

Today's broadcast is focusing on the theme: *In the beginning ...* We are fortunate to have long-term Triangles worker, Catherine Crews with us today. She will be reflecting on insights from the creation stories of the Abrahamic religious traditions, and their relevance to our Triangles work, drawing on Aramaic understandings of these sacred scriptures. Dr. Crews is a retired Clinical Psychologist, student of the Ageless Wisdom and the Abrahamic wisdom traditions.

But before we hear from Catherine I wanted to share a brief introduction to Triangles for any newcomers to this webinar today, and to offer some thoughts about the universal spirit that is at the heart of Triangles, for it is a practice that can be used by all who are seeking to serve humanity through the power of thought, prayer, and meditation.

The practice is really very simple and straight-forward. Three people who agree to work in this way make a commitment to spend a few minutes every day to link in thought and imagine themselves to be a Triangle of light and goodwill – linking up soul to soul to form a Triangle through which lighted energies of divinity can flow. Every Triangle is unique with its own qualities and characteristics – yet every triangle is also part of the global network – the grid – of Triangles and it is in identification with this global net of purposeful relationships that participants complete the exercise by using the Great Invocation – invoking higher energies of Light, Love and Spiritual Purpose.

As a result of decades of practice, the net of Triangles has become a living carrier of what we can think of as radiant energies of the Soul. The network is so much greater than the sum of its parts, so much greater than the sum of each individual triangle. Through its presence (and through the presence of other, similarly motivated networks of invocation, prayer and meditation) the energies pulsing through the net of triangles nourish and nurture all of the light and goodwill that already exists in abundance in the mind, the heart and the creative activity of world of the human.

Essentially we can think of the network, grounded as it is in the ancient symbol of the Triangle, as a significant structure playing a vital role in the etheric or energetic body of humanity.

There is information about how to form a Triangle on the website www.triangles.org and this includes a space where you can seek out potential Triangle partners. You can also invite others to join you in a Triangle in the chat box on the webinar today.

One of the joys of being part of the Triangles network at this time in human history is that the environment of thought amongst deeper spiritual thinkers today is so much more inclusive, universal and intuitive than it has probably ever been in human history. This is something that we can, I think, be especially grateful for. What it means is that amongst all the different cosmological and philosophical traditions conditioning the way people think about the world of the sacred and its relation with the worlds of time and space, there is a vast community of thinkers who understand the spirit of Oneness that lies at the heart of their own beliefs and of the beliefs of countless others who follow different teachings, different teachers and different faiths.

So, as Triangles workers today, we are easily able to align with all true spiritual workers of all faiths as, in our groups of three, we invoke Light, Love and Spiritual Purpose into the processes of transformation, initiation and development taking place in human consciousness under the Wise and Loving Guidance of the Christ and of all the Avatars and Ancestors honored by all spiritual traditions.

It is as if the network, along with other movements in prayer and meditation for world service, exists within and acts in sympathetic vibration with all points of light within the vast energetic world of human thought, creativity, sacrifice and love. That is quite something to contemplate – especially when the recognition of the universality of all true spiritual work and workers is a relatively new phenomena in the world of human consciousness.

Let's move now into our meditation... and this will be followed by a presentation from Catherine Crews and then there will be time for discussion and reflection together.