

# ARCANE SCHOOL

New York, Geneva, London



April 2017

Arcane School conference keynote:

*Let the group evoke the Shamballa Force and demonstrate the will-to-good in new and potent livingness.*

Dear fellow student,

Recently, these letters have focused on the energy circulation of the etheric body, and how students are integrating their own little system into the greater circuit of energy of the school group. We have also discussed the circulation of planetary energies via the three centres – Shamballa, Hierarchy and Humanity – and the separateness that is obstructing its flow. These blockages in consciousness are reflected on the physical plane in the individual use of money as well as in the operation of the global economy; for the freely circulating distribution of wealth, both spiritual and material, depends on enlightened and inclusive consciousness.

The circulation of energy conforms to the divine Law of Economy; for Spirit is inherently efficient and expends the least amount of energy necessary to achieve maximum returns. It achieves this through circular or rotary motion in matter forming hosts of living spheres – the sphere being the most energy efficient shape as it is infinitely symmetrical with the smallest surface area possible. In this way the homogeneity of Spirit becomes the heterogeneity of matter, each sphere a separate identity, rotating on its own central axis and circumscribing a space it calls home. As various groups of spheres resonate together under the Law of Attraction, so are the forms built that make up all that we see around us – each a little economy unto itself and related to the greater economy through the divine circulatory flow in which all are immersed.

Every sphere of life from the solar to the atomic receives and distributes energy in the divine circulatory flow, and this includes the human being from the perspective of the auric field. And in this simple fact lies the key to understanding the divine economy. In this context we can redefine the word ‘economy’ as *the management of a dwelling place through spiritual thrift*.<sup>1</sup> How well this describes the great cosmic Law of Economy as it governs the living substance of the universe.

From this perspective, meditation involves spiritual banking and energy management; each morning meditation generates spiritual capital in the etheric head centres and spinal channel that form the axis of rotation of the auric sphere.\* In this way the central jewels of fire within each lotus centre are charged with the potencies that precipitate from the higher worlds. Energy remaining after the distribution phase at the close of meditation continues to gently circulate throughout the aura, to be dispensed wisely throughout the day under the law of supply and demand. The disciple's dwelling place and service to the world are thereby defined.

In the light of group livingness,

Headquarters Group  
**ARCANE SCHOOL**

**PS.** The Spring Lucis Trust letter, together with information on the Arcane School conference, the three spiritual festivals and the Shamballa leaflet, should reach you shortly.

\* The centres in the etheric spinal channel below the diaphragm are given no attention by disciples-in training. Over the course of time, and at a high point of spiritual unfoldment they "reach a point of utter purification. No energy of their own (related to the selfish aeonial past) is left; they are simply pure receptacles for the energies of the three higher centres." *The Rays and the Initiations* p. 698

1. References: <http://www.dictionary.com/browse/economy>  
[http://etymonline.com/index.php?term=thrift&allowed\\_in\\_frame=0](http://etymonline.com/index.php?term=thrift&allowed_in_frame=0)

# ARCANE SCHOOL

New York, Geneva, London



March 2017

Dear fellow student,

The first of the three spiritual festivals of 2017 is nearing and with it the joyful sense of upliftment that we associate with the Easter Festival in Aries. The power that flows into the ethers at this time stimulates 'udana' – one of the five pranas that circulate around the human etheric body. Udana means “that which carries upward”, and when controlled, it co-ordinates the raising of the consciousness into the crown chakra – the Holy of Holies. The great sage, Patanjali, informs us that through mastery of this pranic current, the power of ascension is gained.

In recent monthly letters, we have placed considerable emphasis on the etheric body because this is the vehicle in which and through which the disciple must learn to serve. Through discipleship training, the etheric vehicle becomes increasingly refined, and the etheric web around the centres becomes so tenuous that it eventually presents no barrier to the consciousness moving freely between the inner and outer planes. This is etheric freedom – the growing ability to “*withdraw the consciousness literally into the etheric body and yet at the same time to preserve—in full awareness—a point of contact in the head, and from that point direct the automaton, the physical body.*”<sup>1</sup>

Etheric freedom unfolds naturally throughout the Arcane School training, slowly dissolving the prison walls inside which human consciousness is locked for the majority of incarnations on earth. This imprisonment is self-imposed, as the incarnating consciousness develops a sense of identity around the outer sense-organs through which it evolves. Each of the five senses is related to one of the five lotuses of energy that are rooted in the etheric counterpart of the spine; and the effect of occult meditation is to withdraw consciousness from the petals of each lotus into the blazing jewel that lies at its centre. The whole process is controlled from the two lotuses in the head, the highest of which has been reached through the power of udana referred to by Patanjali. The channel of alignment formed along the etheric spine is then consciously and scientifically employed, the jewel in each lotus serving as an open door into “*a world of subjective realities and into hitherto unknown phases of the divine consciousness.*”<sup>2</sup>

