



# Triangles

BULLETIN

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## SENSITIVITY TO IMPRESSION

We are all subject to impressions far more than we may realise. For many people, these come in the form of impacts from the surrounding environment which register on some level of consciousness. The challenge of the path of spiritual development is to reorient the registration of these impacts from an emotional reactivity to the development of a mental responsiveness to spiritual impression.

This higher sensitivity is not the sensitivity of the delicate feeling nature which tends to turn everything upon itself and thus to reinforce self-centredness. Nor does it concern the shallow, often misguided “first impressions” that the lazy mind can easily register. Rather, sensitivity to spiritual impression has to do with a developing awareness of relationship—an increasing capacity to respond to one’s environment. In a sense, this process of sensitisation involves the cracking of a shell, the breaking down of the crystallised wall that has been erected over the aeons to protect the interests of the separated self. If one does not voluntarily undertake the task of decentralisation, of turning the focus away from the fulfilment of self-interest and selfishness, life will have a way of doing the task for one, through the experience of suffering the consequences of one’s self-imposed isolation.

As one becomes sensitive to relationships and contacts, and begins to respond to the need of his environment, an awareness of “something more”—of what is called “the raincloud of knowable things”—begins to dawn. From earliest times human beings have sensed this cloud and the barrier presented to it by the human brain, a subject which the early Indian teacher Patanjali addressed in his yoga sutras. These guidelines to a field of awareness which is available to all human beings require self-effort and the cultivation of silence. Silence is the key to impression, for it directs the attention of the listener away from the demands of the lower nature and inward to the voice of the soul. This act of listening, when accompanied by an impersonal attitude and a realisation that ideas are energy currents available to all minds attuned to those currents, can help to anchor ideas bearing solutions to the world’s problems.

Triangles offers a wonderful opportunity for the development of group sensitivity to impression. Throughout history there have been individuals here and there who were responsive to impression, but today a group is available, consisting of centres of light scattered all over the world. The radiation of this group, whose auras intermingle via the Triangles network, constitutes a field of impression for spiritual energies to make impact on human minds and hearts. In this way Triangles is helping to render human consciousness more responsive to the values and principles necessary for human progress and right human relationships.

## EDUCATION – THE SCIENCE OF SERVICE Part 4

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Most, if not all of us, recognise that as proficiency grows in our meditation practices and as we develop a deeper relationship with the soul, new horizons appear and increasingly we sense the need to engage in serving the common good. As a result, the lures and chimeras of the material world gradually recede, and our service takes on new meaning and vitality. Our humble participation in the affairs of God, which is the privilege and responsibility of each of us, reflects our expanding awareness. In like measure, this same transformation is being mirrored in the lives of thousands of our fellow human beings around the world and no doubt these numbers will increase with the passage of time. True service has been described as “the spontaneous outflow of a loving heart and an intelligent mind”<sup>1</sup> – one without the other renders our service incomplete, and lacking in potency and direction. Only the trained and disciplined mind blended with the warmth and compassion of the heart can begin to understand that service is a way of life and a never ending path that ultimately leads to the “freedom of the heavens”.

The concept of service as a science is alluring. The word *science* stems from the Latin meaning *to know*. And, whilst, the physical sciences explore the outer world governed by natural laws in which we act as the observer, the spiritual sciences beckon our conscious participation in and absorption into the imparted truths, so that in essence they become a part of our consciousness. Our own lives and spheres of influence then become a laboratory, a field of experiment and experience in which we learn to attune our hearts and minds to the eternal truths and values. We are conscious that every day we wield energy through our thoughts, words and actions, and we learn through these modes of expression to become “relaying channels and not delaying points of selfish interest”<sup>2</sup> in the divine flow

Over countless decades, enormous strides have been made in education, but like any other science, it has to evolve and set the highest standards for humanity today and into the foreseeable future. In many respects, the hope and the future of the world

lie in the hands of those entrusted with intuiting and presenting a deeper philosophy of education, serving the spiritual, psychological and physical needs of humanity. It does not take too much imagination to countenance a world in which children and young adults are taught social and group responsibility, world citizenship, and those aspects of the new education, which will enable them to grow into responsible and thoughtful world citizens.

It is interesting to see the trend towards group relations as expressed in the working lives of many people throughout the world. For example, in medicine, business, finance and science, team or group relations are essential practices in these communities. And in this day and age to be a team player is generally a positive indication of the fitness of an individual to work constructively with others. All these trends are indicative of a growing group experience and awareness, where hearts and minds come together to service a specific purpose, which may be altruistic or otherwise.

The three sciences of the *antahkarana*, of *meditation* and of *service* will mark the high point of all our future educational practices. All that precedes it are necessary pieces of the jigsaw in order to reveal a golden age of universal education and culture. It may be difficult for us to foresee a time in which these three sciences will form the foundation of the new education, but when you consider the remarkable development of human consciousness even in the last fifty years or so, it is apparent that present practices are inadequate to rise to the challenges that confront humanity and a major reassessment is needed in order to serve future generations. No doubt the present upheaval in the educational systems of the world is an indication that somewhere along the line we have lost our direction, and that the shifting educational policies of government and international organisations alike are but stepping stones to reaching a more enlightened and visionary educational framework.

