# Sounding Chakras

A talk about the perception of music

Hub. Pittie - 2022

# Relationships between Language and Music

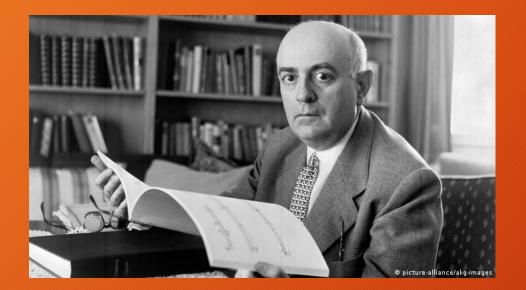
- Structural: musical sentences
- Liszt and Strauss: Symphonic Poems
- Mendelssohn: Lieder ohne Worte (Songs without Words)

#### YET:

#### Music is NOT a language

## Theodor (Ludwig Wiesengrund) Adorno 1906-1969

### "Frankfurter Schule"



#### **Types of Listeners:**

- The Expert
- The Good Listener
- The Culture Consumer
- The Emotional Listener
- The Resentment Listener
- The Listener for Relaxation
- The Indifferent or non-musical or anti-musical listener

# Types of Listeners to music (1)

4

#### THE EXPERT

• Listens to music in an adequate and structural way

Represented by: Mainly professional musicians

# Types of Listeners to music (2)

#### THE GOOD LISTENER

- Experiences the music as a coherent whole and carrier of businesslike expression
- Cannot consciously recognize and follow the logic of the music, which corresponds to the Hegelian logic: truth unfolds in a dialectical process through time

Represented by:

Mainly professional musicians

# Types of Listeners to music (3)

# 6

#### THE CULTURE CONSUMER

- Knows lots about music, like anecdotal details, biographical facts and peculiarities of the performers.
- Cannot listen in a structured way
- Does not like music as an objective expression *per se*, but consumes according to the prevailing public opinion.

#### Represented by:

The so-called upper bourgeoisie, forming a closed group, hostile to the masses and elitists, which holds the key power in public musical life.

# Types of Listeners to music (4)

7

#### THE EMOTIONAL LISTENER

- Mainly focused on the emotional value
- Listening position has little to do with the musical form

Represented by:

People for whom music fulfills a beneficial and non-intellectual function

# Types of Listeners to music (5)

8

#### THE RESENTMENT LISTENER

- Turns away from official music business and commercialized cultural expressions
- Prefers jazz music or music from before Bach, but only if it is performed authentically

Represented by:

The petty bourgeoisie

# Types of Listeners to music (6)

9

#### THE LISTENER FOR RELAXATION

- Today most commonly found
- Heterogeneous group
- Benchmark for the music-industry
- Music is a personal source of experience and a distracting comfort

#### Represented by:

People whose structure of listening is comparable to the behavior of an inveterate smoker.

### Types of Listeners to music (7)

10

#### THE INDIFFERENT OR NON-MUSICAL OR ANTI-MUSICAL LISTENER

• Suffering of a psychological disorder, tracing back to strong inhibitions or deficits in education in early childhood

Represented by:

A heterogeneous primarily antisocial group

### Adorno: Types of Listeners:



## Primary and Secondary elements in Music

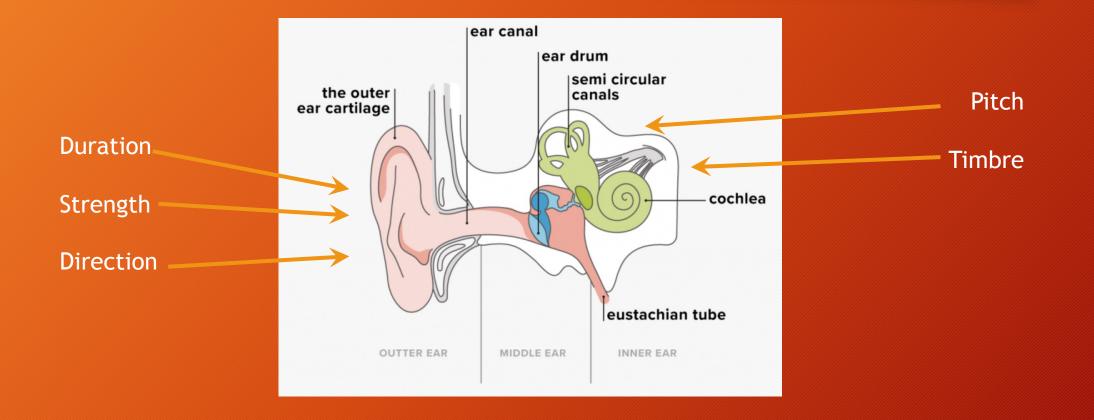
#### Primary elements:

- Tone duration
- Pitch
- Strength
- Timbre
- (Sound Location)

#### Secondary elements:

- Rhythm and Tempo
- Melody & Harmony
- Dynamics
- Color
- (Acoustics)

## Musical perception in the ear



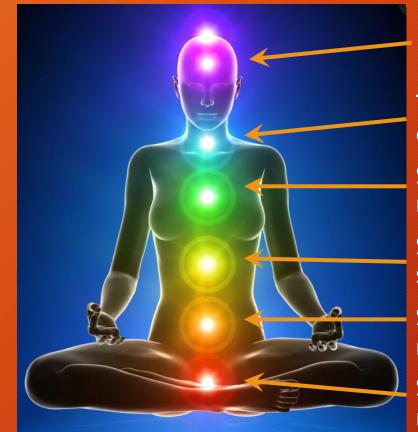
### Music and the Centers

Head Center Ajna Center Throat Center Heart Center

Solar Plexus

Sacral Center

Root Center



AUM - AMEN - OM

Third Ray activity: rational, creative, designing, patterns, commercial aspects

Second Ray activity: classical, religious music, serenity, form-building

Sixth Ray activity: emotion, sentimentality, opera, nationalistic music

Seventh Ray activity: dance music, disco music, erotic effects, jazz, film music

Seventh Reay activity: rhythm, percussion music, rap, designing elements of music

#### Sadhguru Jaggi Vasudev founder of the Isha Foundation



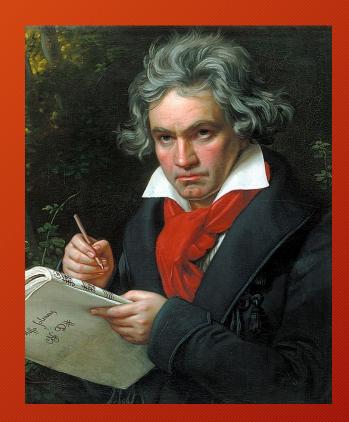
- Human body: seven basic components which have become musical notes.
- The construction of the body, represented as chakras, is within the seven dimensions of creation
- Chakra: a meeting place for the energy system. When a person becomes completely silient in himself, the body can be experienced as sound.
- Music is actually a spiritual process to realize a higher level of consciousness, rather than entertainment as the attitude to life.

### Ludwig van Beethoven (1770-1827):

#### Missa Solemnis, Op.123

#### "From the heart, may it go to the hearts"

(Portrait by Joseph Karl Stieler, 1820)



# Gustav Mahler (1860-1911):

# "What is best in music is not to be found in the notes"

