

'Tension, when focused rightly, is the great releasing Power'. *

Christine Aagaard

We have just been through the full moon of Leo, and are still within its distribution phase. And as there are two full moons in Leo this year it's impact will no doubt be great. The constellation in its three conditions is ruled by the Sun through which the second ray works. The Sun in Leo is the source of physical consciousness, (exoteric awareness), of soul awareness (esoteric) and of the spiritual life (hierarchical). It is that positive nucleus of power that holds all the planes of existence, both tangible and intangible, within a ring pass not that is the existence of that great being, our Solar Logos.

As esoteric workers we are aware of the higher planes of existence, the etheric planes, that exist beyond the three worlds of the physical, emotional and mental nature. We strive through our work in meditation to raise our consciousness to these higher planes of awareness, to touch the energies and ideas that exist on etheric levels, and then to act as a channel for them so that they can reach the three worlds. Each one of us in this work is therefore a positive point of power, much like the sun, and in our work to hold a point of tension on the higher planes and then distribute the energies touched, our radiation, just like the sun's rays, pours through our planes of existence and into our environments.

In striving to create a point of tension, a point of focused awareness, on the higher levels of consciousness and merge with the positive nucleus of our being, the soul, we begin to see as the soul sees, that is we see from a group perspective and the beauty of what is happening within humanity becomes increasingly revealed. There are people, servers in all departments of human living, working at a point of tension, striving to bring their higher awareness and understanding to those within their spheres of influence. They work, for example, within all areas of science; quantum physics, cellular biology, cosmology, to mention but a few. There are artists who are bringing new ways of showing radiance on a canvas, for example, there are poets, songwriters and composers all seeking to bring their understanding of the spiritual realms to public awareness. New economic systems are being researched and tried out that better meet the current need to distribute resources more fairly, more sustainably. And of course, there are all the religious, spiritual, philosophical groups that are also working at a point of tension to fuse the lower with the higher. When we look at the world and the enormous number of individuals and groups working in this way, breaking new ground, we become aware of how they are all part of a great revelation that is in the process of coming into being. The tension is palpable, for there is general recognition of something immanent, that something is breaking through and this tension held by all servers is leading to the feeling perhaps of 'unease' that permeates the general world view. Esoteric workers know that this tension is the prelude to the reappearance of the Christ, the Maitreya, the Kalki Avatar, or Imam Mahdi, in the three worlds.

The Covid pandemic has also added to world tension. There is the tension of those who have the responsibility to lead humanity out of the crisis, the tension in the medical profession in understanding the virus, to find vaccines and adapt them to new variants. The tensions of those who are struggling to tend to the sick and the tension generated in those who are

suffering pain and ill-health, or the loss of loved ones, or the financial pain of lost income. The suffering brought about by the pandemic is seen on every hand, in all strata of human society, in all nations. But it is suffering and the mental tension it generates that brings greater insight as to the nature of reality. Suffering stimulates the qualities of strength, purity, and it motivates us to find a better and higher way. As the history of evolution shows us advances in consciousness come about in periods of stress and suffering.

Viktor Frankl (1905-1997) was an Austrian neurologist, psychiatrist, and Holocaust survivor who was the founder of a school of psychotherapy which is based on the idea that a search for a life of meaning is the central human motivational force. He published 39 books of which his autobiographical 'Man's Search for Meaning', is based on his experiences in various Nazi concentration camps.

Frankl's new wife, father, mother and brother all died in concentration camps and he himself spent a total of three years in four different camps. In 'Man's Search for Meaning' he writes of his experience of the daily suffering endured by him and others as they were made to walk for miles and miles over barren ground, ill and malnourished, brutally treated by their guards to their place of work in frozen ditches. And yet, it was then in the brutality of his environment that he experienced the truth of pure love. He writes of this realisation:

A thought transfixed me: for the first time in my life I saw the truth as it is set into song by so many poets, proclaimed as the final wisdom by so many thinkers. The truth – that love is the ultimate and the highest goal to which man can aspire. Then I grasped the meaning of the greatest secret that human poetry and human thought and belief have to impart: The salvation of man is through love and in love. I understood how a man who has nothing left in this world still may know bliss, be it only for a brief moment, in the contemplation of his beloved. In a position of utter desolation, when man cannot express himself in positive action, when his only achievement may consist in enduring his sufferings in the right way - an honourable way -in such a position man can, through loving contemplation of the image he carries of his beloved, achieve fulfilment. For the first time in my life I was able to understand the meaning of the words, 'The angels are lost in perpetual contemplation of an infinite glory.'

When one reads the lives of people like Frankl or Mandela, for example, one cannot help but recognise how their suffering led to their expanded vision. For suffering brings a deeper understanding of oneself and evokes compassion and understanding for others. It helps to create the mental tension necessary to produce revelation.

Let us now work with this second ray energy pouring into the planet via the Sun in our triangles work this evening, knowing that in holding a point of tension in meditation we allow the energy of love wisdom to flow and so create a pathway of return for the Christ.

* Discipleship in the New Age I pg. 735