



Triangles

BULLETIN

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ANATOMY OF A TRIANGLE

The practice of using the Triangles meditation has been in existence for more than eighty years now, and the pattern is well established in the etheric make-up of our planet. The goal is to move its energy circulation away from the existing pattern of squares with their four corners into a more streamlined and soul-conscious form of circulation found in triangles. In esoteric teachings *triplicity* is a prominent theme, and the Triangles meditation takes full advantage of the triangle's natural facilities. To form triangles made of light is to tap into a reservoir of etheric energy, and in so doing, supercharge the work of men and women of goodwill.

The science of this esoteric work is still in its early stages, yet we are told it will become a cornerstone of life and understood as a most powerful creative force. Much of its potency and significance comes from the fact that Triangles work is undertaken in group form. What are "groups" but the willingness to lend individual will to a finely-honed focus of shared purpose? Alchemy occurs in that moment of willingness, when a greater good takes centre stage and a greater unified consciousness ripples outward.

First, there could be a recognition of the fact of merging forces, when a moment of peace might be felt. The task begins as the individual joins the others of their Triangle and their Triangle joins the many. The mental fire is built, almost as tangible as electricity, in preparation for its journey outward – time and space being no barrier. The power of the mind becomes evident, and the Triangle – as a unified beacon of light – projects the beam of lighted goodwill into the network. Energy follows thought – all that has been created by humanity was first imagined in a human mind. So, the Triangle's created beam of light radiates out, increasing in scope and intensifying in power with each day's use. The group remains intact and in the center of our thoughts as one individual point of light, as well as one with the triple stream of consciousness. The enclosed space within the Triangle is filled with our inspired intent of electrified goodwill, like an artist's wash, but also an offering of mental fire for creating the world anew. The network glows with increasing brightness encompassing the earth and disseminating this benevolence.

With our daily Triangles' work concluded, our focus returns to the other regions of our lives. Practical matters are given their due attention, but we are never separated from each other in this pursuit. We continue, repeating this out-breathing of enlightened goodwill, over and over - until one day the water of life that is poured through our three points turns to grace, and the transformation is complete. The inner light and goodwill within will then be brilliantly mirrored in outer expression.

FOR THE BENEFIT OF ALL

In esotericism the concept of service is associated with any selfless work that is “for the benefit of all” to the best of the server’s understanding. Ageless Wisdom teachings further profess that service is in fact a spiritual law that governs the development of qualities related to the energy of devotion and idealism as a method of advancing consciousness.¹ In the context of the ecosystem, service can be considered as an organic process within the planetary biosphere. Indeed, the progress in conventional science over the past two centuries, has aided much in revealing the interconnectedness of all its systems and so verifying and validating the livingness of the planet as one whole integrated entity.

Considering the ecosystem as a living organism and, in consequence, ourselves as cells within it – along with all the individuals of the other kingdoms of nature – the genetic organisation of a species could act as a law which largely determines the behavior of the parts of its individual members.² In humans, for example, genetics could predispose cells and organs to certain behaviours, or it could be the individual’s decision to act in a specific manner that acts as the law determining this. In other words, humanity’s inherent organisation affects the activity of its own cells - they are required to function in line with that person’s genetics and chosen activity. For the cells and organs, that is the law³ - if a person decides to go for a run, inevitably, all their bodily cells go too.

Through this lens, service activity could be viewed as one of the processes required for the health and wellbeing of the great entity within which we exist, and in consequence for the health and wellbeing of humanity and the other kingdoms with which it is sharing the planet. Biology has revealed to the world a previously unfathomable order within the physical structure that houses a human being. Within the highly organised mini universe that is the human corporeal nature, generation, recycling and elimination can be seen functioning continuously in harmony. These functions are rhythmically undertaken by specialised groups of cells and organs, but the important thing to note is that every activity of a cell or a group of cells is inextricably linked to the overall functioning of the organism (even if we are yet to figure out how). If a cell or a group of cells fails to support the encompassing structure, what is observed is the corruption and deterioration of that individual.

