

LUCIS TRUST – ARCANE SCHOOL – TRIANGLES – WORLD GOODWILL

Meeting **Afternoon Session: All welcome**

Berlin 11 October 2025

Tian Ai Qigong,
Tempelhofer Damm 178, 12099 Berlin

Theme:

*“To Fuse, to Blend and Serve:
Evoking the Soul of Nations”*



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PROGRAM

Saturday, 11 October 2025

AFTERNOON SESSION: ALL WELCOME

- 14h00 Introduction and Welcome**
- 14h05 Evoking the Soul of Nations in a Time of Transition** – *Christine Morgan President of the Lucis Trust*
- 14h25 Meditation – the Way of the Disciple** – *Regine Laaser, German Desk Lucis Trust*
- 14h45 Sharing of Experiences** – *Students of the Arcane School*
Meditation – the Path from Student to an Arcane School Student – *Rita Weling*
Meditation – the Path from Student to an Arcane School Student – *Susanne Döler*
Me in the World and the Hidden Life within Me – *Torill Laechner*
- 15h00 Visualisation: Emerging from a Path of Fog**
- 15h05 Break**
- 15h20 Mantra of Love**
- 15h20 Triangles – A World Service for the New Age** – *Gabriele Körber, German Desk Lucis Trust*
- 15h35 Goodwill in the World of Today** – *Mintze van der Velde, Director Lucis Trust Geneva*
- 15h50 Group Discussion**
- 16h45 Group Meditation –**
- 17h00 Close** *Alle talks are by students of the Arcane School*

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INTRODUCTION AND WELCOME

Gabriele Körber, German desk Lucis Trust

My name is Gabriele Körber, I am a student of the Arcane School and have also taken on some tasks as part of the German Section's working team.

The Lucis Trust has consultative status with the Economic and Social Council of the United Nations (ECOSOC) and one of its service activities, World Goodwill is recognised as a NGO (non-profit organisation)

The Lucis Trust is also the sponsor of The Arcane School, and its service activities World Goodwill, and Triangles.

It is dedicated to the teaching of the ageless wisdom, the promotion of goodwill, and the creation of a network light in worldwide service to humanity.

Its activities are shaped by the esoteric philosophy of its founder, Alice Bailey, and participation in its activities is offered free of charge worldwide in eight languages.

We will begin with a talk by Christine Morgan, President of the Lucis Trust, titled:

“The Evocation of the Soul of Nations in a Period of Transition.”

Christine Morgan will give her lecture in English, and you can find the German text of it in your booklet.

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EVOKING THE SOUL OF NATIONS IN A TIME OF TRANSITION

Christine Morgan, President of the Lucis Trust

A warm welcome to you all. This is my first visit to Berlin, to Germany in fact, and it's a delight to be here with my colleague, Mintze van der Velde from Geneva, and colleagues working for the German desk of the Arcane School.

The books of esoteric philosophy published under Alice Bailey's name were written through her telepathic collaboration with the Tibetan Master of the Wisdom, Djwhal Khul, although she did write five books of her own independently. As you may already know, she also founded the Lucis Trust in 1922 and then the Arcane School in New York, followed by centres, in London and Geneva. These cities were chosen for their locations as they represent the three main planetary centres that are serving as inlets for extra-planetary energies at this time. Germany and other European countries, including Russia, come under the influence of the planetary centre in Geneva, which has for its motto, "I seek to fuse, to blend and serve."

All three centres of the Lucis Trust work closely together and one of its activities, the Arcane school, offers those who are serious about treading the path of Discipleship, esoteric training through meditation, study and service. A prime objective is to transform self-consciousness into a state of group consciousness, wherein the individual disciple realises his or her part of a soul-infused collective. And all this is done with the purpose of becoming ever more sensitive to divine energies and capable of radiating them into human consciousness in line with God's plan for Humanity.

One of the most important aspects of this divine Plan is the dissemination of the Great Invocation, a world prayer of immense spiritual power and helpfulness in the turmoil being experienced throughout the world today. The invocation of light and love through the prayers and meditations of all people of goodwill has illuminated and opened up the spiritual path to vast numbers. While the energies of light and love stimulate the good in humanity, however, the dark side of human consciousness is also exposed – as esoteric teachings tell us, this is ***perfection calling imperfection to the surface so that Good can drive evil away in time and space***. This dark side of humanity is wreaking havoc, but it is also rapidly awakening people everywhere to the glammers and the illusions which are separative and materialistic. Many people are now searching for a more spiritual way of living, reorienting themselves to finding what is real and what is not – responding to the energy of Love-Wisdom that conditions our solar system.

The healing energies of these pursuits provide the enlightened perspectives and fortification to face the troubling direction in which humanity appears to be heading. The West's failure to uphold its democratic principles and abide by the international rules-based system set up following the Second World War is currently shifting the world away from established power bases towards a multi-polar world. Further adding to the unsettled conditions, innumerable conflicts are taking place and the picture is far from reassuring. This is also characteristic of progress on the spiritual path, when crisis follows on crisis and makes any headway seem elusive. These tests indicate that attitudes need transmutation, to be recognised and examined in the Light and consciously worked through.

Addressing these problems is part of the Lucis Trust's spiritual and practical service, not just those at the level of individual lives, but the problems of Humanity itself. One of its service activities, World Goodwill¹ is particularly focused on this and highlights the efforts of those leading thinkers who are working towards viable solutions. Much of the turmoil today is due to the birth pangs of the New Age with the clash of incoming Aquarian energies against those of Pisces. *Energy follows Thought* and this great occult law, together with the growing influence of Aquarius will eventually result in the ability of advanced thinkers and meditators to work more consciously towards the resolution of conflicts. Applying soul energies to their efforts, the vanguard of humanity will steadily evolve into white magicians and stimulate the soul of all living beings in line with the Divine Plan.

From the esoteric perspective, all nations are living beings too, and as such, each nation has a soul. This leads us to look beyond the characteristic flaws of our own nation and all other nations of the world, to see the spiritual qualities that are waiting to come into expression – of the potential of each nation to contribute to the tapestry of the whole. This can be understood by a study of the Seven Rays of Life that govern all manifested lives, including nations. When this is combined with a basic understanding of esoteric astrology, some of the important forces pouring into the planet are revealed. The Tibetan gave us a lot of information about this topic in the book *The Destiny of the Nations* and he indicated that, within the international context, the destiny of a nation is reflected in its rays and signs. By exploring these texts, we can gain greater insights that will help to facilitate effective change in the world.

