

ARCANE SCHOOL

**CONFERENCE**

Geneva - 8 & 9 June 2019

**Keynote:**

*“Let the Group Life be inspired  
by the Rules for Initiation:  
Know, Express, Reveal,  
Destroy and Resurrect”*



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## ARCANE SCHOOL CONFERENCE

Let the Group Life be inspired  
by the Rules for Initiation:  
Know, Express, Reveal,  
Destroy and Resurrect.

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*ARCANE SCHOOL CONFERENCE*  
**Aula du Cycle d'orientation Cayla**  
**Chemin William-Lescaze 8, 1203 Geneva**

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**Keynote 2019: *Let the Group Life be inspired by the Rules for Initiation:  
Know, Express, Reveal, Destroy and Resurrect.***

**PROGRAMME**

Saturday 8 June 2019

**MORNING SESSION, FOR ARCANE SCHOOL STUDENTS ONLY**

**10h00** Meditation *for students in "Weavers in the Light" only*

**10h45** Opening of the Conference – *in English*

Talk Arcane School Headquarters Group Geneva – *in French*

Meditation – *in French*

**AFTERNOON SESSION: EVERYONE WELCOME**

**LET THE GROUP LIFE BE INSPIRED BY THE RULES FOR INITIATION:**

**KNOW, EXPRESS, REVEAL, DESTROY AND RESURRECT**

*Let us take each of these five words and seek to ascertain their significance. But first of all, I would like to point out that here we are concerned with **monadic signatures**, with that which synthesises significances, and with that which contributes vital significance to the initiated life. I would have you, as you read my words, retreat within yourselves and seek to think, feel and perceive at your highest possible level of consciousness. The effort to do this will bear much fruit and bring rich reward to you. You will not grasp the full intention of these words, but your sense of awareness will begin to react to triadal impression.*

*The Rays and the Initiations, p. 287*

**13h30** Introduction – *in French*

**Expressing purpose and will through synthesis** – *Steve Nation in English*

The task of the Initiates is therefore to perceive the Plan which is the hierarchical mode of implementing the divine Will, plus the Purpose which is perceived by the Heads of the Hierarchy. They have also to undertake to see that that Plan becomes a factual expression upon the physical plane and a part of the recognised consciousness of humanity as a whole.

**Listening is the seed of obedience** – *Ute Pasalk-Sembowki in German*

Listening is the seed of obedience, O Chela on the Path. More loudly comes the voice; then suddenly the voices dim and listening now gives place to knowing—the knowledge of that which lies behind the outer form, the perception of that which must be done.

**Revealing intuition and wisdom through service** – *Joceline Cussol in French*

Initiation is, therefore, a constant fusion of the lights, progressively entered, thus enabling the initiate to see further, deeper and more inclusively. As one of the Masters has said: "The light must enter vertically and be diffused or radiated horizontally." This creates the cross of service upon which the disciple is pendant until the Cross of Sanat Kumara is revealed to him; he knows then why this planet is—for wise and adequate reasons—the planet of distress, dispassion and detachment. When he knows this, he knows all that our planetary life can tell him and reveal to him. He has transmuted knowledge into wisdom.

Group Meditation – *in German*

**14h50 BREAK**

**15h25** Expansion of consciousness and group progress – *MaAntonia Massanet Sola in Spanish*

Group initiation means that the bulk of the members are correctly oriented; that they are proposing to accept the discipline which will prepare them for the next great expansion of consciousness, and that none of them can possibly be deviated from their purpose (note that word with its first ray or Shamballic implications), no matter what is happening in their environment or their personal life.

**Group Discussions**

Group Meditation – *in Italian*

**17h30 Close**

*All speakers are students of the Arcane School*

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**Keynote 2019: *Let the Group Life be inspired by the Rules for Initiation:  
Know, Express, Reveal, Destroy and Resurrect***

**PROGRAMME**

**Sunday 9 June 2019**

**10h00 – 12h00 SECRETARIAL WORKSHOP FOR ARCANE SCHOOL SECRETARIES AND SECRETARIES IN TRAINING ONLY** On invitation only

(Venue: Aula du Cycle d'orientation Cayla, William-Lescaze 8, 1203 Geneva)

**AFTERNOON SESSION: EVERYONE WELCOME**

**LET THE GROUP LIFE BE INSPIRED BY THE RULES FOR INITIATION:  
KNOW, EXPRESS, REVEAL, DESTROY AND RESURRECT**

*Let us take each of these five words and seek to ascertain their significance. But first of all, I would like to point out that here we are concerned with **monadic signatures**, with that which synthesises significances, and with that which contributes vital significance to the initiated life. I would have you, as you read my words, retreat within yourselves and seek to think, feel and perceive at your highest possible level of consciousness. The effort to do this will bear much fruit and bring rich reward to you. You will not grasp the full intention of these words, but your sense of awareness will begin to react to triadal impression.*

*The Rays and the Initiations, p. 287*

**13h30** Introduction – *in French*

**The Antahkarana - the “Radiant Way” of Resurrection** – *Evgueni Pikalov in Russian*

The line or the path or the Way of Resurrection is the “Radiant Way” to which we have given the cumbersome name of the Antahkarana; this Way leads straight and directly from one great planetary centre to another—from Humanity to the Hierarchy and from the Hierarchy to Shamballa. This is the Way of Resurrection. It is a Way which is composed of the light of intelligent substance, of the radiant attractive substance of love, and the karmic way which is infused by the essence of inflexible will.

**Harmlessness and the restoration of the flow of spiritual impression** – *Elvira Pisaturo in Italian*

Humanity has never really lived up to the teaching given to it. Spiritual impression, whether conveyed by the Christ, by Krishna or by Buddha (and passed on to the masses by Their disciples) has not yet been expressed as it was hoped. Men do not live up to what they already know; they fail to make practical their information; they short-circuit the light; they do not discipline themselves; greedy desire and unlawful ambition control and not the inner knowledge. To put it scientifically and from the esoteric angle: Spiritual impression has been interrupted and there has been interference with the divine circulatory flow. It is the task of the disciples of the world to restore this flow and to stop this interference. This is the major problem facing the Ashrams at this time.

**Thoughts on the development of consciousness in the music of Johannes Brahms**– *Mario Eugster in German*

In this talk, thoughts will be shared on the development of Soul-consciousness in the music of Brahms, and this will be illustrated with examples from the piano works of this master composer.

Group Meditation – *in Spanish*

**14h45 BREAK**

**15h30** Let the group reveal its underlying unity – *Stefaan Werbrouck in Dutch*

It is the subject of revelation and the task of the initiate to reveal with which I am concerned. The disciple, who represents the Ashram, must reveal to humanity the essential unity underlying all creation.

**Group Discussions**

Group Meditation – *in English*

**17h00 Close of the Conference**

**For more information, please write to: Arcane School – 40, rue du Stand – Case Postale 5323  
CH-1211 Geneva 11 Phone: + 4122.734.12.52 [geneva@lucitrust.org](mailto:geneva@lucitrust.org) [www.lucitrust.org](http://www.lucitrust.org)**

# MEDITATION

## LETTING IN THE LIGHT

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### I GROUP FUSION

We affirm the fact of group fusion and integration within the heart centre of the new group of world servers, mediating between Hierarchy and humanity:

I am one with my group brothers, and all that I have is theirs.  
May the love which is in my soul pour forth to them.  
May the strength which is in me lift and aid them.  
May the thoughts which my soul creates reach and encourage them.

### II ALIGNMENT

We project a line of lighted energy towards the spiritual Hierarchy of the planet, the planetary heart, the great Ashram of Sanat Kumara; and towards the Christ at the heart of Hierarchy.

Extend the line of light towards Shamballa, the centre where the Will of God is known.

### III HIGHER INTERLUDE

Hold the contemplative mind open to the extra-planetary energies streaming into Shamballa and radiated through Hierarchy. Using the creative imagination, endeavour to see the three planetary centres – Shamballa, Hierarchy, and Humanity – gradually coming into alignment and interplay.

### IV MEDITATION

Reflect on the seed thought using the keynote for the conference:

***Let the Group Life be inspired by the Rules for Initiation:  
Know, Express, Reveal, Destroy and Resurrect.***

### V PRECIPITATION

Using the creative imagination, visualise the energies of Light, Love and the Will-to-Good pouring throughout the planet and becoming anchored on Earth in prepared physical plane centres through which the Plan can manifest. (Use the six-fold progression of divine Love as the sequence of energy precipitation: Shamballa/Hierarchy/the Christ/the new group of world servers/men and women of goodwill everywhere in the world/physical centres of distribution.)

### VI LOWER INTERLUDE

Refocus the consciousness, as a group, within the periphery of the great Ashram. Together sound the affirmation:

*In the centre of all Love I stand.  
From that centre I, the soul, will outward move.  
From that centre I, the one who serves, will work.  
May the love of the divine Self be shed abroad,  
in my heart, through my group, and throughout the world.*

Visualise the down pouring spiritual inflow released from Shamballa through the Hierarchy and streaming into humanity through the prepared channel. Consider how these in pouring energies are establishing the “Pathway of Light” for the coming World Teacher, the Christ.

## VII DISTRIBUTION

As the Great Invocation is sounded, visualise the outpouring of Light and Love and Power from the spiritual Hierarchy through the five planetary inlets (London/Darjeeling/New York/Geneva/Tokyo) irradiating the consciousness of the whole human race:

From the point of Light within the Mind of God  
Let Light stream forth into the minds of men.  
Let Light descend on Earth.

From the point of Love within the Heart of God  
Let love stream forth into the hearts of men.  
May Christ return to Earth.

From the centre where the Will of God is known  
Let purpose guide the little wills of men  
The purpose which the Masters know and serve.

From the centre which we call the race of men  
Let the Plan of Love and Light work out  
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

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Welcome to the second phase of the Arcane School conference, here in Geneva. A couple of weeks ago, we held an inspiring conference in New York, meditating on the Saturday over the peak time of the Wesak Festival. So it's a joy to be able to continue our reflections on the conference keynote this weekend here in Geneva and to have this opportunity to meet up in person each year and to meditate and reflect together on the keynote. This weekend we have some of our Trustees present, they are Laurence Newey (from London HQ), Steve Nation (from New York), and of course, Mintze van der Velde, the Director of the Geneva centre.

Last year in September, the Geneva centre arranged a short tour to Italy to meet up with some of our Italian students and co-workers. We went first to Milan and then to Rome holding a meeting with students in the morning, followed by a public meeting in the afternoon. Both meetings were very well attended with good and lively discussions around the theme of "Carving the Path to Unity: The Art of a Nation"; the keynote drawing on the national motto for Italy "I carve the Paths". It was a joyful occasion for us and seemed to be appreciated by students.

This year, at the end of September, Mintze van der Velde and I will be travelling to Russia to meet with students there, and to hold meetings in Moscow and St. Petersburg. Due to the vastness of the country and travelling distances involved, we expect that a lot of the attendees will be joining us online but we plan for them to be able to participate as fully as possible in this way. More details of this visit will be circulated shortly. It will be the Arcane School/Lucis Trust's first tour to that country and we look forward to meeting our students and co-workers there.

Finally ASMiS, the Arcane School online, as you may know, is already operational for the English desk and students. In Geneva most of the various school desks are using the online school too. We are working hard to make ASMiS fully operational for most of the desks before the end of this year. Once this is achieved, we will be contacting you to join the ASMiS on-line system.

But now let's return to the conference, starting with the Affirmation of the Disciple:

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## THE AFFIRMATION OF THE DISCIPLE

I am a point of light within a greater Light.  
I am a strand of loving energy within the stream of Love divine.  
I am a point of sacrificial Fire, focused within the fiery Will of God.  
And thus I stand.

I am a way by which men may achieve.  
I am a source of strength, enabling them to stand.  
I am a beam of light, shining upon their way.  
And thus I stand.

And standing thus, revolve  
And tread this way the ways of men,  
And know the ways of God.  
And thus I stand.

OM

*Know, express, reveal, destroy and resurrect.* Apart from the specific relevance of these words to rule XIV for group initiation, we are told that they also have “a clear reference to each of the five initiations; they give the initiate the keynote to the work which he must carry forward between the various initiatory processes.” As such, these words describe the disciple’s journey on the Radiant Way that leads into vistas of ever-increasing light. Paradoxically though, it is equally a journey into darkness for, as rule IX instructs, “Let the group know there is no colour, only light; and then let darkness take the place of light, hiding all difference, blotting out all form.” In his commentary on this rule, the Tibetan states that a group in preparation for initiation has “to unitedly apprehend the significance of the words ‘darkness is pure spirit’.”

To understand spiritual darkness a little more, we can consider Helena Blavatsky’s statement that “light without any shadow would be absolute light – in other words, absolute darkness.” This is quite straight forward if we think about the light of the physical sun – sunbeams can’t be seen travelling through the pitch blackness of space. Only when this radiant energy strikes something, such as the earth’s atmosphere, does the light become visible. In a similar way, the soul’s radiance is always directed towards us, but striking the atmosphere of the personality’s thoughts and desires, the quality of its light may be deflected or changed.

As we know, the spiritual path requires the purification of thought and desire so that the soul’s sublime light can flood into our consciousness without obstruction, and even then this light is still refracted by the mental substance. In order to experience the light of the soul directly, we need a space without matter and therefore, no reflected light. This vacuum is found at the place where the soul anchors itself in the consciousness of the personality. It is a magnetic focal point in the centre of the crown chakra and it is this dark vortex through which one must pass to emerge into the light that shines throughout the kingdom of the soul.

The Tibetan, instructing his group of disciples in training, had this to say on the matter:

“Those of you who are in any way adept at meditation work know well that the light in the head—when seen and recognised—passes usually through three stages of intensification:

- a. It is, first of all, a diffused light, surrounding the head, discovered later within the head and producing an inner radiance, which is the rudimentary halo.
- b. This diffused light then consolidates and becomes an inner radiant sun.
- c. Finally, at the centre of that sun, a point of dark blue, or a small indigo disk, appears. This is, in reality, the exit in the head through which the soul passes out of the world of phenomenal existence, and it is the symbol of the path or the door into the kingdom of God. This is the symbolical interpretation of the phenomena.

