



Triangles

BULLETIN

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LETTING IN THE LIGHT

We live in a time of deep uncertainty about the future, when the stability of past achievements is being challenged, yet the new required patterns have not fully emerged into the light of recognition. When we think of “letting in the light” in such a period, we must ask what blocks the light? Surely the answer is the darkness of selfish materialism and separativeness. Yet, we can say “the forces are with us” because the energy of the incoming age is that of the seventh ray which fosters the fusion of spirit and matter. Light is both the effect of spirit and matter coming into relation with each other and the agent which reveals the relation between the two poles of spirit and matter — of purpose and manifestation.

This touches upon the ultimate destiny of humanity, which is to be the planetary light-bearer. When we sound the first stanza of the Great Invocation — “From the point of Light within the Mind of God let light stream forth into the minds of men. Let Light descend on Earth” — we invoke the fulfilment of humanity’s destined purpose. As the words of the Invocation imply, it is a purpose that is fulfilled through the creation of an alignment, of a channel through which the energy of light can flow. This channel requires a group, unitedly focused in selfless dedication to the meeting of world need.

The three spiritual Festivals, and particularly the Wesak Festival when the Forces of Enlightenment pour into the world, are an opportunity to participate in a group alignment through which light can be transmitted: from the Buddha, Lord of Light, through the spiritual Hierarchy and into humanity and the planet, *if* the new group of world servers and all men and women who aspire to unity, interrelationship and interdependence take their place within that alignment and thus complete the channel of energy flow. It matters not that each participant may not be fully aware of the significance of this alignment or its furthest extent in consciousness. Each mind and heart that quickens in response to a sense of relationship to and within the Whole is helping to fulfil the intended purpose of the Festivals.

The service of Triangles is a splendid example of a group channel for the letting in of light. Through the united meditation of a group working unselfishly, with no expectation of any benefit other than the service of the Plan, the Light and Love of God can be released into the world. Let us work in meditation to radiate light and goodwill into human consciousness and thus help to *let in the light*.

REPORT ON TRIANGLES MEETINGS ON 9 NOVEMBER, 2002

In the last issue of the Bulletin we featured a report on the Triangles seminars held on 9 November, 2002 in the three headquarters centres: **New York, Geneva and London.**

In this issue we are pleased to report on the Triangles meetings organised by groups throughout the world also held on 9 November to coincide with the seminars in the three headquarters centres. **All these meetings provided a simultaneous global focus on Triangles.**

Australia: Sydney Goodwill unit of service in Australia featured an hour's focus on Triangles at the end of another spiritual event. The group reports that it proved to be "a deeply focused group ending with a symbolic lighting of candles in groups of three with rose petals and a reading from the 'Old Commentary', and ending by sounding the Great Invocation and the OM."

Colombia: The Medellin Goodwill unit of service in Colombia, South America organised a meeting with two other groups: *Hogares Claret* and *Un Curso en Milagros (A Course in Miracles)*. Using the Triangles Seminar theme: **An Emerging Pattern of Light**, the meeting also embraced the idea of 'Three groups: one common work consecrated to the Christ.'

A representative from each group gave a presentation. Gabriel Mejia, a priest from 'Hogares Claret', who is also President of the Latin American Federation of Therapeutic Communities, spoke on "The Great Invocation and its Relation to our Understanding of Spiritual Work and our Way of Service". Mr. John J. Cardenas from 'Un Curso en Milagros' focused on "The Universality of the Experience in the Light of a Course in Miracles". And the writer and co-operator with the Medellin Goodwill unit of service, Luis Eduardo Yepes, author of 'Closer to the Soul', spoke on "The Service of Triangles as a means of raising Human Consciousness".

Nearly eighty people attended the meeting, which

ended with a group meditation. The group comments: "The experience of creatively adapting the deep sense of the service of Triangles, and applying it to a triangular group work, ended up being very meaningful."

Czech Republic: Three co-workers – Jan and Ludmila Kaleta, and Peter Weiss – in Ostrava, the Czech republic, held a Triangles meeting. The opening talk was an introduction to Triangles. This was followed by a group discussion period.

The video of the Great Invocation was shown and a group meditation followed. After a break, there was another presentation and the meeting ended with a group meditation.

New Zealand: The Triangle Centre in Paekakariki, New Zealand held a Triangles Workshop. The workshop opened with the group listening to a recording of the adapted version of the Great Invocation, linking with "the generations of people who have worked in the network while they are in incarnation and with the thousands of triangles in the network today". Then the group linked up with all the other Triangles gatherings throughout the world.

After this, there was a short introduction to Triangles and a group meditation followed. The group reports: "We had a fascinating group discussion on Triangles, interspersed with some brief quotations from DK on the Triangles movement – the discussion focused on individuals' experience of their work in different triangles over the years."

Two talks followed: Lani Murphy, an esoteric healing teacher, spoke about the use of Triangles in healing. And Julie Coulson, a pianist and lecturer at Wellington's Massey University Music Department, talked about the role of the triad in music – harmonics and the nature of hierarchy in music. Julie is currently preparing a proposal for a PhD, which will explore the Ageless Wisdom understanding of sound and its significance. The workshop ended with a short meditation and tea. The group comments: "It

really was a very beautiful afternoon's work."