Esoteric teachings agree with the scientific findings that “all is energy” and then expands this concept further by specifying that seven main streams of energy infuse and condition all life forms. These are:

Ray 1	The Ray of Will and Power.
Ray 2	The Ray of Love-Wisdom.
Ray 3	The Ray of Intelligent Activity.
Ray 4	The Ray of Harmony through Conflict.
Ray 5	The Ray of Concrete Knowledge or Science.
Ray 6	The Ray of Devotion and Idealism.
Ray 7	The Ray of Ceremonial Magic.

All the Rays are equally important of course, but it is the Fourth Ray of Harmony through Conflict that conditions humanity and hence the evolution of human consciousness is a very difficult and painful process. As consciousness slowly spirals upwards towards the Soul, however, the struggle through psychological conflict always leads to a new cycle of harmony. Interestingly, this Fourth Ray is the ray energy that links the East and the West together, or to use the terminology at the time the Alice Bailey books were written, the Orient and the Occident.

The *Occident* has Ray 2, Love-Wisdom as its Soul Ray and Ray 4, Harmony through Conflict as its Personality Ray while the *Orient* has Soul Ray 4, Harmony through Conflict and Ray 3, Intelligent Activity as its Personality Ray. In *The Destiny of the Nations* we read:

“The Occident and the Orient are linked through the personality ray of the Occident [the Fourth Ray of Harmony through Conflict] and the soul ray of the Orient; [which is also the Fourth Ray of Harmony through Conflict]...this indicates eventual understanding, once the second ray [of Love-Wisdom] of the occidental soul becomes the dominant factor. When these various relationships are somewhat grasped by the peoples of the world, you will get the clue to the various happenings taking place today and will understand the goal and the method of its attainment more clearly. There is much deep research work to be done, for the science of energy relationships is yet in its infancy.

The next few years will see its gain. What is really happening is a shift in the human consciousness from its focus on individual energies functioning through some specific ring-pass-not (individual, national, continental or racial) to a grasp of their inter-relation and effects upon each other.” [p. 101]

With this in mind, the Arcane School has recently been reflecting on the relationship between the East and the West. This is becoming a major problem as China rises in power to challenge the International Liberal order of the West. In this context, it is interesting to note that the Alice Bailey writings predicted that a cycle of radioactivity would occur in China reaching its peak towards the middle of this century, “rendering radioactive [of] some of the foremost thinkers of that race.” The hope is that this will deepen the spirituality of China’s vision as the new multilateral world order unfolds:

“...when a movement is instituted by the Lodge, working in connection with the fourth root race; it will also be part of the stimulative process, and will result in the rendering radioactive of some

of the foremost thinkers of that race. It will be their day of opportunity, and so great is the importance attached to this that a Member of the Lodge, Confucius as he has been called in the past, will incarnate in order to superintend the work. The preliminary steps are being taken now, and Egos [or Souls] are coming in who will endeavour to direct the energies of this race on to the right line though the peak of the cycle of stimulation will not be until the middle of the next century. It is needless for me to point out that all such movements are first felt as disturbing, and only when the dust of turmoil, and the noise of clashing forces have died away will purpose be seen emerging."

[A Treatise on Cosmic Fire, pp 1079-80]

Since the above was written in the middle of the last century, the "stimulative process" is presumably well-underway now. With this in mind, there is much to learn from leading East Asian thinkers on the cultural values of Confucianism and the part it may have to play in helping the people of East Asia onto the path of freedom and liberty that humanity is collectively building towards the spiritual realms. In an article entitled *The Confucian Concept of Freedom*, Professor of Chinese philosophy, Li Chenyang, writes:

"The Confucian conception of freedom...does not imply an unencumbered free will as the origin and initiator of choice. Instead, the agency of freedom is the person through the heart/mind. As agency the choosing person is always situated in an environment that is fundamentally social in nature...the Confucian ideal of freedom has to be achieved in the context of human society and liberty is indispensable to a healthy human society, Confucianism must have room – if it has not, it must make room – for liberty. Moreover, if the main goal of Confucianism is to achieve human freedom as choosing the good, then it must support and promote social institutions that contribute to such a goal." [Oct. 2014 Issue of *Philosophy East and West* p.18-20]

Whether it is in the East or the West, the path to freedom in a social context involves a steady transition from the individual mindset to that of the collective. This reflects the spirit of the great law under which Sanat Kumara ("the life and the informing intelligence upon and within our planet") functions, and the creative sacrifice He made to "bring release to the myriad forms of His creation." Humanity's understanding of freedom is evolving slowly but surely, and insular concepts of freedom are being challenged – their voluntary sacrifice for the greater good of society being one of the lessons of this period.

In trying to understand how the East and West might slowly come together in the future to establish a global culture, we need to bear in mind the cycles of the rays – and one important fact here is that the Fifth Ray of Concrete Science is withdrawing and the fourth ray of Harmony through Conflict is slowly coming into incarnation after 2025. It is helpful to bear in mind that the quality of an incoming ray has the following effect:

"[It] changes the nature of the civilisation and the culture of humanity in any given period. It is this force which the Hierarchy utilises when any meeting of the ray energies takes place. The culture is first changed, because all basic quality changes work ever from above downwards, and it is the intelligentsia who are at first sensitive to the incoming differences."

[The Destiny of the Nations, p. 116.]

We can therefore expect the incoming fourth ray to inspire a new type of reasoning that:

“...teaches the art of living in order to produce a synthesis of beauty. There is no beauty without unity, without embodied idealism and the resultant symmetrical unfoldment. This ray is... the energy which brings about the beauty of those living forms which embody the ideas and the ideals which are seeking immediate expression.” [Ibid, p. 143.]

This bodes well too for those nations who have the 4th ray conditioning their souls as is the case for Germany. As the fifth ray moves out and the fourth ray moves in, a new science of living may find sufficient resonance with the global populace to herald a new age of vision, peace and security. This is the future that all of us who are drawn to the path of discipleship are dedicated to serving. We are currently witnessing the raging conflict between the world personality and world soul. At this crucial time in world history, every person who steps onto the spiritual path and dedicates his or her life to the salvation of humanity is helping to tip the scales in favour of the forces of light.

