



Aquarius Full Moon Festival

London, 25 January 2024

"Water of Life am I, poured forth for thirsty men."

On being the Waters of Life

by Mayte Gómez

Good evening, friends. On behalf of the Lucis Trust London, welcome; all of you present here in the library, and all of you on zoom, welcome to this full moon group meditation in the sign of Aquarius.

At the High Interlude of the Full Moon, when our planet Earth is in full alignment with the Sun - the source of Life - energies of Light, Love and Will-to-Good are specially available to humanity, and it is now that we can come together, as a conscious and cohesive group of servers, to invoke these energies, to offer ourselves as living channels for them, so that they may be anchored here on earth and so that we can radiate them for the benefit of humanity – this evening and at every moment of our daily lives. This is an act of group service.

Each sign of the zodiac adds its own qualities to the energies of Light, Love and Will-to-Good that are available in the Full Moon period, bringing us new challenges and new opportunities to expand our consciousness and thus become more effective servers.

Aquarius offers us two opportunities.

One relates to its beautiful spiritual keynote:

Water of Life am I, poured forth for thirsty men.

The story of Hercules, the world disciple, depicts this opportunity for us. Hercules has gone through a deep, sometimes painful, journey of purification and integration of his lower instrument and has achieved a high degree of Union with the Soul. In Aquarius, his Teacher reminds him that, after going through eleven gates, he has become a beacon of Light and that, once again, as he did in Capricorn, he must turn his back upon that Light and descend onto the human plane in order to be of service.

Faced with the task of cleansing the Augean stables of their accumulated dirt, which was making human life impossible, Hercules "stands free", no longer held by

the pairs of opposites or by distortions, and thus able to be a clear channel for higher purifying energies, symbolised by the two rivers whose flow he diverts in order to cleanse the stables. When Hercules returns from the task, triumphant, his Teacher tells him: "A server of the world you have become (...) you have spent your Light that the Light of others might shine. The jewel that the eleventh labour gives is yours forever more".¹

The other opportunity Aquarius offers us is to reach a higher degree of consciousness which we know as *group consciousness*.

In Aries, we developed a subjective latent consciousness.

In Gemini, we became conscious of duality.

In Cancer, we were conscious of belonging to a mass.

In Leo, we became conscious of our own individuality, of being a personality and being a Soul.

In Aquarius, we expand in order to be group conscious.

We are group conscious when we are able to think of one another as Souls rather than as personalities, recognising that each of us is a particular expression of the One Soul (Diversity in Unanimity – Many forms, One Soul). Self-consciousness was a preliminary step toward group consciousness, because an Aquarian group is a gathering of individuals who have abandoned the herd mentality, who have achieved a certain degree of self-realization, for whom the only authority is their own Souls, and who are willing to sacrifice what they thought was their individual purpose for the Group Purpose.

In esoteric astrology, these two opportunities are revealed to us through the relationship between Aquarius, the star Alcyone, and humanity, a relationship described as a "triangle of force". The star Alcyone, one of the seven Pleiades, also known as "the star of the individual" or "the star of intelligence", active in a previous solar system, is said to have "impregnated the substance of the universe with the quality of mind". And it is on earth that the effects of this third-ray activity are strongly felt, making humanity a "divine centre of intelligent activity", acting as a mediating principle between divinity and the lower kingdoms.²

We are taught that this planetary service for which humanity is destined will only take place "when Aquarius rules",³ and its three aspects expressed by Saturn, Venus and Mercury are fully expressed.

Saturn - the planet of discipleship and of opportunity, which brings to our daily lives the necessary challenges through which we can learn to discriminate and choose wisely, thus taking the necessary steps toward the integration of the personality so that it can become an instrument for the Light of the Soul to shine through.

¹ Alice Bailey, *The Labours of Hercules* 182.

² Alice Bailey, *Esoteric Astrology* 200.

³ *Ibid.*, 201.

Venus – which brings “the union of heart and mind, love-wisdom, brotherhood and expressed brotherly relationships”⁴, all of them a prelude to group consciousness.

Mercury – which stands for Illumination, or the spreading of the Light toward all other manifestations of the divine.

Saturn, Venus and Mercury reveal a path for us, through Discipleship and Opportunity to Brotherhood to Illumination. It is then that we will fulfil our destiny as a *divine centre of intelligence activity* within the triangle of force created by Aquarius, Alcyone and Humanity.

