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ALTITUDE IN ATTITUDE

From a psychological perspective attitude refers to a state of mind that determines an individual's view of both the inner and outer life, conditioned by thoughts, feelings, beliefs, and values. Psychology today is largely the study of the mind and behaviour, but it once concerned the study of the soul. Indeed, the word psyche has been described as the animating spirit or soul which is in harmony with the attitude of mind of all who are oriented towards the soul high on the mental plane as is the aim in Triangles service.

The mind can either be "the slayer of the real" or in tune with the real – a duality that depends on whether the orientation of the mind is focused on a higher plane or becomes immersed in the vales of glamour, illusion or maya. When reaching the higher levels of the mental plane the thinker develops an ...intuitive recognition of reality, which resolves the differentiated parts into a unit, producing illumination. This illumination reveals the essential oneness which exists on the inner side of life and negates the outer appearance of separativeness. The significance of this reality for the future of humanity cannot be overstated.

Attitudes condition individuals, communities and the entire world. Described as hindrances in the Ageless Wisdom teachings, wrong attitudes can be overcome through the cultivation of right thought founded on timeless spiritual values and principles, and this has the power to uplift human consciousness leading to right relationships. Attitudes are not fixed provided the mind is open to new ideas, and in this regard, meditation founded on the Raja Yoga, "the Kingly Science of the Mind", helps individual attitudes to rise above swirling emotions and lowly thoughts of anger, hatred, vengeance, and material desires. Thinking at this higher altitude is like looking through a wide-angle lens that reveals a more inclusive worldview. Increasingly, imaginative thinkers are understanding that all human communities and the whole of the natural world, with all its kingdoms, are interdependent parts of our beautiful planet. To recognise this interconnected whole and put this understanding to practical effect in daily life is Humanity's responsibility and purpose. Attachment to the material life may still be strong yet the subjective stirrings of the soul are emerging, and people everywhere are seeking meaning beyond the world of appearances.

Swinging back and forth between the real and the unreal is part of our dual life, but when minds are oriented towards "...the great theme of Light that underlies our entire planetary purpose" the eternal values of the soul can be brought to life. For Triangles co-workers the attitude of constructive spiritual thought is full of lighted goodwill and purposefully employed daily on a worldwide scale for the benefit of all.

¹ Esoteric Psychology, Vol. II, A.A. Bailey, p.417

² The Rays and the Initiations, A.A. Bailey, p.142

THE SACRED FIRE OF THE HEART

Fire is the most perfect symbol of life itself. On higher planes, it is the fiery breath which gives perpetual motion to the universe. It is the electric fire which thrills throughout all manifest creation becoming latent energy in matter and intellect (knowledge) on mental levels. Fire is the life and the lives which construct every visible thing in the universe from the planet itself, to humankind which makes itself and shapes the environment, to the smallest units of conscious expression.

Fire permeates every plane and every divine process; it is both the origin and the death of every material thing. Fire is the impelling force of evolution and the outstanding quality of Deity. It is thus a great perfecting agent—it purifies, consumes, constructs, vivifies, and absorbs. This universal fiery impulse is rooted in the One Heart, magnetic and radiatory, utterly connected and indivisible from the innumerable individual sparks which comprise it.

The purity of this great heart can be manifested only through the agency of fire. While love is, in one sense, the greatest law manifesting in this system, by its nature, it is also a living fire, inseparable from the many creative lives and agencies through which it circulates. The man or woman, when inspired by the fire of love, finds identification with all that lives and breathes. This occurs through union with the soul, whose very nature is characterized by spontaneous love, group consciousness and service.

It is this soul alignment and fiery inspiration which evokes the call of service to which the Triangles worker responds. In so doing, the server aligns his or her will with a great planetary effort to circulate the sacred fire of the One Heart unimpeded throughout the earth and all its kingdoms. This circulation of love and life is the basis of right relationships—human and planetary. Its goal is an enlightened civilization working, building toward the Earth becoming a great station of supernal light within the cosmic scheme.