As the group approaches nearer and nearer to reality, the pathway or the band of light shortens (symbolically) and in time, when you are expert in this work and when your spiritual nature is truly intensified, you will enter almost immediately into, or through, the disk of blue and become aware of the higher consciousness, or divinity.”<sup>1</sup>

What really stands out in this extract is not so much the phenomenal aspect but simply the statement “when your spiritual nature is truly intensified;” for this is what is urgently required by the esoteric trainees of this world period. Goodwill and compassion are needed demonstrations, but it is spiritual intensity that focuses consciousness at the centre of one’s being and provides the space where initiation into new light and revelation transpires. We might all ask ourselves, “What is the intensity of my spiritual life? Is my spiritual focus strong enough to commit to being a full-time disciple with the amount of discipline that this entails? The pace set is always the individual’s choice, but it’s relevant that disciple and discipline are almost the same word.

A disciplined intensification of the spiritual life inevitably results in a sharper focus of the inner light. An analogy exists in the way the eye focuses light. The iris contains groups of muscles that contract and dilate to control the diameter of the pupil – the dark opening in the centre of the iris through which light passes. In a similar fashion, the esoteric student who lives in a constant state of spiritual tension psychologically learns how



to contract and dilate the mind to perpetuate the flow of light from the soul through the personality and out into the world.

The analogy is more precise than at first may be realized, for the spiritual man has many eyes! This is illustrated by the fact that the vehicle of the soul on its own plane operates like an eye for the Monad. The inner petals of the egoic lotus contract and dilate around the central jewel which is like a spiritual pupil – “the window of the Monad or Spirit whereby he looks outward into the three worlds.” As he does so, the force of His spiritual Will is transmitted into those worlds to lift and save. Of course, this is only possible after His instruments of contact with those planes have been refined to the degree that they offer no impediment to His vision and can transmit the force of His gaze. It is at this stage that the third eye – the eye of Shiva – is fully awakened and can transmit the energy of the Will direct from the jewel in the Lotus on to the physical plane.

“The mystery of the eye and its relation to light (esoterically understood) is very great,” the Tibetan remarked, “and as yet no student, no matter how diligent, knows anything about it. For instance...when the third eye, the inner eye, and the Monad are brought into direct alignment with ‘the Eye of God Himself,’ so that what the planetary Logos sees can be partially (at least) revealed to the initiate, who can tell what that revelation will bring of results and enlightenment?... It is alignment that holds the clue or the key to...deeply spiritual events... there is a major revelation—something entirely new and unforeseen—which is inherent in the situation when a candidate for initiation stands before the Initiator... It is these ideas which must arise as the true occult student faces up to the recognition of opportunity and prepares definitely and consciously for revelation.”<sup>2</sup>

Here, again, the Tibetan challenges us to intensify the spiritual life and take advantage of the opportunity that stands before esoteric groups in this world period. As the conference keynote directs, “let the group life be inspired by the rules for initiation,” for they will bring revelation as a direct consequence. Let these rules inspire us first and foremost to greater spiritual intensity in our lives in order to achieve the necessary focus and alignment. Let us refocus as a group, and together discover the group correspondence to the Eye of Shiva, that inner eye that awakens on the path of initiation and is the tool through which many of the directives contained in our keynote are fulfilled. With each initiation this “all-seeing eye” gains the power to work more potently and the initiate can see inwardly and then direct energy outwardly with increasing precision.

This is the great opportunity that stands before us as a group. With enough conviction to intensify our spiritual life, we can realize it. If we are prepared to let the remaining colour drain out of the personality life, we can stand in the pure light that remains. Then with further intensification, we may stand at that central point where darkness takes the place of light, “hiding all difference, blotting out all form.” If we are strong enough to do this, the demand of Rule IX can be fulfilled and then the necessary transformation can take place for the individual and the group to serve in a new, dynamic manner as Rule XIV directs: *Know, express, reveal, destroy and resurrect.*

As a discipleship group at the heart of humanity’s experience, we are participating in the initiation which the planetary logos is undergoing – the transformation of his body of manifestation into a sacred planet incandescent with solar fire. Can there be anyone today who hasn’t experienced the attendant purificatory fires to some extent and been faced with life changing decisions? Crisis is helping humanity to awaken mentally, throwing light upon personal, national and planetary affairs, and presenting the choice of forward motion into greater light or a conscious retreat. Is there a nation which is not affected at this time of transition? In time, and depending on the direction taken, the new life will rise out of the tomb of materialism – a resurrection already begun. The inflowing Aquarian energies are destroying the obstructive forms and systems in preparation for this great event.

As humanity stands at the crossroads between the old and new, a symbol that summarizes both visions recently circulated around the world. It is the image of a black hole at the heart of a distant galaxy. With parallels to the symbol of the eye we have been considering, the image shows “an intensely bright ‘ring of fire’ surrounding a perfectly circular dark hole.” The light is brighter than all the billions of other stars in the galaxy combined, but the fascination is with the dark centre. The prevailing theory is, ironically, that a black hole is not an empty hole at all, but the complete opposite. As one scientist told the BBC, “Despite the name, they are not empty but instead consist of a huge amount of matter packed densely into a small area.” He said this black hole “has a mass six and a half billion times that of the Sun!”<sup>3</sup>

Supermassive black holes at the heart of galaxies are described as monsters that devour suns that stray too close to them. No wonder our Solar Logos is staying well away from the centre in one of the spiral arms of the

galaxy! At the centre of a black hole it is theorised that matter reaches an infinite density in an infinitely small space. This is surely the ultimate of all materialistic theories, and astrophysicists concede that the laws of physics break down here. But contrast this with the statement by the physicist Wal Thornhill: “Electromagnetic galaxies have electromagnetic hearts.” This resonates beautifully with the Tibetan’s teaching in *A Treatise on Cosmic Fire*. Those in the Arcane School, who are interested in the Electric Universe movement, tell me that plasma physicists have been producing scaled down versions of these electromagnetic hearts in laboratories around the world since they were discovered by William H Bostick in 1951. Bostick christened them “plasmoids” - a torus or doughnut shaped ring of electromagnetic light.

This is similar to the central three-petalled ring of fiery light of the Egoic body opens to reveal the dark point of spirit at the centre, through which the Monad looks out. We read that these petals come “into full unfoldment, and the heart centre of the Monad is seen as a wheel of fire with six of its spokes in full display of energy and rapidly rotating.”<sup>4</sup> Interestingly, a plasmoid also has spokes of energy issuing from the centre when it is in discharge mode.

In the 50’s, Bostick demonstrated how spiral galaxies are born, evolved through an extremely high level of magnetic organisation. This model sees the universe full of ordered, electromagnetic light which is clear demonstration of cosmic life and purpose. The evidence for this is growing dramatically all the time<sup>5</sup>. Referring to the Trust’s Electric Bridge site, the phenomena we see in the heavens are due to the activities of the Cosmic Gods on their own high planes, organising their creations through points of dynamic, electric Will. The human Monad works in an analogous way too, creating the sphere of fire we call the egoic body. From this centre a further projection of the Will is made resulting on the physical plane in that bundle of electromagnetic forces we call man.

The rules for group initiation also concern the organisation and projection of such forces until, “at the place of tension, and at that darkest point—the group sees a point of clear cold fire, and in the fire (right at its very heart) the One Initiator appears.” Through the terrific voltage of the electric rod of initiation that He wields, the spiritual livingness within the group is galvanised to new levels. And it is through the adjunct of rule XIV: *Know, express, reveal, destroy and resurrect* that the group arrives at the place of initiation. This rule summarises all other rules and inspires the increased spiritual intensity now needed. If we can do this, the group will find itself on that journey into darkness that is the goal of all who tread the Radiant Way.

1. [Discipleship in the New Age II, p51/2](#)
2. [Ibid, p.348/9](#) Adapted.
3. <https://www.bbc.co.uk/news/science-environment-47873592>
4. [A Treatise on Cosmic Fire p541](#)
5. [www.thunderbolts.info](http://www.thunderbolts.info)

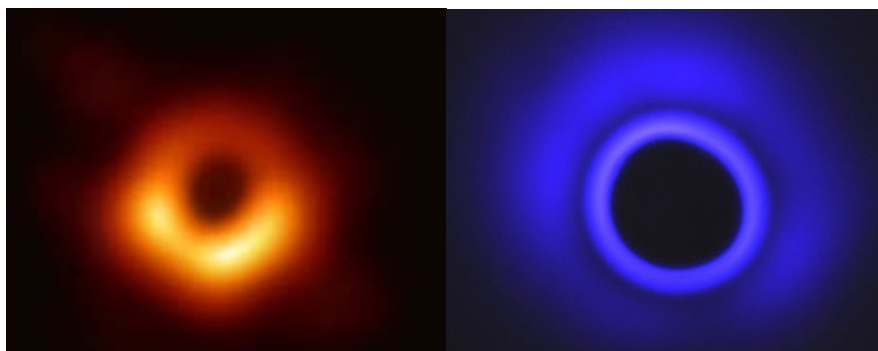
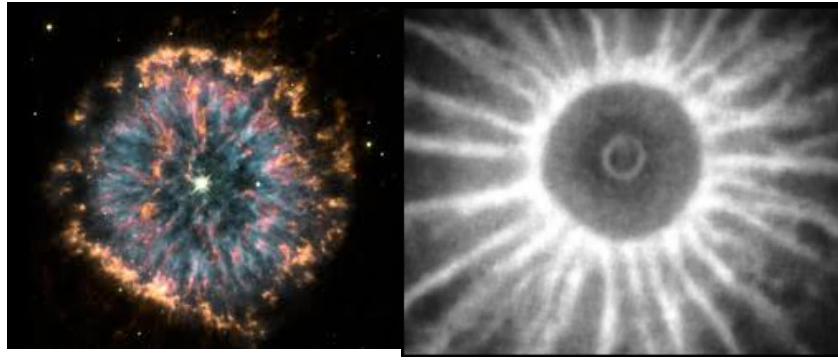


Image of a 'black hole'

Image of a plasmoid



Glowing eye nebula NGC 6751. Showing plasma ejected from a central star

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## **ARCANE SCHOOL CONFERENCE 2019 THE EXPRESSION OF THE FIFTH RAY**

*Mintze van der Velde*

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The keynote of this year's conference is derived from Rule XIV for aspirants and for disciples, the last of a set of fourteen rules. Like last year it is a profound keynote and again a challenging one and the talks of this weekend will give much food for thought. Despite the profoundness of the keynote, we have tried to include talks for this conference to be practical. Some touch upon aspects related to our individual paths as aspirants in training, others touch upon the path of the world disciple, i.e. humanity, for example in relation to the sustainable development goals as formulated by the United Nations for the year 2030.

Rule XIV is the last of the fourteen rules for initiation and when we go through the sequence of *Know, Express, Reveal, Destroy and Resurrect* some information is given on the first couple of words, but rather few information on the last two. In this introduction I will therefore focus on the second word in the context of science, i.e. the expression of the fifth Ray.

We are talking about Rules for *Initiation*. Yet, is the Arcane School a school for initiation? Not really, and here I recall what was stated in the latest Arcane School letter for May-June: "Although the Arcane School is not one of the future Schools of Initiation, it is a bridging school towards them". At the same time we are told that "All true esoteric schools exist to evoke the spiritual will of their students and to help them understand its use in service to humanity". Here two concepts stand out and they will be reflected too in several of the talks of this conference: *spiritual will* and *service to humanity*.

In her book *The Unfinished Autobiography* Alice Bailey develops her thoughts on what a true esoteric school should be, noting that at this point in time – well, about 80 years ago – there are no truly esoteric schools in existence. Although we probably all know that book, allow me to recall some of the thoughts with respect to a true esoteric school. Through the power of the creative imagination this may help us to visualise such an esoteric school. We are told that an esoteric school is an extension into the physical outer world of the inner group or Ashram of a Master. Just as the individual disciple is taught to regard himself as a channel for the soul, and as an outpost of the consciousness of the Master, so the true esoteric school is the outpost of some subjective spiritual group or Ashram, conditioned and impressed by the Master, as the disciple is by his soul. Such a group is, therefore, in direct relationship to the Hierarchy. Thinking this through it is clear why nowadays such a school isn't yet in existence. In addition to that we are told that a true esoteric school works on four levels of service and of experience enabling the disciple to make a complete approach to humanity and to use all of his equipment. In the true spiritual schools service to humanity is taught and not the need for the disciple to be in touch with a Master, as is the case in the majority of esoteric schools of the old order. Alice Bailey writes: "The new schools, now forming, are preoccupied with training men to meet world need and to serve spiritually, upon the following four levels of conscious activity.

- a. That of the outer world. The disciple is taught to live normally, practically, effectively and spiritually in the everyday world. He is never a freak or a crank.

- b. That of the world of meaning. The disciple is taught the why and the wherefore of circumstances and happenings—both individual and universal. He is thus trained to act as an interpreter of events and to function as a light bearer.
- c. That of the soul in its own world. This makes the disciple a channel for divine love, for the nature of the soul is love. He heals and carries inspiration into the world.
- d. That of his Master's Ashram or group. He is taught to cooperate with the Hierarchical plan as it is gradually revealed to him and to arrive at the knowledge which will permit him to direct some of the energies producing world happenings. He thus carries out the purposes of the inner group with which he is affiliated. Under the inspiration of the Master and His band of working disciples and initiates, he brings to humanity definite knowledge about the Hierarchy.”<sup>1</sup>

It might be a good exercise, perhaps a challenge, to see what the five words of the key note – know, express, reveal, destroy and resurrect – would mean on all these four levels. Time constraints do not allow me to go into this here. So let me just finish by a final remark on esoteric schools, namely that an esoteric school trains the disciple in *group* work, a concept also developed in several of the talks of this weekend. The disciple learns to relinquish personality plans in the interest of group purpose—ever directed to the service of humanity and the Hierarchy. Don't forget that the fourteenth rule of our key note is part of the Rules for *group* initiation.

The Tibetan tells us, in particular for Rule XIV, that he is concerned with *monadic signatures*, with that which synthesises significances, and with that which contributes vital significance to the initiated life. For most of us, including myself, this implies that we need to heavily draw upon our creative imagination and intuition in order to grasp some of the meaning of that Rule.