We cannot do better than to use our lives in service, the spontaneous expression of the soul, no matter what. It's a great privilege to live and serve through this decisive period in human history. ..

We invite you to join our online World Goodwill Seminar on Saturday 15 November held by all three centres when we will be discussing the topic: ***Envisioning a New Global Culture – The Search for Unity between East and West***. The German translation of the Geneva webinar will take place in the morning starting at 10:00 CET.

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MEDITATION – THE PATH OF THE DISCIPLE

Regine Laaser, German desk of the Lucis Trust

I start with a poem from 1835 by Robert Browning.

*TRUTH is within ourselves; it takes no rise
From outward things, whate'er you may believe.
There is an inmost centre in us all,
Where truth abides in fullness; and around,
Wall upon wall, the gross flesh hems it in, 5
This perfect, clear perception—which is truth.
A baffling and perverting carnal mesh
Binds it, and makes all error: and, to KNOW,
Rather consists in opening out a way
Whence the imprisoned splendour may escape, 10
Than in effecting entry for a light
Supposed to be without.*

Actually, this poem says it all. Obviously, long before our time, great minds knew what was necessary for a person to be a true and real human being and not – as we see so often in our time – a being that is driven, full of information, opinions, ideals, beliefs, not to mention the emotional confusion that can overwhelm a person again and again.

I grew up in a family with many brothers and sisters who caused a lot of commotion around me, with parents who had very different opinions and ideas. I became increasingly quiet, and for years my school reports said: She doesn't talk much, but when she does say something, it is well thought through.

What had many years been a source of suffering for me later turned out to be a valuable skill – namely, staying in the middle, not taking sides, wanting to look behind things.

Meditation attracted me early on, initially in the traditional way: closing my eyes and looking inward. However, that wasn't fun. I couldn't sit still for long; all I saw was a chaos of thoughts and feelings inside, which confused me rather than bringing me what I had hoped for: enlightenment. In the 1980s, dynamic meditations came into vogue. Dancing, shaking, letting emotions run free. This helped to give emotional and mental stress factors space and, after a while, to find peace. This appealed to me. However, I did not know what to do with this 'peace'. But I had learned something about my constitution, my conditioning, my various bodies – physical, emotional and mental.

My first contact with the Tibetan master Djwal Khul came through an Aura Soma training course.

In the 1980s, Vicky Wall created a *colour therapy using plant essences, gemstone energies and essential oils*. She named some of these colour essences after ascended masters. One of them was Djwal Khul. A visualisation was recommended for this colour essence – a beautiful green, by the way – which I later found in a similar form at the Arcane School. I now encourage you to do this short experiment with me.

Close your eyes.

Connect with yourself.

With your family.

With your country.

With all continents.

With the universe.

Once you have absorbed everything within yourself, take a deep breath and return.

In the 1990s – I had become more patient and was able to read a book in peace – I came across the books by Alice Bailey and the Arcane School. I began my studies after reading just the first book – *Esoteric Astrology*. This was not as easy back then as it is today. Everything was done by post, and it took weeks to receive a reply to my work. We used to work by hand or with a typewriter.

But I read and read Alice Bailey's books, and when someone asked me what I was reading, I could often only say: I can't explain it to you, but they take me to a space that is bigger than anything I have known before.

MEDITATION – The term comes from the Latin *meditatio* = 'reflection, practice'.

Meditation therefore has nothing to do with doing nothing. In order to truly reflect, a certain amount of preparatory work is required. We must be in a good relationship with ourselves so that we can engage with the topic, concept or seed thought we are reflecting on. The right place, the right time and even our sitting posture play a role, even if they should not be the focus of our attention.

Meditation in the Arcane School is a conscious mental training that does not primarily serve relaxation or self-improvement but rather focuses on the soul (the 'higher self').

In the book *The Light of the soul* (the Yoga Sutras of Patanjali), p. 247, we find the following statement: *Meditation is but the extension of concentration and grows out of the facility a man achieves in "fixing the mind" at will on any particular object. It falls under the same rules and conditions as concentration and the only distinction between the two is in the time element.*

Meditation in the above sense is therefore anything but a retreat or an escape from a noisy, confusing world. It can serve to teach us to think for ourselves, something that many have lost the ability to do – or that many have never learned.

When a student enters the Arcane School, he often does not know what to expect. He has a vague idea of what he wants to achieve with this training; in most cases, he states that he wants to get to know himself better, in a group with support, and that he wants to 'serve' the world.

Meditation, study and service are the three pillars of the training. At the beginning, part of the service consists of recognising the connection between one's personality and the higher self, the master in one's own heart, one's own soul, and trying to make this connection ever stronger.

When I began this study, and for a long time afterwards, I had no idea why I should think about this or that sentence, or what the point of it was. This raised questions about my motivation and the purpose of meditation.

In the book *From Intellect to Intuition*, you will find a lot about meditation. I would like to quote two passages, pp. 83–87:

The whole object of the science of meditation is, therefore, to enable man to become in outer manifestation what he is in inner reality, and to make him identify himself with his soul aspect and not simply his lower characteristics.

This involves the development of the mind as a synthesized, or common sense, and governs its use in relation to the world of the earthly life, of the emotions and of thought. It involves also its orientation at will to the world of the soul, and its capacity to act as an intermediary between the soul and the physical brain. The first relation is developed and fostered through sound methods of exoteric education and of training; the second is made possible through meditation, a higher form of the educational process.

In my observation, we can find good approaches for both, but also significant shortcomings.

As my studies progressed, my interest in the problems facing humanity was challenged. I had learned to view world events with a degree of impartiality, and this helped me, as I had practiced as a child, to remain in the middle, not to take sides, to recognise correlations, to understand and not to judge. And to constantly rethink things.

Meditation is also practice, and practice makes the master, as we all know. Not everyone has the ability to concentrate. Our mind may refuse to accept the form of the thoughts we have chosen. Instead of reflecting on our 'seed thoughts,' we suddenly remember what we want to cook today, who we need to call, or who has annoyed us. We pull ourselves back and start all over again. Perhaps we succeed for a short time, but then we remember a situation that has been weighing on us, and suddenly we find ourselves back in the world of reactions, and our chosen train of thought is forgotten. Once again, we gather our scattered thoughts and try again. ... But through practice, we eventually gain the ability to keep our thoughts focused on a single goal.