In this circulation of sacred fire, the Triangles network is a vital part carrying these spiritual energies as enlightened goodwill through the ethers for all humanity throughout the planet. *The real living fire of the network is the group of Triangle members themselves*. As Triangle workers appropriate the essence of this inner fire and submit themselves to its purificatory effects, the true nature of the soul is sensed more deeply and the spiritual energies can be distributed more freely. The united fires of head and heart underlying the network destroy the barriers to the free flow of love and illuminate the way ahead for humanity.

Triangles Webinar Broadcast on the 2nd Monday of each month www.lucistrust.org/triangles/webinar

CONFIDENCE THE OUTER EXPRESSION OF INNER FAITH

Aplomb, assurance, boldness, courage, firmness, nerve, self-possession, self-reliance – these are some of the many synonyms for *confidence* – a positive and admirable quality. It is seen in experts of all descriptions. At its best, it is a sunny quality that shines out including others in a cheerful, lighted assurance that all is, and will be, well. Like a powerful magnet, confidence draws all into its wake.

Its source can arise from a wealth of natural talent, good fortune or accumulated experience and skill. Founded on these favourable outer conditions, however, such confidence can be susceptible to the unending changes of modern lives and then what was a constant and secure presence can become a fleeting illusion, a disturbing impairment and insecurity. It is also true that, for some of us, confidence may always have been, and still remains, a relatively rare experience while insecurity is not. In competitive environments, the losers far outnumber the winners, and unfavourable circumstances, whether mild or severe, also contribute to a lack of assurance, however confident one may appear to others

It may not be so obvious, but confidence does not need to depend on these exterior conditions. There are spiritual foundations for a much more dependable confidence. It requires a shift in the way we look at this and the perspective that can be given by another synonym for *confidence*. That word is *faith*. In common usage, it seems that *faith* is a far less popular word than it once was, and it does not seem to have the shimmering appeal of *confidence*. One dictionary definition says that *faith* is *belief* (*without proof*). Such definitions suggest a worldview dependent on the physical senses and an underlying implication that spirit cannot give rise to manifestation, or that belief is merely baseless doctrine or imprudent trust.

In contrast to this, Triangles service considers spiritual consciousness to be the medium for initiating material consequences. This is the foundation for a network of lighted goodwill and spiritual teachings, that resonates with the premise of this Biblical passage, "Faith is the substance of things hoped for, the evidence of things not seen." [Hebrews 11:1-6 King James Version] The world of the spirit shines through this. Every Triangles worker builds with this confidence that thought is creative and via this lighted thought goodwill is distributed. In this work, we have every confidence. With connected points of light, a network is built for creating right human relationships – at its centre, an alignment of hearts forming a path for the expected avatar, the Coming One.

"In quietness and in confidence shall be your strength." Have you ever noticed the occult significance of these words? Quietness refers to the necessary condition of the astral or emotional body, and confidence, which is the outward expression of an inward faith, describes that of the mind. ... Quietness leads to a right reflection in the quiet pool of the emotional life and this in the light of the soul. Confidence is the expression of the personality faith in the fact of the soul and of the Plan. 'Faith is the substance of things hoped for, the evidence of things not seen.' These desired realities, when reflected in the emotional nature, evoke aspiration and develop faith."

Discipleship in the New Age, Vol.I, A.A. Bailey, p.339

THE GREAT INVOCATION

From the point of Light within the Mind of God Let light stream forth into the minds of men. Let Light descend on Earth.

From the point of Love within the Heart of God Let love stream forth into the hearts of men. May Christ* return to Earth.

From the centre where the Will of God is known Let purpose guide the little wills of men — The purpose which the Masters know and serve.

From the centre which we call the race of men Let the Plan of Love and Light work out And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

THE GREAT INVOCATION (Adapted)

From the point of Light within the Mind of God Let light stream forth into human minds. Let Light descend on Earth.

From the point of Love within the Heart of God Let love stream forth into human hearts. May the Coming One* return to Earth.

From the centre where the Will of God is known Let purpose guide all little human wills -The purpose which the Masters know and serve.

From the centre which we call the human race Let the Plan of Love and Light work out And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

* Many religions believe in a World Teacher, a "Coming One", knowing him under such names as the Lord Maitreya, the Imam Mahdi, the Kalki Avatar and the Bodhisattva. These terms are sometimes used in versions of the Great Invocation for people of specific faiths.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for people of goodwill and is published four times a year in Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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