



Triangles

BULLETIN

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FREEDOM IN FORGIVENESS

We use the word “forgiveness” to refer to an attitude in which we are able to find reconciliation for both the minor and major mistakes and mistreatments that are so much a part of everyday life. This not only allows us to show benevolence and compassion toward those who have mistreated us but also, eventually, enables us to resolve our own misdoings. A benevolent attitude is, of course, as commendable as it is necessary, and life is of a much higher quality when this attitude is embodied wholeheartedly. In such embodiment, there is a recognition of human fallibility, as well as a greater freedom from prejudice and resentment. Clearly, depending on the severity of what has been suffered, the process of forgiveness can only happen when we are ready for it. When humanity reaches higher states of consciousness, the faculty of forgiveness will become “the very breath of life itself—the giving of all to all and for all.”¹

This understanding of forgiveness is deeply ingrained in humanity, and it is well preserved by the spiritual teachings of many religious and cultural traditions. However, we can extend this idea upwards towards the workings of the Divine Mind and towards a higher and even more profound meaning of the word, which is “to give for”, *for-giveness*. This can be giving with purpose while expecting nothing as a reward. Even more importantly, it can refer to an act of *sacrifice*: it is about giving of one’s self for others, for the sake of the collective life, and about making that a sacred act. This giving is not a loss, but a gain, and it is in alignment with the profound meaning of the word *sacrifice* as “making sacred” (from the Latin *sacrificium*, “to make holy”). In this light, the fact that Divinity Itself sought manifestation in matter, letting go of Its unique nature and identity, was the highest act of *for-giveness* and *sacrifice* that we can fathom. Because of that act, *for-giveness* has remained as one of the most important basic impulses of life on earth.

In our Triangles, we seek to become points of reception and distribution of the Light, Love and Power emanating from the divine source. By joining a Triangle, we confirm our willingness to have our individual identity merged with those of our partners, and through this inclusive act, we empower the most basic of sacred geometrical figures through which these higher energies can circulate. In this way, humanity is directly in touch with healing forces. As we sacrifice our sense of individual identity to join our individual Triangle(s) and we then take it further to fuse with the Triangles network, we become a reflection of Divine *for-giveness* and thus further anchor that impulse on earth, in human minds, and in human hearts.

And it is here, in that deep fusion, that we find the freedom to be our true selves. This greater freedom from the yoke of the limitations of matter further empowers the distribution of spiritual energies. *As above, so below*. As conscious human beings and Triangles workers, we have the privilege of knowing that we can participate in the continuous flow of *for-giveness*.

1. *Education in the New Age, A.Bailey p.129*

CONFLICT RESOLUTION

Two roads diverged in a yellow wood
And sorry I could not travel both
And be one traveler, long I stood ...

Observing the current tremendous turmoil in the world of form, many of us are wondering how all these conflicts could ever be mediated or prevented, as they seem such an unavoidable pattern of life. But we can realise that mediation is not just a work carried out between nations or groups, rather it is also sacred process that arises and unfolds within consciousness. As so many religions and philosophies have stated: each human being, sooner or later, must choose which way to live his or her own life from options that are often in conflict.

As described by the first lines from Robert Frost's poem, *The Road Not Taken*,¹ often it is not easy to decide. What the personality desires for comfort, security and recognition often clashes with the more spiritually purposeful options, but the friction between these two choices is the birthplace of growth recognised in meditation. This is a form of mediation that can call upon the soul's perspective – it raises the point of view above the level at which the conflict occurs, and this requires a conscious choice and an application of our free will. This process provides a third position which emerges by inner mediation, becoming the observer who neither judges nor rejects but keeps the mind open to higher soul energies. The soul's wide-reaching perspectives are qualified by inclusiveness, love and the will to serve the whole rather being restricted to satisfying self-centred desires.

Here, in the service of Triangles, we find an extension of this inner mediation – the activity of linking in thought with two others, forming a triangle of light and goodwill. In the Triangles work, the personality stands aligned with the soul and contributes to this enlightened network encircling the world. The personal self, once a source of conflict, is infused with soul energy and becomes a transmitter. The tensions that once divided are now transformed into currents of directed energy, flowing through the triangle and into the collective field of humanity. In this way, even the least experienced Triangles worker can contribute to the healing of the whole. By persistence, those who stand as points of light within this network contribute to the resolution of the world's ancient dualities.