We are told that when we, as beginners on the Path ponder the significance of *expression*, we are occupied with our ability to express the truth which we theoretically recognise but to which we cannot as yet give form. This is valuable because it feeds our aspiration, centres our attention upon ourselves and increases our naive self-interest. This, frequently, presents its own problems, such as a sense of failure or an undue registration of success, or it fails to develop a sense of proportion.

For the initiate, however, to *express* signifies to him not his own needs or requirements, but the need of others for those expressions of truth which will guide them on their way. The initiate creates outside himself that which is his individual contribution to the totality of the creative forms whereby the Hierarchy is attempting to create “a new heaven and a new earth.” He is not occupied with what he himself expresses as a soul within a personality; he has developed the habit of right soul expression in the three worlds, and the appearance of his quality (to revert to the use of our original words—*life, quality and appearance*) is automatic and without any planning on his part.

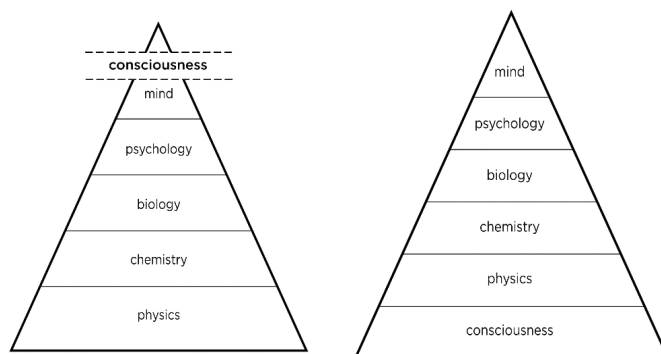
The activities of the initiate include, amongst other things, of course subjective work in keeping contact with the Hierarchy and the Plan. But they also include a tangible creative project onto the outer physical plane. Thus the initiate contributes to the bringing into objectivity the creative undertaking of his Ashram. Perhaps that creative undertaking may not be what humanity believes it needs; it is essentially what the Hierarchy recognises as the needed factor, leading to the needed progress for the race at any specific moment in time. For example, humanity nowadays believes that its major need is peace and material comfort and is working vaguely for both. We are told that the Hierarchy, however, knows that its major need is the recognition of the folly of past separateness and the cult of goodwill.

How is science, as an expression of the fifth Ray, contributing to all this? At the latest World Goodwill seminar in London prof. Jeremy Dunning-Davis gave an excellent talk on “What is wrong with our present-day scientific thinking?” In the first issue of 2019 of the *Goodwill in World affairs* newsletter we read in the summary of that talk: “As a young research student I remember a Professor giving me a problem to look at which I took home and really worked at, neatly underlining the final answer in red. I brought it in the following day very pleased with myself and gave it to him. He studied it for a while and then suddenly looked up and said “This is fine but what does it mean physically?” I was completely taken aback. He said “What's the use of a mathematical equation if you don't know what it means physically?” This was a turning point for me and I think it summarises what's wrong with a lot of modern day science where the focus is on trying to make physics fit the mathematics rather than the other way around.”<sup>2</sup>

Most of us will have seen “the first picture of a black hole” released on 10<sup>th</sup> of April of this year. Here again the question: “This is fine but what does it mean physically?” arises. We all know of course the classical laws of Newton for gravity. These make that we can sit here on our chairs or when we let an apple fall, it goes to the ground. Einstein came with the relativity theory, of which the classical Newtonian theory is a special case. At the beginning of the 20<sup>th</sup> century quantum physics emerged: a theory which ‘works’ astonishing well, but which no one really understands. Nowadays the finest minds in the world of science are looking for a theory of which quantum theory would only be a special case. Again the question arises: “This is fine but what does it mean physically?” By the way, science is not the only realm where this problem arises. Also in our occult studies we have to take care to not become too exclusive or theoretical: what we express thereof, on our level, in our daily life should be well lived through and come from the heart rather than the mind. The extract from the statement by the Tibetan, which you can find in almost all Alice Bailey books, is a sobering help thereto.

We are told that the fifth Ray is in incarnation since 1425 A.D. Remember Giordano Bruno lived 1548-1600 and Newton lived 1643-1727 so this Ray energy is gradually increasing in strength. This is also in accordance with the gradual shift of a religious dominated world in the Middle Ages to a science dominated world nowadays. At various places in his writings the Tibetan warns for the overstimulation of the lower concrete mind especially when that is not accompanied by a simultaneous development of the Heart or the intuition. Humanity is still prone to this risk especially if we think of recent developments in artificial intelligence.

As with the expression of all of the divine energies the situation is not only black or white: There is also light on the horizon. When I defended my thesis in 1980 at the Free University of Amsterdam – yes, also on a theoretical physics topic – I was allowed to make a number of statements not directly related to the topic of research. One of my propositions was that “scientific research in non-visible realms should be stimulated”. Note that at that time both the Russians and Americans were secretly investigating telepathy. At that time this proposition was blocked by the board of the university: the intellect would not allow the intuition to pop up in the field of science. Nowadays, however, the situation is much different and much progress has been made. For a long time science considered physics and mathematics, i.e. the study atoms and fundamental particles as the most basic building blocks, to be fundamental with chemistry and biology as the next layers followed by psychology and the mind. From that perspective *consciousness* is considered a product of electrical and or chemical interactions in the brain. Although not yet main stream, there is nowadays a whole trend in science considering consciousness as the fundamental layer upon which physics, chemistry, biology etc. are built up.



There are many papers and books touching upon these thoughts one of which I will mention here: *Real Magic: Ancient Wisdom, Modern Science, and a Guide to the Secret Power of the Universe* by Dean Radin<sup>3</sup>. And recently prof. Greg Matloff, of the New York City College of Technology suggested that there is scientific indication that the whole universe is conscious<sup>4</sup>. Not something new for us, yet ground breaking for science.

To conclude, a statement from the book *Discipleship of the New Age* which has always intrigued me. The Tibetan is speaking there of the etheric body in terms of light and says: “Finally, when the power of the Triangles (the spiritual name given in *The Secret Doctrine* to the soul) is being imposed upon the personality, then their energy supersedes the other energies and the personality—focussed now in the mind and responsive to soul impression—expresses upon the physical plane, through the medium of the physical brain and the body, the intent, potency and nature of the all-inclusive soul.”<sup>5</sup> For those of us who are working with Triangles something to ponder upon. Speaking about Triangles: you will find a table in the lobby with more information on Triangles and the possibility to register your own Triangle.

With these thoughts I wish all of you an inspiring conference – but not without expressing my heartfelt thanks to all co-workers and volunteers, present here or behind the scenes, who through their selfless service have not only made this conference possible but also guarantee the daily functioning of Geneva Headquarters (including the Arcane School, ASMiS, Triangles and World Goodwill) in six different languages. Thank you!

References:

1. Alice Bailey, *The Unfinished Autobiography*, p.267.
2. Goodwill in World Affairs, 2019, issue 1.

[https://www.lucistrust.org/world\\_goodwill/homepage/world\\_goodwill\\_homepage/newsletter\\_2019\\_1\\_resonance](https://www.lucistrust.org/world_goodwill/homepage/world_goodwill_homepage/newsletter_2019_1_resonance)

3. Dean Radin, *Real Magic: Ancient Wisdom, Modern Science, and a Guide to the Secret Power of the Universe* ISBN: 9781524758820.
4. <http://www.gregmatloff.com/Edge%20Science%20Matloff-ES29.pdf>  
Greg Matloff, *Starlight, Starbright – Are stars Conscious*, ISBN 9780993400216.
5. Alice Bailey, *Discipleship in the New Age, Vol I*, p.700.

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## **Group meditation: Letting in the Light**

*(French)*

*See pages 4-5*

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**Saturday 8 June**

**Afternoon**

***Let the Group Life be inspired by the Rules for Initiation:  
Know, Express, Reveal, Destroy and Resurrect.***

*Let us take each of these five words and seek to ascertain their significance. But first of all, I would like to point out that here we are concerned with **monadic signatures**, with that which synthesises significances, and with that which contributes vital significance to the initiated life. I would have you, as you read my words, retreat within yourselves and seek to think, feel and perceive at your highest possible level of consciousness. The effort to do this will bear much fruit and bring rich reward to you. You will not grasp the full intention of these words, but your sense of awareness will begin to react to triadal impression.*

*The Rays and the Initiations, p. 287*

**MANTRAM OF THE WILL**

*(Russian)*

**In the centre of the Will of God I stand.**

**Naught shall deflect my will from His.**

**I implement that will by love.**

**I turn towards the field of service.**

**I, the Triangle divine, work out that will**

**Within the square and serve my fellowmen.**

**OM**

\* \* \*

It is a great joy to be here in Geneva and I bring greetings to all from my co-workers in the New York Headquarters group.

The theme for this talk draws on a series of key words: synthesis; purpose and will; and the second of the five words in the conference keynote: 'Express'. Beyond this we are given a quotation which takes these keywords a step further. The quotation, which comes from *Discipleship in the New Age, Vol. II*, p. 350, can be seen in your program.

The unknowable purpose of life guides and directs evolution. It is a dynamic operating at an incomprehensible level of time and space (think of the Vedic idea of the trillions of years that constitute the life of Brahma; and of the Yugas and Kalpas lasting, in some cases, hundreds of millions of years and the space suggested by the planes of reality – even the most basic, the Cosmic Physical plane, is difficult for us to comprehend in its full wholeness). Time and space imbued with divine Purpose. That Purpose is then shaped into a Plan by those who guide and guard human evolution. The Plan concerns possibilities and potentials for the more manageable framework of decades and centuries leading into the vaster timescales of zodiacal Ages.

As human beings we have the potential to perceive the divine Plan, at least in its broadest outlines. This becomes possible as we awaken to the intuition and the initiatory process unfolds. We have the potential to develop a broad sense of purpose and direction during the rather chaotic period of creativity, crisis and transformative change that inevitably characterizes these critical decades in the transition into the Aquarian Age.

The passage in *Discipleship in the New Age* suggests that for the Plan to become *a factual expression on the physical plane* and *a part of the recognised consciousness of humanity as a whole* the human intellect needs to move into a degree of alignment and synchronicity with Aquarius ... and the way to see this happening, and the place where this will be most evident, will be in the *planning of the various nations* and the *efforts of the United Nations to formulate a world plan*.

For the purposes of this talk, we might consider the Plan as it affects our historical time, in terms of Hierarchical initiatives to hold human consciousness to the fire – creating an environment of mind that inspires and pushes and prods human beings to develop such a sense of wholeness and interdependence that this will become the overriding characteristic of the psyche, the culture and the civilization. It is a plan for initiation. Over the next hundred years or so; and in the more immediate time-scale of decades; we need to train ourselves to observe the ways in which the sense of wholeness is transforming the human race, bringing fresh unexpected challenges, opportunities and crises.

While the impulse of the Plan is creating an environment which encourages humanity to respond to the higher possibilities of the incoming Aquarian energies, human beings are expressing that impulse through a gradually maturing will to consciously and purposely shape the world around the newly revealed insights of wholeness. This can be seen at the level of the individual – some are developing plans for spiritual growth; millions are planning a career path or a vocation that will give them satisfying work; and countless numbers are in training to develop a better quality of personal and family relationships. All these are signs of a maturing and concentration of the human will. The same thing is happening at a rather stunning pace, at the level of communities, cities, nations, regions and at the international level.

Any esoteric group that is, in some way or other, at some level or other, preparing for future initiation will be faced with challenges and tasks, and with sensed possibilities that require a maturing of the will. If an esoteric group is spiritually alive and alert to what is happening in the world and to future possibilities it **will** be on an initiatory path. This is almost a definition of esoteric livingness. Levels of consciousness that may be at least partly understood intellectually, as ideas, have to become central to the orientation of the group mind – like a pole star or a guiding principle which defines the note and quality of the group, and becomes the essence of the group's usefulness to the evolution of human consciousness and human relationships.

One of the challenges facing esoteric groups is to train the imagination and the skills of observation so that the group can imagine what it would be like to 'see' or 'observe' the Plan working out in the world as the Hierarchy



sees it – through the eyes of Hierarchy. This possibility might be thought of as a possibility lying ahead of the group; as a state of awareness that it is possible, by an act of quiet and sustained will, to evoke and bring into expression. Imagine if the group was absorbed in a perception of the Plan as a living dynamic in human consciousness and human relationships. Imagine if an esoteric group were to truly sense the pressure coming from Life itself and from potencies of Love and Lighted Purpose in the spiritual worlds (the worlds of angels, rishis, wise ancestors and saints). Imagine if the group had its eyes fixed less on itself, less on upward aspiration, or even on the aspiration to stand at the centre of the cross of discipleship; and if the group was more absorbed in how this pressure to evolve, and the stress that comes from this pressure, is affecting the human community. Imagine a group that observes with understanding, love and detachment how this pressure from Hierarchy both disturbs and irritates current thinking, at times provoking crises, and simultaneously awakens those who are ready to embrace new ways of thinking and new understandings of wholeness and of soul as a living reality. Holding a vertical alignment clearly in mind, esoteric groups today are challenged to look human need in the eye and to see the potential way forward for humanity – to see the short-term possibilities as well as the longer term. The verb ‘express’ is something that happens as a result of this ability to observe through the eyes of the Plan.

DK speaks of an *instinct* and a *tendency* towards synthesis as *the motivating urge of God* and as *life itself*, present throughout consciousness and in all of nature. That’s really something to think about – life itself is imbued with a tendency towards synthesis – a sort of underlying ‘note’ and purpose that through the grand cycles and rounds and epochs of time is ever-present, drawing all manifestations of life and all fields of consciousness into an ever deepening sense of union with the whole. And in this century, as the pace of the transition into Aquarius speeds up the tendency towards synthesis becomes a next step for all who constitute the world esoteric group at the heart of the New Group of World Servers.

