

## TRIANGLES INTRO

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Hello and welcome to all of you joining us for this Triangles webinar, and a special welcome to those who are new to the Triangles service of working “in and with light.”

2025 is proving to be very challenging, but we have now come to this very special season of goodwill with its spectacular light displays that lift the spirits on gloomy winter days. In addition to the daily vitalisation of one’s own triangle of light, the Webinar ends with the meditation for “Energizing the planetary network”. This reinforces the image of each active triangle enlivened within the Triangles network – forming one great station of light, illumining human consciousness across the globe.

Esoteric teachings say that, through the ethers, every form in nature is an integral part of God’s substantial form. The etheric is the precursor to the physical form and is said to make all relationships possible – including relating the individual to the planet, to the solar system and beyond. Vast streams of energy circulate through the universal energy field to galvanise manifested forms into activity, according to the nature and power of whatever energy is dominating the etheric body. Every form is effected by these constantly circulating streams of energy. Whilst the ramifications of this energy field are beyond our understanding, humanity, nonetheless, has a profound creative role in transforming the planetary etheric into a lighted network of triangles which circulate the solar energies of Light and Love. Over time, we can be assured that this triangular matrix will become more closely woven into the fabric of the physical world, meaning that humanity as a whole will become increasingly responsive to spiritual impressions.

So, Triangles is a daily means of revitalizing the planetary etheric structure with Light, imbued with love and spiritual power. Each triangle is playing a part in heralding a reformation of the energy structure of our planet, and with this, the deep purpose of this simple service is slowly unfolding.

The December Triangles bulletin has just been sent out and it was interesting to note the statement by a Triangles co-worker which might be helpful to new members. She wrote that she left her first Triangle because she couldn’t sense how it was making any difference, but very quickly regretted that, and was able to form another Triangle. She says that she loves this profound and subtle work that is so powerful and she confirms that “In time, the bonds between the members in a Triangle become even closer and stronger as does the network itself.” It’s a good reminder that it takes time to develop sensitivity to energy in meditation: there is a certain amount of working “in faith” initially before the group light impinges on our consciousness and sets up a recognisable vibration.

So, if anyone would like to form a triangle for the first time or to create another triangle, please do let us know via the chat box leaving your contact details and we will follow up with you. For now let's take a moment and say together the Noontime Recollection:

We know O Lord of Life and Love About the Need

Touch our Hearts Anew with Love

That we too may Love and Give.

When we look at the world today, the Aquarian impulses and values have yet to become dominant, many forms are still largely unable to convey much of the destined beauty and purity. Spiritual philosophy reminds us that "all forms exist in order to express truth". But through the projection of light and goodwill, when fused and blended with the Triangles network, transformative energies are impressing minds with the visionary and noble ideas that are instrumental in shaping "the new heaven and the new earth". A pattern of right relationships between that which lies above, and that which is below, is strengthening, signalling the formation of a bridge between the inner and outer worlds.

Returning to the Bulletin, there's an article on the "Music of the Spheres" which has some relation to today's talk on "Self Musicalisation" and the role that sound plays in the Triangles service. After an initial quote from Shakespeare's Merchant of Venice, the article continues:

"Amidst humanity's current turmoil and crises, and in stark contrast with our daily experiences, the idea of singing stars or a *harmonia mundi* might seem a naïve dream. Is a *Music of the Spheres*, described throughout history by many cultures, not just an illusion and a longing for a utopia where harmony reigns and life is predictable? On the contrary, the realisation of a musically ordered universe can still be a beacon for everyone seeking a deeper truth to reveal a new relationship between order and disturbance, or in musical terms, between harmony and dissonance.

We can consider that the inspiration for all earthly music, sacred or profane, might be this *Music of the Spheres*, which, as some suggest, can only be heard by the soul. But should music therefore always be sweet, harmonious and devoid of dissonance? ..."

This resonates with our understanding of conflict and the importance of the points of creative tension in our lives. These when regarded as opportunities and rightly resolved lead to a greater harmony, and reflect the workings of one of the 7 rays, the ray of harmony through conflict which finds its higher resolution in the intuition.

Perhaps we could say that our Triangles sing or resound as energy pours through them into human consciousness. The vibration set up may disturb as does light when it shines on darkness, but in the end harmony prevails.