

TRIANGLES WEBINAR – 8TH SEPTEMBER 2025

[Introduction – 10 minutes]

Welcome to this Triangles Webinar for Monday, September 8th 2025. My name is Vincent Claessens and I will introduce Mintze van der Velde from Geneva. He will join us in a minute in order to speak about *Triangles and Science*.

These monthly Triangles webinars have two major goals – both of which seek to strengthen the planetary network.

- First, to have a space where existing Triangles members can work together in a meditative visualisation in support of the Triangles network and to hear reflections and share ideas about world service through the power of thought from different Triangles co-workers.
- Secondly, to introduce new people to Triangles and hopefully stimulate the formation of new triangles.

We will begin with some introductory remarks about Triangles. Then we will work with a visualisation on the Great Invocation, which regular participants in this webinar are familiar with. This will be followed by a talk of our guest, Mintze. We will conclude with a Triangles meditation with a view to *Energising the Planetary Network of Triangles*.

It is always relevant to reflect about the Triangles, so that our daily meditation remains vibrant.

The Triangles network is made up of individuals around the planet who come from different spiritual backgrounds and share a common belief in the powerful role that meditation and invocation can bring light to new values which can guide humanity to a better world. A better world is not a dream, nor a utopian fantasy, but a world founded on right human relationships.

The name *Triangles* is significant at many levels. After all, the triangle, the three as one, is one of the most fundamental symbols in the major spiritual traditions: Let's think for instance to the Christian Trinity, the Hinduist Trimurti or the Buddhist Triad.

The Triangles network consists of groups of three people who agree to link in thought every day, visualising themselves as a triangle of light and together invoking energies of Light and Goodwill by sounding the Great Invocation. That does not mean that the coworkers have to meditate at the same time. They can chose the moment of the day according to the local time that suits them. So there is no need for the three points in a triangle to link up at the same time or to be physically together.

Each triangle is part of the global network of Triangles. The network has been built over many decades and can be seen as a strong, potent structure in the etheric body of

humanity and the Planet, through which spiritual energies flow into the consciousness of humanity to touch all those hearts and minds that are open to spiritual stimulation.

Allow me to share some thoughts about the present situation and the work of Triangle.

Today the human beings live in a state of tension. For most of them, it is a negative tension created by emotional troubles.

Indeed the current world situation is full of conflicts. Extreme points of view often seem irreconcilable. This can be seen at the international level: nationalistic perspectives prevent cordial understanding and sufficient political stability to bring about international unity.

At the individual level too, opinions clash so violently that social networks resemble a battlefield rather than a platform for sharing ideas or creating inclusive projects.

In short, we need to find the point of reconciliation that leads to synthesis, which is possible at a higher level than that of conflict. If we look at the base of a triangle, the point of reconciliation lies in the middle of the baseline. From this point, a path rises to the apex of the triangle, where the point of synthesis remains.

Three obstacles prevent us from reaching the middle path that leads to synthesis: fear, hatred and selfishness. Spiritual Light and Good Will, transmitted through the global network of triangles, are the best antidotes to these three poisons.

Faced with enormous global problems and challenges, we sometimes feel powerless. We'd all like to act, but we tell ourselves that individually our action will be ineffective. However, when we perform the Triangles meditation every day, we are acting not only with a whole network of thousands of collaborators, but also with the power and the light of the spiritual Hierarchy. The Triangles network is the interface between the material world, where all human problems and issues arise, and the spiritual world, where creative and lasting solutions are emerging.

Through the power of our concentrated, enlightened thought, we strengthen this network and encourage the emergence of a better world where right human relations reign, and the birth of a responsible and creative humanity facing global problems.

When we look at the world situation through the media (TV, press or internet), we can become pessimistic because they always draw a dramatic picture of the world focusing on the worst and the sensational news. All that stuff conveys and highlights a bad image of human being.

But what if it isn't true? What if this image was not compliant with the very nature of human being.

According to the American Psychology Association dictionary, *negativity bias* refers to "the tendency of people to give disproportionate weight and consideration to negative

information and events". Generally speaking, negative elements make a greater impression on the mind than positive ones.

In his book "*Humankind: A Hopeful History*", international bestseller Rutger Bregman, a Dutch historian and journalist, provides new perspective on the past of human history. Contrary to what the philosopher Hobbes and the psychoanalyst Freud said, the characteristic of our basic psychological nature is kindness. We tend to cooperation rather than competition, and we are more inclined to trust rather than distrust one another. Bregman shows us that believing in human generosity and collaboration isn't merely optimistic—it's realistic. It has huge implications for how society functions. When we think the worst of people, it brings out the worst in our politics and economics. But if we believe in the reality of humanity's kindness and altruism, it will form the foundation for achieving true change in society. These changes are already underway. And that is precisely what the media don't show us in the right proportion.

If the human nature is better than we thought, we could be more optimistic and cultivate hope. That was the keyword of the last World Goodwill Newsletter and I would like to quote a passage inspired by the words of the visionary leader Vaclav Havel : "hope is a dimension of the soul ... an orientation of the spirit, an orientation of the heart... hope has nothing to do with 'things going well' but rather draws on the ability to "work for something because it is good, not just because it has a chance to succeed."

