

Introduction

Faith, Creativity, and the Inner Life

Triangles Meditation Group Webinar

July 13, 2026

Hello everyone and welcome to the Triangles Meditation Group Webinar.

This webinar aims to bring together Triangles members for a special meditation to strengthen and vivify the network. It is also a forum to form new Triangles and to deepen our understanding of this work.

Today we have a special guest: long-time Triangles member, and former principal dancer at the New York City Ballet, Maria Calegari, who will share a presentation on **Faith, Creativity, and the Inner Life**.

We will begin today with a brief introduction to the Triangles work followed by some thoughts **on faith and its role in Invocation**. We will then do a reflective meditation on the Great Invocation. Maria will speak, followed by a Q&A, and as always we will conclude with our meditation in support of the Triangles network.

Noontime Recollection

We know, O Lord of Life and Love, about the need.

Touch our hearts anew with love,

That we too may love and give.

Triangles is a service activity that uses the power of focused thought to uplift and transform consciousness. It is a simple practice: three people agree to link for a few minutes of meditation each day. They link up as souls and visualize their relationship as a Triangle, the three points connected by energies of light and goodwill. They then place their Triangle within a worldwide network of Triangles surrounding the planet and sound the Great Invocation, adding their contribution to the larger group effort. Triangles partners do not need to link up at the same time, nor do they need to be located in the same place. Once established, the subtle link persists and needs only to be activated once a day.

One of the ways that the Network can better fulfill its mission is through bringing new people into the work. This is best done through word of mouth and so we encourage all of you to reach out to those in your life who you think might be interested in this type of planetary service to join us. You can write to us for resources to aid in sharing the Triangles work with others, or you may wish to invite them to this webinar, held on the second Monday of each month.

The Lucis Trust has recently published a new introductory [video](#) to Triangles which can be a useful tool in sharing this work with others.

This webinar also acts as a platform to aid in the forming of new Triangles so if anyone is interested in forming a Triangle, please put your name in the chat box and I'm sure we can find two others to join you.

On Invocation and Faith

In addition to new people joining, the network also grows in efficacy and power as members increase their skill in visualization, meditation, and invocation. All can meaningfully serve right from the start, but one naturally contributes more as their practice deepens over time.

There are many books today written on the art of visualization and how one can hone the picture-making faculty of the mind. There are many also written about meditation. The science of invocation, however, is less understood.

One simple way to define invocation is that it is the focusing of spiritual demand to such a degree that it elicits response from those higher agencies who are eternally pledged to aid human evolution. God has never left us without witness. Age after age, divine representatives (called Avatars by some) have appeared on Earth, demonstrating the existence of Divinity and that It can and does act in the world. The lives of the mystics and saints of the ages have further testified to the fact that a path, a way, between the human and the higher worlds exists and can today be tread by all. In other words, the spiritual supply of the higher worlds remains eternally available, but they require a sufficiently voiced demand from humanity to be drawn forth.

In this sense, invocation can be thought of as the operation of a great law of divine supply and demand. It is a means of bridge building such that the lower and the higher—the human and the divine, the supply and the demand—become engaged in mutual intercourse and interplay.

The bridge which invocation builds, however, is a bridge in consciousness and the descending and ascending of energies which comprise this bridge must be understood in those terms. The Triangles network itself can also be understood within this paradigm—as a network of consciousness or relationship rather than just a material web.

Relationship is quite a subtle thing—it is something we all know, yet not something we can own; it is something one can ‘have’ in one sense—yet it is not a possession. It is perhaps most correct to say that a relationship is something that we are “part” of—in some ways we could say that a relationship is part of us. And so there is something about relationship that is of the very essence of self—self, not as a thing, but as that principle or agency which lives and moves and acts. This self is also called the soul.

To work with the network as a network of relationships takes it entirely outside of the materialistic paradigm which dominates much of our social thinking, and places it into a paradigm of soul. The soul is that which informs or lies behind form, whose very nature is unity with all other selves and with the whole. The soul is not the outer form, yet it pervades it. It is not the personality, yet at the same time the soul makes the personality what it is. The soul is group conscious, so possesses an innate unity with all other selves. The soul is Christ in us but it is also Christ in our brother. It is also the unblemished mind, the Buddha-nature latent in all sentient life and which the practice of harmlessness reveals.

This relationship or soul paradigm is a powerful factor in the formation of right intention or the 'why' behind our service work. It is not our own desire for God which fuels our invocative appeal, but rather the voiced and unvoiced spiritual need of humanity.

Invocation is therefore very different from prayer, for it does not work with the energy of desire (either one's own or another's) but with something much deeper—we might say the very essence of humanity's innate and not yet fully expressed divinity.

So the task of those who seek to cooperate with this science of invocation, is to first of all discover, by an act of spiritually mature love, the innate divine need of humanity. This requires a depth of compassion which is willing to 'suffer with' the world in the deepest and truest sense. One which goes through (not around, but through) the outer sorrow, pain, and distress right to the very heart of the human condition—and there discover, stand with, and lift up this innate spiritual need.

Thus does compassionate identification focus invocative demand. What then remains to be done is to bridge the gap to the higher worlds thereby unleashing the floodtide of spiritual supply which there awaits. Putting aside the more complex techniques which the Tibetan lays out in His books, we can all begin with something familiar: faith.

Faith is essentially the visioning of possibility. It is therefore the basis of hope. Faith is that which enables, which opens the door to every latent possibility. It is therefore definitely a power—a power which sustains possibility and opens the door to fulfillment. It is a uniquely human power, for it is that which enables the human "to stand" a vessel or chalice for that which divinity wills to accomplish through it.

Historically the phrase 'blind faith' has been used to refer to indiscriminate obedience or superstition, which of course is undesirable, but the construction of this phrase is in many ways a misnomer, for faith and blindness always go hand in hand. Without blindness, without some gap in consciousness, without the challenge of not knowing, what need is there for faith? Faith is the enabling power by which the eye can be opened—it is a power rooted in the innate divine capacity of man to hope and through the imagination to call forth that which can be—therefore to become.

Triangles is a perfect laboratory in which to experiment with faith and come to a deepened understanding of what it truly means to invoke. The Great Invocation is a powerful tool towards this end.

And so now let us proceed with our Reflective Meditation on the Great Invocation.