As students work their way through the school, striving to achieve the specific purpose of each meditation, degrees of etheric freedom unfold in parallel. This is the “*new and potent livingness*” referred to in this year’s conference keynote; and the group evocation of the Shamballa force – which is the energy of life itself – intensifies the process. In last month’s letter, we referred to the inspiration of the Shamballa force circulating through the group aura and enabling the group to attain its fixed purpose as the *life of the project*. Students may find it of interest to reread this in connection with etheric freedom. When the thoughtform of the keynote is vitalized through meditation, its living potencies will circulate freely through the etheric body of both the student and the Arcane School group. It is the life of such projects that transforms an organization into an organism.

In group livingness,

Headquarters Group  
**ARCANE SCHOOL**

1. *A Treatise on White Magic*, p. 591
2. *Education in the New Age*, pp. 66-7

# ARCANE SCHOOL

New York, Geneva, London



February 2017

Dear fellow student,

As announced in the January letter, the keynote that we will be working with over the Arcane School conference period is: *Let the group evoke the Shamballa force and demonstrate the will-to-good in new and potent livingness.* We know that there is an urgent need for esoteric groups to provide access for the Shamballa force to circulate as it should; and we have discussed how the Arcane School group can serve in this way as the aura of each student begins to mirror the motion of the causal body as a *flaming wheel of fire*.

From atoms and cells, to plants and animals; from human beings to groups of solar angels; and from kingdoms of nature to kingdoms of the spirit: together, all constitute one majestic system of interlocking, fiery wheels – whirling, radiating and transforming one another on an unfathomable pilgrimage through SPACE. And at the hub of each of these flaming wheels stands the Will aspect – driving its rotation and connecting it to the Divine will focused at the centre of the great wheel of the planetary system.

From the above we can appreciate that this energy of the will is “the most potent energy in the whole scheme of planetary existence. It is called the ‘Shamballa Force,’ and it is that which holds all things together in life. It is, in reality, life itself. This life force or divine will (implementing divine intention) is that by means of which Sanat Kumara arrives at His goal. On a tiny scale, it is the use of one of the lowest aspects of the will (human self-will) which enables a man to carry out his plans and attain his fixed purpose—if he has one. Where the will is lacking, the plan dies out and the purpose is not achieved. Even in relation to self-will, it is veritably the “life of the project.”<sup>1</sup>

We can relate the phrase the *life of the project* to our work with the conference keynote this year. The inspiration of the Shamballa force circulating through the group aura of each and every student will determine the success of this project – namely, the demonstration of “the will-to-good in new and potent livingness.” We can visualize the collective will of the school group focused at the hub of a wheel of flame, evoking the Shamballa force and keeping the wheel turning and radiating its spiritual warmth into the environment. This spiritual warmth is the will-to-good – a transformative power that simplifies and synthesizes all relationships in

the fire of love. All separating barriers melt away as fire meets with fire and all blends together in unified and harmonious motion.

On a grander scale, it is through such motion that Sanat Kumara, along with the other six planetary Logoi, will eventually fulfil His purpose in accordance with the greater purpose of the Solar Logos. In order to impart such truth and illuminate the student's mind, one of the Stanzas of Dzyan portrays it like this:

*“Many the circling fires; many the revolving rounds, but only when the complementary colours recognize their source, and the whole adjusteth itself to the seven will be seen completion. Then will be seen each colour in adjustment right, and the cessation of revolution.”*<sup>2</sup>

In the fiery love of the group imagination,

Headquarters Group  
**ARCANE SCHOOL**

**P.S.** Thoughts for Pondering on the conference keynote are enclosed with this mailing.

1. *The Rays and The Initiations.* p.715
2. *A Treatise on Cosmic Fire.* Stanza XIII p.34

# *ARCANE SCHOOL*

*New York, Geneva, London*



January 2017

Dear fellow student,

Once again we find ourselves at the beginning of a new year, anticipating the challenges and opportunities that will unfold over the course of the next twelve months. Casting our minds back to this time last year, who would have predicted how dramatically the world picture would change? And who can say how much it may change again in the coming year? One thing we can be sure of, is that the direct impacts of the Shamballa force on human consciousness in 1975 and 2000 will continue to work their way out into expression through the “little wills of men.” We trust that in the times ahead, the power and guiding purpose from the “centre where the will of God is known” will be increasingly evoked by the group of world servers, offsetting the lower, separative forces of the will nature that were such a feature of 2016.

