



Triangles

BULLETIN

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TRANSFORMATIONAL CHANGE

Change is an essential part of life. It is the dynamic that moves us through the present, away from the past and into the future. Its cycles of growth are natural, just like the distinct stages that the fetus passes through in the womb leading up to the crisis of birth. But change can also be stimulated by active, confident planning to move in a direct path towards some desirable future by revising our behavior, laws or social programs.

The will to improve can also be oriented towards something more spiritual with the intention of transforming and lifting inner qualities of mind or heart to better express the soul in daily living. Responding to a deeper sense of group purpose within an organization, adjustments may be initiated to enhance working relationships that enable a more useful and positive impact on world need. Transformational changes that flow from the spiritual level of the soul into the material world of time and space are causal in nature, deeply affecting outer behaviors and social norms, ultimately revitalizing and irradiating the substance of many lives.

The prayer, meditation and invocation that we practice within the Triangles network supports this sort of transformation, calling on the energies of soul and spirit to initiate and take the lead in lifting the qualities of being and relationship. This enlightenment is not just within ourselves and our individual triangles, but also brings light into the wider environment of social behaviors and economic relations. This is being amplified because the *oneness* of Humanity, as expressed in esoteric teachings, is becoming more widely recognized outwardly. It is this development that seems of critical importance against the backdrop of social upheaval and constant mutability in the everyday lives of citizens throughout the world.

Both an understanding of human nature and the evolutionary growth of consciousness form a required framework for transformational change. For it is only with such a framework that we can begin to observe the world of time and space from a stable, fixed point of spiritual identity, independent of time and space. It is only from the detached perspective of the soul, wise and loving, that we can recognize that we are living through a cycle in which the spirit of *oneness* is re-shaping consciousness. Out of all the current distress, humanity is in the process of reorientation and can experience a rebirth.

The art of transformation is a work in progress – altering the substance of our nature takes time, rhythm and quiet persistence, and all the more so when it is Humanity itself that is in the process of metamorphosis. By seeing our lives and our communities as places of transformation, we aid what is a natural birthing process.

THE MUSIC OF THE SPHERES

*Sit, Jessica. Look how the floor of heaven
Is thick inlaid with patines of bright gold.
There's not the smallest orb which thou behold'st
But in his motion like an angel sings,
Still choiring to the young-eyed cherubins.
Such harmony is in immortal souls,
But whilst this muddy vesture of decay
Doth grossly close it in, we cannot hear it. (Shakespeare, from *The Merchant of Venice* – 5.1.57)*

Amidst humanity's current turmoil and crises, and in stark contrast with our daily experiences, the idea of singing stars or a *harmonia mundi* might seem a naïve dream. Is a *Music of the Spheres*, described throughout history by many cultures, not just an illusion and a longing for a utopia where harmony reigns and life is predictable? On the contrary, the realisation of a musically ordered universe can still be a beacon for everyone seeking a deeper truth to reveal a new relationship between order and disturbance, or in musical terms, between harmony and dissonance.

We can consider that the inspiration for all earthly music, sacred or profane, might be this *Music of the Spheres*, which, as some suggest, can only be heard by the soul. But should music therefore always be sweet, harmonious and devoid of dissonance? It seems not, because even in Early and Classical music, dissonances were always points of tension necessary for musical expression representing a pair of opposites in sound to enrich our experience. Yet, for a long time, dissonances were considered as phenomena needing resolution. This was the basis of the Harmonic system. At the end of the nineteenth century, however, Schönberg proposed that music based on this system alone could no longer serve to connect our minds to the divine because it had become too comfortable and predictable. Humanity needed an emancipation of the dissonance as a valuable and independent sound in its own right, a principle that has been integrated in much music ever since.

What we might conclude is that dissonance and disturbance have infinite potential to be integral to harmony itself. And the fabric of any true utopia would also include such elements of disturbance, with life's hardships being understood as opportunities to learn and grow. Their contribution is not to make life more chaotic, but, rather, to make it richer and more complete. They are steps on the path to love and to a deeper connection with the divine, just as the work of Triangles aims at infusing the world of all experiences with the wisdom and love of the spiritual realm. So, when we imagine and perhaps even experience the *Music of the Spheres*, let us welcome the dissonance and its integration into a harmony of reality.