What unites Triangles workers is the use of the Great Invocation and a willingness to use the power of thought and of visualization in service of humanity. The work is simple but very deep – it depends on the regular participation of Triangles partners in the simple daily act of alignment with the three points of the triangle and use of the Great Invocation.

If you are new to this work and respond to this idea of planetary service, you might like to consider forming a Triangle or, if you are already a member of Triangles, you might consider forming another. Thus more spiritual energy will be released into our world. This is especially true of those who are already consciously treading a spiritual path and developing skills in work with the lighted, loving energies of the soul or Higher Self.

There is further information on the Triangles website, www.triangles.org, about how to form a triangle – including a section where you can form a Triangle online, by entering your details and inviting others to contact you to form a Triangle.

- We will now go into our Visualisation: ***Reflection on the Great Invocation***

1. Link in thought, as a soul, as a point of love and light, with all those people throughout the world who are part of the Triangles service work. **[1 minute]**

2. Visualise the world situation as best you can and see people everywhere glowing with a dim light and, here and there, points of brighter light where men and women of spiritual intention and of loving hearts are working for their fellow human beings.

[3 minutes]

3. Then visualise (through the creative imagination) the vivid light of the Spiritual Kingdom streaming towards humanity and slowly merging with the light which is already in humanity. Say the first stanza of the adapted GI

From the point of Light within the Mind of God

Let Light stream forth into human minds.

Let Light descend on Earth. [1 minute]

4. Then ponder upon the reappearance of the Coming World Teacher; realise that no matter by what name He may be called in the many world religions, He is still the same great Identity; reflect and speculate upon the possible results of His appearance. Then say the second stanza of the Great Invocation:

From the point of Love within the Heart of God

Let Love stream forth into human hearts.

May the Coming One return to Earth. [3 minutes]

5. Endeavour to concentrate your fixed intention to serve and to spread love in your surroundings and realise that in so far as can do these things you are attempting to blend your personal will with the divine Will. Then say stanza three of the Invocation:

From the Centre where the Will of God is known

Let Purpose guide all little human wills—

The Purpose which the Masters know and serve. [2 minutes]

PAUSE

Then sound the OM, dedicating the threefold personality to the working out of the Divine Plan.

OM

- We are now going to listen to Mintze van der Velde, who will talk on *Triangles and Science*.

[20 minutes]

- Questions & Answers:

If you want to make a comment or share a thought, please raise your hand and we will give you the floor. [5 minutes]

- We are now going to close the webinar with a meditation to *Energise the Planetary Network of Triangles*.

Stage I

1. We come together as a group unity on the mental plane.
2. Identify as a soul with the world group functioning through three planetary centres, London, Geneva, and New York, as a triangle of Light.
3. Extend identification through the soul to the new group of world servers, to the Hierarchy and to the Christ, the transcendent point of synthesis at the centre of every triangle; and to the triangle of energies standing behind the Christ.
4. Identify the centre of Shamballa, the centre of Purpose and Power. [3 minutes]

Stage II

Recognise the synthesis of three streams of cosmic energy within Shamballa, where the Will of God is known, using the dedication:

**In the centre of the will of God I stand.
Naught shall deflect my will from His.
I implement that will by love.
I turn towards the field of service.
I, the Triangle divine, work out that will
Within the square and serve my fellowmen. [1.5 minutes]**

Stage III

Visualise a network of lighted triangles underlying the entire outer world of physical life and events.

See the network:

- a. Linking all triangle units and relating all points of light throughout the world.
- b. Relating the world of spiritual realities — the Hierarchy, to the world of experience — humanity; and acting as a channel of distribution within humanity for the spiritual energies pouring through the Hierarchy.
- c. Transforming the planetary etheric vehicle to receive and circulate the energies of the soul and the Triad: Will, Love, Light. [3 minutes]

Stage IV

Realise that the energies of Light, Love and the Will-to-Good, evoked by all triangle workers, pulsating through the planetary Network of Triangles, are having an inevitable effect within the three worlds (mental, emotional and etheric) of human evolution, lifting human consciousness, and helping to create the Path of Light for the feet of the Christ.

[2 minutes]

Stage V

Reflect on the purpose, function and right development of the Triangles Network, as an hierarchical activity.

[3 minutes]

Stage VI

Blended with the group, STAND with positive intent, as a station of radiant light within the Network of Light and Goodwill.

[1.5 minutes]

Stage VII

Sound the adapted Great Invocation directing the triple energies through the Triangles Network and throughout the consciousness of humanity.

From the point of Light within the Mind of God

Let light stream forth into human minds.

Let Light descend on Earth.

From the point of Love within the Heart of God

Let love stream forth into human hearts.

May the Coming One return to Earth.

From the centre where the Will of God is known

Let purpose guide all little human wills -

The purpose which the Masters know and serve.

From the centre which we call the human race

Let the Plan of Love and Light work out

And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

Pause

Sound the Om

OM

OM

OM

[Appr 15 minutes]

Close

Thank you very much for your participation and thanks very much Mintze for your contribution.

We look forward to meeting up again for the next *Triangles webinar* on the 6th of October 2025.

We want to announce a few coming events:

The *Libra Full Moon Festival*, which will be celebrated in all three Centres, Geneva, London and New York on the 7th of October. Please see the web-site for further information.

The *World Goodwill Webinar* which will be held on 2025 at 12pm EST, 18:00 CET, 5pm GMT.