In *Discipleship in the New Age Volume, II*, DK gives us a major hint about what to look for in our efforts to intuitively ‘see’ the Plan working out in the world: *Human planning today is one of the first indications of the emergence of the Will aspect*. When large numbers of people respond to an objective of the Plan coming from Hierarchy, their initial planning will tend to be blind and rather crude, but in time it will gain some wisdom and skill and implementation of the plans will begin to *move with care and right direction*. Thus, we are told, *affairs are changed on Earth*. In observing this planning as it develops in the world, esotericists and esoteric groups are challenged to not only see its relation to the Plan for this period of transition into Aquarius, but also to become a directing agent for the *true divine Will* that *pours through the Ashram from Shamballa* to implement the Plan. Finally, the esoteric group is encouraged to observe human planning in an attempt to see the *sequence of the planning as it materialises on Earth in relation to the time factor*.

This really leads the group into an effort to see time in the light of synthesis: in other words, to attempt to view the state of planning at any given time in relation to the future possibilities of the transition into Aquarius. This is where we might see the dynamic of the will at play – holding the tension between current planning and future possibilities; holding the tension between the state of planning as it exists at the current time and the overall direction of the path towards Right Relations and Oneness. The act of holding an awareness of the dynamic tension between the vision underlying current planning and the will invested to attain that vision is itself an act of will.

So, here we are in Geneva, in the etheric space of a planetary centre and the physical space of the city where the United Nations has one of its two major homes; and we are gathered during the time when we are moving towards the culmination of the Three Spiritual Festivals, and the start of a spiritual year that will be dominated by the important Festival Week of the New Group of World Servers in December.

*Human planning is one of the first indications of the emergence of the Will aspect*. Here, in this city, in the conference halls of the UN and of the UN agencies headquartered here, planning for effective cooperation is a daily preoccupation. The Sustainable Development Goals are the quintessential example of the degree to which human planning has today become the clearest evidence of the development of the will aspect in humanity. Through a multilateral process involving all nations– both through their governments and through the active engagement of the New Group of World Servers (through all the circles of Civil Society) – agreement was reached in 2015 for a series of aspirational goals – spelling out a path that would take humanity forwards towards right human relations. The planning in the Goals is centered around specific targets to be achieved by 2030 – for example reducing the percentage of maternal deaths at global, national and even local levels; or transforming consumption patterns to create better relations with the environment; or achieving universal health coverage for all. The targets are designed to excite the imagination about what is possible – that is the

idea of the goals. And the process is skilfully designed to provide data so that, in every country, those who have been touched by the possibility that the target could be reached have the tools to measure how much is achieved every year towards the goal and what more needs to be done. And so a climate of will has been carefully created by an almost constant series of national, regional and international conferences, involving governments, professions, business and citizens groups to inspire, support those who are most strongly motivated, bring new actors into the process and consciously hold the dynamism of the will in the spotlight. As an illustration of this I thought it might be useful to look at a small sampling of some of the more significant SDG events happening this month and last month. This month, just after the Christ Festival, on June 18 – 20 all the major players in the Sustainable Energy for All theme of the goals will gather in Amsterdam for what are called a set of charettes. Small groups of participants from different backgrounds, nationalities and sectors will form a charrette to explore how to speed up progress on specific targets [<https://www.seforall.org/Charrettes>].

Another gathering in June, in Bonn is the annual global gathering for city governments, people's groups and urban planners focused on Urban resilience and Adaptation to climate change. Over 500 participants from all parts of the world, sharing information about what has worked, what doesn't work and what are the short-term and long-term possibilities. One notable gathering last month was the SDG Global Festival of Action in Bonn – this was all about inspiring SDG campaigners and stakeholders from across the globe to scale up their actions. It was an event designed to mobilise will, creativity and to change consciousness. Themes included how to mobilize individuals, organisations and networks to act for the SDGs; use of story-telling to *share the importance, impact and interconnectedness of the SDGs to peoples lives*; campaigning skills; visualization: how to transform data into powerful human stories and generate an imagination about what is possible; and creativity that uses the arts to spur SDG action and awareness.

Before the end of the Second World War, when DK was looking for evidence that human consciousness was responding to the impulse of the Plan as it emanated from Hierarchy, he pointed to "planning" for positive future possibilities that was underway in various nations, and to the **efforts** of the United Nations to formulate a world plan which will eventuate in peace, security and right human relations. A great deal has happened since then. But while the late 1940s were characterized by the **efforts** at the United Nations to build a world plan reflecting the principles of Aquarius; we are about to enter into the 2020's with a wise and practical plan in place, and, more importantly, with a clearly mobilized will to reach targets within the set time-limit: the year 2030. The planning we see exemplified in the SDGs is echoed in city plans, county and regional plans throughout the world ... just as it is echoed in the individual planning for a better life that occupies vast numbers of people. And this tells us that purpose and will are being expressed in humanity today at an unprecedented level.

At the same time there is a rising awareness of just how important local and national identities are and a key challenge is how to fuse these separate identities into a common, universal identity, without in any way losing the uniqueness and individuality of each nation or each culture or each faith group. The rejection of life-less, superficial, regimented union is to be welcomed – a sign that the glammers of Aquarius are a false path. Right now we might see that an invocative tension has been created as thinkers, responsible politicians, and all manner of people of goodwill search for a new spirit of union. This is really a search for synthesis – for a union that is spiritually alive, freely chosen and that values difference, diversity, and creativity. This is surely where we are headed.

\* \* \*

Good day,

When I received the topic for the section of the Arcane School, I was very pleased. Already in my childhood, my father told my siblings and me that there is a spiritual world and it is important to pray to God. He told us that the angels and our blessed Lord can hear and see us.

*Hearing is the seed of obedience.*

These words have nothing in common with the physical sense of hearing, but I would like to briefly speak about the senses. As we all know, these have the sole purpose of revealing the non-self and enabling the self to distinguish between the real and the unreal. Seven senses convey and enable contact with the material and spiritual world.

Inwards *listening* is an urgent necessity for today's modern man, trapped in our hectic world and in the jumble of activities which have become a purpose in themselves. Many people are at home anywhere, just not in themselves. Each person lives for a purpose for which inner and spiritual aspects of life must be reconciled with human needs and world affairs. This also triggers effects on the bodies of humans and on all life forms in the world. Rationally it is not easy to venture into the other world, the inner world, which is different from the ordinary world. If one hears and trusts the inner guidance and follows the spiritual laws, then the outer things are also seen as they really are. The spiritual world is often portrayed as if it were only possible to enter into it if one were prepared to renounce all that man usually is attached to. But man does not grow by isolating himself and withdrawing himself, but by his own life experience and by the practical implementation of spiritual truths into daily life. Withdrawal in order to meditate alone on spiritual obedience would not be the way to go.

In order to gain knowledge of higher knowledge, these findings must first be experienced. Listening enables people to determine their place in the grand scheme and to determine their location. This is done by *listening* inwards and by asking the right questions. The seed is scattered, but this must also be brought to growth. The will to spiritual work expands the consciousness of oneself and contributes to evolutionary development. The will of each individual is as free as the will of God. To hear the voice of silence does not mean that you immediately understand it, but when you get involved it enchants your life with a beautiful sound of a natural melody. The inner ear can open a door that makes the melody of the heart audible. Everybody should keep this melody in his memory so that the law of harmony can be fulfilled. If that is the case, you will perceive each one's own tune in other people as well. When the listening becomes knowledge, and the living life that surrounds us is viewed with open eyes, the world in which we live will have much to offer.

In the course of the evolution of the senses, the ear is the first indefinite something that receives the attention from somewhere. Constantly, the senses send information to the brain, which through a clear mind can be lifted from the lowest level to the highest light. First, the outer senses must be defeated, so that the inner senses can develop effectively. But even these have to be conquered by the individual soul in order to become one with all other souls, because soul consciousness is group consciousness. The spiritual knowledge that is then obtained is an entrusted knowledge, created by the bond with the other souls and the innermost, which results in a high degree of sense of responsibility. *Therefore, listen only to that voice that is silent and only look at what is invisible to the inner and outer sense.* With focused attention for silent listening, the inner ear develops the sensibility of the etheric ear. A united functioning between mind, soul and body reveals the true reality that can bring forth outstanding gifts. A well-known example is Wolfgang Amadeus Mozart, who - when he was very young - composed and created music of very high quality during his short life. He openly acknowledged that he did not know where this music came from or how it was created, but that he had to listen to it and feel it and just write it down. He transformed the gift given to him for the good of humanity and carried it outward.

Courage and joy are important criteria to progress, to better understanding the inner voice and to seeing the material things through the eyes of the mind. This is how *listening* to the knowledge results from the light.

Silence and silent listening enable peace in ourselves and in the world. Therefore, it is necessary to follow rules. The Bible describes the Ten Commandments that relate to daily life, the human environment and its inner

responses. For disciples it is the Fourteen Rules, rules that dominate group life. The first word of the 14<sup>th</sup> rule is: *Listen*. It has a very deep meaning and involves much more than we suspect, because it refers to the knowledge and its effects. By *listening*, the aspirant gains insights and can work to recognise himself. He deals with the Trinity on the mental plane, where the soul is concentrated. His work is to see the light. The disciple or initiate stands above the mere ascertainment of the Trinity and is concerned with the duality of manifestation, the relationship between mind and substance. He intuitively perceives God directly, seeing everything in himself. The sense of being separated from Christ and God is thereby nullified. This is the only deficiency that can really be corrected, because one's own perception of truth is often distorted by one's inability to hear. The knowledge of the aspirant refers to the soul in the form, the initiate deals with the knowledge of soul and spirit. This knowledge enables him to tell others what he knows to reveal the light. The listening must disappear in order to reveal that knowledge that hides behind the outer form. But even this acquired knowledge must disappear in order to make what has been learned and appropriated visible. Knowledge is realised, man becomes seeing through the development of etheric vision. In doing so, we get help from the Hierarchy, because this is a fact. The Hierarchy works to penetrate and fertilise humanity with the cosmic principle of love. The Hierarchy uses the power of the Second Ray of Love and Wisdom. Its members live in a certain place in space, in the higher ether of the physical plane. The golden city of Shamballa is on the etheric level, where the will of God is enthroned and the Lord of the world and his helpers inhabit bodies made of etheric matter. Shamballa uses the power of the First Ray, both the First and the Second Ray form the emerging synthesis between Will and Love.

The path of spiritual obedience and knowledge opens our eyes, leading to a new awareness of a fulfilling life of living with others.

However, the influx of spiritual energies can lead to altered behavior if the rules are disregarded or abused. Messages that contain clear commands and require blind obedience or those that serve to raise the recipient's personality should not be considered meaningful.

Spiritual obedience has nothing to do with authority - imposed from outside - or personal devotion and obedience to any person who demands something that does not correspond to the inner being. Nobody is obliged to obey, especially not to the many inner voices, which distract again and again from clear thinking. The inner tangle of voices is the various conscious and unconscious personalities in us that are constantly working to distract people from the real plan. No one should passively be left to the game of his moods, but deliberately direct and transform them.

Obedience, which is demanded in the spiritual sense, is that of the personality to the soul, to serve the soul in everything, and to be able to act intuitively as a soul-permeated personality in due course. The personal self is sacrificed to the impersonal self to voluntarily exercise obedience to the supreme will of the spiritual self. The personal will must no longer assert itself and call for action, which in no way means to run disoriented through the area, but man learns to act as a soul-permeated personality and to draw from the omniscience.

Astrologically, hearing is associated with the planet Mercury. Mercury is a mutable tool and has the ability to relate things, it has the mediating role, establishes communication and contributes to the transpersonal level in the transformation of the threefold personality. Along with other planets, Mercury serves to realise higher ideals. He can become the winged messenger of the gods, who carries enlightened messages back and forth and passes on what serves humanity. The winged messenger of the gods is also called Hermes, and he is shown with one hand on the listening ear.

Finally, I would like to quote something from Roberto Assagioli in his book *Harmony of Life*:

“So, let us obey him, yes, let us cooperate with our spiritual self in a conscious, intelligent and active way. Thus, it will be able to carry out its purifying, elevating, and unifying action in ever greater and more perfect ways. Remember, once the relationship between the personality and the mind has been established, once the work of union has begun, it cannot be stopped, not even when we try to rebel against it, because the spiritual energies are more powerful than the psychological forces.”

Thank you for your attention

My remarks were inspired by the following book excerpts:

Alice A. Bailey: *A Treatise on Cosmic Fire*

Alice A. Bailey: *The Rays and the Initiations*, pages 291-292

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### **VISUALISATION**

*(French)*

We concentrate ourselves in the consciousness of the Soul at a point of tension.

In the eye of the mind we visualise a sea of Light.

See yourself, standing upright and waiting for instruction on the physical plane.

Keep these two thoughts together for a while.

Then visualise the divine flow of Illuminated Energy moving forward and converging towards you.

See the flow of energy take the form of a flowing fountain of love, strength, and understanding.

Visualise this flow of life passing through your etheric body and circulating in the etheric Triangle of the centres of the head, heart and ajna, then going outward, into the planetary etheric network that supports the centre, humanity.

At the moment of dispersion say silently:

“This source of power is all that I am and all that I have.

I send it forward to serve my brothers.

Thus I prepare the way to the Ashram by leading men to the source of power, strength and love”.

Finally completely abandon the web of energy.

Initiation is therefore a constant fusion of lights, into which he (the disciple) gradually penetrates, allowing him to see further, deeper and more inclusively. As one of the Masters said: *"The light must enter vertically and be scattered, or radiated horizontally."* This creates a cross of service onto which the disciple is suspended until the Cross of Sanat Kumara is revealed to him. He then knows why this planet is - for wise and adequate reasons - the planet of suffering, lack of passion and detachment. When he knows, he knows everything that our planetary life can say and reveal to him. He has transmuted knowledge into wisdom. The word 'initiation' is defined as a process of crises, tensions, transitions from planes of consciousness to other planes of consciousness, transformations by the Fires, gradual integrations of lights and subtle energies according to our elevation towards the Higher Planes. It is a progressive succession of self-initiations, of moments of awakening allowing human being to follow the path of evolution, to become a point of light in the Divine World. There are nine of them: let us consider the first five initiations which are more particularly concerning us.

To summarise: the **first initiation** is called 'Birth', the Path of Probation, of Trial, of the opening of the heart and the training of character, worked on by Fire of friction which transmutes matter by activating the atomic components of the physical body; and the pranic force working on the etheric body allows all the antagonistic forces to die and release the physical body. The light of knowledge resolves dualities and imposes proper etheric energy onto the physical energy. The fusion of these two energies is built in the physical body which becomes the Luminous Vehicle, the Temple of the Light of Life.