In December we discussed how the Arcane School group can help to meet this need by “providing access for the Shamballa force to circulate as it should; for the destroyer aspect of this force wreaks havoc where there is no ‘responsive return,’ and hence no circulation.” The bloodstream is an outstanding symbol of how the divine circulatory flow must be restored if humanity is to enter into an age of psychological well-being and “life more abundant.” Everything in life consists of energy, and energy must circulate in the spirit of divine interplay for consciousness to experience unity with the Whole.

In this connection, the type of occult meditation practiced in the Arcane School may give the initial impression that it is a linear process in time and space – the student reaching up into the soul’s energy field in the first half of the meditation, precipitating the energies contacted in order to work with them in the lower interlude, before finally distributing them horizontally into the world in service. But while this is true from the perspective of the stages of the meditation, from the larger perspective, the process is taking place in the context of a divine energy circuit that never switches off.

The vertical and horizontal streams of energy that are created in the above meditation process form the cross of discipleship – and this cross is circumscribed by the human aura making “the circle divided into four”. As the student progresses, the rotary movement of this auric sphere becomes increasingly fourth-dimensional. The student is transforming himself into a “wheel or rotary form turning inwards upon itself – a network of fire with flaming focal points, transmitting and circulating fiery energy.”<sup>1</sup> A continuous and simultaneous two-way flow is now occurring around the circuit formed between the soul and the personality vehicles.

Some of the energies flowing around this circuit naturally radiate out into the environment. As the student advances and becomes aware of this, control of the circuit will slowly be gained along with an intuitive understanding of the ever-changing qualities and purpose of the circulating fires. An expanded science of service then unfolds before the initiate consciousness wherein various combinations of the circulating energies are fused, focused and transmitted with skill-in -action.

It is here that the “secret of regulation” finds some clarification. The recirculation of energies back to the soul, the group, the Hierarchy and Shamballa, takes place as a matter of course in the student who strives to maintain the highest point of spiritual awareness. This point, attained in morning meditation, is sustained throughout the day with the help of frequent realignments and the use of mantrams such as the Great Invocation, the noontime recollection and the 5 o’clock link-up. To the degree that the student recognizes himself as a circuit of energy in divine interplay, so will the circulation and flow rate become as natural and life sustaining as the circulating bloodstream and the breathing cycle.

All meditations, prayers and inner appeals to the Divine for the good of humanity fulfill the law of responsive return that completes the circulation of the divine current between the inner and outer kingdoms of nature. And at this year’s Arcane School conferences, we will be intensifying our efforts in this connection through the use of the following keynote:

***Let the group evoke the Shamballa force and demonstrate the will-to-good in new and potent livingness.***

Through use of this keynote we can work further towards the gradual transformation of the centre, humanity, into a rotating wheel of fiery light and love within the planetary scheme.

In group service,

Headquarters Group  
**ARCANE SCHOOL**

1. Adapted from *A Treatise on Cosmic Fire* pp 161 and 1158



# ARCANE SCHOOL

New York, Geneva, London



December 2016

Dear fellow student,

In November, we considered the energies that typically circulate around the human etheric body, and how they will be substituted by energies from the cosmic ethers as evolution proceeds. It takes many epochs to prepare humanity for the reception of these energies, but it is now possible for esoteric groups to significantly increase the inflow of buddhi – the energy of the fourth cosmic ether. The third cosmic ether can be readily evoked too. This is the dynamic energy of the atmic plane and, as it pours into the mind, “it begins to reveal the will-to-good, which is essentially the will of God.”

The will of God is focused in the planetary centre known as Shamballa, and at the time of the Tibetan’s writings, it had already made a direct impact on humanity three times during the course of human history. The first impact of this Shamballa force occurred in Lemurian times and initiated the individualization process that distinguishes man from the animals; the second impact brought the debauched Atlantean civilization to an end. The third impact occurred sometime after 1825 and, as humanity was more evolved and inhabiting more refined forms than in the previous two root races, it inspired great ideologies and new ways of thinking. However, it also met with barriers to its free circulation in the lower worlds which it “proceeded to ‘burn up’ in the fires of destruction... This was the deeply esoteric and unrecognised cause of the war.” (*The Externalisation of the Hierarchy*, p.536)

It was predicted that the Shamballa force would make two further impacts – one in 1975 and the other in 2000. If the effects of the previous impacts are borne in mind, we may begin to appreciate their power. These latter two impacts have stimulated and are still stimulating significant advances in human unfoldment. And so armed with this knowledge, a wider perspective on world affairs may be gained. We can certainly apply the following comment that the Tibetan made about the effect of the Shamballa force to what is currently transpiring: “Its effect is necessarily twofold. It produces in certain nations, races and individuals, a welling up of the self-will or of the will-to-power which is characteristic of the developed lower nature, the personality aspect of integrated selfhood. It produces—though less readily—a stimulation of the will-to-serve the plan as it is grasped by the world aspirants, the world disciples and initiates. Thus are the purposes of Deity materialised.” (*Esoteric Astrology*, p.376/377)

