

Triangles in Traditional Korean Religion

Triangles Meditation Group Webinar

February 9, 2026

Hello everyone and welcome to the Triangles Meditation Group Webinar...

This webinar meets on the 2nd Monday of every month to support and strengthen the Triangles network. It provides a forum to throw light on topics related to Triangles, but most importantly, it is an opportunity to join together in meditation to energize the network.

Many who are new to Triangles join this webinar to learn more about it. For those who are new, I offer just a brief description of the practice.

Triangles is a form of service which uses the power of focused thought to uplift and transform consciousness. Three people agree to link for a few minutes of meditation each day. They link up as souls and visualize themselves as the three points of a Triangle connected by energies of light and goodwill. They visualize their Triangle within a worldwide network of Triangles surrounding the planet and sound the Great Invocation, a world prayer, adding their contribution to the whole. Triangles partners do not need to link up at the same time, nor do they need to be located in the same place. Once established, the subtle link persists and needs only to be activated once a day.

We know that even though it's a very simple practice, it's not always so easy to explain this work in a way that communicates its simplicity and also its efficacy as a means of doing real and lasting good. We invite you to invite anyone in your life who you think might be interested to join us on the second Monday of each month for this webinar to participate in the meditations and to learn more about this work.

This webinar also acts as a platform to aid in the forming of new Triangles so if anyone is interested in forming a Triangle, put your name in the chat box and I'm sure we can find two others to join you.

Today I will share just a few thoughts on **Expanding the Triangles Network**. We will then do a reflective meditation on the Great Invocation. Following this, we will hear from long-time Triangles member JooHee Lee who will share some thoughts on **Triangles in Traditional Korean Religion**. We will then close with our meditation in support of the Triangles network.

The Mantram of the New Group of World Servers:

May the Power of the one Life pour through the group of all true servers.

May the Love of the one Soul characterize the lives of all who seek to aid the Great Ones.

May I fulfill my part in the one Work through self-forgetfulness, harmlessness, and right speech.

Triangles has been existence for over 90 years now. During such a long period, it has naturally gone through cycles of ebb and flow. Periods of growth and expansion are naturally followed by periods of reorganization and consolidation prior to expansion once again. This cyclic ebb and flow can be likened to the breath, and it is a natural part of the life cycle of all things. There are greater and lesser cycles of this life-breath—one of them, as we know, occurs daily as each member of the network vivifies the Triangles which they have formed. We can imagine the network comprised of many layers of cycles, many layers of life, many layers of breath—energies moving and circulating at many levels and in many directions—all ordered and in harmonious relationship, forming a network of sonorous beauty.

We keep in mind that the Triangles network spans many aspects of our planetary life and not least of all the entire distance between two of the major planetary centers, Hierarchy and Humanity. The network is therefore composed of many grades of light circulating through diverse points of distribution, all of them unique. Importantly, we have traveling through this network of light, the magnetic quality of goodwill. This energy of goodwill is unique in that it is in essence a very divine energy and in expression a very human one.

Part of the beauty of the network is that it is uniquely impermanent. The network is designed to persist only while the will of the thinkers (ie Triangles members) are active and present. The members, through the daily practice, make the network anew each day.

This is one of the network's great strengths and a natural safeguard from crystallization and distortion of the sort which plagues many other activities and spiritual doctrines today. Triangles is fundamentally a network of energy circulation and distribution, therefore in a constant state of motion and renewal. It is fundamentally composed of living units—the souls of Triangles members. This is surely by design. The Masters of the Wisdom Who originated and still guide Hierarchical projects such as Triangles surely foresaw the many issues that aspirants and disciples would face throughout its first century of existence. The simplicity of the practice is another of these safeguards.

Today many feel called to expand the network, to bring more people to it, with the belief that an expanded network will be more effective in fulfilling its mission. This is likely fueled by many things—perhaps in part a response to world need, or a sense of responsibility naturally emergent as a result of soul contact. We must be careful, however, that the will to expand is not fueled by a perceived sense of failure and by the related compulsion and need to always “do more”.

It is a very human attribute to want to improve, to expand, to aspire, and to grow. However, we must be cautious, for it is very easy for us as human beings to fall into a paradigm centered on the not-self with a field of perception limited only to the form. Esoteric work of any sort must work from above at least as much as it works from below. Approaching self as that which is incomplete and in perpetual search of some ideal, or some vague sense of “the more,” is not a strong foundation upon which to work.

A wiser and more mature paradigm looks at expansion and growth in a somewhat different way. Rather than a striving after an ideal “expanded network,” one might instead look at the very same goal as a process of the network becoming in expression what it already is in essence.

It is the soul or self which becomes. And it is the soul or self which links up the originating Idea with its outer expression. Rather than working with an image or conception or thoughtform of the network, the soul “sees through” form and works with the reality of the “thing itself”. Reality here has two connotations: the world of originating Ideas or essence, the causal world—but also the world of manifested reality as it is and not as we wish it to be.

Today we might say that the Triangles Network, like all things, is being pulled into an accelerated “process of becoming.” Expanding the network to include more people is an important part of responding to this process, but it must be done for the right reasons and from a place of alignment. This is a natural and organic responsibility, and it is one which can only be assumed by Triangles members themselves.

There are many practical things one can do to help expand the network for those who feel called to do so:

- The Triangles work is best shared by word of mouth, either by telling those who you naturally encounter or by setting up meetings to introduce this work within your local community. Wearing the Triangles Pin is a good way to spark a discussion with those who might be interested, and we also have Triangles business cards we can send you to assist in this sort of direct outreach.
- You can invite friends, family, and acquaintances to this webinar.
- A new Triangles video will be published in the coming months. This can be shared on social media or circulated to friends and groups.
- You can integrate Triangles with your other spiritual work and share it within that context:
 - Ask your healing group to form triangle.
 - Share it with others at your local full moon meditation group.
 - Mention it in conversation at the next spiritual or astrological conference you attend.
- Headquarters is available to speak at your online event if you’d like.

And of course, this webinar is a great place to form Triangles. If you are interested in forming one today, you can put your name in the chat box, and I am sure that we can find two others to join you.