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1. A Treatise on White Magic, Alice Bailey p.188

2. Telepathy and the Etheric Vehicle, Alice Bailey, p.195

## NOTES ON THE NETWORK

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- It is always a joy to relay news of the Triangles Network and related topics to co-workers throughout the world and this year's *Notes on the Network* is no exception. The simple, yet scientific technique of Triangles is a project that thinking people of goodwill can relate to, especially in periods of human crisis. And there is a great need today for focusing lighted group thought to penetrate the distorted and separative thinking of our time. Human progress has always been punctuated by crises of opportunity which, handled in a spirit of understanding, has allowed the human family to move forward into a greater measure of light and truth. The challenges that confront us can at times seem insurmountable. The wide raft of global issues on the international agenda is far-reaching and complex. But each year, the collective will and accumulated wisdom of the international community, spearheaded by the United Nations, is rising to the challenges of our time and formulating a clearer vision as to the future progress of humanity.

- Last month, the sister activity of Triangles, World Goodwill, held seminars in Geneva, New York and London focusing on the theme: *The Creative Power of Disillusionment*. The seminars helped to explore the growing disillusionment in the world today and how this can play a creative role in re-engaging human consciousness with the higher values and principles.

Eminent visionary speakers included Don Beck of *Spiral Dynamics*, John Lane, Arts Editor of *Resurgence* magazine and David Boyle, author and associate of the *New Economics Foundation*. Written transcripts and/or audio cassettes of the seminar talks can be ordered from Triangles headquarters.

- In recent months, we have been involved in contacting spiritually-focused magazines to bring the note of Triangles to more people of goodwill throughout the world and so expand the network

of love and light. At the present time, *Renaissance* magazine in South Africa, with a readership of 30,000, has kindly agreed to publish three articles on Triangles with quarter page colour adverts. Two other magazines, one in Australia and the other in Ireland will be contacting us in due course about the possibility of running articles. We hope to bring you further details of this project in the next 'Notes on the Network' page.

- The Triangles Bulletin is published in 12 language editions: Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. We are sincerely grateful to the group of international translators who tirelessly give of their time and skills to ensure that the Bulletin reaches Triangles co-workers throughout the world.

- In 1937, Alice Bailey initiated the global spiritual project of Triangles and next year marks its 70th anniversary. Its purpose, then as now, is to help release human consciousness into a clearer, brighter and more positive future, where right relations will increasingly govern human affairs. Let us not forget that the world at any time is purely a reflection of the thought-life of humanity. If we can engage simply and clearly in our Triangles work each day energising the network with light and love, then we are helping to enlighten human thinking and construct a new world laden with spiritual potency on the edifices of the old.

Every new triangle formed is a statement of our commitment to serve, so please do continue to form new triangles so that the network pulses with spiritual vitality and so enriches the lives of all our fellow human beings. We are sincerely grateful for the support of co-workers around the world who daily give of their time in service. We look forward to our group work together next year.

## SHARING GROUP THOUGHT

**Every year we feature on this page reflections on Triangles that we receive from co-workers around the world. In this issue we are pleased to include contributions from co-workers in Brazil, Cameroon, Ghana, Ireland, Nigeria, UK and the USA.**

The objective and subjective facts of the Triangles network is to create true human relations ..... and to attain the fruits and gifts of the higher spirit – the values of love, humility, generosity and compassion.

**Ghana**

There is a great sense of valuable companionship and effectiveness in our work together.

**Ireland**

Triangles has lightened my heart, eased the frustration of impotence to change the crazy, warring world. The daily practice of conscious intention to send out peace and goodwill from the center of my heart has nurtured the peace and goodwill within.

**USA**

Triangles of light and goodwill and the daily act of meditation help us to understand who we are, what is our part in the Cosmic Plan and why things happen the way they do.... It is extremely important to know that the energy flowing by and through the Triangles work is vital to raise the human conscience.

**Brazil**

We feel very connected to the other members of our triangle throughout the day – but especially in the morning and the afternoon – when we “tune in” to do the Great Invocation. But, we also feel very connected to the universe, God and the angelic realms throughout the time our triangle has been formed and it is very powerful.

**UK**

Triangles is a way to help others all over the Earth and universe! I am on a fixed income and disabled, but I can pray and send that energy!

**USA**

Each time I sit down to say the Great Invocation, linking with members of my triangles group, I actually see all creation as one.

**Cameroon**

Triangles is a powerful world service that makes one reach the world in a moment, building the New World in silence. I retire with the triangle and wake up in the morning to our studies, meditation and service.

**Nigeria**

Being part of my first triangle has been a joy and a daily inspiration. To feel a part of everything and to hear all the voices all over the world joining together everyday is indescribable. Thank you for this blessing.

**UK**

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for men and women of goodwill and is published four times a year in Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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