SHARING GROUP THOUGHT

I have been working in Triangles for quite a few years now, and in fact, I can't remember when I first started. I do know I left my first Triangle because I couldn't sense how it was making any difference! I very quickly regretted that decision and fortunately one member was open to forming another Triangle with me again. So, I am very glad to say I love this work! It is so profound, subtle but incredibly powerful. In time, the bonds between the members in a Triangle become even closer and stronger as does the network itself.

Needless to say, we seem to be in the thick of it now, collectively. The strength of our bond in Triangles and our work together is a consolidation of many lifetimes of work which I now feel is protecting humanity and assisting the ascension process. As we steadily anchor divine qualities on to the earth plane, the outcome is assured even though things look precarious.

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INNER LIGHT

Darkness has always had the power to strike fear in human hearts, so the sudden loss of light, caused by eclipses of the sun or moon, was once a frightful experience. In these days, however, the occurrence of an eclipse is met with great public interest and wonder. Astronomers eagerly await these events as opportunities to deepen their scientific investigations, knowing they might bring valuable discoveries. Such was the case with the solar eclipse of 1919 that confirmed Einstein's theory of general relativity and greatly furthered the understanding of gravitation and the behaviour of light.

On a more philosophical level, eclipses of a psychological nature also allow us to understand light of different kinds and/or frequencies. The light of the personality tends to dominate our everyday lives and it may be only when dark points of crisis eclipse this light that the more subtle inner light of the soul is sought and registered. The path of wisdom leads us to examine our experiences and reactions, and esoteric teachings indicate that the most important and valuable truths are those whispered by the still small voice of the soul. So, we strive to pause the hectic 24-7 living and take time for meditation. In the life of the spirit, this practice helps us to develop a continuity of consciousness that is able to observe outer events without being overwhelmed by them.

Minor psychological eclipses may be common and frequent but they offer a chance to question our perspectives and allow the insights that prompt inner or outer adjustments that may alter our direction. Also, in the wider world, events offer challenges and opportunities that may similarly alter our views. With the breakdown of social norms, mass migrations and natural disasters that we are now witnessing, long held beliefs no longer seem adequate to explain the world around us. All of this adds to a climate of fear. But by abiding in the soul's light, even with all the noise and confusion, we may reach into the world of causes and find a greater understanding of these external manifestations. Then we can also perceive that the accompanying darkness provides a backdrop for points of spiritual light that are coming into view. We have the assurance of spiritual teachings that, through distress, humanity's consciousness is rapidly awakening from a long sleep, that the great and fundamental reality of the human state of mind is beginning to focus itself upon the things which matter and to express itself in a living fashion.

Individually we may be powerless to effect major changes in the wider world but an immense potential is found in the network of Triangles as a synthetic group. Its service relates spiritual realities to human experience through its focused meditation, sending enlightened goodwill to all those who love humanity worldwide. Together we have the opportunity to lift the world from its gloom into the light of a new age. We use this opportunity of our troubled times to strengthen the work of Triangles and of the New Group of World Servers, amplifying the points of light and irradiating human consciousness.

Triangles Webinar: Broadcast on the second Monday of every month
www.lucistrust.org/triangles/webinar

THE GREAT INVOCATION

From the point of Light within the Mind of God
Let light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ* return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men –
The purpose which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power
restore the Plan on Earth.

THE GREAT INVOCATION (Adapted)

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One* return to Earth.

From the centre where the Will of God is known
Let purpose guide all little human wills -
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power
restore the Plan on Earth.

* Many religions believe in a World Teacher, a “Coming One”, knowing him under such names as the Lord Maitreya, the Imam Mahdi, the Kalki Avatar and the Bodhisattva. These terms are sometimes used in versions of the Great Invocation for people of specific faiths.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for people of goodwill and is published four times a year in Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

For further information and literature write to Triangles:

Suite 54
3 Whitehall Court
London SW1A 2EF
UK

Rue du Stand 40
Geneva
CH-1204
SWITZERLAND

866 United Nations Plaza
Suite 482
New York NY 10017
USA

www.lucistrust.org/triangles