The **second initiation** is called the 'Baptism'. The luminous consciousness focuses here on the liberation of the emotional body and the lower self, through the Fire that liberates from all glammers, i.e. Raja Yoga, the power of thought. We choose between the pairs of opposites and pursue with determination our path on the "Middle Way". Calm and stability settle in and the Emotional Body becomes fluid, luminous and plays its role of expressing the intelligence of the heart - or unconditional Love. When the light of intelligence and that of the magnetic heart awaken, we are able to intervene in the new spheres of Light, Love and Service. The law of knowledge, understanding and experimentation of life allows knowledge, which passes through the awareness of a lived experience to be transmuted into wisdom.

The World Teacher, the Christ, initiates at the first and second initiation. These experiences interpenetrate each other and the result ensures that the energies of the physical, ethical, emotional and mental bodies of the personality merge into a unified whole, becoming a single Light and consciously preparing the body for the reception of a higher voltage, that of the soul. The personality is elevated to the benefit of the Light of the soul in a spirit of sacrifice, by a life voluntarily used in service of others by the intelligence used for evolution, with perseverance and firmness.

By developing the ability to manipulate mental matter, by learning the laws relating to the construction of creative thoughts, and once equipped with these substances and the Light-Consciousness of the soul, a parcel of the incarnate soul, we build the Antahkarana Bridge. We then enter the Light of the Causal Body, the body of Causes and Effects, the body of the soul where we work off karma.

This Rainbow Bridge, the Antahkarana, creates the link between the Spiritual Triad, at the point of Manas, and the personality. The Revealing Light invites us to become aware of the Dweller on the Threshold of the personality, who is facing the Angel of Presence, Custodian of the Spiritual Triad. When the light of the Dweller on the Threshold merges with that of the Angel of Presence, the doors open and we enter the abstract Mind. The Light of the soul will merge with the light of the personality and we become Spiritual Beings, resulting in a Major Initiation called "The Transfiguration".

This **third initiation** floods with Light the transfigured personality which is in turn irradiated by all the light of the Soul, that of the Spiritual Triad. The fusion of atomic consciousness transforms matter into Light, leading to the process of eliminating dense matter. The three vehicles of the personality are completely transcended; they have simply become forms through which the flow of spiritual love flows in order to save Creation. We vibrate on the waves of light from the Energies of the Higher Triad and become Light Carriers. It is the liberation from the former authority of the triple personality absorbed in the Light of the Supreme Soul or Solar Angel by Solar Fire, the Light of Love.

Once we have become perfect triplicities and the Causal Body is dissipated, we are in direct link with the Hierarchy in an ocean of love; we serve with Love-Wisdom, we become the luminous servants of the Will. We cooperate creatively with the Order of Evolution and the experience of the Monad in the three worlds of a life of spiritual service, with the diffusion of the luminous energies of the Soul and the Ashram to the mental plane of humanity. Polarised on the Manasic Plane, the mind is receptive to symbols, ideas, intuitions and impulses from the Soul: it is the interpreter of divine Truth and the transmitter of Ashramic intention.

We use the intuition for the right perception of Truth and the vision of the Greatest Light by which we grasp Reality and understand more deeply the Plan while discovering the true nature of Buddhi, the Wisdom of the Masters. This Luminous Energy is related to the Ideas and energy of the Plan of Love-Wisdom of the Hierarchy: it is directly related to the Mind of God, the energy of Sanat Kumara from the Spiritual Centre, the Light of Shamballa, and evokes the divine Purpose for the benefit of humanity through group activity. We record the life and vibrant aspect of the Monad, we merge our individual and spiritual will with the will of God and cooperate with the purpose aspect of manifestation.

This third initiation is the fusion of the energies of the personality impregnated by the light of the soul-Consciousness and that of the Light of the Spiritual Triad, by which we build this individual Antahkarana as well as the Planetary Antahakarana by all beings that is, a bright Light linking Earth and Heaven for the greatest Service.

When Sanat Kumara, the Unique Initiator, applies the Rod of His Power during this Initiation, the influx comes from the Monad, the throat and heart centers intensify their vibrations and the force is mainly directed towards the seven head Centres, which merge with the coronal Centre radiating the unified Light at the top of the head. A vibratory capacity and a renewed force then pushes us towards the Hierarchy.

The **fourth Initiation** is the union of Manas- intelligence and Buddhi-intuition, called “The Renunciation” or “the Crucifixion”. The Renunciation: but what should we renounce from?

We must sacrifice our personality that has become perfect, stripping ourselves of everything that relates to matter, to earthly life and to life itself. It is Freedom from all interests concerning the self, the renunciation of personal life for the benefit of the Greater Whole. All that remains of this ‘we’ is a conscious, unchanging Point of Light, with a sense of individuality and a sense of universality, two lights fused and mixed into the One: the divine Hermaphrodite, the union of pairs of opposites, negative and positive, male and female.

We are luminously aware of the extent of planetary goals and of the importance of karma within the evolutionary system. As our own karma is adjusted, we exhaust planetary karma, a Plan to which we devote all our energies, collaborating in the relationship of the evolution of man and devas, the two existences in the Heavenly Man.

We enter a state of universal Consciousness, close to the Divine Mind by merging the Higher and Lower aspects of the manifesting Soul. In direct contact with the Love aspect of the Monad, the dynamic Will of the Spirit, we are before the Light of Presence, the “Father in Heaven”, face to face with our own Monad, the pure Spiritual Essence.

We are crucified on the Cross, the heart-love connected to the ajna centre as a “centre of direction” receiving inwardly, vertically, the luminous Energies of the Monad to consciously transmit them outwards, arms horizontal, thus penetrating the World of men. We are infused with a divine exhortation to cut off the desires and aspirations of the lower worlds, the Veils of Ages, on this Earth, a celestial body in the solar universe, an experimental enclave of a Humanity and its realms in evolution, in order to build the One Humanity, a Great Brotherhood and awaken it to the Light of Life of the Planetary Logos in which we Live, and Move and have our Being. Unleashing a growing power on humanity, we handle solar energy to a small extent, becoming Adepts on the Buddhistic Plane, instruments at the service of the Planetary Logos that bring new life and energy to all human beings and serve the Plan of the Solar Logos.

Then comes the **fifth Initiation** called “the Resurrection” or “the Revelation”. The Resurrection is the liberation from blindness; it is Unity, the One beyond the manifested life. The Light in relation to the Resurrection is that of the Revelation which is translated by Enlightenment, based on the living Light and on the Light of a new vision; it concerns REALITY and allows to see the Door leading to the Higher evolution of the Seven Paths. We are the Masters of the five lower planes realising the Kingdom of God on Earth and the

Solar Evolution. The work is carried out with Electric Fire, with the mystery of electricity and the creative process according to the directives of Shamballa and the Central Spiritual Sun, the Sphere of Life of Sirius. This is the goal and the task that we all have to accomplish, that of the Great Service to Evolution.

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## **Group meditation: Letting in the Light**

*(German)*  
*See pages 4-5*

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***Break***

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## EXPANSION OF CONSCIOUSNESS AND GROUP PROGRESS

Maria Antonia Massanet Solá

Translated from Spanish

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When we take our first steps towards awakening to the true meaning of life, with the intend to understand and live from the occult side, we find the following: First we realise the full scope of the work we have to do within ourselves to be able to see and understand what keeps us anchored and so we learn that our life perception is governed by the desires of the astral body and of the concrete mind. We understand that our life perception is wrong and deformed by our own glammers and illusions. We understand that we are not living in clarity and that we are tied to the concrete material aspects of life. It is at this point that we become aware that we need to make an effort to be able to live from a different level of consciousness which is more inclusive, open and higher. This implies that we work with detachment, dispassion and discrimination. Thus we can gradually take the steps that lead us to soul alignment and openness, that is, towards "soul consciousness". All these efforts are what will allow us to start to grasp the significance of true life and in time, it will allow us to become esotericists and servers of life.

In the beginning we only think about ourselves, in seeing what attitudes get in our way towards self-realisation and how they need to be changed to feel in harmony with our lives. This often comes with a feeling of solitude. Yet, as we go deeper into these changes we find out that the meaning of life is different one: it is not only about oneself, even though at first it might seem so. We grow in awareness and learn that in reality we are all inter-connected to all other human beings and to all that surrounds us, that we all are moving forward towards an expansion of consciousness and therefore, we learn that it is a group effort. Slowly we learn to understand that our attitudes and what we do, affects us all and therefore our actions have an effect on those around us. What happens in one corner of the planet affects and concerns us all. This is proof of our inter-connection and unity.

These thoughts may help to gain a greater awareness of the etheric web, that even though we may not see it, we know it to exist. We know that it connects us to everything and not only to other human beings, but to all kingdoms of nature and with mother Earth. This is just one step to open our consciousness and take more responsibility. For example, a reflection of this etheric network is the use of the Internet, which allows us to contact many sources of information and link us to every corner of the planet. It is something wonderful that shortens distances and makes us vibrate and feel empathy with the circumstances lived by other human beings from other cultures and distant places. It even allows us to get involved in causes to provide our help. It is all about the use we make of the network: if it is with the intention of giving and expanding goodwill then we turn it into a web of light.

If we go further, it becomes evident that we are also inter-connected with other parts of the Universe; with other planets, with the stars, with our solar system and with other energies that come to us from any distant location in the Universe. We become aware of the importance of being or becoming a seed of light within the Whole that we are a part of. All this makes us reflect and understand that the feeling and perception of solitude is but a glamour.

At this point we may ask: What is consciousness? In *A Treatise of Cosmic Fire* we read that consciousness may be defined as the faculty of apprehension, and concerns primarily the relation of the Self to the not-self, of the Knower to the Known, and of the Thinker to that which is thought about.... It involves the acceptance of the idea of duality, of that which is objective and of that which lies back of objectivity. Consciousness expresses that which might be regarded as the middle point in manifestation. It does not involve entirely the pole of Spirit. It is produced by the union of the two poles, and the process of interplay and of adaptation that necessarily ensues.<sup>1</sup>

The first pole is 'the Spirit' and the second pole is 'Matter' and the point of interaction, adaptation and union is 'Consciousness', that is to say: 'The Soul'.

Therefore we see that as we work on linking and bridging our perception of matter and spirit, we are making our contribution to the construction of the antakarana, the opening of our consciousness is produced and therefore the perception of life takes on a wider dimension, we begin to perceive and understand other aspects of life, which previously remained hidden. Now, the soul slowly impregnates our vision and understanding.

This way we become aware that we need to live from the heart, that is radiating love and to join with the heartbeat of humanity and other servers that also work from that divine essence of love, uniting the heart centre that beats in our planet. We join the process of awakening to increase the capacity to hold the light so

that in an active and creative way, we become servers and we, in our own capacity, can come up with practical and constructive ideas in the field where we live, as a contribution to the evolutionary effort of those around us and by extension, of all humanity. This calls for a purification process and also for a growing alignment and integration capacity that will end up becoming a magnetic union and the recognition of other servers in order to work for group progress.

In the Secret Doctrine we find that "*The Universe is an aggregate of states of consciousness*"<sup>2</sup>. If we ponder on this we become aware that we must contribute the highest part of ourselves to make our contribution to the group and that as a group we are servers for the good of all humanity and the Planet, to make our contribution to the Universe.

*The Law of Group Progress is sometimes called "the Law of Elevation" for it concerns the mysteries of group realisation, and expansions of consciousness and the part each unit plays in the general progress of a group. In relation to the human family, for instance, the truth must ever be borne in mind that no human atom arrives at "fullness of life" without adding much to the general nature of his own group. The elevation of a unit results in the raising of the group; the realisation of the unit brings about eventually group recognition; the initiation of the unit leads finally to planetary initiation, and the attainment of the goal by the human atom and his achievement of his objective brings about steadily and ceaselessly group achievement. No man liveth to himself, and the crucifixion of the units throughout the aeons, and their realisation of their essential nature, only in order to offer up the best they have and realise to the interests of the group, are but the methods whereby the work of liberation is carried forward.*<sup>3</sup>

Thus, as we open our consciousness, we integrate our capacity to perceive our daily life and our work as an integral and conscious part of the group. And we begin to ask ourselves what can we do to bring the best of ourselves and contribute to the evolutionary process of humanity, and as a consequence of the planet?

As we make an effort, as we meditate and study the true meaning of our life and applying our knowledge, we are integrating in our daily life and our capacity to identify with other individuals in any part of the planet, which are working with the will of good, grows. It does not matter what kind of activity they are carrying out, coherence is produced, a structure similar to a living organism that acts on all levels of expression in the occult and spiritual life. In our measure and capacity we are taking our share of responsibility, participating and collaborating with the Group and therefore we are part of it.

This brings us to consider the true meaning of the work done by the New Group of World Servers, which is the link between Hierarchy and humanity and is currently working under the Law of Group Progress in all fields of human activity, from science, politics, education, art, agriculture to industry, in an effort to increase the light and progress in all fields of activity. The work being done is to increase the quality of life and consciousness in human beings in all corners of the planet. Working this way enables each individual to access the highest part of him- or herself and of the society in which he or she participates producing a mutual benefit among individuals, countries and nations. If we take a closer look at the way the group works we find out that the tools it uses are: Synthesis to dissipate separateness, expressing it as inclusion and using the energy of Love expressing it as empathy and compassion working through the Creative Intelligence to ground the highest ideals in the physical and etheric planes for the good of humanity and to dispel the clouds of materialism.

I take this opportunity to recall that this year from December 21<sup>st</sup> to December 28<sup>th</sup> we celebrate the *Festival of the New Group of World Servers*. This is an opportunity to work in unity for the release of spiritual energies that will be available and to channel them towards human unity, expressed in right human relations, human rights, peace, justice and progress for all humanity.

In conclusion, I would like to propose a visualisation so that we may all participate and strengthen the light work in group formation.

Look out, in your imagination, over the world of humanity. See that world as one of light, with here and there intensifications of the light in certain localities or centres or areas.

Then imagine this web of light with its radiant centres of force as pulsating to the rhythm of the world aspiration.