Thinking along these lines, service is just doing one’s part – whatever that may be – in a way that supports the all-encompassing Life within which we exist. It is a way of curating our mental, emotional and physical behaviour harmlessly to the benefit of this whole system. Our cells have something to teach us, and in terms of the Triangles network, we have a powerful agency for sharing the light and goodwill which encourages and supports this holistic view.

1 Alice Bailey, Esoteric Psychology, Vol. 2, p. 118

2 Ibid. p. 377

3 Alice Bailey, Esoteric Healing, p. 30

ARE WE THERE YET?

The arrival of December ushers in a season of goodwill, with its traditional festivities and the gathering of families and friends – a very busy time, often eagerly anticipated by many. Yet in the midst of this, for many people another customary activity that also takes place is a review of the past year and what they plan for the future, especially the year to come. Such planning is a pivotal tool on the spiritual path. Whether the plans under consideration involve extensive change or a comparatively minor New Year's resolution, discrimination is an essential skill in assessing the chosen goal and achieving it. A realistic approach with skilful and persistently applied effort provides a solid foundation for progress and naturally encourages one to think that the chances for success are good.

Bearing in mind that there are no guarantees, however if the outcome is not the one desired and expected, or if there seem to be no results to the initiative, how is this to be evaluated? What constitutes failure ... and how do we recognise success? At least to some extent, the *success-or-failure* judgement depends on the value system employed – material or spiritual, quantitative or qualitative – and influenced by other circumstantial factors. Often neither success nor failure provides an adequate assessment, and only a deeper review and/or self-enquiry can shed enough light to arrive at a nuanced and appropriate evaluation.

In the service of Triangles, it's not unknown for members to question if they have made a success of their meditation, but using the dicotomy of *success-or-failure* is not appropriate. There is an alternative approach to assessment that is relevant here and in many other situations. It does not ask about whether the effort is a success or a failure, but instead views the entire experience as a valuable opportunity to learn. For the soul in incarnation, these events provide the sustenance for spiritual growth and greater service, revealing values and leading to the development of qualities and skills: they are observations needed to establish greater soul contact and expression. The keen attention involved can not only reveal those obstacles that remain but also those that have been overcome, so it affirms the effort and encourages further progress.

And most important in all of this is that each dedicated meditation enhances those energies circulating in service to humanity through the network, "that great interwoven pattern of light and of goodwill which must underlie or 'substand' all exoteric work of renovation, renewal, rehabilitation and reconstruction."¹ Each sincere effort supports this.

¹*Discipleship in the New Age*, Vol.II, p.39

No one can use The Great Invocation for illumination and for love without causing powerful changes in their own attitudes; life intention, character and goals will be changed and their life will be altered and made spiritually useful. "As a person thinketh in their heart so are they" is a basic law in nature; the constant turning of the mind to the need for light and the prospect of illumination cannot and will not be ineffectual. Also, as the work of the Triangles grows and the network spreads all over the Earth, the idea of a downpouring of light and goodwill (which is the immediate aspect of love required today among people) can be looked for; nothing can prevent the appearance of the expected results, for the eternal law holds good. *Discipleship in the New Age*, II, p.168 (adapted)

THE GREAT INVOCATION

From the point of Light within the Mind of God
Let light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ* return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men –
The purpose which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power
restore the Plan on Earth.

THE GREAT INVOCATION (Adapted)

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One* return to Earth.

From the centre where the Will of God is known
Let purpose guide all little human wills -
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power
restore the Plan on Earth.

* Many religions believe in a World Teacher, a “Coming One”, knowing him under such names as the Lord Maitreya, the Imam Mahdi, the Kalki Avatar and the Bodhisattva. These terms are sometimes used in versions of the Great Invocation for people of specific faiths.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for people of goodwill and is published four times a year in Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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