

Welcome to the first Triangles Webinar of the New Year, providing us with the opportunity to let in the light and circulate it around the world at this darkest time of the year in the northern hemisphere.

Christ proclaimed “I am the Light of the World” and it is this sacred light, veiled and hidden in each of us, that is the guarantee of our immortality and evolutionary flowering into the Christ or soul consciousness.

Triangles is truly an Aquarian group service, created and vivified by groups of three, and powered by the Great Invocation. Daily we help the network of Light to “grow and glow” in this way.

Earlier in the 20C century the Alice Bailey writings predicted that the lighted “tide of the new life” would increasingly sweep into the consciousness of humanity. Inevitably this added light and life has illumined both the good and the not so good; humanity has expanded its outreach of consciousness beyond not just the personal and family group, but also beyond the national, as we witness in the swathes of goodwill workers in all fields who work for human unity. But this light has also revealed terrible instances of inhumanity and selfishness.

The energies that are currently pouring into the planet stimulate whatever thoughts, desires and ambitions people have, just as the sun and rain bring to life whatever seeds are lying dormant in the soil. Energies contacted in meditation need conscious direction through love-infused thoughts along constructive pathways. This is being helped by the new inpouring energy of the seventh ray of ceremonial order, that imposes rhythm and ritual on human thinking and results in organised activity on the physical plane to express that thinking.

Many people think of ritual in terms of formal, outer ceremonies, such as in religious services, but the most important aspect is the ritual of organised thinking in the heart. The soul itself imposes its rhythmic influence on the personality through the regular practice of the rituals of morning meditation, and this is why a small amount of daily meditation, no matter the quality, is far more valuable than sporadic endeavour. Just as the waves of the sea grow in height and power until they finally break as they approach the shore, daily meditation steadily builds energy up as we work with it through lighted thinking, and then releases it as a wave of light, love and power into the world through our use of the Great Invocation at the end of our meditations.

Through the daily rhythm of visualising our individual triangle as part of a rhythmic global activity, we are steadily developing a new understanding of ritual as a ceremony in consciousness. We have no outer temple, but instead we create and

beautify an interior, etheric structure of energies through which ever higher energies can safely pour into the world. In the Alice Bailey writings, we read that one of the most essential needs of our times is the rebuilding of the shrine of human living, and Triangles is the ultimate symbol of this. The Triangles network is the new etheric temple of humanity, and we work at the shrine, directing the potencies of divinity into the congregation of humanity.

This shrine in the collective group mind that we're energizing right now, takes on even more significance when we consider the etymology of the word 'shrine', and trace it back to *scrin* – the Old English for ark. Ark-shrines appear in many of the world's religions, they symbolise the womb in which the light-germ of all nature floats or broods. The ark-shrine is the vehicle for the universal light – Akasha – or Akasa in older spiritual texts, it is "the spiritual essence which pervades all space...It holds within itself...the eternal Ideation of the Universe...from which all that exists is born by separation or differentiation."¹

At its own level, the human mind can operate in a similar way as an ark-shrine for the ideation or intuitive thoughts of the soul and give birth to divine ideas in the lower worlds. During meditation, the consciousness is bathed in a specific quality of light within the ark-shrine, evoked by the seed-thought in use. When the seed thought has done its work it is discarded and contemplation follows leaving the mind to roam freely in the conditioned energies of the soul that are pouring into the shrine.

The seed thought or spiritual theme that we will be using in a moment is focused on the Christ, the World Teacher, and His reappearance which is central to the Great Invocation and our Triangles work. All who love the Triangles work share a collective responsibility to ensure that the network touches the vaults of heaven and reaches down to the densest planes of earth, helping to germinate the new civilization and culture. We realise that light is a substance and as such it is capable of moulding form to carry the waters of life and dispense them according to the spiritual need of humanity. Our role is to work at cultivating the psychological qualities of light - the Light of wisdom and the light of love in particular - echoing the two great leaders, the Buddha and the Christ, working behind the scenes with equal effect to help enlighten human consciousness.