

## TRIANGLES INTRO – MONDAY 9<sup>TH</sup> MARCH 2026

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Hello everyone and welcome to the March Triangles webinar. None of us needs reminding that we now meet up during a particularly challenging and unsettling time of conflict and destruction, but we can rest assured that the light we invoke for our Triangles, and the global planetary network, is helping to awaken and illumine receptive minds and hearts. Our Triangles and the network itself act as a communication system into the outer world and with channels like these, the spirit is empowered to influence human affairs. Such a simple service has therefore a planetary impact on human affairs. Nowadays the idea of consciousness as a field of meaning and of reality is understood by many, and this makes it easier to speak about the Triangles work. A useful practice when introducing someone to this service of Triangles is to point out that triangular patterns are both universal and basic to nature. A trinity lies at the heart of every living form and, of course, three people constitute the smallest group. Each member of a Triangle identifies with this life-affirming pattern, echoed in the Light, Love and Purpose of the Great Invocation to guide human wills. Every Triangle formed, strengthens the network and increases the distribution of light and goodwill worldwide.

The light we invoke and circulate also serves as a spotlight revealing the distortions of truth being relayed, and the twisted propaganda which disturbs humanity's conventional thought patterns. It does have a positive effect in making us question and think about the value of truth, of striving to express it and the consequences of not doing so. All of this can be used to a positive end as it calls us to stand in the soul's light and to develop self-forgetfulness, harmlessness and right speech. It's a process which requires us to step back and see through the clear eye of the observing soul.

Let us now take a moment and say together the five o'clock mantram, focusing on all who love and serve humanity:

May the power of the One Life pour through  
the group of all true servers,  
May the love of the one soul characterise the lives  
of all who seek to aid the Great Ones,  
May I fulfil my part in the One Work through  
self-forgetfulness, harmlessness and right speech.

Mantrams like this have a powerful effect as they are initiated from divine sources and sounding them integrates heart and mind. We find a further example of this quoted in a speech given by Abraham Lincoln who was an astute observer of humanity. This is what he had to say:

“An Eastern monarch charged his wise men to invent a sentence to be ever in view, one which should be true and appropriate at all times and situations. They presented him with the words ‘*And this, too, shall pass away.*’”

It is a phrase which puts things back into perspective and Lincoln was said to frequently use this aphorism with friends and co-workers. It became a mantram in his daily life. We too can find helpful mantrams to use in our efforts to serve and to live more disciplined and principled spiritual lives.

There is a wonderful instruction in the Alice Bailey books given to a disciple:

“You need to learn the lesson that it is relatively of no importance what you do. That which is of major importance is to register consciously all the time just exactly what you are doing.”

*Discipleship in the New Age, Vol. 1, p135*

This quotation has great relevance to our short daily Triangles service. When we register consciously what we are doing in vitalising our Triangle and linking it to the planetary network, we succeed in providing a focused and dynamic service. We then become sensitive, above all, to the qualities of energies which are seeking expression through us. Eventually the aim is to bring this difficult task to realisation by learning to hold the mind steady in the light. The question can be asked of what value is a day of busy distractions when the ceaseless activity of the mind stuff tosses like a cork afloat the ocean. It results in limiting awareness of the soul as well as our spiritual development and service. One sure thing that can be said about spiritual service and that is that its solutions are simple - Love more, awaken the Will. Simple, yes - but the application is challenging.

Returning to our troubled times and the continued sharing of bad news on media channels, many people find inspiration by stepping outside and looking up to the heavens. The energy from the stars in the sky seem to interact with us ; knowing too that the planets continue to revolve in their orbits around our sun is a reassuring rhythmic order. The act of looking into the night sky has the effect of putting things into perspective and uplifting us, even though some find it a somewhat disturbing or a self diminishing experience to the personality. It is a reality however, that energies from the stars and constellations in the night sky have an influence on our consciousness. This relates well to the topic of our speaker this evening, Karly Way, who will be touching on the subject of Triangles in terms of soul-centred astrology and its usefulness in our everyday lives.