Nigeria: The Agbor unit of service held a Triangles seminar in Nigeria. The group writes: "The seminar was successfully conducted. We downloaded from Lucis Trust's web site and printed in colour all the e-mantrams, articles on Triangles and Science of Meditation which were distributed to Triangles participants."

The group also designed and produced Triangles stickers, and reprinted in colour the Great Invocation bookmarks, which were distributed to participants and other units of service in Nigeria for wider distribution.

In his address, Harry Juwe of the Agbor unit of service, commented: "The purpose of this seminar is to provide a forum for group discussion and deliberation on the theme of Triangles work as an effective way of letting in more light and goodwill into our troubled world of today. The aim is to promote a better understanding of the significance of Triangles work and to encourage participants to form prayer triangles of their own and join in this growing planetary work of building a better world of tomorrow."

Nigeria: The Eket unit of service in Nigeria reports: "We are glad to let you know that Eket unit of service joyously conducted a Triangles seminar on November 9, 2002.... Prior to the day of the seminar, many copies of the notice were sent out to people far and near. Some were placed on the public Notice Boards. We also reproduced and distributed to people papers about the Triangles work and the seminar."

The seminar featured a number of talks, group meditation and discussion periods. Mr. Victor Amaunam opened the meeting and later on in the afternoon spoke on "Service as a Way of Life". Mr. Sunday Udo's talk focused on "Triangles: An Emerging Pattern of Light". This was followed by a talk on "The Challenge of International Unity" by

Chief Victor D. Ikot. And Barrister E.T. Ekwere spoke on "The Problem of the Children of the World". The seminar ended with a closing address and a group meditation.

Portugal: 'Grupo de Estudos Maitreya' in Portugal arranged a meeting to highlight the work of Triangles. The meeting programme included presentations on Triangles, World Goodwill and the Lucis Trust. Information on how to do the Triangles work was handed out, along with World Goodwill literature. A group meditation on Triangles was also included.

South Africa: Ann Hamm, a co-worker in South Africa, organised a workshop. Anne comments: "Ten friends arrived on the 9th (November) to do a Mandala workshop with the London meeting in mind.... The idea of Triangles was put across to the group. Anne goes on to write: "It did not take long before only the sound of pastels on paper could be heard – total silence in an envelope of peace hovered over everyone as we synchronised times and linked subjectively with the group meditation in London.

"Two hours went by in a blink. Everyone reported an intense preoccupation and a conscious loss of time and external events. We ended the afternoon by photographing the paintings over a cup of tea and some shared thoughts. I was struck by the amount of peace everyone had felt and the sense of interconnectedness we all shared.

"Each person had experienced some deep enjoyment from the afternoon's proceedings and expressed a desire to participate again. A follow up is being arranged for the Wesak Full/New Moon meditations.

"Thank you for suggesting we participate in this group endeavour. Not only was it beneficial for those who participated but we also built bridges and perhaps a few more triangles will emerge."

THREE SPIRITUAL FESTIVALS

There are three major spiritual Festivals which form the high point in the annual cycle – **the Festival of Easter, the Festival of Wesak, and the Festival of Goodwill**. Through the steady, persistent meditation work of many individuals and groups in all parts of the world, these Festivals are now achieving a subjective anchorage in the consciousness of the human family.

In the future all people of spiritual inclination will keep the same holy days. This will bring about a pooling of spiritual resources and a united spiritual effort, plus a simultaneous invocation. The potency of this will be apparent. The three major Festivals each year are concentrated in three consecutive months and lead to a prolonged annual spiritual effort which affects the remainder of the year. These are:

The Festival of Easter: This is the Festival of the risen living Christ, the teacher of humanity and the head of the spiritual Hierarchy. He is the expression of the love of God. On this day the spiritual Hierarchy, which he guides and directs, is recognised and the nature of God's love is emphasised.

The Festival of Wesak: This is the Festival of the Buddha, the spiritual intermediary between the highest spiritual centre, Shamballa, and the Hierarchy. The Buddha is the expression of the wisdom of God, the embodiment of light and the indicator of divine purpose.

The Festival of Goodwill: This is the Festival of

the spirit of humanity aspiring towards God, seeking conformity with the will of God and dedicated to the expression of right human relations. On this Festival for two thousand years the Christ has represented humanity and has stood before the Hierarchy and in the sight of Shamballa as the God-man, the leader of his people and "the eldest in a great family of brothers" (Romans VIII: 29). Each year at this time he has preached the last sermon of the Buddha before the assembled Hierarchy. This is, therefore, a Festival of deep invocation and appeal, of a basic aspiration towards fellowship, of human and spiritual unity; it represents the effect in human consciousness of the work of the Buddha and of the Christ. This Festival is also observed as **World Invocation Day**.

Although they are not yet sufficiently related to each other, these three Festivals are a part of the unified spiritual approach of humanity. The time is coming when all three Festivals will be kept throughout the world and by their means a great spiritual unity will be achieved and the effects of the Great Approach, so close to us at this time, will be stabilised by the united invocation of humanity throughout the planet.

(Adapted from the **Three Spiritual Festivals** pamphlet)

Easter Festival: 16 April

Wesak Festival: 15 May

Christ's Festival/World Invocation Day: 14 June

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for men and women of goodwill and is published four times a year in Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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