The above thoughts should fill us with great hope and fiery aspiration to give all to the service of the plan at this pivotal time in world history. For the future need not be decided by

the nationalism, racism and selfish individualism that is evident in the world – it can be decided by the worldwide group who “will-to-serve the plan”. We can, as a part of this group, rise to the occasion, providing access for the Shamballa force to circulate as it should; for while the Shamballa impacts that occurred prior to the Tibetan’s writings did cause changes in human activity there was “no ‘responsive return,’ as it is esoterically called, and hence no circulation.” (*The Rays and the Initiations*, p.159)

The importance of the above facts cannot be over stated and the responsibility of all disciples in training who recognize the validity of the Tibetan’s comments could not be greater. There is no cause to look helplessly on at world events feeling distressed, defeated or impotent. The facts are clear. The destruction of that which is undesirable and hindering in the present world forms (in government, religion and society) will proceed, but equally so the “synthesising force which binds together that which has hitherto been separated” must continue and strengthen in its expression. It is therefore the aspirants, disciples and initiates of the world who hold humanity’s future in the balance.

In the fiery will of group companionship,

Headquarters Group  
**ARCANE SCHOOL**

**PS.** The following are the conference and three spiritual festivals dates for 2017:

**Conference:**

New York ..... 13-14 May  
Geneva ..... 3-4 June  
London ..... 10-11 June

**Festivals:**

Easter ..... 10 April  
Wesak ..... 10 May  
World Invocation Day &  
Christ’s Festival ..... 9 June

# ARCANE SCHOOL

New York, Geneva, London



November 2016

Dear fellow student,

The World Goodwill seminars that took place at the end of October have provided us with a wealth of thought on the theme, *From Intellect to Intuition*. Videos of all three meetings will be posted on the World Goodwill site soon and the next newsletter will summarize the ideas that were shared at these events.

As we know, the intuition is the focused energy of the buddhic plane. In this dynamic, clarifying light, things are seen as they truly are and a direct relationship is established with the light centre in all forms. This is why the intuition is often referred to as “pure reason”, and when it is fully awakened, the disciple can stand “face to face with naked truth, and live and work in the terrain of ideas and not in the world of forms.”

The pure reason of the intuition is one of four types of energy destined to circulate around the etheric body. As we know, this body is composed of substance from the four etheric levels and in the average person, circulates physical, astral, lower mental and soul energy. When the antahkarana bridge has been built however, the etheric body will instead circulate energy from the four cosmic ethers – the Buddhic, Atmic and Monadic planes and the plane of Adi. The Tibetan recommended that we ponder on this, creatively imagining the effect of these cosmic energies pouring into and through the etheric body as “pure reason, divine purpose, monadic intensity and universal life.”

This exercise can help to restore perspective if, at times, the student feels a little overwhelmed by the esoteric study of the constitution of man. The complex process of evolution on the mental plane culminates once the antahkarana has been built. At this point the causal body is destroyed and the solar angel departs, leaving the true man to take direct control of the personality from the monadic plane.

This simple perspective of the evolutionary goal can inspire us with renewed enthusiasm for the service activities of World Goodwill and Triangles. Drawing on the power of the Great Invocation, Triangles serves to stimulate and nourish the minds and hearts of people everywhere in conformity with this divine purpose. And through a simple, compelling directive, World Goodwill illuminates the way towards resolving the seemingly intractable problems of humanity and mobilizes the will to take action accordingly.

In recent times, the Cycle of Conferences initiative was added to World Goodwill's service activities with the aim of evoking the will-to-good and further empower the goodwill that is present at selected world conferences on the important issues of our times. By placing a meditative focus on the thinking that is taking place, Arcane School students can participate subjectively in these conferences, wielding the fire of the will-to-good and holding the vision of human destiny in line with the divine plan.

There are many aspects to this plan of love and light, but ultimately, all is leading towards the time when the monad and the personality are all that remain and the etheric body of humanity is aflame with the energy of the cosmic ethers. Then, in the words of the Old Commentary: "Only the two remain to show the world the beauty of the living God, the wonder of the Will-to-Good, the Love which animates the Whole. These two are One, and thus the work, completed, stands. And then the Angels sing."

In the clarifying light of group service,

Headquarters Group  
**ARCANE SCHOOL**

*Ref: Telepathy and the Etheric Vehicle pp. 156-8*