While we are on the subject of the difficulties and dangers of meditation, there is something else that is important to me. I grew up without any religious tradition in my family; my father rejected the Church with all its rituals and pomp, and neither Christ nor God played a major role in my childhood and early youth. So, I was sceptical when I came into contact with the hierarchy of Masters and Christ at the Arcane School. However, since I had learned in the meantime that everything is energy, and that Christ and all the Masters also embody certain qualities and energies, I was able to open myself to this subject. And there is an important reference in one of Alice Bailey's writings that helped me:

The student of meditation should never forget that all insights and teachings are transmitted to the mind and brain by his own soul; it is the soul that illuminates his path, for the teachers and masters of humanity work through souls. ... Therefore, the first and foremost duty of every aspirant should be the right performance of meditation, service and self-discipline, not contact with any great soul. Although this is less interesting, it protects him from illusion.

I mention this because I myself have experienced how easy it is to feel 'special, chosen or commissioned by this or that Master'. These are all wrong paths and a sign of glamour and illusion.

In the book *Letters on Occult Meditation*, pp. 93/4, there are a few rules that I find really helpful regarding a wise approach to the path of meditation.

- a. Know thyself.
- b. Proceed slowly and with caution
- c. Study effects
- d. Cultivate the realisation that eternity is long and that that which is slowly built up endures forever.
- e. Aim at regularity.
- f. Realise always that the true spiritual effects are to be seen in the exoteric life of service.
- g. Remember likewise that psychic phenomena are no indication of a successful following of meditation. The world will see the effects and be a better judge than the student himself..

Meditation as a path in this sense requires courage, perseverance and love. The fact that I mention love last has nothing to do with it being secondary. On the contrary, it is the basic prerequisite for everything else. Therefore, I would like to end with a quote from Goethe, whereby we can equate meditation with love:

Love is like life itself, not a comfortable and peaceful state, but a great, wonderful adventure.

And now listen to short experiences from students at the Arcane School.

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MEDITATION – THE PATH FROM STUDENT TO AN ARCANE SCHOOL STUDENT

Rita Weling

The path of spirituality is rarely a straight line. It begins with a quiet, barely perceptible longing: the desire to experience a deeper connection to oneself, to the world and to the meaning of existence beyond everyday life. This inner calling grows stronger and stronger, eventually becoming the starting point of a long journey – a journey that, step by step, leads the student closer to serious training such as that provided by the Arcane School. The path of the Arcane School is an inner path of self-realisation, mindful of thought and development of the heart. The focus is on meditation, study and service.

I approached meditation with cheerfulness and enthusiasm. The first exercises, however, were marked by restlessness, doubt, lack of concentration and even resistance. My thoughts would not calm down; my body craved distraction and my expectation of achieving quick results led to disappointment. But it was precisely in these moments that the first step in learning became apparent: patience. The student learns that meditation is not a tool for immediate change, but a path on which consistency and dedication are crucial.

Over time, studying in conjunction with meditation the mind's capacity is developing, a process as if something new appears in the spaces between thoughts: a clarity, a gentle presence that comes not from outside, but from within. This experience nurtures trust. One realises that meditation is more than just a technique. It is an attitude and a way of life that can impact all areas and conversations.

This growing inner stability is often accompanied by trials in outer life. Old habits, entrenched beliefs or unresolved tensions become more apparent. The student is confronted with his or her shadow sides. Meditation and study act like a mirror: they reveal what was previously hidden and call on us to take responsibility. It is precisely in this period that there is a great danger of straying from the path or losing oneself in illusions. But those who stand firm gain strength and develop the ability to view life with greater clarity.

Thus, the path gradually leads the student to a point where an inner longing awakens, not only to grow individually, but to serve the whole. It is this attitude of service, of contributing to the good of humanity, that makes the student realise that meditation and study are not ends in themselves, but a tool for expanding consciousness and taking one's place in the greater plan of life. One becomes part of a community of like-minded people who are following the same path and supporting each other. Working in such a community takes meditation to a new level: it no longer serves personal progress alone but becomes a source of strength for service to the whole.

In my heart, gratitude grows for the joy and lightness that sustains me, as well as for the trials and insights that shape me. The principles of the Arcane School are like a bright light that illuminates my path and reminds me to follow the call of my heart and align my thinking harmoniously with love. Each new day opens like a gateway through which consciousness and love can flow into the world – mindful, quiet and powerful at the same time.

This motivates one to express one's inner strength, love and wisdom. This not only nourishes one's own heart and soul, but also fills the world around us with light, love and strength. At the same time, a profound truth is revealed: that nothing was ever separate, but that everything rests in a living web of interconnectedness. This encourages us to let the light shine for all beings, so that every step on the path becomes an act of loving service that contributes to the harmony and healing of the whole.

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MEDITATION – THE PATH FROM STUDENT TO AN ARCANE SCHOOL STUDENT

Susanne Döler

A warm hello to everyone, I am very happy to be here today.

Now I would like to briefly tell you a little bit about myself and how I found my way to the Arcane School. Even in my early years, I intuitively sensed that there must be more to all these material things in the world than we can see with the naked eye. For me, these were a kind of spiritual values that must have come from a source that I found very interesting: the spiritual world. I became interested in Astral travel at an early age and read my first book on the subject at the age of 14. I had always asked myself many questions on all kinds of topics related to the spiritual world, the relativity of time, etc. To find answers, I read books by authors such as Stephen Hawking (*A Brief History of Time*) and also talked to many people about it. But it wasn't easy to find people who were willing to think about these things and then come up with a satisfactory answer. Unfortunately, these answers didn't completely satisfy me either, so at the age of 20 I began to study the major world religions. At the time, I was living in Berlin in 1995 and had to ride the S-Bahn for a total of three hours every day to get to work and back home. This gave me plenty of time to read. I realised that I wasn't just reading the books, I was studying them. I read the Bhagavad Gita, learned its verses, read books about Buddhism and also a book called *Schicksal als Chance* (Fate as Opportunity) by Thorwald Dethlefsen. By reading these books, I was able to answer almost all of my questions, and I had a great sense of happiness within myself.