And it is in this triangle that the two opportunities that Aquarius offers us become fused in one. For when the Group Soul has succeeded in taming our individual personality and our group personality, and when free of distortions and opposites we become group conscious – when we, fully and consciously, relate to one another as Souls - we become what we are, the Waters of Life of the One Soul, and we are poured forth for the purification of other kingdoms, and of the whole planet.

Let us now take a reflective and receptive pause to hold in our Higher Minds the immense possibility that is ahead of us as we move toward embracing our Highest potential in the Age of Aquarius...

Together, we can recite *The Gayatri*, to help us feel the deep link between our individual destiny, our group destiny and the Cosmic plan:

*O Thou Who givest sustenance to the universe,
From Whom all things proceed,
To Whom all things return,
Unveil to us the face of the true Spiritual Sun
Hidden by a disc of golden Light
That we may know the Truth
And do our whole duty
As we journey to Thy sacred feet.*

And now, dear friends, let us attempt to ground this.

The triangle of force created by Aquarius, Alcyone and Humanity and the promise of the Saturn-Venus-Mercury relationship and sequence delineate a macrocosmic journey for us. This is a journey we take as a race and through the ages as we seek synthesis through the opposites and create harmony through conflict, evolving from aspirants to disciples to initiates, leaving behind our herd mentality, experiencing individuation or self-consciousness, and finally becoming group conscious.

⁴ Bailey, *Esoteric Astrology* 200.

However, this macrocosmic journey that will take us to be a fully-fledged divine centre of intelligent activity would not exist were it not impelled and nourished by a multitude of microcosmic journeys with the same point of departure and the same destination, experienced within any given life cycle of an individual or of a group. It is in the microcosmic journey in which we find ourselves now that we need to ground ourselves.

For, as the teachings tell us very clearly, during the Aquarian age, Shamballa will “confer upon [human]kind all the gifts and qualities” we named above, IF human beings “*will but prepare for them, accept them, and use them*”. And the group Soul will succeed in taming our individual personalities and our group personality when It is able to overcome the “antagonism of the human being intent upon his own purposes”.⁵

The Aquarian age is indeed a cosmic event, but we, human beings, you and I, and our co-workers, our group, our spiritual schools, our organizations, the New Group of World Servers, and every single human being – we are responsible for grounding it, materializing it, embodying it... we are responsible for ushering it. What the divine is offering us and the planets are expressing so strongly and so beautifully is our highest potential – that we are One Soul and that we become living waters of that Soul as It manifests on the physical plane for the redemption of a whole planet and all its kingdoms. Now, we – as a group – we need to do the process so that we can become what we are.

We need to *prepare* for these gifts and qualities. We need to *accept* them. We need to *use* them. We need to dis-identify from the *antagonism* with which our personalities first react to Soul impulse. We need to let go of the purpose with which our personality is identified.

The Saturnian aspect of Aquarius is already upon us. We are being offered the great gift of the path of discipleship, and we are all experiencing the many difficult challenges that force us to make wise decisions that will bring about enlightened responses. In the process, we are advancing in personality integration and Soul fusion.

We do it through dispassion, detachment and dis-identification, so that we can follow the journey from Cancer to Aquarius.

In Cancer I desire,

In Leo I know,

In Sagittarius I vision,

In Capricorn I realize,

In Aquarius I go forth.

When we are ready to go forth, we are embracing the Mercurian aspect of Aquarius. Through our commitment to individual and group meditation, we develop the capacity to be impressed by higher forces, to be illumined by them, and to

⁵ Bailey, *Esoteric Astrology* 150. Emphasis added.

become this Light ourselves. And each month, this “ritual gathering at the Full Moon, allows us “to awaken (our) consecration and (our) dynamic spiritual will” so that we may reach a higher “consciousness of spiritual purpose, kept ever at its highest point of tension”.⁶

Through the Saturnian and the Mercurian aspects, we are building the Venusian aspect of Aquarius – opening our hearts but letting them express themselves directed by the mind; aspiring to wisdom as the practical application of knowledge and thus being able to being channels of Love; and then building the brotherly and sisterly relationships that will make us progress, within this microcosmic cycle, from self-consciousness to group consciousness.

