynamic power of the will to be used with love and, harmlessness in service, are known. These energies are directed into the physical world through the lower mind and the physical brain; the result is spiritual livingness.

The creative use of the mind can transform life on earth for the common good. Every visible form upon the physical plane “...is the result, first of all, of thought, then of desire, and finally of physical plane activity. A man sees a vision and a possibility”². Whether the form is a beautiful garden, a fine building, a work of art, a thriving city or a complex computer programme, it has been brought into manifestation by some thought; energy follows thought; clearly, objects do not appear by some chance occurrence. Man is, therefore, the Thinker incarnated here on Earth. And because man – the microcosm – is the Thinker it follows that behind the visible Universe stands some unimaginable Thinker we may call “God, or the divine Reality, veiled by all forms”³. How profound is the occult truism “as above, so below”!

Hence, the transformative power of the Triangles network.

1. Glamour: A World Problem, p. 135.

2. The Externalisation of the Hierarchy. P. 263.

3. Discipleship in the New Age 11, p. 189

THE PLANETARY NETWORK

The planetary network of light, love and service is transforming the mental climate of the planet, reorientating humanity to spiritual attitudes and values. The groups and activities reported in the Bulletin reflect different aspects of the network.

Triangles Video

A new video has recently been released by headquarters to introduce co-workers to the Triangles work. It is available on DVD or you can watch it online at: www.youtube.com/trianglesnetwork.

The video explores the purpose of Triangles; how to do the work; how to form a triangle; and, it also provides an introduction to the Great Invocation. It lasts just over eight minutes. The video is a multimedia presentation combining voice, music and images. We welcome co-workers to pass on details of the video to other like-minded people of goodwill.

Worldwide Network

The Worldwide Network section of our website (www.lucistrust.org/groups) lists a number of groups throughout the world whose activities are inspired by the teachings of the Ageless Wisdom based on the books of Alice Bailey. To date groups are listed from Africa, Americas, Asia and Pacific, Australia and New Zealand, Europe and the Middle East.

In another section of the Worldwide Network listed under 'Notes From The Field of Service' (www.lucistrust.org/en/service_activities/worldwide_network/notes), further information on some of the groups who have written to us about their initiatives is given.

For example, a co-worker in Australia recently wrote to us about his project to create a Great Invocation slide show. These PowerPoint presentations can be downloaded from our website in English, French, German, Portuguese and Spanish. Also, two co-workers – one in the USA and the other in the UK – shared their experiences and challenges in starting full moon groups. Another group, this time in New Zealand, advised us that in 2000 they started a World Invocation Day vigil – encouraging and co-

ordinating people of goodwill to sound the Great Invocation every 15 minutes throughout the 24-hour period of World Invocation Day. And, in 2008, a co-worker in a unit of service in Australia spoke at an international conference on the theme of culture and religion. Her talk included references to Triangles and World Goodwill.

These are just some of the inspiring initiatives that individuals and groups throughout the world have organised in serving the vision of the Ageless Wisdom.

www.lucistrust.org/groups

www.lucistrust.org/en/service_activities/worldwide_network/notes

The African Peace Project

A co-worker in Ethiopia recently informed us of *The African Peace Project*, an initiative he has been working on for some time. The goal is to encourage millions of Africans to dedicate five minutes each day to thinking, praying for and imagining peace, and ending with the Great Invocation.

The Project aims to attract people to living inclusively by ignoring physical, racial, political and social differences in their communities. And as more and more people become aware of this inclusive thinking, it will become more difficult for those who have separative and selfish agendas to influence others, and prosecute wars or civil unrest. The focaliser of the Project writes: "The idea was initiated in Nigeria in the mid 1990s and [has] now moved online to Facebook. Currently we have a vibrant group of collaborators about 796 in number... The next task is to move to an independent website: which has been registered but not yet launched."

Dr. Bamitale was recently interviewed on the BBC Network Service Africa to discuss the Project:

http://www.bbc.co.uk/worldservice/africa/2010/03/100312_facebookcomment.shtml

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AN ESSAY ON LOVE

In The New Testament, the Christ, the World Teacher, communicated a clear and simple moral message that is as relevant today as it was 2000 years ago. One of its outstanding themes was an explanation on the nature of 'Love'. And, quite probably, this was one of the greatest truths ever revealed to humanity. Its implications are profound and far-reaching, and have the potential to propel humanity into an era of enlightened living. Nevertheless, 2000 years later, it is no exaggeration to suggest that we are struggling to grasp the concept of right relationships, which is the highest expression of love that the human family can collectively express at the present time.

It is suggested that the science of right relations is "the next immediate step in the mental unfoldment of the race". It is of such importance that it will no doubt in time be included in the curriculum of educational establishments the world over.

Slowly but surely, right relations as an expression of goodwill is dawning as a practical reality in the consciousness of humanity. By and large, not a month passes without some international conference taking place highlighting our role in becoming better custodians of the planet and emphasising our responsibility to live in harmony with the natural world.

Paralleling this development is a growing

awareness and a need for a new approach to God. Probably, most of us would agree that 'organised religion', although having played a major role in nurturing the religious spirit, nevertheless seems unable to play a constructive role in the world of today. The development of the human mind cries out for a greater understanding of our relationship to the divine. Nonetheless, a new approach and relationship to God is underway, and the new group of world servers are at the forefront of this impulse.

From a purely human perspective, love, goodwill and right relationship can be considered as interchangeable terms. Right relation to the higher and lower kingdoms, and to our fellow human beings – at an individual, family, community, national and international level – is stretching the imagination and the inner resources of the human family. Triangles helps this effort by providing a pathway through which the pure energy of love can find anchorage on the dusty plains of Earth and so inspire minds with the higher values and kindle hearts with the radiant energy of goodwill.

Love is the energy that brings about the right conscious interrelationship between all forms of expression, so that, ultimately, all aspects of our planetary life will be woven into an integrated and cohesive whole unfolding the all-pervading beneficence of Deity.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for men and women of goodwill and is published four times a year in Czech, Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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