Of course, over time, life gave me new opportunities to deepen my knowledge, but more in the sense that we are knowledgeable when we know that we know nothing. So, in 2001, at the age of 27, I received what I believe to be a sudden, direct inspiration from my soul that I had to go to Spain. My whole personality – physically, emotionally and mentally – vibrated with this inspiration and left me without a shred of doubt about my plan. Although I didn't speak Spanish and had never been to mainland Spain, I heard an inner voice and felt an unshakeable certainty that I would go to Spain. It was a difficult time at

first. I had a job right away, but I had to learn the language from scratch. Life ultimately gave me some wonderful opportunities in Spain. I had the privilege of meeting a great cosmopolitan named Sixto Paz Wells. He is an author and ufologist who studies extraterrestrial life. Through him, I also met another very unique citizen of the world, a long-time Spanish student at the Arcane School named José Vicente Segura Villanueva. He became a very good friend. Sixto Paz and José Vicente also knew in person Vicente Beltran Anglada, who was an author and secretary of the Arcane School.

After reading books such as *The Secrets of Shamballa* by Vicente Beltran Anglada and *Initiation – Human and Solar* by Alice Bailey, I eventually became a student of the Arcane School myself. I even managed to set up a reading and meditation group where we studied the teachings of the Tibetan and Alice Bailey.

Four years ago, I returned to Germany enriched by a husband and two children. Here, too, I organise a reading and meditation group in Braunschweig, at the Salm Studio, where we go through Alice Bailey's books and meditate together. Anyone who would like to join is warmly invited.

The body of knowledge of the Ageless Wisdom is the most valuable asset on my path. The connection between Master and disciple is, for me, the greatest happiness that can happen to a person. A sense of responsibility and service are qualities that automatically result from the study of the Ageless Wisdom. I am delighted that we are all meeting on this path that connects us. Resonating on the path of universal love is also a service to the greater Plan.

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ME IN THE WORLD AND THE HIDDEN LIFE WITHIN ME

Torill Laechner

I have been asked to share my experiences. I am happy to do so, knowing full well that subjective experience is the path to rapprochement and, at the same time, can prevent it. We all know that the path is narrow. Personal experience strengthens our personality. Does it also strengthen our heart?

The path to the Arcane School is part of the ongoing search for knowledge as the basis for subjective understanding and change in oneself, one's own circumstances and relationships, and one's own sphere of influence. The study and mental penetration of spiritual truths are just as important as healthy nutrition and mindfulness. In my memory, discipline was hardly an issue in my search at the beginning. I rather experimentally tried everything that presented itself in some way, rejected it, and started something new. Did I change? Yes, I gained experience. At the same time, I remained stuck and couldn't understand it. Despair and resignation set in—and inertia.

This approach changed when I entered the Arcane School. Study, meditation, connection with the group, service, and the broadening of my horizons brought about a transformation. On this path, I recognised the importance of mental control and discipline, as well as the power of responsibility and service. Oh, if only I had learned this in my childhood and youth!

Through disciplined and concentrated engagement, simultaneously development is constantly enforced. This challenge is so transformative that it resembles a continuous boundary-pushing experience. Sometimes I wondered how I can endure this tension. Relationships break down, situations reach a point that forces their own change. Everything changes rapidly, and I was alone—thrown back on myself. I read about it in the Tibetan's instructions to his disciples. I knew it. Now I understood it. I was thrown into the illusions of a confused personality that had been hidden until then. The illusion of separation was visible. With this realisation, I was able to move on again.

The path is an all-encompassing, far-reaching, and inclusive space of experience. Nothing can be ignored, nothing can remain unrecognised in its significance, and nothing can be excluded. How can I,

within my limitations, tap into this space of experience? Progress and confidence became my constant companions in change. In meditation, I was able to concentrate and mindfully establish a connection with the hidden life within me, bring forth the hidden things and examine my soul in the light. Through the power and wisdom of the hidden life within me, I can connect above and below, inside and outside, the big and the small. An experience that constantly teaches me how the hidden life expresses itself.

Thank you from the bottom of my heart for your support!

* * *

VISUALISATION

„ Emerging from a Path of Fog“

Imagine walking on a path surrounded by thick fog.
Although your perception is limited, you recognise that you are taking an upward path.
You concentrate on each step regardless of the fog surrounding you, but the walk is difficult.
As you progress, it seems to you that the light begins faintly to break through; you can see the blue sky.
Suddenly you emerge from the layer of fog.
You arrive at the top of a mountain and contemplate the bright infinite sky.
You feel lighter, your mind is clear, and your vision expanded.
In the distance, on other mountain peaks, you see pilgrims like you.
You are united by the silence of the heights.
Together you watch the sunlight dissipating the carpet of mist that covers the valley.

* * *

BREAK

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AFFIRMATION OF LOVE

In the centre of all Love I stand.
From that centre I, the soul, will outward move.
From that centre I, the one who serves, will work.
May the love of the divine Self be shed abroad,
in my heart, through my group, and throughout the world.

* * *

TRIANGLES – A WORLD SERVICE IN THE NEW AGE

Gabriele Körber

In every human heart there exists a fundamental need that strives for an improvement in living conditions. At first, this wish is directed towards one's own situation, but as development progresses and consciousness unfolds, the focus shifts increasingly towards making a contribution to others and to the greater whole. In material terms, much is already being done to alleviate human suffering – and this is right and good. If we wish to meet the demands of the New Age, however, a spiritual purpose must be added to the feeling of the heart – a linking of heart and head. We can then recognise more clearly the ways in which our service can help all of humanity, so that existing divisions can be overcome, right human relationships can be built, and peace on Earth can be established. In this way, we can raise our contribution towards a better world to a higher level and significantly expand the sphere of influence of our good intentions.

If we want to better understand the enormous challenges, the chaos and the turbulence of today's planetary situation, it is helpful to know that we are currently living in a transitional phase, one that is leading us from the Age of Pisces into the New Age of Aquarius. The Age of Pisces was characterised by devotion and commitment to a particular ideal; it directed people towards the world of higher values. In its powerful activity, it sometimes also led to fanaticism, attempting to impose a specific ideal upon others. We can still clearly recognise this old habit in social discourse. Nevertheless, many people today freely respond to idealistic endeavours and are also prepared to make sacrifices for an ideal.