In our work with our service group, we can take every daily opportunity to see one another as Souls. And to do this not by repressing our personalities or by ignoring them. Repression and avoidance will only increase their need for expression. To do it, instead, through acceptance and compassion – first toward oneself, then toward others - remembering that we are all Souls attempting to tame our lower instruments, understanding the *antagonism*, the obstacles each of us creates before Group Soul recognition becomes possible, and accepting all of it as part of our human nature and our human process. As the Tibetan Master says, “the life of each disciple, the problems of each and the achievements of each, become part of the group life, the group problem and the group achievement”.⁷ Instead of dwelling on criticism and resentment, we can try to travel together, consciously, freely, through the challenges each of our personalities brings, so that we open the path to right relationship. Indeed, working on right relationship with humility and wisdom is the ground upon which we build group consciousness.

At every daily opportunity we can let go of our craving for individual authorship and our desire for individual recognition, no matter how piercing the cries of the parts of our personalities that are attached to them. And at every daily opportunity we can learn to discriminate between *my* purpose and the group purpose, and to listen to whatever the higher call is for each of us, as we join the group.

As we ground in daily individual and group life the aspects that Saturn, Mercury and Venus bring to Aquarius, we will be revealing the blueprint for the divine centre of intelligent activity that we are, a centre that has fused the three aspects of divinity into one, and as channels of Love, Light and Divine Will, we are able to fulfil the Plan for humanity.

We already have the tools. Through the process of group cohesion, we reveal the blueprint for intelligent activity; through our soul contact, we reveal the blueprint for the love aspect of divinity to be made manifest; through our hierarchical contact, we open to the will of God to pour into us. This is how we “become subservient to the divine”.⁸ This is how we become what we are – Waters of Life.

As the centre of divine intelligence that we are, we are a fertile ground for Invocation and Evocation. And thus we prepare for, we accept and we use the gifts

⁶ Bailey, *Discipleship in the New Era* I, 338.

⁷ *Ibid.*, 267.

⁸ Bailey, *Discipleship in the New Age* II, 647.

that Aquarius brings to us, and we powerfully ground them in our daily lives, through the practice of Meditation that connects us to our highest sources of divine energy. Through meditation we dis-identify from our personality, we identify with the Soul and we bring into alignment the individual mind, the group mind, the hierarchical mind and the universal Mind. Thus fused with the consciousness of the One Soul, we create a "united invocative appeal".⁹

Because the macrocosmic journey of our evolution through the ages needs to be powered by our microcosmic journeys, we stand ready today to make this evolution possible - to purify our instruments, to embrace the Light, to turn upon that Light, and as One Soul, to become living waters of Light, Love and Will-to-Good – and through our being and through our actions, be the rivers that cleanse the Augean stables.

We stand ready, not because we are perfect but because we are in process, because we are conscious of that process, because we are actively cooperating with it, and because we are making a daily commitment to that cooperation; because we are gathered together here, to make our monthly commitment to that cooperation. That is why we stand ready.

As the Tibetan Master says, "the wise disciple regards all outer expression on the physical plane of experience as *achievement*. There is no essential failure".¹⁰

Every tiny bit of personality integration that we have achieved opens a space within us, for Soul infusion. Every beam of Soul infusion becomes a clear conduit through which we can channel divine purifying waters for the redemption of the whole of humanity, other kingdoms, the whole planet. Every tiny attempt we make to let go of our attachment to individual authorship, of our small desire to be unique and special, every attempt we make to dis-identify from the illusion of separation, brings us closer to the consciousness of the group Soul, of the One Soul.

Gathering, then, all those achievements, and on our way to achieve more, we stand ready. Humanity is trying to find its way towards harmony through conflict, and in the process, our civilization looks, feels and smells very much like the Augean stables, and human life is becoming more and more difficult.

Let us come together, then, all of us in this library here in London and all of us on zoom, together with all of those who join us subjectively and together with the New Group of World Servers... to stand together as a group of free and decentralized workers who embrace the idea of the group and the purpose of the group...

... opening to our highest potential, embracing the Aquarian gifts that are ours, while grounding ourselves fully in our current stage of development as individuals and as a group, accepting our full responsibility in the here and now...

... ready to reveal the deepest layer of beauty in the Aquarius spiritual keynote: as Waters of Life, we *are poured forth*, an action that can only be done by an entity higher than us when we have cooperated by surrendering. When we surrender, we become what we are - One Single River of living purifying waters...

⁹ Ibid., 111.

¹⁰ *Discipleship in the New Age I*, 267.

... and as we are poured forth, we reveal Love, we illumine minds and we evoke divine will and purpose.

In Cancer, we desired...

In Leo, we knew...

In Sagittarius we visioned...

In Capricorn we realised...

And now, in Aquarius we go forth....

Let us prepare for meditation, opening to the full flow of the energies of Aquarius.