



TRIANGLES

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Spiritual Tension

Deep inside the earth's mantle, a magical transformation takes place in the mineral kingdom. The tension created through the combined effect of heat and pressure produces the beauty and symmetry of precious stones – diamonds, rubies, sapphires – with their ability to refract light as pure colour. In the natural world we see the balanced poise of eco-systems amid the struggle of growth towards the light; while in the animal kingdom, astonishing camouflage evolves through tension between predator and prey. Tension is a governing factor for all points of life developing consciousness in form.

In the human kingdom tension is commonly perceived as being related to stress and strain, nervousness and a sense of foreboding; but there is a higher spiritual counterpart. Through points of spiritual tension the light of the soul is evoked and all advancements in art, science and the humanities are brought about. The harmony which emerges from the synthesis of opposing forces leads to progress in all departments of life, from the pervasive greenery of the vegetable kingdom to the social evolution of groups and nations.

Like precious stones, the consciousness of each human being is developed in the pressures of darkness. In the heat of pain and suffering, an alignment is attained that begins to capture and reflect light from an inner, spiritual sun. Those who then tread the lighted path and achieve high levels of consciousness are known as the diamond-souled. Through the application of the fires of love and an evocation of the will, they reveal the spirit – the jewel in the lotus – at the heart of their being. For humanity as a whole, the time has arrived to follow their example.

Within the fire of mind, a spiritual tension can be consciously forged to evoke an unimpeded flow of divine energy into 'the centre which we call the race of men'. Through meditation and prayer, the invocative cry of humanity for light and love can be focused to a point of tension. And this will provide entry for Divinity to flow into, and radiate through, form. What could be a simpler illustration of this process than the Triangles network, circulating and transmitting the light, love and power of God into His manifestation, to illuminate, heal and inspire right relations.

The triangle of crisis-tension-emergence is a cyclic pattern both in nature and supernature. From within the world crisis in which we are currently engulfed, let us strive to maintain a point of spiritual tension in our lives – to evoke the reappearance of the Christ on earth and the emergence of a more enlightened human family.

Let Light descend on Earth

The opening stanza of the Great Invocation is a powerful demand for the enlightenment of all life upon the planet. Through our inner, daily Triangles ritual we silently work to enable humanity to respond to the inclusive vision of right human relations. Those individuals whose decisions powerfully affect human consciousness and who are most sensitive to the spiritual impulse of light are the leading visionaries and servers of the race; their enlightened thinking will, in time, become the ideals of future generations.

It is interesting to note that the light we invoke is ever present. And as we let that light enter into our lives, into our thoughts and decision-making processes, we become light-bearers, awakening our sense of responsibility to aid those still struggling in darkness. The steady stream of light that flows from the Mind of God into human consciousness conveys to us a simple yet profound message of the essential will-to-good that substands all evolutionary development. We recognise the expression of this energy as goodwill, as love in action.

The spiritual wisdom traditions teach that the central theme of light leads to revelation and consequently, a fuller understanding of life; drawing us ever closer to at-one-ment with our spiritual being. Enlightened thinking opens up new horizons, bringing renewed opportunities to play a fuller part in the unfolding Plan of God.

In the first stanza of the Great Invocation, we ask for light to shine and to reveal to the human family the underlying unity of all life. This recognition allows us to grow, to expand in consciousness and to sacrifice our sense of self for the Common Good. We then become capable of opening our hearts to the unconditional Love of God, creating a bridge of light from the Christ to humanity.

Triangles is an example of how focused, selfless thinking can aid the work of penetrating through the separative shells and walls that the human family has erected in its collective mind and heart, to allow the entry of light and love. Each of us has a responsible role to ensure that these abundant, divine energies are freely distributed throughout the Triangles network. Our shared work helps to create a lighted, mental climate that embraces the noble values of love, sharing, co-operation and right relationship within the human family.

The underlying theme of the Triangles work, as a service to humanity, is to consciously become a light-bearer and radiate that light throughout the planetary network; illuminating all dark places, bringing hope and courage to those lost on their way and empowering human hearts and minds to sense the vision of the one Life that pulsates throughout the universe. It is a joy to be part of a worldwide group effort that shares responsibility to “Let Light descend on Earth”.