Regard yourself then as part of a group channel, among the many channels, for the energy of the spiritual

Hierarchy.

Uniting our minds and hearts let us say: "Love is the light and the height of freedom for all creatures".

Imagine, as you do this, that the energy of love is pouring through the web of light, stimulating each of the many centres into greater radiance.

Thank you for your attention.

1. Alice A. Bailey, *A Treatise on Cosmic Fire*, page 243, English edition
2. H.P. Blavatsky, *The Secret Doctrine*, II, p633
3. Alice A. Bailey, *A Treatise on Cosmic Fire*, page 1217-8 English edition.

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## DISCUSSION IN SMALL GROUPS ROAD MAP – SATURDAY GROUP DISCUSSION

### LET THE GROUP LIFE BE INSPIRED BY THE RULES FOR INITIATION: KNOW, EXPRESS, REVEAL, DESTROY AND RESURRECT

As already for several years, we propose an alternative way of approaching the group discussion, freely inspired by the technique of *photo language*. What is the interest of this method for us? In the whole training provided by the Arcane school, *visualisation* as well as *group work* play an important role. Hence, this afternoon an effort involving this technique is put forward. It is real group work that awaits us at the end of the session... We will thus be able to share our thoughts on the seed thought of this afternoon.

Total duration: approximately **90 minutes**.

Each group will receive a series of images related to the conference keynote, coloured markers and paper.

#### **There are 7 stages:**

We will give you an approximate indication of the duration of each successive phase. Each group can organise itself as it pleases. We are totally free in this endeavour, except for the total time of the session.

#### 1) Organise ourselves in a group. (5minutes)

Together as a group, find a location and get seated, keeping space to spread the images, and if possible allowing you a space to write your thoughts on paper. For a convenient development, we suggest groups of 8 to 10 persons maximum – with, if possible, a designated individual to report later.

#### 2) Do a small silent group meditation with the seed thought of the day (2-3 minutes)

*“Let the Group Life be inspired by the Rules for Initiation:  
Know, Express, Reveal, Destroy and Resurrect”*

To scale down the scope of this seed thought slightly more the following thoughts for pondering may be used, taken from *The Rays and the Initiations*, p. 287:

*Let us take each of these five words and seek to ascertain their significance. But first of all, I would like to point out that here we are concerned with **monadic signatures**, with that which synthesises significances, and with that which contributes vital significance to the initiated life. I would have you, as you read my words, retreat within yourselves and seek to think, feel and perceive at your highest possible level of consciousness. The effort to do this will bear much fruit and bring rich reward to you. You will not grasp the full intention of these words, but your sense of awareness will begin to react to triadal impression.*

#### 3) The group reflects in silence (5 minutes)

Each person chooses (or draws) the image which, according to him or her, corresponds best with the seed thought or the perceived intuition, (two or more persons may choose the same image).

That which is requested from each one of us, is to make a personal choice of an image/drawing in order to express visually and verbally by commenting thereon, a personal position, an experience, an inner image, an intuition...

#### 4) We try to write the impressions, the feelings, thoughts and intuition (5 minutes) that are linked to our choice or that come up afterwards.

#### 5) Everyone expresses in 2-3 minutes to the group, why he or she chose or drew this image (30minutes).

The goal of this sharing is not to seek for the “right answer” regarding the seed thought, but it will allow each one to retrieve or construct, by his or her choice, or individual inner position, to become conscious of it, to try to communicate it to others while also being receptive to choices and inner attitudes of others.

#### 6) Once everyone has shared thoughts, the next step is to retain a single image/drawing per group. (10 minutes)

In this sharing, we invite you to choose the collective image by consensual agreement, and retain in a few short sentences the motives that explain why that image or drawing has been chosen by the group. Because voting may not bring synthesis, we should try to avoid it. This image or drawing need not necessarily be an image or a drawing chosen or drawn at the preceding stage.

7) The last stage will be, for all groups that welcome the idea, to have one person share the group image with the whole audience. (20 minutes)

***Please select only one image.  
Please try to limit the presentation to the quintessence of the image  
or drawing to 4 or 5 short and synthetic sentences,  
thus allowing as many groups as possible  
to participate in this sharing session. (3 min per group).***

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## **Group meditation: Letting in the Light**

*(Italian)*

*See pages 4-5*

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**CLOSE OF THE DAY**

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# SUNDAY 9 JUNE

## PROGRAMME OF THE AFTERNOON

### LET THE GROUP LIFE BE INSPIRED BY THE RULES FOR INITIATION: KNOW, EXPRESS, REVEAL, DESTROY AND RESURRECT

*Let us take each of these five words and seek to ascertain their significance. But first of all, I would like to point out that here we are concerned with **monadic signatures**, with that which synthesises significances, and with that which contributes vital significance to the initiated life. I would have you, as you read my words, retreat within yourselves and seek to think, feel and perceive at your highest possible level of consciousness. The effort to do this will bear much fruit and bring rich reward to you. You will not grasp the full intention of these words, but your sense of awareness will begin to react to triadal impression.*

*The Rays and the Initiations, p. 287*

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#### AFFIRMATION OF

#### LOVE

*(Dutch)*

**In the centre of all Love I stand.  
From that centre, I the Soul, will outward move.  
From that centre, I the one who serves, will work.  
May the love of the divine Self be shed abroad,  
In my heart, through my group and throughout the world.**

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Dear friends!

Our annual conferences can be called mobilizing points of magnetic tension in the thinking life of the Arcane School, which stimulate our group thinking and contribute to the awakening of humanity. It is obvious that Light in our work is a creative energy that organizes us into a connecting bridge through five points of contact presented to us in five words: *Know, express, reveal, destroy and resurrect.*

We are told that the gap of consciousness on the mental plane – from the viewpoint of the personality – deprive us of the wholeness of understanding reality on our way from death to life through *"the relation of death to the five life-giving energies..."*<sup>1</sup>. Five ray energies raise the human consciousness through the five races to heaven. Although the process of death is very familiar to us, it still remains unexplored and shocks our consciousness. Why so? Probably because there is neither clear knowledge nor understanding of the nature of right relations between life and death, initiating the Plan that we have often discussed and tried to know through the five points of contact in each subhuman kingdom and through our own etheric centres. We recognize the nature of these relations through the experience of many deaths assimilated through conscious extraction of the life essence from atoms, like our Planetary Logos does Who produces *"deterioration in the structure of the form at any point from whence this life essence is emitted"*<sup>2</sup>. Claude Bernard wrote in his "Lectures on experimental pathology" about these processes - "... To know how organisms of animals and humans live, it is necessary to see how all of them die, because it is only by knowledge of the mechanisms of death that the mechanisms of life can be revealed and discovered"<sup>3</sup>.

For us, this knowledge is the study of interconnectednesses and relations. In order to understand the mechanism of working with the life aspect– the Antahkarana and its guiding agent, the spiritual will - we have to start from the known to the unknown, from the general to the private. Such a general location in the human body from which consciousness begins to "dance" between life and death is its quaternary form: the vital airs in the brain cavity, the heart, the centres along the spine and the brain. If Life from the One Source creates all interconnectednesses, then vitality and quality exist regardless of form manifestations. When Life is invoked by the soul (as a secondary energy) in the interests of the third - objective and material - energy, it means that humanity learns to master the art of *"what governs the relation of a unit of life in form to its emanating source"*<sup>4</sup>. I realize that I have to talk about death instead of Resurrection, but until the Law of Death performs the necessary work inside us, it is difficult for us to understand life outside of death without the five-fold connection built in the light substance of the mind. We continue to hold on to the soul, perceiving it as a subtle form, being afraid of losing it, and thus postpone our own crucifixion, preferring still darkness instead of light. It is the formal aspect which plays the role of death as a limiting inaction or the prison for spirit. Is it not why the motion of spirit is considered as life?

Is it not why we need the Antahkarana as a connecting projection of vitality between the sounding word of death, that keeps us in its world, and the Word of Life resurrecting what is dead? It is building a connection that is our motion that we should carry out to free the Spirit. It is a thought of a spiritual person about such a vital connection that is the human creation on the mental plane, which provides a connecting response of everything inside the human form, including all his subhuman and superhuman nature. A flash of light in the brain cells manifests this process of revelation, so familiar to all of us, when an electrical shock strikes back with a bright lightning through our effort to think after the creative element of thinking had been "pushed" into the spheres of higher awareness. Thanks to this ability, our group work is in a direct contact with the world of the Intuition. We are often talking a lot about the activity of the centres but we forget that their conscious awakening also depends on our subjective action - on the power of the invocation that generates a coherent response in our electrical life breathing.

However, in order to connect something, we need at first to recognise it. That's why: *"The task—and it is a real one—of building the antahkarana and creating that which will bridge the gap is in truth the planned and conscious effort to project the focussed thought of the spiritual man from the lower mental plane into areas of awareness which have been sensed but not contacted."*<sup>5</sup>

As awareness focuses on coordination, integration, and building relations between forces and energies, the visualized invocation produces an aura through "directing" our attention there - beyond its limits - where we meet a new impression of the Plan we are dealing with. The first Buddhic impressions are precipitating into the aura. They are the first forerunners in response to an invocative call. The accumulation of an adequate volume of Buddhic substance changes the state of the etheric centres. Besides, we cannot and do not have the right to say: my antahkarana or yours, because everything in the human family is interconnected and interdependent in the form of a group "we". That is why it is important for us to understand the nature of agents as factors of receptivity and impression at all levels of consciousness in the process of building a bridge from bottom to top.

Thus, getting an impression and grasping the nature of agents in my massed national and fragmented "self" - in the country where I was born in this incarnation and was conditioned by that influence, - one can exclaim with words from the Old Catechism: *"A horrid sight, O Master of my life. I like it not. It is not true. I am not this or that."* When we are told that the Science of Impressions is a subjective basis or a connecting element between the world of external events and the inner world of reality, it means that on a large scale we all inevitably have to deal with the general impression emanating

from the consciousness formed by such a large Essence as a nation. In this case, the nature of such a consciousness is still manifested through the national group personality, whose collective soul insistently asks from the inner world of reality: "What seest thou? ...What canst thou now reveal? ...What hast thou to reveal? ...grasp opportunity." And that which is the Higher patiently waits when the cumulative national personality approaches conscious construction of the Antahkarana and - thanks to the vanguard of disciples - develops the necessary right sensitivity on the physical plane.

By shifting the focus of attention to another and smaller group, which is but radiating already a strand of light of the group "Self", namely the whole of the Arcane School with its students, I realize that I have been lucky to participate in an experiment on constructing a corresponding part of the bridge. The Arcane School seems to me a connecting substance of a living experience similar to the nadi system in the human body. To see how the group focus of my compatriots' attention is transforming from an "I" into an international "we" and to witness occult fading of national differences through the manifesting Brotherhood is of great value. It is due to the subjective influence of the Hierarchy that the Arcane School becomes an integrating force that becomes a magnetic bridge in the body of humanity. And this bridge includes those who have been and are still trained at the School, as well as those who are moving forward independently within the Teaching given to us by DK.

The sensitivity of the etheric substance with which one has necessary to deal in the light of the Spiritual Triad is such that any personal arrogance disappears quickly with the growing understanding that the next step is conditioned by entering the "eye of a needle" only by a group of those who are ready for it having put their lives in the foundation of that bridge. And here I would like to warn our fellow students: the power, which is involuntarily attracted by many of them, becomes a powerful electric charge. If they cast a critical eye in communication or cooperation on their neighbors, brothers or just outsiders, they should understand the consequences. After all, harmlessness is in many cases determined by ray recognition. If these students could see the result of their "cooperation in criticism", they would notice that the living substance of group relations becomes paralyzed and it will take a long time for the relations to become viable again. Touching the monadic representation within the different ray lines inside the School requires understanding of the nature of the antagonistic substance of light, which is already more subtle and powerful. And here, no matter how high or low the stage of development we are on, we are still short-sighted about ourselves and our susceptibility to what impresses us at the moment. It needs to be kept in mind.

If our effort within consciousness is directed to the expression of the three divine aspects in terms of the soul, and not of the personality, and due to the united will, we are really creating something high in the foundation of the bridge on the mental plane. High energies and forces respond only if the focus of our life is constantly in the mental substance. Electrically, these energies work only with the quality of the mental substance. It is interesting that due to such mental experiences, some of our students on the astral-buddhic line of development become more conscious in their dreams. As you know, the soul gives instructions to the aspirants in their dreams and many students begin already to function consciously on subtle planes and to register facts of their group activity. Continuity of consciousness becomes an impressive surprise in the dreams of those who have already established sufficiently stable relations with their souls and can use to some extent the will aspect which brings some awareness in the so-called continuity of consciousness. Some of our students register the fact of instructions received in their dreams and even on the periphery of Ashrams. Some secretaries and students meet in their dreams and recognize the facts of meetings and relations in their work as a reality and a basic objectivity. It is this group experience, which is elating and re-orienting the lower consciousness to incoming vitality of the Spiritual Triad. The great light of the Hierarchy absorbs us if we vibrate in harmony with the Ashrams of the Masters, when our etheric body is vitalized and controlled by thought. Thus, the Light on the Path of Resurrection becomes not just a belief, but also the liberating effect of our common thought of It. And let Reality control this vector of thought, which reaches high areas of awareness!

Thanks for your attention

1. Alice Bailey, *Esoteric Psychology*, I, p. 264
2. Alice Bailey, *Esoteric Healing*, p. 246
3. <https://ru.wikipedia.org/wiki>.
4. Alice Bailey, *Esoteric Healing*, p. 246
5. Alice Bailey, *Discipleship in the New Age*, II, p.194).

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## HARMLESSNESS AND THE RESTORATION OF THE FLOW OF SPIRITUAL IMPRESSION

Elvira Pisaturo  
Translated from Italian

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Let us start with a preliminary study of the meaning of some words. The search for nuances is important, especially in translations<sup>1</sup>, in order to communicate the meaning of the expressed concepts as exactly as possible.

Let us first analyse the word 'harmlessness' and the concept it indicates.

Harmlessness is an essential requirement for the construction and maturation of the path of spiritual evolution. In the Arcane School it is a point of attention, which is proposed to students from the very first degrees.

