

## ***The Creative Power of Triangles*** **Triangles Webinar: May 11, 2026**

Uta Gabbay

I would like today to look together on the triangle as a creative agent.  
Energy flows through relationship. A triangle is a simple, stable unit of relationship.  
It holds a field of tension between three points.  
Potentially it creates balance between them. And it distributes force.  
A triangle can act as a form of relay station, a vessel through which higher energies can safely circulate into the world.

The creative power of triangles works on all levels — on the level of individuals, in groups, in nations, and in the planetary field as a whole.  
Let's see how we can use triangles on these different levels.

### **Individual Triangle Work**

At the level of the individual, triangle work begins inwardly, inside of ourselves.  
We can think of the human being as a living triangle:  
personality, soul, and spirit.  
Or mind, heart, and will.  
Or in the Tibetan's beautiful words:  
"I am a point of light within a greater Light.  
I am a strand of loving energy within the stream of Love divine.  
I am a point of sacrificial Fire, focussed within the fiery Will of God.  
And thus I stand."

Light, Love, and Will - the primary energies that flow through all of us.  
When these three begin to align within us, there happens a point of stabilisation. We become a creative unit.

We are less reactive and more responsive. More coherent. Through a coherent consciousness there will be right circulation of energies. We become an ordered field through which soul energy can flow into our life and service.

### **Triangles in Group Work**

Now, three coherent individuals, when they hold a common intent, become a creative group unit. In the Ageless Wisdom teachings, we are told that humanity is learning to work increasingly through group formation and group consciousness, and that "the potency of an integrated group composed of disciples who have a common vision and an established group purpose is very great."  
A triangle of disciples may become a center of fiery activity.

To wield a triangle consciously is part of what the Tibetan describes as "newer Aquarian techniques." As a creative triangle we learn about right circulation of energies. About rhythmic

exchange. About holding a shared center. A creative field emerges through ordered, aligned relationship, and this coherent field then can hold a project together.

In Hechal we experience this for example, in a project we run, the Middle East Vigil. It is a weekly online service, led by a team of three coworkers. Each point of this triangle carries a distinct responsibility. One of us reports on what is happening in Israel, the other what is happening in the wider Arab world of the Middle East, and a third is leading the weekly meditation. The three functions weave everything into one coherent project and hold the field of a large group of participants stable from week to week.

A triangle can also function as the core unit within a larger group. It holds the purpose, the central magnet of the group. The Piscean group model of a strong leader at the centre of a group, gives way to what we could call field-consciousness. With a stable, coherent core, a large group can become a unified field, an island of coherence, which radiates beyond its boundaries, into its environment. It becomes a cohering factor.

### **Intergroup Triangles**

And then we can see within the esoteric community the forming of triangles of groups. Three groups working together. This is significant because humanity's future may depend on learning how diverse groups can cooperate. A triangle of intentional spiritual groups seems to be a suitable learning ground. Figuring out a prototype in lab conditions, so to speak. How can we hold our distinct group note while blending into being one unified agent together with two other groups? How can we complement and augment each other, and synchronise, synthesise our energies into an efficient harmony?

When three groups reach a state of harmonisation, something larger becomes possible. A triangle of groups can hold a larger intergroup field together. A field made up of many groups.

In Hechal, we are experimenting with this in another of our projects — the Nations Lab. We focalise it together with two other groups. It is a monthly webinar, now in its 7<sup>th</sup> year. It is a hub for groups working with collectives; our aim is to awaken to the souls of our nations, and to foster the vision and process of Uniting the Nations. It is a sort of creative laboratory, where we experiment with building a small seed for a soul-guided United Nations of the future.

The focalising group triangle of the Nations Lab consists of Hechal from Jerusalem, Klangschale from Germany, and the 2025 Initiative from the USA.

We are a weave of different notes, qualities, and skills. And we bring together the perspectives of three continents — Asia, Europe and America. The participating groups come from Europe, America, Asia, and Australia.

### **Triangles Among Nations**

Three of the participating groups have formed a triangle between their nations - Australia, Denmark, and Canada. They call themselves the Middle Nations Triangle. Their three nations are neither large nor small; they do not belong to a bloc. They may support and mediate on behalf of

smaller nations. Middle nations may be capable of softening polarities and building bridges, acting perhaps as a connecting, harmonising tissue. Perhaps as stabilizing agents within the international field. It is a beautiful, inspiring pioneering project.

There is also another, more large scale triangle project — by groups from the 3 parts of the American continent: North, Central, and South America. They hold what they call the Americas Alignment meditation— a service done every week and offered once a month to international participants. It is a sustained meditation work towards aligning the three parts of the American continent. Through visualising an intricate flow of energies between the three large parts of the continent.

Other valuable service projects on the level of nations are the work with the triangular relationship of the USA, Britain and Russia, which the Tibetan had suggested. And likewise, we can envision the work with a current world tension, perhaps the tension between the Western world, Russia and China.

When energies are locked in opposition, things get stuck and conflict intensifies. When energies circulate through triangular relationship, new possibilities emerge. Through visualising a continuous flow in these triangular relationships, we may help open a door to new possibilities on the outer plane.

A triangular circulation can help transform a hardened conflict into a field of creative tension. In the Middle East Vigil we are visualising precisely this process: of violent conflict transforming into a field of creative tension.

Another inspiring project may be triangles of groups of nations with the same ray quality. For example the Klangschale group from Germany contemplates forming a triangle with two other groups from nations who share the 4<sup>th</sup> Ray in their make-up. For example, Italy and Japan. The axis powers of the world war. Visualizing using their 4<sup>th</sup> ray powers for mediation and peace weaving.

We might imagine a future United Nations in which triangles of nations work in this way together, as receptacles and distributors of higher energies for the good of the human family.

With our triangle work on all the different levels we are laying the ground work for this possibility now. We weave pathways of light, nadis, in the etheric body of humanity. Assagioli calls these pathways spiritual airways.

We weave separated energies and forces into a coherent field through which the soul of humanity may emerge.

We are laying the floor plan for a higher order, actively participating in the shaping of a new civilisation.

So, onward we weave, as triangles divine within the square and thus serve our world.