

# MOON CHART 2020

Table of new and full moons for the twelve months of 2020:

## UNITED STATES TIME

DATE	MOON	FESTIVAL **	EASTERN	CENTRAL	MOUNTAIN	PACIFIC	GMT	DAY/ GMT
Jan 10	FULL^	Capricorn	2:21:10pm	1:21:10pm	12:21:10pm	11:21:10am	7:21:10pm	10
Jan 24	NEW	Aquarius	4:41:51pm	3:41:51pm	2:41:51pm	1:41:51pm	9:41:51pm	24
Feb 9	FULL	Aquarius	2:33:09am	1:33:09am	12:33:09am	11:33:09pm(-)	7:33:09am	9
Feb 23	NEW	Pisces	10:31:53am	9:31:53am	8:31:53am	7:31:53am	3:31:53pm	23
Mar 9	FULL	Pisces	1:47:36pm*	12:47:36pm*	11:47:36am*	10:47:36am*	5:47:36pm	9
Mar 24	NEW	Aries	5:28:05am *	4:28:05am*	3:28:05am*	2:28:05am*	9:28:05am	24
Apr 7	FULL	<b>Aries</b>	10:34:57pm*	9:34:57pm *	8:34:57pm*	7:34:57pm *	2:34:57am	8
Apr 22	NEW	Taurus	10:25:43 pm*	9:25:43pm*	8:25:43pm*	7:25:43pm*	2:25:43am	23
May 7	FULL	<b>Taurus</b>	6:45:05am*	5:45:05am*	4:45:05am*	3:45:05am*	10:45:05am	7
May 22	NEW	Gemini	1:38:43pm*	12:38:43pm*	11:38:43am*	10:38:43am*	5:38:43pm	22
Jun 5	FULL^	<b>Gemini</b>	3:12:15pm*	2:12:15pm*	1:12:15pm*	12:12:15pm*	7:12:15pm	5
Jun 21	NEW^	Cancer	2:41:19am*	1:41:19am*	12:41:19am*	11:41:19pm*(-)	6:41:19am	21
Jul 5	FULL^	Cancer	12:44:17am*	11:44:17pm*(-)	10:44:17pm*(-)	9:44:17pm*(-)	4:44:17am	5
Jul 20	NEW	Cancer	1:32:49pm*	12:32:49pm*	11:32:49am*	10:32:49am*	5:32:49pm	20
Aug 3	FULL	Leo	11:58:38am*	10:58:38am*	9:58:38am*	8:58:38am*	3:58:38pm	3
Aug 18	NEW	Leo	10:41:32pm*	9:41:32pm*	8:41:32pm*	7:41:32pm*	2:41:32am	19
Sep 2	FULL	Virgo	1:21:56am*	12:21:56am*	11:21:56pm*(-)	10:21:56pm*(-)	5:21:56am	2
Sep 17	NEW	Virgo	7:00:04am*	6:00:04am*	5:00:04am*	4:00:04am*	11:00:04am	17
Oct 1	FULL	Libra	5:05:08pm*	4:05:08pm*	3:05:08pm*	2:05:08 pm*	9:05:08pm	1
Oct 16	NEW	Libra	3:30:55pm*	2:30:55pm*	1:30:55pm*	12:30:55pm*	7:30:55pm	16
Oct 31	FULL	Scorpio	10:49:01am*	9:49:01am*	8:49:01am*	7:49:01am*	2:49:01pm	31
Nov 15	NEW	Scorpio	12:07:03am	11:07:03pm(-)	10:07:03pm(-)	9:07:03pm(-)	5:07:03am	15
Nov 30	FULL^	Sagittarius	4:29:33am	3:29:33am	2:29:33am	1:29:33am	9:29:33am	30
Dec 14	NEW#	Sagittarius	11:16:27am	10:16:27am	9:16:27am	8:16:27am	4:16:27pm	14
Dec 29	FULL	Capricorn	10:28:05pm	9:28:05pm	8:28:05pm	7:28:05pm	3:28:05am	30

### NOTES:

(#) indicates a total eclipse near to the time of the new or full moon.

(^) indicates partial or annular eclipses near to the time of the new or full moon. *"Eclipse Predictions by Fred Espenak, NASA GSFC Emeritus"*.

(\*) In 2020 the dates for Daylight Savings Time are March 8 – November 1. Please note that Daylight Savings Time is shown (1 hour has been added to Standard Time).

(\*\*) The astrological sign shown in this column is the sign relating to the sun rather than the moon.

(-) Indicates the day previous to the date stated in the first column.

The Three Spiritual Festivals will be celebrated on the following days:

*Easter* on April 7th, *Wesak* on May 7th, and the *Christ's Festival* and *World Invocation Day* on June 5th.  
Check locally for the actual day of the festival meetings, which may vary from the date of the full moon.

All times are taken from the Swiss Ephemeris

In all meditation it is of value for the student to remember that, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.

Wisely utilizing newly acquired energies keeps inflowing and outflowing channels open and prevents emotional, mental, and psychical congestions, which may otherwise be experienced, with their accompanying physical consequences.

## KEYNOTES FOR THE DISCIPLE

*These keynotes for the disciple may be used in sequence as the seed thought for the meditation work done each month at the time of the full moon.*

- ARIES:** I come forth and from the plane of mind, I rule.
- TAURUS:** I see and when the eye is opened, all is light.
- GEMINI:** I recognise my other self and in the waning of that self, I grow and glow.
- CANCER:** I build a lighted house and therein dwell.
- LEO:** I am That and That am I.
- VIRGO:** I am the Mother and the Child. I, God, I, matter am.
- LIBRA:** I choose the way that leads between the two great lines of force.
- SCORPIO:** Warrior I am and from the battle I emerge triumphant.
- SAGITTARIUS:** I see the goal. I reach that goal and then I see another.
- CAPRICORN:** Lost am I in light supernal, yet on that light I turn my back.
- AQUARIUS:** Water of Life am I, poured forth for thirsty men.
- PISCES:** I leave the Father's home and turning back, I save.