Harmlessness "covers a man's physical acts as they relate to all forms of divine manifestation and concerns specifically his force nature or the energy which he expresses through his physical plane activities. He hurts no one, and injures nobody"<sup>2</sup>. Thus, the literal interpretation seems to say: do not use violence against any mineral, vegetable, animal, human or other entity. We know, however, that action is only the last act of a process that begins much earlier, in the mind: we have a motive that originates a thought to which an emotion is added and the three together give rise to action.

This is the creative process that gives rise to everything.

So, when we evaluate an action is it correct to see it for what it appears to be, or is it necessary to go further and see the motive that lies at its origin?

In various places of the work of A.A.B. it is written that to be harmless it is necessary to abstain from criticism. Criticism can be destructive, or constructive, and therefore useful for the growth and expansion of consciousness. Criticism, which is neutral in itself, is essential for a correct evaluation of circumstances, of people and of opportunities, which leads us straight to discernment, which is one of the essential spiritual qualities that the disciple must develop in order to be useful, wherever he finds him or herself.

Let us change our point of view: to understand something better, we sometimes first must understand its opposite. Is the opposite of harmlessness violence? Is there anything more subtle and pervasive? Hostility. Cultivating that inner energy that makes us disapprove, that puts us against, that makes us hope for defeat, which makes us feel resentful.

Once the aspirant has understood this, he begins to clean up: he eliminates hostility from his actions (the easiest part), carefully monitors his language to eliminate any shadow of hostility (a little less easy) and finally faces the most difficult problem, eliminating hostility from his thoughts where thoughts are obviously mixed with emotions. On a consciousness level, the work is long but at least manageable. When the consciousness of the aspirant is opened to the knowledge that the unconscious exists and that even from there every tiny root of hostility must be eradicated, a bottomless abyss opens up: because he realises that he has no control in that domain.

Sutra 35 (Book II) says: "In the presence of him who has perfected harmlessness, all enmity ceases"<sup>3</sup>. We are harmless in our actions, words and thoughts, but we are still the object of hostility of others. Why? Because in the unconscious still lies some hostility and as long as there is some, even the slightest trace, we will be at risk of receiving hostility. The Dalai Lama has written that your enemy is your best friend, because he is the only one who can show you what you cannot see, because he is unconscious<sup>4</sup>.

What makes harmlessness so important? Could we do without it? We talk about unity of the whole, about unified consciousness and a unified field, we say that consciousness is one in essence, even if on this level it manifests itself in a fragmented way. If consciousness is one, the only way in which its units can relate to one another is in a harmless way. Otherwise, every 'wound' that one part makes to another is, in truth, made to itself. Perhaps now the words of a much used mantra "*... may I play my part in the one work, with self forgetfulness, harmlessness and right speech*", will be used with a different awareness.

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<sup>1</sup> On how much a translation can go astray from the literal meaning, see the studies and works of Mauro Biglino <https://maurobiglino.it/>

<sup>2</sup> Alice Bailey, *The Light of the Soul*. pg. 185.

<sup>3</sup> Ibid. pg. 194.

<sup>4</sup> *How to Expand Love*, by His Holiness the Dalai Lama and Jeffrey Hopkins

By placing what has been said so far in the broader context of the keynote, which speaks of destruction, there is a shadow of contradiction in terms. How can we reconcile harmlessness with the injunction of 'destroy'? Let us try to solve that paradox. Is it possible to destroy harmlessly?

If one can destroy without hostility, not out of hatred, resentment or revenge, then one can destroy harmlessly. Do an earthquake, a volcanic eruption, a tsunami destroy with hostility or harmlessness? The destruction of crystallised forms is propaedeutic and indispensable, so that life can take on more suitable forms for the manifestation of a more abundant life. In the Bhagavad Gita, Krishna shakes Arjuna from his inner torpor and the preconceived idea that a spiritually evolved person cannot fight and kill, telling him that his task as a *ksatriya* (the caste of warriors) is to destroy the evil represented by his cousins Kurava, usurpers of the throne. His task is to defend humanity from the advance of evil and killing hatred or hostility without feeling, without a spirit of revenge, will fulfil his dharma<sup>5</sup>. Thus, one can destroy with harmlessness what must be destroyed for life to continue. What profound self-knowledge must be gained before we can be 100% sure that we can destroy without a shadow of hostility, even in the deepest recesses of the deepest folds of the unconscious!

Let us now look at the word 'restoration', which could be rendered as "the restoration of a previous order, compared to a period of chaos"; "the return to a pre-constituted order". Apparently, it seems good and right, but beware! Nature never returns to a previous state. Nature is evolution because life (on all its levels of manifestation) is evolution and never 'restores'. It develops through alternating cycles of order and chaos, in which when order crystallises, to the point that it is no longer a suitable form for the spirit that informs it of itself, a crisis is precipitated and order breaks down. This is followed by disorder that questions all previous certainties and then recomposes itself in a new order, until the cycle repeats itself. As we cannot return a completely blossomed and fragrant rose to the bud, nothing that is life can be 'restored', and thus not even the "flow of the spiritual impression". 'Flow' means something that flows. To be in the flow means to be in perfect vibrational coherence, in tune with the universal divine energy. This state of being (not a state of consciousness because a state of consciousness is temporary, linked to the passing of time, while a state of being is timeless) manifests itself in thinking / saying / doing the right thing at the right time, appropriate to the place, time and circumstance.

In the 1940s, A.A.B. wrote: "*Spiritual impression has been interrupted and there has been interference with the divine circulatory flow. It is the task of the disciples of the world to restore this flow and to stop this interference. This is the major problem facing the Ashrams at this time.*"<sup>6</sup>

When the flow stops, the energy accumulates to the point of maximum resistance, beyond which an explosion occurs. Since these words were written, there has not yet been an explosion so powerful as to completely destroy humanity and the Earth. Perhaps the consciousness of mankind has succeeded where almost no one had any hope anymore.

About eighty years have passed since then and perhaps the flow of spiritual impression has found new paths, which at that time could not be foreseen... The Tibetan himself admitted, in the last days of his telepathic transmissions to A.A.B., that the Hierarchy was revising its predictions about the development of the consciousness of humanity, which was much more advanced than expected<sup>7</sup>.

If we look around, we see an extraordinary mixture of forces and energies, which move, overlap and alternate in dominance. In order to remain in the field of duality, which is well known to us, we can trace them back to qualities of control, domination, mass manipulation on the one hand and qualities of evolution, discernment and spiritual development with altruistic service and the search for the true Self on the other hand.

Everywhere there are many tools for (spiritual) growth available and, importantly, these are no longer confined to the sphere of esotericism, occultism and mystical or religious research. Quantum physics is beginning to speak of the same themes known to esoterists and mystics, even if in a different language. Neuroscience has discovered that the same principles and laws valid for particles and strings can be applied to consciousness.

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<sup>5</sup> Sanskrit: dharma, the universal law of harmony and balance that sustains all things, in which everything has its place and its function in the service of the All. The harmony aspect of dharma can reveal that stable and imperturbable equilibrium in which all apparent partial imbalances are compensated for and resolved.

<sup>6</sup> Alice A. Bailey, *Discipleship in the New Age II*, pg. 48

<sup>7</sup> Alice A. Bailey, *The Rays and the Initiations*, pg. 555

Even some economists, such as Valerio Malvezzi<sup>8</sup>, are starting to talk about a humanistic economy, linking a sustainable economy with the evolution of consciousness. Corrado Malanga<sup>9</sup>, a retired professor of chemistry at the University of Pisa, is spreading his thoughts in which he applies the most advanced principles of physics to consciousness and hopes for the advent of a happy world, where humanity will be aware of its divine nature, finally responsible for its actions and its thoughts. The same scientists had to admit that the observer changes the behaviour of the thing observed, so thoughts are potentially creative. Nothing new for us... Hence the responsibility for what we create and at the same time the question: why is what I desire not realised? Let us ask our unconscious...

This means that humanity is awakening, perhaps it is still asleep, but certainly no longer in hibernation. So, perhaps, we can conclude that the flow of the spiritual impression has not completely stopped and that it is slowly starting to flow again.

Aspirants, disciples and people of good will have increasingly expanded the network of Triangles, and they make the Great Invocation resound throughout the world several times a day, they meditate at the full moon and at the new moon. All the students of the Arcane School perform daily meditation related to their degree and conclude it with the Great Invocation to distribute the channelled energy.

"It's the daily actions of ordinary people, who keep the darkness at bay, simple acts of kindness and love."<sup>10</sup> Aren't these all ways to make the spiritual impression flow with ever greater abundance and freedom?

In a nutshell, this is what applies to the individual and to humanity, apparently singular/separated consciousness and collective consciousness: hostility creates inner barriers, makes the vibrations of the energy structure inconsistent and not harmonic with those of the universal divine energy, and then blocks the flow of the spiritual impression. Let us cultivate harmlessness and the flow will start flowing again in new ways, creating new paths and new opportunities.

In conclusion, I would like to place these reflections in the context of the theme of initiation.

A Zen proverb says: "Before illumination I used to cut wood and carry water; after illumination I used to cut wood and carry water". So it doesn't matter what you do, but what you are: doing comes with it and will by its very nature be appropriate in time, place and circumstance. The 'initiates' can be anywhere around us and not be recognised by what they do. They are awake in a world of sleeping people who believe they live in a tangible and real world, while it is an illusion created and maintained by the mind and a succession of states of consciousness, which create the sense of time.

As an ancient wise Tibetan says, Long-Chen-Pa "Since everything is but an apparition, having nothing to do with good or bad, acceptance or rejection, one may well burst out in laughter."

A provocative statement, perhaps dangerous for its implications and perhaps indicating the way of awakening, in order to be able to say with Heraclitus, with full knowledge of the facts: "The awake share a common world, but the asleep turn aside into private worlds".

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<sup>8</sup> Valerio Malvezzi, <https://www.youtube.com/watch?v=dirvFqKjbJo>

<sup>9</sup> Corrado Malanga, <https://www.youtube.com/watch?v=Y0o73mMth34>

<sup>10</sup> From the dialogue between Galadriel and Mitrandir, from the film "*The Hobbit, An Unexpected Journey*".

**VISUALISATION**  
**AT THE GOLDEN GATES**  
*(French)*

Visualise yourself as standing to one side of a vast field of closed lotus buds which rest on their broad green leaves. Above you is the blue of heaven and ahead of you—across the field of buds and leaves and on the far horizon—is a golden gate, with the two halves of its door closed.

Then picture yourself as watching the slow opening of the buds, until little by little, the field changes from green to gold, and all that can be seen is a mass of golden flowers, wide open in the sun.

Then imagine yourself putting a foot upon the field and finding, instead of the mud and water which had been anticipated, a firm Path which appears before you as you advance, dividing the field into two halves, and leading straight to the golden gates.

As you advance along this path, imagine the two halves of the gate slowly opening as you go forward in confidence, looking at the gate and not at your feet.

\* \* \*

It is a real pleasure to share with you some thoughts on the music of Johannes Brahms. I have been playing and pondering on this wonderful music as a pianist and from a music therapy perspective. Working as a music therapist in adult mental health in the English NHS continuously deepens my understanding of the connections between musical processes and the inner psychological life. It is maybe easily forgotten these days, that music (particularly the great masterpieces) deals with the existential and spiritual themes of what it means to be human.

Today I would like to present thoughts on the development of Soul-consciousness in the music of Brahms, illustrated with examples from his piano works. One might, of course, argue that music speaks for itself, which is very true indeed. Music, after all, can express inner experiences, emotions and states of consciousness, which might be difficult to put into words. Nevertheless, deep pondering and exploration, particularly from an esoteric perspective, can reveal new insights and lead to more conscious listening to this music.

The keynote: "Know, express, reveal, destroy and resurrect" is mirrored in true, creative work on many levels. It seems to apply to spiritual group work, service towards humanity through creative, spiritual livingness, as well as to the creation of works in music, art or in science, to name but a few. As a result of integration and alignment between personality, Soul and Monad, the creative power flows in response to the construction of the Antahkarana and the expansions of consciousness we call initiations. A wonderful feature of great music lies in its capacity to communicate aspects of this inner growth and development of consciousness. Conscious listening opens the opportunity to experience this inner growth musically.

Today I will focus on one aspect: the transmutation of emotions through the awakening of the heart centre and buddhic energies and how these processes are manifested in the musical language and structure of Brahms.

In order to explore this directly, I will take you on a short musical journey into the beginning of the first piano concerto in d minor op.15.

*Piano concerto No 1, d minor, op15.*

The creation of this piano concerto lasted over many years, but the work originated during times of turmoil and suffering in Brahms early twenties, and this led to a period of crisis in his life: Robert Schumann, the composer, close friend and mentor of Brahms, attempted suicide by jumping into the Rheine. Thankfully he was rescued, but from then on Schumann experienced deep psychological struggles and mental illness. Brahms must have been most severely affected by this:

Here is the beginning of the concerto (orchestra):

*Music example: piano concerto no 1, d minor, op.15,  
Beginning of first movement, Maestoso*

There are many hints indicating how these difficult experiences influenced the musical works of Brahms during this period of his life. This is particularly interesting from a music therapy perspective. In my view, the musical processes in this composition mirror the challenging process of transmutation of intense emotional states: disturbance, fear, sadness and inner strife – which, amongst other events, were triggered by the tragic events in the life of his friend Robert Schumann. The biographer Hans Gal describes these years in the life of Brahms as "a restless time of battles, wandering, searching and inner afflictions" and points to his inner spiritual power. I quote: "The heroic ability to tame the chaos of his inner life" and "to banish the chaotic, explosive natural forces of music into a form"<sup>1</sup>.

Instead of identifying with the intense emotions, negating them or getting lost in the suffering, Brahms has given musical space to these emotions and initiates a process of transmutation by lifting the emotional forces into the chamber of the heart. The inner development of consciousness and the transmutation of emotional forces become audible and can be experienced directly in the musical development.

Let me illustrate this now by playing brief musical examples from the first movement of the concerto. It is my hope that the following thoughts will help to open a deeper experience, when you listen to the entire work in

your own time.