The New Age of Aquarius, with its magical powers, is distinguished by cooperation and group consciousness, leading to a conscious application and reorientation of the powers of thought. The correct use of mental energy thus becomes a form of service to all of humanity. The spotlight of thought is directed towards spiritual purposes, and the power of meditation and visualisation is increasingly recognised and acknowledged. This power can be employed on a worldwide scale for spiritual ends when we seek to illuminate the spiritual needs of the world and to make our contribution as a global community. People of goodwill everywhere in the world are oriented towards the welfare of the whole and stand for right human relationships. They are idealistic, but also spiritually minded and practical in their thinking, so that light can pour out over humanity and living conditions can improve. The Triangles work is an essential part in the creation of the radiant fabric through which the energies of light and goodwill flow from the realm of the soul into humanity. You will learn more about goodwill in the talk of Mintze van der Velde.

Today, most Western people are no longer satisfied with an explanation of life solely in terms of wealth and material possessions. This applies particularly to those who are able to think intelligently and independently. Many of you who are here today may already have realised in your childhood that there is something else beyond the visible and the realm of the senses, and much more to be discovered. You sense or know about the invisible interconnectedness of all things; you are aware of the reality of relationships between yourself and others. This interconnectedness is enlivened and strengthened by the radiant Triangles network. When we are able to establish a connection, we succeed in forming right relationships. This involves not only the social aspect of others, but also their fundamental being, which we refer to as their soul. The service of Triangles is one way of developing this conscious connection with the soul of two other people.

By cultivating this capacity for spiritual connectedness within our Triangles, we also refine our ability to develop the connection with our higher self and with the world of the soul. And it is precisely here that the living, pulsating network of Triangles contributes to the evolution of humanity, by deepening and enhancing the relationships with the soul and spirit.

The triangle is the fundamental geometric shape of all manifestation. Symbolically, it represents the original, essential Trinity of the Deity. The secret of the effectiveness of Triangles lies in the fact that we

are working with energies, and that all energy is ceaselessly in motion and flows naturally. Once a flow of spiritual energy has been set in motion, it can be perpetuated, and its scope and power are reinforced through rhythmic impulses. When three people act together with a common intention and in the same way, they can thereby set in motion an ever-strengthening current of energy. As members of Triangles, we work with two energies: light and goodwill. These two fundamental divine qualities are present in each one of us as part of our human heritage as “children of the one Father”, for “we are made in His image” and “in Him we live and move and have our being”. This is a profound and mystical truth.

As a result of the daily service of Triangles, a living network of Triangles is established and maintained across the entire planet. In this work we harness the power of thought and prayer to elevate and transform consciousness on Earth. The network consists of streams of enlightened mental substance, along which the energy of goodwill flows.

Let us now turn to the practical application of this service, for as you know, there is no good unless it is done. Each day, three people link up in thought for a few minutes, pause for a short while in silence, and invoke the energies of light and goodwill by sounding the Great Invocation – a world prayer for the New Age. They visualise the energies of light and goodwill circulating through the three focal points of their Triangle and streaming down upon the planet through the network of Triangles. In this way they help to open a living channel for the inflow of light and love into the consciousness of humanity, irradiating the hearts and minds of the whole human family. These energies inevitably exert a constructive and healing effect, uplifting and transforming consciousness, overcoming divisions, resolving problems, fostering right human relationships, and creating peace on Earth.

In summary, the practice consists of three simple points:

- The daily linking in thought with the two other members of the Triangle.
- The visualisation of light and goodwill circulating through the three points of the Triangle and flowing into the network as a whole.
- The sounding of the Great Invocation with love for all humanity.

The task is of the utmost simplicity for each member. It appears so simple that its essential and deeply spiritual meaning is often overlooked or underestimated. Yet within this outward simplicity lies an inner power of effectiveness and mediation for the revelation of the Good, the True, and the Beautiful. The use of the Great Invocation gathers the necessary energies and releases them for the vitalisation of the entire network.

The members of a Triangle do not need to live in the same place; many Triangles span countries and continents. This work requires only a few minutes a day and can be integrated into even the busiest daily life. It is not necessary to carry it out at the same time, for once a Triangle has been formed, it can be energised at any time by any of its members. Many members participate in more than one Triangle; some work with five, ten, or even more Triangles. Wherever possible, Triangle partners stay in contact with each other, through written or personal contact, to ensure that their triangle remains a functioning unit within the network.

The motive for this activity is not personal wish-fulfilment, but world service. Our work in Triangles is a service to humanity; we do not undertake it for our own spiritual comfort, but in order to create a network through which the divine energies of light, love and power can flow into the hearts and minds of all humanity. We receive in order to give – and that is the true meaning of service.

It has been said that the highest ideal is to serve, and history bears witness to this fact, for the truly Great Ones have consecrated their lives to the service of humanity. In this work of Triangles, we quietly and unobtrusively participate in the evolutionary pattern at a moment when humanity stands at a critical point of spiritual unfoldment. The enlightenment of the human mind is especially needed today. Every member of Triangles, motivated by love of his or her fellow human beings, radiates spiritual light.

All people of goodwill are welcome to participate in this service, provided they are willing to undertake this simple yet powerful work and to support the worldwide goals of Triangles – regardless of race, faith, caste or colour. No other requirements are necessary. The Triangles are neither connected with, nor confined to, any of the major world religions. They are a universal spiritual service that includes people of all faiths – not a religious movement, but a spiritual project. The financial needs of the work are met solely through the voluntary donations of members and friends.

You can form a Triangle here and now by finding two people who would like to work with you. In this threefold relationship lies a unique power. The Holy Scriptures of the world affirm that God Himself works as a Trinity (for example, Father-Son-Holy Spirit, Shiva-Vishnu-Brahma, Osiris-Isis-Hermes), and you can do the same within your own environment when you join with two others in Triangle work. Each partner can also form additional Triangles, and in this way the network of light and goodwill is steadily expanded and spread across the Earth.

In your booklet accompanying this talk, you will find a series of links to further information. Thank you very much!

