



# Triangles

## BULLETIN

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### LETTING IN THE LIGHT

From the mid-1940s and up until 2025, a period of 80 years or so, and which has been termed the ‘Stage of the Forerunner’, humanity has been actively engaged in rebuilding the shrine of human living. This momentous and challenging period has been described as “preparatory in nature, testing in its methods, and intended to be revelatory in its techniques and results.” This 80-year cycle, if all goes according to plan, will set the stage for the first phase of the externalisation of the spiritual Hierarchy. Those great Lives of infinite and unconditional compassion Who walk in the hallowed Halls of Wisdom and Who tread the Path of Holiness are fitting themselves for “the objective work of public expression” and “to establish a closer telepathic rapport and a more intimate (though strictly impersonal) relationship with Their disciples on all rays, so that there can be a free interplay of thought and a consequent better hierarchical integrity and one which—no matter what may happen in the three worlds—cannot be disrupted or in any way lessened”.

It is not surprising, then, that these are acutely testing and critical times for the human family, and whilst remarkable progress has been achieved over the last few decades, there nonetheless has been a dramatic and emphatic rise in separative thinking, such as religious extremism, political nationalism and rampant materialism. The forces of separatism will always try to find ways and means to destabilise, to separate, and to create confusion and fear in the collective consciousness. These trends, whilst not necessarily unforeseen, are causing significant challenges to visionary statesmen and women, progressive religious leaders, people of goodwill, and of course to many millions of people, who are caught up in the midst of war, violence, economic deprivation and wholesale selfishness. These events, too, are creating an unprecedented migration of people (at least since the end of the second world war). Humanity, restless, insecure and bewildered in the face of such Herculean tasks, yet ever resourceful, is on the move and few nations are unaffected by this unfolding global drama.

So, how can we serve to better world conditions, to breakdown the religious intolerance and intransigence, the nationalistic and separative thinking, and in time to bring about a culture of the soul throughout the life of humanity. One of the ways in which we can offset this downward spiral is to help cultivate an enlightened public opinion, so orientated towards spiritual principles and values that these negative ‘impacts’ will ultimately ‘evaporate’ in the light of reason, understanding and goodwill. Wielding and weaving lighted goodwill into the vast network constantly throughout the day, and every day, Triangles is an indispensable tool in bringing about those lasting and constructive changes in consciousness.

And, as we approach the high point of the yearly spiritual cycle captured in the three spiritual Festivals, we are once again offered a profound opportunity of letting in the light and of bringing about an ever greater beauty in the affairs of humanity. It is a joy and a privilege to be a part of this ongoing and prolonged scientific approach to God and to usher in an era of Light that carries the seeds of inspiration, revelation, and, above all, right relationships, the motivator of spiritually transforming changes between individuals, communities and nations.

## REFLECTIONS ON LIGHT

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For the rest of my life I will reflect on what light is.

Albert Einstein

How far that little candle throws his beams! So shines a good deed in a weary world.

William Shakespeare

It must ever be borne in mind that the great theme of LIGHT underlies our entire planetary purpose. The full expression of perfect LIGHT, occultly understood, is the engrossing life-purpose of our planetary Logos. Light is the great and obsessing enterprise in the three worlds of human evolution; everywhere men rate the light of the sun as essential to healthy living; some idea of the human urge to light can be grasped if you consider the brilliance of the physically engendered light in which we live when night arrives, and compare it with the mode of lighting the streets and homes of the world prior to the discovery of gas, and later of electricity. The light of knowledge, as the reward of educational processes, is the incentive behind all our great schools of learning in every country in the world and is the goal of much of our world organisation; the terminology of light controls even our computation of time. The mystery of electricity is unfolding gradually before our rapt eyes and the electrical nature of man is being slowly proven and will later demonstrate that, throughout the human structure and form, man is composed primarily of light atoms, and that the light in the head (so familiar to esotericists) is no fiction or figment of wishful thinking or of a hallucinated imagination, but is definitely brought about by the junction or fusion of the light inherent in substance itself and the light of the soul.

It will be found that this will be capable of scientific proof. It will also be shown that the soul itself is light, and that the entire Hierarchy is a great centre of light, causing the symbology of light to govern our thinking, our approach to God, and enabling us to understand somewhat the

meaning of the words of Christ "I am the Light of the world." These words carry meaning to all true disciples and present them with an analogous goal which they define to themselves as that of finding the light, appropriating the light, and themselves becoming light-bearers. The theme of light runs through all the world Scriptures; the idea of enlightenment conditions all the training given to the youth of the world (limited though the application of this idea may be), and the thought of more light governs all the inchoate yearnings of the human spirit.

We have not yet carried the concept up to the Centre of Life where dwells the Ancient of Days, the Eternal Youth, the Lord of the World, Sanat Kumara, Melchizedek—God. Yet from that Centre streams what has been called the Light of Life, the Light Supernal. These are empty words as yet until we know, as trained initiates, that light is a symptom and an expression of Life, and that essentially, occultly and in a most mysterious way the terms, Light and Life, are interchangeable within the limits of the planetary ring-pass-not. Beyond those limits—who knows? Light can be regarded as a symptom, a reaction to the meeting and consequent fusion of spirit and matter.

Alice Bailey

Conscience is a moral light that illuminates the good path.

Georg Hegel

Education is the movement from darkness to light.