In the first musical theme, the orchestra paints a dark scene, a state of intensive emotional tension and turmoil, which keeps intensifying and rarely finds moments of rest (musical example). Little by little, the waves calm down, and finally, in a miraculous manner, the piano responds with a relatively calm, deeply felt musical answer:

*Example: solo piano entry*

The piano voice expands into ever more intense emotional spaces, and refers back to the turmoil and affliction of the main theme; however, the musical process gradually opens new pathways. The path leads slowly, but steadily to the door of the heart, which is opening more and more by cultivating heightened vibrations and ascending musical movements. Finally, reaching the second musical theme, we enter the heart chamber: a rising, expanding theme full of light, which leads to moments of weightlessness and stillness.

Dialogues between these main motives characterize the entire first movement of the concerto; thus, the solar plexus centre, influenced by intense emotional movements and suffering, establishes contact with the heart centre and gradually opens the inner space of Soul-consciousness. Eventually, the musical process reflects how the energy of love finds expression in the world of form via the astral body.

From an esoteric perspective, Brahms created musically a process of redemption, and, through the opening of the heart (the door to the Soul), revealed the inner path of transmutation of the emotional and mental nature. In a certain sense, Brahms walks a musical path towards the higher function of the astral vehicle.

The Tibetan referred to this as follows:

*"The goal for the astral body is that it should be the reflector in a similar way of the buddhic impulses, which reach the emotional body via certain petals in the egoic lotus, and the astral permanent atom."*<sup>2</sup>

Simultaneously, Brahms musical creativity is based on a highly developed mental nature, receptive for ideas from the higher mental plane. The highly concentrated technique of composition is based on development of motives and is rather similar to the meditation on a seed-thought. This is revealed in the incredibly multi-layered structures of the compositions, based on a simple basic motive (musical seed-thought).

In this context it is interesting what Brahms had to say on the topic of musical inspiration, shared in interviews with Arthur Abell:

*I immediately feel vibrations that thrill my whole being. These are the Spirit illuminating the soul-power within, and in this exalted state, I see clearly what is obscure in my ordinary moods. Those vibrations assume the forms of distinct mental images after I have formulated my desire and resolve in regard to what I want – namely, to be inspired so that I can compose something that will uplift and benefit humanity – something of permanent value."*<sup>3</sup>

This resonates with the Tibetan's statement in relation to the development of the mental nature:

*"Students will note, therefore, that the goal for the mental body is simply that it should become the transmitter of the thoughts and wishes of the solar Angel, and should act as the agent for the Triad"*<sup>4</sup>

In conclusion, I would like to play you a brief Intermezzo by Brahms; this is one of his last piano compositions. At this stage of maturity, Brahms has transcended the inner strive and battle. The music flows straight from the stillness of the heart chamber - from higher Soul-consciousness; highly concentrated, this music refers the listener to the buddhic level, radiating impersonal love and deep compassion.

*Johannes Brahms, Intermezzo op. 119 Nr 1.*

1. H. Gal, *Johannes Brahms: his work and personality* 1961, 1980, *Johannes Brahms - Leben und Werk*, 2015.
2. Alice A. Bailey, *A Treatise on Cosmic Fire*, p.1103.
3. Arthur M. Abell, *Talk with Great Composers*.
4. Alice A. Bailey, *A Treatise on Cosmic Fire*, p.1103.

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# Group meditation: Letting in the Light

(Spanish)

See pages 4-5

\* \* \*

## BREAK

### GAYATRI

(in French)

(Sanskrit)

ॐ भूर्भुवः स्वः

ॐ तत्सवितुर्वरेण्यं भर्गो देवस्य

धीमहि धियो यो नः प्रचोदयात् ।

Om bhur bhuvah svaha

Tat savitur varenyam

Bhargo devasyad hymahi

Dhi yo yonah prachodayat

OM

*Gayatri (English version):*

**O Thou Who givest sustenance to the universe,**

**From Whom all things proceed**

**To Whom all things return**

**Unveil the face of the Spiritual Sun**

**Hidden by a disc of golden Light**

**That we may know the Truth**

**And do our whole duty**

**As we journey to Thy sacred feet.**

OM

In this title there are three words that can attract our attention

1. the group
2. underlying unity
3. reveal

Let us discuss these three concepts.

## Group

It is common knowledge that initiation in the past was an individual matter. In the past, initiation was largely an individual process. Nowadays, initiation is a *group* affair. It is no longer a question of a relationship between a disciple and a Master, but of a group relationship, a relationship between humanity, the Hierarchy and Shamballa.

It is also a known fact that thoughts are forces and that the focusing of thoughts is very powerful. Let me mention in passing the importance of the work of Triangles and of the full moon meditations.

It is in a *group context* that the 5<sup>th</sup> kingdom, the kingdom of souls, can come to fruition and we are now seeing this happening slowly. This consciousness of the 5<sup>th</sup> realm is nothing but group consciousness. This 5<sup>th</sup> kingdom, which is now slowly revealing itself, consists of units of consciousness that feel themselves as group-conscious and are thinking and acting in group-consciousness. This kingdom will expand as the work of Christ and Buddha is more and more understood and brought into practice. Buddha challenged us to enter the Path of Enlightenment. Christ, the next great Teacher, some 500 years later, embodied an even greater divine aspect, the aspect of love.

So what is the purpose of the *group*? The purpose is, as mentioned above, to make the work of the Christ and Buddha effective. The messages that these two sons of God gave us can be realised when each individual, i.e. each of us, decentralises from his or her individual personal life. This is the meaning of detachment. A detached personality acts from a group-conscious life. He is detached from his own personal goals, from his desires and longings. He thinks, feels and acts in the interest and well-being of the *group*. He strives, together with his fellow-brothers, to apply the meaning of Aquarius. Within 150 years the vernal equinox will be in Aquarius and this will be the case during the next 2,500 years. We leave Pisces and enter into Aquarius, the symbol of group conscious living. Aquarius brings us a group conscious attitude to life. For some time now we have seen that this is slowly but surely becoming a real fact.

A fifteen-year-old girl with two braids, a lumberjack shirt and a cardboard sign on the floor in front of her feet. *Skolstejk för Klimatet*, three Swedish words that travel all around the world. These words have resulted in a worldwide movement. This led to a worldwide action, held on 15 March by Youth for Climate, calling on employees (here we see the law of invocation and evocation) to lay down the work for the sake of climate. Is that not clear evidence that group consciousness is being sparked?

History teaches us that changes never come by themselves. People are needed who pull the cart, who speak, who demand what they are entitled to. There has been a hard struggle to enforce social rights. We will have to fight at least as hard to bring our attitude to life in line with the planetary boundaries that we are now facing. A great deal can be done in groups. We will have to fight at least as hard to bring our attitude to life in line with the planetary limits that we now face. A lot is possible in a group context.

## Underlying Unity

Aquarius brings us the sense of *unity*. Everything is connected and everything we see, hear, feel, smell and taste in this world of physical phenomena (these are our 5 physical senses), is nothing but a revelation of *Unity*. This means that behind all the phenomena of form a *Unity* lies hidden. In order to reveal that hidden Unity, we need to search in this hidden territory. This is our occult work.

A few days ago someone said to me: "I only believe what I can see, hear, feel, smell, taste. There is nothing but what my five senses show me".

This man had a dog with him. I replied, "Your dog only sees black and white. This is a scientific fact. It is totally nonsensical to talk to your dog about the beautiful colours of nature. There is no point in giving your dog



colourful chunks of food. Your dog only sees black and white. If you were to talk about the beautiful colours of nature, then your dog, if he could think, would declare you crazy. It is not because a human eye does not see it, that it is not there. Could it not be that a person does not see everything? The human eye is sensitive to 7 colours and to many combinations of these 7 colours. But maybe not to all combinations. A human being is in a certain sense colour blind. Wouldn't it be possible that there are other colours to which the cones and rods of our eyes are not sensitive?"

It's not because we do not see it that it is not there.

The perception of the underlying, and therefore hidden, *Unity* is the 'understanding' of that *Unity*. It is about 'knowledge'. To understand is to see, to know the purpose. And what is a purpose? Is a purpose not an expression of a will? E.g. we have come together here to participate in this conference. For this we need a will. Namely, the will to participate in this conference, today, here in Cayla. We do not do this because we have a little spare time, but because we are animated by a purpose.

Behind all the concrete visible phenomena is a *Unity*. That *Unity* is a Will. *Unity* is an expression of will. Knowing the Will is true knowledge. Moreover, it is self-knowledge. And we obtain this knowledge by focusing on the world of meaning.

Unfortunately, we have lost this knowledge. Why have we lost it? Why do we not have this knowledge? What happened to us? What or who made us blind by sight? What or who tore our eardrums? It is said that we are fallen angels. And because we are fallen, we have to get up again. Yes, we need to get up again. This is the resurrection. Let us therefore stand up and continue on our path.

Which path? This is the Antahkarana, the way of resurrection, the Path of Return. It is the path that connects Humanity with the Hierarchy and the Hierarchy with Shamballa. And each of us goes his way according to his ray.

We have left the House of the Father. We are lost sons. Let's turn the wheel (I am talking about the astrological wheel here) and this means that we, incarnated souls, have to distance ourselves from the life of outer forms.

The soul has detached itself from the Monad, the One, and has connected itself with matter. We have associated ourselves with matter for many lifetimes. The time is now ripe to turn the wheel and we notice in this time how the soul now detaches itself from form, detaches itself from personality, and then attaches itself again to the *One* Who sent him away before. The son left the father, but after a number of tribulations, he returned.

In Alice Bailey's book, "*Esoteric Astrology*," it says<sup>1</sup>: the Lords of Will and Sacrifice came down in revelation and sacrificed their high places to save the matter and raise the lives that inspire this matter to a state in which They find Themselves. This is the goal: the liberation of the soul, our soul, group soul, humanity, the planet. This is our goal: to understand the *Underlying Unity*. This is the occult work we stand for and together in group formation we can do this work. Let's get up, encourage each other, and move forward. Do not fear, because fear is a very big hindrance on the spiritual path. Let us cultivate the will to continue into that unknown.

Then the third word: reveal.

### **Reveal**

Let us - just to remind ourselves of last year's conference - tear the veils of illusion and go step by step on the road to initiation, revealing the light. This is our goal, even more, we are that goal. When we say: we have a goal, we can ask the question: who are these 'we' who have that goal? What do we mean by 'we'? When we say that we have a goal, we set the goal outside ourselves. Then we forget that we are the goal itself.

As we tread the path, that *Unity* is increasingly revealed to us, becoming more visible. Gradually we become aware of the fact that we are angels, with our wings reaching to heaven. We focus our mind - because it is a mental path - to the Father, who is waiting for his prodigal son.

In conclusion: in a *group formation*, i.e. in connectedness, we walk the occult path to the *underlying Unity*, the Father. This brings us to the *revealing* of that *Unity*. Let us reveal ourselves and discover the divine will within ourselves. As we unite with our purpose and become aware that we are the purpose itself, only then do we act in real service, as soul-infused personalities.

### **Service and the Sacred Word**

Now the question arises: how can we reveal ourselves and see the Father? This is a very practical question. How do we reveal that underlying *Unity* that is within us and at the same time outside of us, both immanent and transcendent?

Last year, at the World Good Will Seminar “In resonance with the living earth” Mrs. Vita de Waal spoke about the importance of sound. Alice Bailey states in *Letters on Occult Meditation*: “when the meditation is practiced in the heart, with the right intonation of the Holy Word, the power flows from the intuitive levels through the emotional centres ...”

How can this sound take us further on the Path of Return? Why don't we hear the words of the Father or only vaguely? Because we still identify too much with our personal self and with the world of forms. It is, by the way, our compassion and involvement with our environment that will open our eyes and make our ears hear. Never forget that the Path of Return is a path of service.

The law of invocation and evocation plays an important role. The invocation of the higher implies a response from the higher. When we pronounce the OM sound, we focus our mind on the higher and we respond to the call of that higher, and this according to the degree of our understanding. If, for example, we sound the Great Invocation and close this Invocation with the OM sound, indeed this is followed by an evocation. We are called upon to serve, for this is the path. The Path of Return, the Underlying Unity to be revealed, is a way of service. We are called upon to serve and when we have completed our service to godliness and our ability and have gained experience through this service, we are called upon to serve further. This is initiation. Therefore, it is said: the way of the disciple is a way of service and mediation. We are servants of God and through service the hidden Unity will be revealed.

### **Conclusion**

The Underlying Unity will reveal itself when we make the OM resound with the intention of **good will**, with the intention to tread the Path of Return, with the intention of applying good will to our actions, our feelings and our thinking. Let us thus apply this invocation, and be receptive to the call to real service. Thus, let the Light of the Soul shine within us and bring us closer to the house of the Father, so that He may stand revealed.

And know: what you are, that is what you radiate!

1. Alice Bailey, *Esoteric Astrology*, p116-7

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## DISCUSSION IN SMALL GROUPS

LET THE GROUP LIFE BE INSPIRED BY THE RULES FOR INITIATION:  
KNOW, EXPRESS, REVEAL, DESTROY AND RESURRECT.

Today, we will approach the group discussion in the classical manner: Please select one topic and discuss this within your group, giving everyone a chance to have his or her say and express his or her thoughts. Please designate one volunteer as a "reporter."

### Question 1

Esoterically speaking, harmlessness is the scientific method "par excellence" of cleaning house and of purifying the centres. Its practice clears the clogged channels and permits the entrance of the higher energies.

### Question 2

What relationships could we establish between *synthesis, the will* and what we observe happening in the world of today?

### Question 3

Living from the soul and living in consciousness: How to integrate the teachings in the world of today, how to integrate the double life of the disciple?

At the end of the discussion thoughts will be shared in a plenary session with the whole group.

*Please try to limit the presentation to the quintessence of one question only  
in 4 or 5 short and synthetic sentences,  
thus allowing as many groups as possible  
to participate in this sharing session. (3 min per group)*

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## Group meditation: Letting in the Light

*(English)*

*See pages 4-5*

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CLOSE OF THE CONFERENCE

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MANY THANKS TO ALL THE VOLUNTEERS WHO  
TRANSLATED THE TALKS AND WITHOUT WHOM  
THIS TRANSCRIPT WOULDN'T BE POSSIBLE