



# Triangles

BULLETIN

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## THE SPIRITUAL TINCTURE

Through the Triangles exercise, we begin to see into the inner realms of mind and heart so that soul becomes visible – soul quality, soul light, soul purpose. Light and goodwill can be seen to circulate through the network – tincturing the entire field of human consciousness.

This image of our work together as infusing life with a spiritual tincture is worth pondering. Consider colour. The faintest hint of another tint (a tincture) changes a primary colour. Even adding just a trace of a different shade affects richness, warmth and undertone.

The gentle radiation of the network of Triangles of light and goodwill acts just like this. It affects the atmosphere of the inside, the essence, of relationships. Add a tincture of goodwill to the vast, chaotic web of relationships that is incarnated life and the whole web is changed. Yes, the changes are subtle – but think how important they are. Think, for example, of how important it is during the present global financial crisis for trust, transparency and generosity to begin to find a place to breathe and grow in our social interactions with money and wealth.

Herbal tinctures have been used since the early days of medicine. When a herb is held for a time in alcohol, its essential healing properties are drawn out by the liquid. The tincture provides a concentrated potency of these properties – a concentration of essence. In the Triangles work this adds another layer to our understanding of how the network of Triangles infuses consciousness with light and goodwill. These spiritual qualities, light and goodwill, can be thought of as the essential healing properties of each triangle. The practice of linking with two others to form a triangle, and of imaginatively weaving each triangle into the global web of Triangles is analogous to placing a herb into a solution of alcohol. The alcohol (the field of consciousness) absorbs the essence of the triangles, the light and goodwill, in such a way that these essential qualities become concentrated, potent and radiatory.

Homeopathy takes this analogy further. A ‘mother tincture’, formed in the normal way, is diluted, and then diluted again and again. While the final remedy may contain no physical trace (no molecule) of the original ingredient, the alcohol holds a memory of the mother tincture. With each dilution the healing properties become more potent. This provokes reflection on the potency (and efficacy) of the Triangles tincture. By giving repeated attention to our triangles, caring about them and holding them in the light, it is as if we are potentising them. The more potent they become, the more strongly do they infuse the wider ocean of mind and heart.

## THE NEW EMERGING PATTERN

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Patterns are everywhere. We may not see them, but they influence almost everything we do. The fabric of Life is overlaid by myriad patterns of energy that give shape and form to material substance. It might be said that every living person in the world is an expression of a new emerging pattern. You are who you are and where you are by the pattern designed by your soul. The qualities you express in your consciousness indicate the degree of synchronicity you have achieved with that ideal pattern. Each new life is designed to be an improvement in the expression of that pattern. The goal is a more perfect expression in consciousness of the inner pattern of the soul.

This pattern-making process of the soul is a lower reflection of the same process being carried out by the spiritual Hierarchy as it guides the evolution of human consciousness as a whole. As an example, one pattern of thought the Hierarchy has been impressing upon human consciousness for centuries is the need for the energy of goodwill to be used as a synthesising force for building human relations. Goodwill, then, is not so much a new pattern, but its application in human relationships is quite new and is recognised today as highly necessary in a globalised world. It is an old pattern of thought that is finally precipitating more in line with the original design and intent of the Hierarchy—“peace on earth, goodwill toward men.”

Every pattern of thought impressed upon human consciousness is the result of a long process that begins in the Mind of God. There are essentially five stages in this process: 1. Purpose, 2. Planning, 3. Programme, 4. Pattern, and 5. Precipitation. The first four stages are primarily subjective, where ideas are formulated and a programme to implement those ideas is drawn up by the spiritual Hierarchy. This programme is then stepped down and impressed upon the consciousness of certain initiates working in the physical world. Only in stage five do divine Ideas

begin to manifest on the physical plane. Stage five—precipitation—is where difficulties appear because accuracy depends on the sensitivity—or lack thereof—of human consciousness. This is what has happened with the Idea of goodwill.

The Plan of God exists because there is a divine Purpose to be worked out, on and through planet Earth. We know little of the details of this Purpose because it likely has to do with the greater Plan and Purpose working out in our solar system. We do know that the Plan of God calls for the manifesting of the great energies of Love-Wisdom and Light in the human kingdom. These energies are needed to invoke and implement the Will of God. This is the reason the Great Invocation—the blueprint of the Plan—was given to humanity as a tool for evoking these very essential energies.

Goodwill, as an emerging pattern, is an essential ingredient in the success of the Plan. By learning to express and apply goodwill we develop the capacity to understand and express divine Love, and then act with wisdom, which then prepares us to identify and work with the Will of God more directly. Will draws all together in one great expression of synthesis—the final pattern.

