

Attuning to 'Wonder'

Based on a meditation from Alice Bailey's *Discipleship in the New Age* Vol II, pp 144-8

"Words are living things, possessing form, soul and spirit or life...use them to open the door to...realisation and inspiration, plus the consequent service."

STAGE ONE

Meditate

1. Orient yourself to the Spiritual Self through an act of the will and the creative imagination.
2. Take the theme word, **WONDER**, and ponder deeply upon it. Endeavour to extract its quality and life, lifting it and your thought to as high a plane as possible.
4. Sound the OM, and wait silently, holding the mind steady. This is "the pause of reception."

STAGE TWO

Relate

1. Relate the word-theme to the present world opportunity, universalising the concept, seeing its relationship to world affairs, its usefulness and spiritual value to humanity as a whole.

STAGE THREE

Enrich

1. Study the idea in connection with yourself, active in service, but not in connection with the personality. Make the idea practical, enabling it to "qualify" you or enrich you.
2. Again sound the OM, with the intent of making the sensed idea a part of your very nature.

STAGE FOUR

Transmit

1. Using the creative imagination and seeing yourself as a responsible transmitter, breathe out the idea as a formulated, living thoughtform into the great stream of mental substance which is ever playing upon human consciousness.
2. Close with a dedication of yourself to the service of humanity

The Mantram of Unification

The souls of all are one and I am one with them.

I seek to love, not hate;

I seek to serve and not exact due service;

I seek to heal, not hurt.

Let pain bring due reward of light and love.

Let the soul control the outer form, and life and all events,

And bring to light the love that underlies the happenings of the time.

Let vision come and insight.

Let the future stand revealed.

Let inner union demonstrate and outer cleavages be gone.

Let love prevail.

Let all people love.

OM