It must ever be borne in mind that the great theme
of LIGHT underlies our entire planetary purpose.

Alice Bailey

The Planetary Network

The planetary network of light, love and service is transforming the mental climate of the planet, reorientating humanity to spiritual attitudes and values. The groups and activities reported in the Bulletin reflect different aspects of the network. Please send information on any activities that could be included in a future Bulletin.

Universal Hour of Peace

The Universal Hour of Peace is a worldwide meditation initiative to focus human thought on world peace. Sponsored by the School of Metaphysics, a research and educational organisation in Missouri, USA, the initiative is celebrated globally every year on January 1st at 12:00 GMT. The organisers invite “people of all nations, all religions, all cultures to join us in making an hour of global peace”. Dr Barbara Condon, the focaliser of the initiative, explains “we have been conducting research into the Universal Laws that affect consciousness for a quarter of a century. During that time, we have shared our findings with people from all walks of life across the globe.... For this reason, our vision is that every sentient being on Earth dedicate one hour to peace.”

The organisers suggest that support can be given by informing others of the Universal Hour of Peace, by publishing announcements in newsletters and magazines, and through distributing brochures and *Pledge for Peace* cards.

The Universal Hour of Peace project acknowledges and works with the power of thought: “we know that living peaceably begins by thinking peacefully.”

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The GaiaMind Project

The GaiaMind project is an initiative that aims to spread awareness of global meditation and prayer. Recently, GaiaMind focused attention on the unique planetary alignment that occurred at the beginning of the year. On January 23, 1997 there was “an exceedingly rare and archetypally appropriate planetary alignment, a moment in time expressed in the heavens as a perfect six-pointed star”. On this day, between the hours of 5.30 - 5.35 p.m. GMT, they invited people all over the world to join together in prayer and meditation “in a resonant expression of unified global consciousness”.

The GaiaMind project’s mission is “to serve as a catalyst for global healing by bringing forth practical, creative, spiritually-based solutions to the challenges before humankind and the planet. The Project serves as a bridge to explore the interface between science, medicine, philosophy and the world’s spiritual wisdom traditions”.

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Thoughts about the Highest must give birth to the highest.

Agni Yoga Series

Sharing Group Thought

Twice a year we feature on this page the thoughts and ideas that co-workers submit to headquarters on the Triangles work. Thinking clearly on the significance of Triangles, as a planetary service, is an important contribution to the work and therefore to our potential to serve. We warmly welcome your insights.

The manifestation of the Triangles work in the world invites us to help alleviate world tensions through loving light, which is irradiated throughout the Triangles network. This work also gives us strength during the painful changes through which humanity is passing. Triangles helps to sustain the selfless activities of the new group of world servers. We forge together the strands of light in support of this group endeavour. Through our small offerings we help to strengthen the work of God.

Colombia

It is now about two years since I started Triangles. I find that the daily linking between the groups I am involved with has become a solid part of my daily practice.

Holland

I have no 'high' experiences but I do have the experience of expressing light and goodwill to the earth through Triangles.

Spain

Working with Triangles, one feels that this is a contribution to the idea of 'globalisation' in the best possible way, which is spiritually. International 'networking' is being done technologically but Triangles networking must be more deeply significant and far-reaching.

UK

Triangles is a spiritual inspiration all over the world in human consciousness. Triangles co-workers build peace, love and harmony between nations, binding all together through right human relations.

Jordan

If we put our hands together, finger tips pointing upwards, palm facing palm, we have a wonderfully symbolic triangle, a 'cathedral' as it were. At the bottom, where the hands join the wrists, is the kingdom of humanity, the wrists being the 'gross physical body'. As members of the human kingdom, we stand open to the soul. We move slowly up into the lovely healing palms, and here we find the Kingdom of Christ, the Kingdom of Souls, the Hierarchy. Proceeding upward, our human group orientates itself towards the Kingdom of the Father, from which Light pours into our 'cathedral' from between the finger tips. Here, in our physical bodies, we have a beautiful triangle of the three aspects of Divinity – and at the same time a picture of our own spiritual journey! It can also be thought of as a symbol of the Triangles work and of those whose lives are touched by the Triangles meditation.

UK

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles. The Triangles Bulletin is for men and women of goodwill and is published four times a year in Danish, Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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