* * *

Further information on Triangles:

<https://www.lucistrust.org/de/triangles>

Find a Triangle partner:

https://www.lucistrust.org/de/triangles/triangle_online_questionnaire

Triangles Webinar (in English) on the second Monday of every month:

<https://www.lucistrust.org/de/triangles/webinar>

Triangles Bulletin, published four times a year with valuable contributions:

https://www.lucistrust.org/de/triangles/triangles_bulletin

Extensive downloadable literature:

<https://www.lucistrust.org/de/triangles/downloads1>

If you would like to register a Triangle or have questions, please write a short email to:

de.geneva@lucistrust.org

Information on the Great Invocation:

https://www.lucistrust.org/de/the_great_invocation

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GOODWILL IN THE WORLD OF TODAY

Mintze van der Velde

The writings of Alice Bailey span a period of 1922 to 1949 – i.e. from between the first and second World War till a few years after the War. Apart from the last four years, that was a rather dark period of human history, as we all know too well. Despite the mood of that time, she articulated a spiritual vision that continues to resonate for those seeking deeper meaning in human affairs. Central to her teaching is the principle of goodwill. Goodwill is not a sentimental or vague aspiration but a living spiritual energy, an expression of the divine will-to-good permeating human life. Goodwill, if consciously and consistently cultivated, can become the foundation of right human relations and the cornerstone of a future civilisation aligned with the divine Plan.

In the world of today, marked by rapid globalisation, technological upheavals, climate and natural resource crises, social polarisation, and geopolitical tensions, the notion of goodwill appears at once desperately needed and woefully absent. Many institutions and organisations are focused upon competition and self-interest rather than cooperation, sharing and service. Yet, precisely in these conditions, the seed of goodwill carries transformative potential. From an esoteric standpoint, the “energy of goodwill” is already available to humanity in unprecedented measure; the challenge is whether humanity will choose to wield it creatively or squander it through fear, selfishness, and separatism.

From an esoteric perspective, goodwill is distinguished from both passive kindness and abstract love. Goodwill is “love in action,” an active will infused with love, directed towards constructive, harmonious human relationships. Importantly, goodwill is not mere tolerance or charity. It is a conscious alignment of human will with divine purpose, expressed in practical, cooperative endeavours.

We should distinguish between goodwill and the will-to-good. If, loosely speaking, goodwill is a preliminary expression of divine love in human affairs, accessible to ordinary people and fostering right relations, then the Will-to-Good is a higher spiritual energy originating in Shamballa, the planetary centre of divine purpose or the centre where “the Will of God is known,” as we are told. This energy descends through the Hierarchy and is stepped down into the human realm as goodwill. The time has now come when this powerful divine energy of the will must express itself through the second aspect of the will-to-good, and not through the first aspect, the will-to-power. We are told that mankind is not yet ready for this kind of power, because the will-to-good is not adequately strong to balance this first aspect of the will. The will-to-power often shows as a distorted use of the will when divorced from love, manifesting in domination, exploitation, and separatism.

Thus, goodwill is not just a moral attitude but a spiritual substance. It is an energy humanity can consciously invoke, distribute, and embody. It could become a universal “technique of relationships,” a scientific method for building a world not based on authoritarian control but on voluntary cooperation.

The contrast between goodwill and the distorted will-to-power is starkly visible in today’s global context. While humanity has achieved technological wonders and unprecedented interconnection, the prevailing ethos of competition, control, and domination continues to distort human relationships. A few examples:

- *Politics*: Many governments appeal to fear, nationalism, or authoritarian strength, which reflects the distorted will-to-power. By contrast, true goodwill would emphasise diplomacy, cooperation, and the recognition of shared human destiny. To stimulate the distribution of the energy of goodwill in this domain, the Lucis Trust has the project of the *Cycles of Conferences*: a worldwide meditation group that joins together in a visualisation to help spiritually enlighten the atmosphere on which world conferences vital to humanity’s spiritual progress depend. You can find more information on our [website](#).

- *Economics*: Global capitalism – nowadays the almost only mantram of economics – has lifted millions out of poverty but also entrenched inequality, often rewarding ruthless exploitation rather than cooperation. Goodwill economics would prioritise human need over profit, sharing and cooperation over competition and service over accumulation.
- *Social Media*: Platforms amplify both the potential for goodwill (through community-building and awareness campaigns) and the dangers of division (through disinformation, polarisation, and echo chambers). At the time of Alice Bailey social media were of course still inexistent. Yet, she pointed out the dangers of demagogues sweeping the opinion of the non-thinking masses in one way or the other. If we keep in mind that eventually humanity (i.e. each individual) has to learn to think for itself, then social media may be part of that process. But it also shows that for the majority of mankind ‘thinking for oneself’ is still a while away.

The tension we observe in many fields of human endeavour is a symptom of humanity standing at a spiritual crossroads. The energies of will-to-good are being released, but humanity must choose whether to express them as constructive goodwill or allow them to be distorted into selfish will-to-power. In a way this corresponds to the transition from the Piscean Age to the Aquarian Age – a transition which is inevitable.

The New Group of World Servers and Their Role

If concepts like the Masters of Wisdom, the Hierarchy, Shamballa, a Plan, etc. were touched upon by other authors previous to Alice Bailey, she really introduced the concept of the “New Group of World Servers.” This is not an organisation but a subjective community of people in every nation and field who work for the common good, regardless of ideology, religion, or nationality. They are characterised not by mystical practices but by their service to humanity and their orientation toward right human relations.

In the world of today, this group is more visible than ever: activists, scientists, educators, healthcare workers, social innovators, and ordinary citizens dedicated to bridging divides and solving shared problems to mention just a few. From climate activists to grassroots peacebuilders, from Non-Governmental Organisations to international mediators, they represent goodwill in action.

They are considered to be a group that plays a mediating role: they receive spiritual inspiration from the Hierarchy and translate it into practical measures within society. Their function is to anchor goodwill in daily life, to make it a tangible force in politics, education, economics, and culture. Sometimes the NGWS is described as a group standing between Hierarchy and the intelligentsia of humanity. But these borders are not hard, not black-or-white. Sometimes even a Master of the Hierarchy could be seen as a member of the NGWS and not seldom so called ‘ordinary people’ are also part of it.

Goodwill as an Energy

To understand goodwill, we should not only see it socially but cosmically. We are told that Shamballa—the planetary centre where the Will of God is known—is releasing new energies into the world. These energies, though profoundly spiritual, find expression on Earth through human consciousness. The Hierarchy, composed of advanced spiritual beings, also called Masters of Wisdom, mediates these energies so they can be assimilated by humanity without destruction. Goodwill is the most accessible form of this will-energy, one that ordinary humanity can wield without being overwhelmed. From this perspective goodwill can be seen as a planetary necessity: it is the means by which humanity can participate in the divine Plan, creating a civilisation that reflects spiritual values rather than materialist distortions.