What humanity is faced with today is the lingering tendency to selfishness, separateness, greed and the quest for personal power. Those old patterns of thought have conditioned human relations for centuries. But they are patterns of thought that have arisen through fear and suspicion developed in the lower personality nature. These old patterns are now in conflict with the emerging pattern of goodwill and love that is in the process of becoming the dominant pattern in the new age, with the emphasis upon selfless service. The radiating energy of goodwill that flows through the worldwide network of Triangles is helping to reshape human thought to synchronise more closely with this emerging pattern.

# THE PLANETARY NETWORK

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**The planetary network of light, love and service is transforming the mental climate of the planet, reorientating humanity to spiritual attitudes and values. The groups and activities reported in the Bulletin reflect different aspects of the network.**

## **The Spiritual Caucus at the United Nations**

“We all have within us a center of stillness surrounded by silence. This house, dedicated to work and debate in the service of peace, should have one room dedicated to silence in the outward sense and stillness in the inner sense.”

These words expressed the hope of the late Dag Hammarskjöld, the then UN Secretary-General, in describing the United Nations Meditation Room in New York.

Sharing this vision, the *Spiritual Caucus at the United Nations* meets regularly “to spend time together in silent reflection, share our insights, and explore ways of using this inner focus in service to the work of the UN”. The Spiritual Caucus meets on the third Thursday of the month from 1:15 - 2:30 pm in the UN. Please note, a valid UN ground pass is required to attend the meetings. During each meeting, 30 minutes are spent in silent reflection. Also, on the first Thursday of each month, all are invited to gather informally at 12:45 in the UN Meditation Room for a period of silent reflection. No UN ground passes are required.

The Caucus supports the spiritual objectives of the United Nations and invites “groups and individuals who cannot be with us in person to connect with us in silence on the first and third Thursday of the month.”

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## **Foundation for Conscious Evolution**

The Foundation for Conscious Evolution (FCE) was established by Dr. Barbara Marx Hubbard and Sidney Lanier in 1992. The Foundation provides “a context and container for connecting and empowering the vast global movement arising for positive change, making the efforts of this movement visible to engender greater awareness, coherence and synergy”.

FCE’s vision is to awaken the “spiritual, social, and scientific potential of humanity, in harmony with nature for the highest good of all life”.

FCE has a number of initiatives to promote its mission, such as:

The Living School – providing learning resources for personal and social transformation

The Synergy Center – connecting society as a whole living system

Communities – co-creating a positive future where we live and around the world

Evolving Media – communicating the visions of our transforming world

The Foundation sees its role in the following terms:

“Humanity is undergoing a period of rapid transformation at every level — spiritual, social, and scientific/technological. At this time of accelerated change there is a need for the connecting, coordinating, and integrating of individual and organizational initiatives working on behalf of balanced, ethical, and life-enhancing evolution for humanity and Earth.”

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## MYSTERIUM MAGNUM

The last five hundred years or so have seen remarkable shifts in human consciousness. The interaction between the old ideologies and the new inclusive thinking has shaken humanity to its very core.

Since about the time of the Renaissance, the spark of human creativity, imagination and beauty has been kindled and nurtured in a way that was not possible previously. Converging with these positive developments are those forces in any age that seek to hold back the tide of light and love, and keep humanity imprisoned in a maelstrom of crisis, separateness and confrontation. The unfolding drama between the progressive emerging order and the entrenched reactionary institutions that oppose any movement towards human welfare is fermenting a global crisis. But, slowly, today, the balance between these two powerful streams of human thinking is shifting, and more and more people throughout the world are embracing a higher sense of values.

The work of the plough of God is nearly complete in preparing the soil for the birth of a new age and for the restoration of the Mysteries. They have been fittingly described as providing “the entire clue to the evolutionary process, hidden in numbers, in ritual, in words and in

symbology; these veil the secret of man's origin and destiny, picturing to him, in rite and ritual, the long, long path which he must tread, back into the light.”<sup>1</sup>

These emerging truths will be “clear, factual, intuitive and nondogmatic”<sup>2</sup>, and they will bring about a transformation as to “the nature of religion, the purpose of science and the goal of education”. The turmoil in these three areas of human thinking and activity is evident for all to see. Nevertheless, humanity is working towards a clearer perspective and rationale in order that these disciplines can adequately evoke the highest potential within us all. Through humanity's quest to bring about the greatest good for the greatest number, the ageless Mysteries will be revealed and propel humanity into an era that it is impossible for us to imagine today.

Great, penetrating energies have been loosed to turn the gaze of humanity towards the light. Our material civilisation is giving place to a spiritual culture. The “Mysterium Magnum” hovers on the verge of human consciousness, awaiting the day of resurrection and revelation.

<sup>1</sup> The Reappearance of the Christ, p. 122, Alice Bailey

<sup>2</sup> The Rays and the Initiations, p. 135, Alice Bailey

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for men and women of goodwill and is published four times a year in Czech, Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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