



# Triangles

BULLETIN

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## THE SPIRITUAL MASTER

The introduction in the late nineteenth century of the teaching on the spiritual Hierarchy, the Masters of the Wisdom, was a revelation to Western seekers. Many aspirants embarked upon a search for the Masters, some travelling to remote regions of the world in hopes of discovering these great initiates who would be able to guide them in their spiritual development.

Such a desire is understandable but it misses the point: that the first authentic master is one's own soul, the inner light whose guidance is unfailing if one is willing to cultivate the techniques for listening to its voice. The first sound of this inner authority is the conscience, that "still, small voice" within that ever alerts us when we deviate from the intention of our higher self—from what Lincoln called "the better angels of our nature".

The presence of the master within, the soul, is deeply hidden within the cave of the heart. Its earliest stirrings are felt as the physical disciplines that culminate in the first initiation. Subsequently, the inner master's attention is turned to the emotional nature, to the process of instilling control over the volatile astral body which consumes many lifetimes until mastery is achieved at the second initiation. Then the soul's focus turns to control of the mind, refining the thinking processes until the mind becomes an instrument and not an impediment to the soul's plan. Still later in the evolutionary journey, the personality's resources are finally and completely turned over to the soul in an act of relinquishment and dedication which releases the full authority of the spiritual master.

If this conveys an image of the soul as a potent resource of dynamic energy, that is correct, for the spiritual master must exert great power to gain control over the personality, the outer form which has been dominant for so many lifetimes. Not easily does the personality give up its control, but the soul is far stronger. What ignites the spark of the soul's forces, the internal fires banked for so long but never extinguished? Buddhism speaks of the effect of the Buddha's teaching causing the Dhamma—the inner recognition of spiritual truth—to "rise up" in his listeners, suggesting that the inner spiritual authority was always present but dormant, unawakened until confronted by the authenticity and integrity of the Buddha's own hard-won achievement.

Perhaps that's why the spiritual seeker is encouraged to welcome crisis, not run from it—not because struggle and suffering are somehow more spiritually valid than joy is, but because crises cause the aspirant to reach within for deeper resources than the habitual patterns of the personality. The spiritual master, initially the soul and later the member of the spiritual Hierarchy under whose direction the disciple serves, does not require blind obedience but persistent practice. All gifted athletes know the need for diligent training to meet their goal. They understand, as a great teacher once said, "this is accomplished by accomplishing. This mastery is achieved by mastering. This elimination of desire is brought about by conscious eliminating. Get therefore to work...."

Triangles is a wonderful way to awaken the intelligent people of goodwill to the inner spiritual master. Through the irradiation of the planetary network with light and goodwill, the soul of humanity is steadily deepening its grip on human consciousness, igniting the spark of divinity residing within all human hearts and fanning it into a true source of mastery.

## NOTES ON THE NETWORK

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2010 was a busy year for Triangles. A number of new initiatives helped to widen the outreach of the work and encourage people of goodwill to form Triangles of light and love. In these challenging times, Triangles is a unique way to contribute constructively to the wellbeing of all life upon our planet. The work only takes a few minutes each day and it can be fitted into the busiest of schedules.

Earlier this year, Transcendence magazine, a Hindu focused electronic magazine in South Africa ([www.transcendencemag.com](http://www.transcendencemag.com)), approached us with a view to publishing twelve Triangles Bulletin articles – one each month – on relevant and timeless spiritual themes which might be of interest to their readers. We were pleased to send an assortment of articles. Another magazine, Sundial House Newsletter in the UK ([www.creativegroupmeditation.org](http://www.creativegroupmeditation.org)), also recently contacted us about submitting an article for their latest magazine. We were grateful to receive their request and an article entitled “The Inner Beauty” was emailed to them.

On another note, you may have noticed a new ‘look and feel’ to the Triangles Home page. Over the last few months we have been updating some of the Triangles web pages. We hope the new layout will aid navigation, as well as highlight different aspects of the work more clearly.

Also, we have been working on a new Triangles web page – ‘Promoting Triangles in other languages’ – which offers introductory Triangles literature in the following languages: Arabic, Dutch, Farsi (persian), German, Russian, and Tagalog (filipino). We hope that the availability of this literature will help spread awareness of the Triangles network in many more countries. We plan to add to the list as literature becomes available in other languages. The web page can be found at: [www.lucistrust.org/en/service\\_activities/triangles/promoting\\_triangles\\_in\\_other\\_languages](http://www.lucistrust.org/en/service_activities/triangles/promoting_triangles_in_other_languages) .

As many of you already know, a new multimedia video on Triangles was launched earlier this year. The video was released to introduce co-workers to the work. It is available from headquarters on CD or

you can watch it online at: [www.youtube.com/trianglesnetwork](http://www.youtube.com/trianglesnetwork).

The 8-minute video explores the purpose of Triangles, how to do the work and how to form a triangle. It also provides an introduction to the Great Invocation. The video combines voice, music and images. We welcome co-workers to forward details of the video to other like-minded people of goodwill and encourage them to form triangles.