Goodwill has practical applications in nearly every pressing issue facing humanity today. To mention only a few:

1. *Climate Change*: Solving ecological crises requires cooperative will, not competitive exploitation. Goodwill fosters shared responsibility, transcending national self-interest.
2. *Inequality*: Goodwill compels societies to restructure economic systems around justice, sharing and inclusion rather than greed.
3. *Nationalism and Conflict*: Goodwill can transform polarised identities into mutual respect and collaboration.
4. *Technology*: The ethical use of AI, biotechnology, and digital networks hinges upon goodwill guiding innovation toward human benefit rather than domination. Especially the digital divide where large portions of the world have no access to the Internet can only be bridged by goodwill.
5. *Migration and Refugees*: Goodwill offers the perspective of the one humanity, countering xenophobia and fear.

Remember that goodwill is not utopian but eminently practical. It is the only force capable of addressing global problems that transcend national boundaries.

Despite its availability, goodwill faces formidable obstacles in today's world:

- *Fear*: Fear of scarcity, difference, or the future often drives reactionary responses that suppress goodwill.
- *Separatism*: Ideological, racial, religious, and national divisions obstruct recognition of the one humanity.
- *Materialism*: The dominance of consumerism and the profit motive blinds individuals and institutions to the higher purpose of life.
- *Distorted Will*: The will-to-power masquerades as strength and leadership but leads to domination rather than cooperation.

These obstacles, however, are not insurmountable but require conscious work—both inner transformation and collective action—to overcome.

Goodwill can be cultivated both individually and collectively.

- *Individually*: People can practice goodwill through simple acts of kindness, through refusing to indulge hatred or prejudice, and through meditation and alignment with the divine will. The *Great Invocation*, as you know from the previous talk about Triangles, is an excellent tool for invoking energies of light, love, and will-to-good.
- *Collectively*: Societies can institutionalise goodwill by fostering cooperation in international relations, designing educational systems around inclusivity and service, and reimagining economies to serve human needs rather than narrow interests.

Importantly, goodwill is contagious: when goodwill is actively expressed, it generates magnetic fields that attract cooperation and dissolve hostility. In this sense, goodwill is both spiritual practice and practical policy.

Today's crises—climate change, inequality, nationalism, and technological disruption—cannot be solved by power alone. They require goodwill as the animating principle of right human relations. Goodwill, expressed through the New Group of World Servers and anchored in daily life, will form the bedrock of a new civilisation.

In conclusion, far from being an abstract moral principle, goodwill is a spiritual energy, the outflow of the divine will-to-good into human life. In a world torn between the distorted forces of will-to-power and the promise of a cooperative future, goodwill stands as the essential bridge.

Goodwill is not optional. It is part of the Plan itself: the means by which divine purpose can manifest on Earth. To recognise this and to act upon it is to participate in the birth of a world where humanity finally lives as one family, under the guidance of love and the will-to-good.

Many of the topics discussed in this talk are further elaborated in a World Goodwill Newsletter, published in various languages, of which we have brought a few copies (in German and English) which you can find on the table – and on our [web-site](#).

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DISCUSSION IN SMALL GROUPS ROADMAP

Now we propose two questions for us to consider in small groups. Each group should speak a common language. We suggest that each group appoint a “rapporteur” to summarise the conclusions of the discussions. Shortly before the end, there will be a short plenary review of the discussions.

Please organise small groups on site that speak a common language.
We propose the following question:

1. The theme of our event is “To fuse, to blend and serve: Evoking the Souls of Nations.” What factors or activities do you believe need to be fostered today to make this vision a living reality?
2. What steps and measures do you consider appropriate to evoke a response in humanity for the vision of a new way of life that will shape the New Age? Do we recognise soul forces in different nations?

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MEDITATION

LETTING IN THE LIGHT

I **GROUP FUSION**

We affirm the fact of group fusion and integration within the heart centre of the new group of world servers, mediating between Hierarchy and humanity:

I am one with my group brothers, and all that I have is theirs.
May the love which is in my soul pour forth to them.
May the strength which is in me lift and aid them.
May the thoughts which my soul creates reach and encourage them.

II **ALIGNMENT**

We project a line of lighted energy towards the spiritual Hierarchy of the planet, the planetary heart, the great Ashram of Sanat Kumara; and towards the Christ at the heart of Hierarchy.

Extend the line of light towards Shamballa, the centre where the Will of God is known.

III **HIGHER INTERLUDE**

Hold the contemplative mind open to the extra-planetary energies streaming into Shamballa and radiated through Hierarchy. Using the creative imagination, endeavour to see the three planetary centres – Shamballa, Hierarchy, and Humanity – gradually coming into alignment and interplay.

IV **MEDITATION**

Reflect on the seed thought using the keynote for the conference:

*To fuse, to blend and serve,
evoking the Souls of Nations.*

V **PRECIPITATION**

Using the creative imagination, visualise the energies of Light, Love and the Will-to-Good pouring throughout the planet and becoming anchored on Earth in prepared physical plane centres through which the Plan can manifest. (Use the six-fold progression of divine Love as the sequence of energy precipitation: Shamballa/Hierarchy/the Christ/the new group of world servers/men and women of goodwill everywhere in the world/physical centres of distribution.)

VI LOWER INTERLUDE

Refocus the consciousness, as a group, within the periphery of the great Ashram. Together sound the affirmation:

*In the centre of all Love I stand.
From that centre I, the soul, will outward move.
From that centre I, the one who serves, will work.
May the love of the divine Self be shed abroad,
in my heart, through my group, and throughout the world.*

Visualise the down pouring spiritual inflow released from Shamballa through the Hierarchy and streaming into humanity through the prepared channel. Consider how these in pouring energies are establishing the "Pathway of Light" for the coming World Teacher, the Christ.

VII DISTRIBUTION

As the Great Invocation is sounded, visualise the outpouring of Light and Love and Power from the spiritual Hierarchy through the five planetary inlets (London/Darjeeling/New York/Geneva/Tokyo) irradiating the consciousness of the whole human race:

From the point of Light within the Mind of God
Let Light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men
The purpose which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

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