

Light within Light

Triangles Meditation Group Webinar

November 10, 2025

Hello everyone and welcome to this Triangles Meditation Group Webinar...

This webinar meets on the 2nd Monday of every month to support and strengthen the Triangles network. It provides a forum to discuss and throw light on topics related to Triangles, but it also aims to introduce new people to this work.

For those who are new to Triangles or joining us for the first time, I'll give just a brief introduction to this work:

Triangles is a service activity which uses the power of focused thought to uplift and transform consciousness. Three people agree to link for a few minutes of meditation each day. They link up as souls and visualize themselves as the three points of a Triangle connected by energies of light and goodwill. They visualize their Triangle within a worldwide network of Triangles surrounding the planet and sound the Great Invocation, adding their spiritual contribution to the whole. Triangles members do not need to link up at the same time, nor do they need to be located in the same place. The network and their Triangle, once created, exist in matter on a higher plane. Through the daily practice, it is re-energized and each day made anew.

We know that even though it's a very simple practice, it's not always so easy to explain this work in a way that communicates its simplicity and also its efficacy as a means of doing real and lasting good. We invite you to invite anyone in your life who you think might be interested to join us on the second Monday of each month for this webinar to learn more about this work.

This webinar also acts as a platform to aid in the forming of new Triangles so if anyone is interested in forming a Triangle, put your name in the chat box and I'm sure we can find two others to join you.

The theme of today's webinar is **Light within Light**. I will share a few thoughts on the Great Invocation. This will be followed by a reflective meditation on the Great Invocation. Then, we will hear from long-time Triangle member Daniel Lumanauw who will share some thoughts on _____. We will then close with our meditation in support of the Triangles network.

Affirmation of Love

The Great Invocation lies at the heart of the Triangles work. We could say that it is like the engine which allows the network to fulfill its mission. It is a word of power and so by its very nature possesses a special capacity to invoke, to set into motion, to create through the medium of sound. It draws into operation on this our plane, higher, archetypal energies and agencies which have to do with the spiritual direction, the evolutionary fulfillment, and the destiny of humanity and our planetary life. One of the primary aims of the Triangles network is to bridge between humanity and these higher spiritual kingdoms. Through its right sounding, the Great Invocation creates a sympathetic vibratory rapport between these two great centers, and is therefore one of the most important tools to bringing their union about.

God has never left humanity without witness. Great sons and daughters of God have come and gone over the millennia. They have brought the gift of divine revelation—demonstrating light through the medium of their divine incarnations. Through their capacity to demonstrate divinity as a fact and on the physical plane, they model what it is to be both fully human and fully divine. Today, humanity prepares to step more fully into this divine potential.

It is the destiny of humanity to be the planetary lightbearer—the center through which the divine Plan works out and through which divinity becomes fully demonstrated on the physical plane. Divinity is real and it can act on every plane, but it must have its vehicles. Humanity is one such vehicle, and it has been designed and created to fulfill a divine need.

The light which it is humanity's destiny to demonstrate must carry within it the colors of all seven rays, and the outstanding quality of this seven-fold light must be love-wisdom. Only the soul can do this. It is the soul that illumines and it is the soul that loves, because it is the soul that is the 'way between', the unifying factor, and the animating life in all things.

To become the planetary lightbearer, humanity must first discover what it really means to be the soul, to express love-wisdom as a living fact in every day life. For this, we must be willing to tread the path, to face its difficulties and pay the cost so that the soul can enter and live more fully through its mechanism, the personality. The soul lives for others, it lives for the good, it lives for God.

Through the process of incarnation, we come to know ourselves as form. We know ourselves as form because we experience ourselves as form. But we err because we only know ourselves as form. We do not know ourselves as souls, because we do not experience ourselves as souls. The soul is not the form. The soul is the second aspect, the creative agent in man, the Word. The soul is not that which is created, it is not the body, it is not the emotions, and it is not the thoughtforms created by the concrete mind. It is not

aspiration, nor is it fixed determination to do good. The soul is the one who thinks but he is not the thought, the one who sees but not that which can be seen with the physical eye. The soul is relationship itself. It is an arbiter, the great resolver of paradoxes, a linking agent between spirit and matter. It is the quality behind the form. The soul links and relates in an archetypal sense—to link is always a creative act.

There can be no knowledge or understanding of the soul without direct experience of the soul. Therefore the question then is how can we experience the soul, how do we experience the second aspect and therefore come to know it? How can we come to experience self as quality, self as love-wisdom, self as soul, soul as the Christ principle in nature and in ourselves—and especially, how do we come to experience Christ in others?

Life naturally sets us on the path to the soul, and to the development of the sensitivity to one day see and experience the soul as a living reality and in all things. Esotericism is the science of the soul and therefore it is also the science of the path. However, the path is a universal path, just as esoteric science is a universal science—there is no one doctrine or organization or teaching that can claim to possess it.

Esotericism is everywhere, a universal golden thread which can be brought to bear on every circumstance, every problem, every form, and within every doctrine. We could say that esotericism is as much a universal inheritance as is light itself. Light is the substance of the mind and is synonymous with consciousness, therefore also present everywhere and even when latent it still could be said to exist 'within' a thing waiting for the command to call it forth. Light shines forth through the form—in other words, it makes appearance in and through form, but it is not the form. This is confusing because spiritually we often talk about light as the product of illumination. However, light is also that which illumines, it is the illuminator and the illumination. It becomes eventually that which is illuminated as well when soul and form are unified and at-oned.

The effects of illumination can also be understood in terms of sound (or vibration). Esoterically, sound and light are interchangeable. Whereas light reveals, sound creates. True revelation is always the result of a creative act; for revelation always requires a form or medium through which it expresses. Likewise, successful creation always houses and therefore reveals some aspect or element of the soul. Creation and revelation, light and sound, are in this way one and the same.

To properly use the Great Invocation, we are asked to sound it forth with this creative and revelatory prerogative in mind. The Invocation is a means of alignment and a means of

fusion, it creates a vibratory sympathy between lower and higher, between God and man, between self and whole.

To use the invocation correctly, we must do more than just speak it. We must know and experience ourselves as the channel through which it does its work. As we sound it, we must visualize it accomplishing its work, we must grasp the invocation as an idea and bring to focus our understanding of its meaning as we sound each word. Importantly, we must register its vibration at every level of our being. We must allow it to take us into rapport with the soul and via the soul, the Christ, the Hierarchy, and the whole planetary life.

In many ways, the Invocation is too great to be used by any of us alone and in isolation. It is really a group mantram, and the Triangles network is perhaps one of the best vehicles for its right and effective use.

With this in mind let us proceed into our Reflection on the Great Invocation.