Allan Bloom

All life originates and develops under the influence of ... light ...

Goethe

All matter is frozen light.

David Bohm

Enlightenment means taking full responsibility for your life.

William Blake

# THE PLANETARY NETWORK

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**The planetary network of light, love and service is transforming the mental climate of the planet, reorientating humanity to spiritual attitudes and values. The groups and activities reported in the Bulletin reflect different aspects of the network.**

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## International Light Association

The International Light Association (ILA) was founded in Belgium in 2003. ILA's mission is to share and disseminate information; educate; initiate and promote research; and create an open-hearted, broad-minded and integrative community in the field of Light.

The Association is a uniquely collaborative group of light and colour therapy practitioners, health professionals, scientists, educators, product manufacturers, artists, architects, interior designers and philosophers who are passionate about learning and applying the latest theories, techniques and technologies regarding how light and colour can promote health, enhance performance and learning and raise consciousness.

Its aims are to:

- develop a network of people who are focused on the therapeutic uses of Light
- determine professional standards and develop a code of ethics in the field of Light and its applications
- disseminate information about the field of Light
- provide integrative education about Light and its applications
- promote internationally the field of Light, its applications, and link to members and

their work

- represent professionals in the field of Light
- receive and disseminate funds for the support of relevant research and education

ILA will hold its 13th Conference in Vienna, Austria from 20 - 23 March, 2016 at the Sigmund Freud University. The Conference aims to communicate a wider knowledge about light.

On Saturday, March 19, there will be a pre-conference workshop by Dr. Jacob Liberman on the theme 'Following the Science of Light and Vision toward Inner Peace and Fulfilment'.

Some of the other themes scheduled over the Conference period are: 'Light is Looking for You', 'How intentional experimentation with photons shapes personal reality', 'Light and Colours in Psychotherapy', 'Light in Action', 'Light and Health – Building Lighting', 'Colours & Sounds based on the Heart Rate Variability', 'Auricular Chromotherapy in Psychological Trauma', 'The Use of Sound Coupled with Coloured Lenses for Psychotherapeutic Effect', 'Light Therapies for Psychological Growth (Transformation)', 'Hygeia colour-light, Serenity and Bliss', 'Colours That Made my Life – Colorgram, the resources oriented colour biography', 'Using Data to Improve Outcomes in Light Therapy' and 'Portals of Sound and Light; Black Holes and Beyond'.

Also, every year, the ILA celebrates International Light Day (ILD) which is held on 21st, 22nd, or 23rd September to recognise the power of light.

e: [info@ilacolor.org](mailto:info@ilacolor.org)

w: [www.international-light-association.org](http://www.international-light-association.org)

**Triangles Webinar: Broadcast every Monday**

[www.lucistrust.org/triangles/webinar](http://www.lucistrust.org/triangles/webinar)

## THREE SPIRITUAL FESTIVALS

There are three major spiritual Festivals which form the high point in the annual cycle – **the Festival of Easter, the Festival of Wesak, and the Festival of Goodwill**. Through the steady, persistent meditation work of many individuals and groups in all parts of the world, these Festivals are now achieving a subjective anchorage in the consciousness of the human family.

In the future all people of spiritual inclination will keep the same holy days. This will bring about a pooling of spiritual resources and a united spiritual effort, plus a simultaneous invocation. The potency of this will be apparent. The three major Festivals each year are concentrated in three consecutive months and lead to a prolonged annual spiritual effort which affects the remainder of the year. These are:

**The Festival of Easter:** This is the Festival of the risen living Christ, the teacher of humanity and the head of the spiritual Hierarchy. He is the expression of the love of God. On this day the spiritual Hierarchy, which he guides and directs, is recognised and the nature of God's love is emphasised.

**The Festival of Wesak:** This is the Festival of the Buddha, the spiritual intermediary between the highest spiritual centre, Shamballa, and the Hierarchy. The Buddha is the expression of the wisdom of God, the embodiment of light and the indicator of divine purpose.

**The Festival of Goodwill:** This is the Festival of

the spirit of humanity aspiring towards God, seeking conformity with the will of God and dedicated to the expression of right human relations. On this Festival for two thousand years the Christ has represented humanity and has stood before the Hierarchy and in the sight of Shamballa as the God-man, the leader of his people and "the eldest in a great family of brothers" (Romans VIII: 29). Each year at this time he has preached the last sermon of the Buddha before the assembled Hierarchy. This is, therefore, a Festival of deep invocation and appeal, of a basic aspiration towards fellowship, of human and spiritual unity; it represents the effect in human consciousness of the work of the Buddha and of the Christ. This Festival is also observed as **World Invocation Day**.

Although they are not yet sufficiently related to each other, these three Festivals are a part of the unified spiritual approach of humanity. The time is coming when all three Festivals will be kept throughout the world and by their means a great spiritual unity will be achieved and the effects of the Great Approach, so close to us at this time, will be stabilised by the united invocation of humanity throughout the planet.

(For more information write for a folder on 'The Three Spiritual Festivals'.)

### 2016:

**Easter Festival: 23 March**

**Wesak Festival: 22 April**

**Christ's Festival/World Invocation Day: 21 May**

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for men and women of goodwill and is published four times a year in Czech, Dutch, English, Farsi, French, German, Greek, Italian, Polish, Portuguese, Russian, Spanish and Swedish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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