One can also understand the whole of humanity as an individual unit with a personality and a soul, standing before these conflicting options. True mediation begins with this recognition. Just like separate individuals in moments of tension, humanity feels the weight of regret at the necessity of decision and knows the courage it requires. This has long been recognized in human reflection. Yet the deeper teaching is not merely to choose, but to choose in the light and love of the soul and in alignment with the will that serves the greater whole with joy. So then, returning to the final lines of Robert Frost's poem:

Two roads diverged in a wood, and I --
I took the one less traveled by,
And that has made all the difference.

1. *The lines quoted are part of a longer poem.* https://en.wikipedia.org/wiki/The_Road_Not_Taken

Triangles Webinar: Broadcast on the second Monday of every month
www.lucistrust.org/triangles/webinar

THE BRIDGE OF THOUGHTS

In accordance with the spiritual teachings, we come to know all things in this world as reflections of inner happenings that are veiled. Centuries past saw bridges in the outer world made of logs, rope, or heavy concrete structures. Today we have high speed rails that span mountain passes and communications technology that can connect us face-to-face with others in places on the other side of the earth. These outer manifestations parallel the bridging work taking place within consciousness, letting reality precipitate and blurring the boundaries between worlds.

At an earlier time, bridging within consciousness was the province of the very few, while the masses were left in ignorance without access to even the essentials of education. Today, people everywhere have access to educational facilities and through technology, at just the touch of a screen, many can access enormous resources of humanity's knowledge that has been acquired through the lower mind. Building upon this foundation, provides humanity the opportunity to develop the power of thought capable of penetrating the inner spiritual realms which no machine can penetrate. Of course, all opportunities present challenges and counter previous trends. The allure of technology could easily result in humanity becoming lazy and stuck within the unthinking glamour of nonessentials and so forfeiting the massive energy supply of light and goodwill which the mobilization of human thought can provide.

The mystery traditions throughout time have used the symbolism of the bridge as a vehicle of illumination. The Buddha likened His teaching to a bridge or raft that enabled students to cross from the shore of this outer world to the inner shore, a bridge which must be left aside once the shore is reached. Patanjali taught that, through a withdrawal of the senses, we can create that "sacred bridge" that connects us with the source. In her work with the Esoteric section of the Theosophical Society, Helena Blavatsky brought to light the ancient teaching on "The Golden Stairs." These "Stairs" consisted of directives from ancient eastern esoteric traditions which were devised to lead the student step-by-step on the path to becoming an effective server. The teaching on the antahkarana or inner instrument of light, which was given out less than 80 years ago, holds out the means whereby the promise held within the recesses of the mind can be realized. Those standing within the heart center of the new group of world servers collectively use this bridge to weave lines of relationship—bridging up, down and all around to circumnavigate the earth. At the heart of this bridging work stands the Triangles network.

We must resign ourselves to the fact that the only way in which we can find the clue to [certain esoteric mysteries], lies in the study of the law of correspondences or analogy. It is the one thread by which we can find our way through the labyrinth, and the one ray of light that shines through the darkness of the surrounding ignorance. H. P. Blavatsky, in "The Secret Doctrine," has told us so, but as yet very little has been done by students to avail themselves of that clue. In the study of this Law we need to remember that the correspondence lies in its essence, and not in the exoteric working out of detail as we think we see it from our present standpoint. The factor of time leads us astray for one thing; we err when we attempt to fix stated times or limits; all in evolution progresses through merging, with a constant process of overlapping and mingling. Only broad generalities and a recognition of fundamental points of analogy are possible to the average student. The moment he attempts to reduce to chart form and to tabulate in detail, he enters realms where he is bound to err, and staggers through a fog that will ultimately overwhelm him. *Initiation, Human and Solar, A. Bailey pp.6-7*

THE GREAT INVOCATION

From the point of Light within the Mind of God
Let light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ* return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men –
The purpose which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power
restore the Plan on Earth.

THE GREAT INVOCATION (Adapted)

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One* return to Earth.

From the centre where the Will of God is known
Let purpose guide all little human wills -
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power
restore the Plan on Earth.

* Many religions believe in a World Teacher, a “Coming One”, knowing him under such names as the Lord Maitreya, the Imam Mahdi, the Kalki Avatar and the Bodhisattva. These terms are sometimes used in versions of the Great Invocation for people of specific faiths.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for people of goodwill and is published four times a year in Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

For further information and literature write to Triangles:

Suite 54
3 Whitehall Court
London SW1A 2EF
UK

Rue du Stand 40
Geneva
CH-1204
SWITZERLAND

866 United Nations Plaza
Suite 482
New York NY 10017
USA

www.lucistrust.org/triangles