

Introduction to Triangles October webinar:

Hello everyone and a warm welcome to this gathering of people united by a commitment to create in Light. And it's an especially uplifting realization as we are living in crucial times of extreme changes worldwide. Not only do these changes affect our global environment but they are accompanied by wars and dangerous scenarios. Simultaneously, as predicted last century, the "tide of the new life" is increasingly sweeping into human awareness and there is a sea change in the consciousness of peoples everywhere today. Now there are so many people of goodwill and of deep spiritual endeavour that it's hard to reconcile these two scenarios. But spiritual teachings remind us that the opposite of war is not peace, but change. So this is an essential point to hold on to.

The strength of this tide of new spiritual energies is remarkable and the changes that are being initiated are profound. Never before has there been a time when the good of the whole has been such an important focus of thought and action for so many people all around the world. There is, of course, considerable fear and bewilderment too. For not only is the best in humanity being expressed, but the impact of these energies on a developing, but still clearly imperfect, humanity has also revealed the remaining depths of selfishness and cruelty.

This has bearing on our Triangles service, and we need to remember that undirected energies are neutral. They automatically stimulate whatever thoughts, desires and ambitions we have, just as the sun and rain will bring to life whatever seeds are lying dormant in the soil. This fact reminds us how important it is to direct these invoked energies along constructive pathways with the conscious use of prayer, meditation and love-infused thought. They can then powerfully help reinforce what is good and offset what is negative. Indeed, one of the principal characteristics of these new energies is the quality of ritual and ceremonial order, consciously using rhythm to ground new ideas to create order from existing chaos.

As we gather to meditate on the service of Triangles, it's lovely to think of these gatherings and the planetary network itself as a living organism being vivified by each participant. They breathe in to align themselves with their

higher self, holding the gathered light then projecting it within their Triangles and outward to the planetary network of Triangles; finally pausing to allow the visualisation to do its work. This requires using the mind's eye to see the light – a light which can be visualised and also internally sensed; but it also incorporates the sense of listening, keenly receptive to the powerful, redemptive words of the Great Invocation and the sacred word, the OM

In the ageless wisdom teachings, Triangles is designated as the second most important service after our support for the Reappearance of the Christ or the Coming One. Those of us who have long-established Triangles welcome new participants to this creative service, and to sharing the important endeavour of continually enlivening it with our deepening spiritual life. We keep this process of growing recognitions alive through our own development when we consciously invoke spiritual energy, as we do when sounding the Great Invocation with intention. This is something that our speaker, Mayte Gomez, is going to be addressing.

Engaging in this group service means that we are encouraging the purification of our own lives at the same time. This flow of increased energy may cause us to awaken to unknown and unrealised aspects of ourselves, our cultures and environments as well as the consequences of human actions as a species. This is something which is often difficult to bear but it's a process that allows a steady shift towards group consciousness too. There is a challenge for some of us in the important aspects of sensitivity and receptivity involved. We cannot see light, only its effects, and yet its possible to imagine and direct it inwardly. When sounding the Great Invocation, these perceptions combine into a fusion of heart and mind which is both powerful and very healing on many levels.

Triangles is a beautiful and noble service of planetary healing, working through imperfections on so many levels. With its rhythmic ritual of creative thought, it presents a marvellous opportunity. Although many people only think of ritual in terms of a formal outer ceremony, for example in a church or a temple, Triangles offers a meditation and an inclusive world prayer linking Eastern and Western traditions. So, we are now learning to focus on and understand the inner meaning behind the outer appearances

and, when we consciously apply this focus to our rituals, we may find a whole new world of heart and mind unfolding.

All Triangles' workers inevitably develop a degree of understanding about the inner significance of ritual. With our daily rhythm of visualising the three lighted points of all our Triangles as integrated parts in an active global network of undoubted spiritual power, we are actually helping to develop a new understanding of ritual as a ceremony in consciousness. Instead of an outer building, we are creating and beautifying an interior structure of light that envelops the world and helps to provide the right atmosphere in which humanity can develop constructive attitudes and make right decisions. We are actually generating a global pulsation of light that daily assists in planting the seeds of right thoughts and actions in human consciousness – seeds which we can all eagerly anticipate growing into sturdy structures that will support the inner temple of a spiritually awakening humanity.