Some of you may have your own stories to share with us about how you are helping to spread awareness of the work in your own communities, how you formed a triangle and your thoughts about the work generally. Once a year in the December Bulletin we feature on the ‘Sharing Group Thought’ page your thoughts, experiences and observations on the work. For example, we know of a co-worker in the United Arab Emirates who is distributing introductory Triangles literature to people of goodwill in English, Arabic, Filipino and Urdu. Also, an esoteric group in Iran which studies the Alice Bailey books organised a “Triangles of Light” meeting to introduce co-workers to the work. The same group has also translated into Farsi (persian) a number of the Alice Bailey books and introductory Triangles literature.

We welcome your contributions for possible inclusion on the ‘Sharing Group Thought’ page. Please send them to Triangles headquarters either by post or email. Or you can do so online at: [www.lucistrust.org/en/service\\_activities/triangles/sharing\\_group\\_thought/share](http://www.lucistrust.org/en/service_activities/triangles/sharing_group_thought/share) .

The Triangles Bulletin is now published in 13 language editions: Czech, Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. And, as always, we are grateful to the group of international translators who tirelessly give of their time to ensure that the Bulletin reaches Triangles co-workers throughout the world.

We thank you for your participation in Triangles this year, and we look forward to our group work together next year, renewed in our commitment to serve the good of the whole.

# THE PLANETARY NETWORK

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**The planetary network of light, love and service is transforming the mental climate of the planet, reorientating humanity to spiritual attitudes and values. The groups and activities reported in the Bulletin reflect different aspects of the network.**

## Festival Meditation Meetings

For many years the Lucis Trust has been holding Festival or Full Moon meditation meetings each month. During these periods there is a direct, unimpeded path between the sun and the earth. At this time, spiritual energies are uniquely available which help to bring about a closer rapport between the Kingdom of God and the human family.

Today, many service groups around the world meet regularly during these festivals and contribute subjectively to the rhythmic planetary meditation. Each spiritual festival is a time of focused group invocation. Of all the full moons of the year there are three which are of the greatest spiritual importance: the three spiritual Festivals of Easter, of Wesak and of Goodwill. More about these festivals will be featured in the March 2011 Bulletin.

If you would like more information about this aspect of the work, please write to or email Triangles headquarters. We will be pleased to send you details.

## Wrekin Forum

The Wrekin Forum is part of a global movement working towards personal and planetary transformation. The Forum grew out of the work of the Wrekin Trust, which was founded in 1971 by the late Sir George Trevelyan Bt., a visionary thinker and writer.

The Forum aims to bring together intuitive individuals and groups whose approach is predicated upon spiritual and holistic principles.

Its guiding principles are:

- The interconnectedness of life and the unity of consciousness
- The intrinsic value and potential of each individual
- A deep respect for the wellbeing of all interdependent life forms
- The recognition that diverse faith traditions and secular knowledge contribute to our collective wisdom
- Welcoming diverse ideas and practices into spiritual education, whilst discriminating what is true, good, wise and beautiful.

The movement is supported by over 100 'Associates' – individuals and organisations who embrace these principles.

A number of meetings are organised throughout the year at different venues in the UK. Recent themes include: *Holding the Vision; Evolutionary Consciousness: Where is it taking us and what needs to change?; Dancing our Prayers; and Consciousness, Synchronicity and the Law of Attraction.*

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## SHARING GROUP THOUGHT

Every year we are pleased to feature in the Bulletin a selection of thoughts on Triangles that we receive from co-workers around the world. We hope, too, that you will be encouraged to share your insights with the worldwide group. You can send your papers by post, email or online at: [www.lucistrust.org/en/service\\_activities/triangles/sharing\\_group\\_thought/share](http://www.lucistrust.org/en/service_activities/triangles/sharing_group_thought/share)

I am now a member of two triangles worldwide and really feel the work we are all doing by saying the Great Invocation daily is worthwhile – it really helps us to remember the oneness and not succumb to the glamour of isolation. I also enjoy sharing thoughts with my triangle members. UK

The impersonal work of the Triangles is reflected in its numerical symbolism of the number three. In its highest sense it concerns the Trinity. Although it takes three people to form a Triangle they unite as one – one heart, one mind, one soul – the human trinity.

Aware of themselves as both a human and

divine Trinity they pour light, love and power into other human hearts, minds and souls, thus linking them to the Trinity also. The origin of the irradiating point is the apex, which also symbolises fire and the aspiration of all things towards the higher unity. This to some extent is what it means to be ‘an ambassador of the light’.

UK

My participation in the Triangles work is improving the techniques of visualisation and meditation. I feel so glad and fulfilled whenever I participate in the daily exercise. Nigeria

### From co-workers in Iran:

... each person has the potential to make their heart and their life a temple or ashram for service to God.

... each one of us is a triangle of light and all of us can BE and IS a part of the whole interlocking triangles of light in the universe if we can understand and nourish true love in our hearts.

**“Enlarge the work of the Triangles so that, subjectively and etherically, light and goodwill may envelop the earth.”**

Alice Bailey

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for men and women of goodwill and is published four times a year in Czech, Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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