

THE OUTBREATH

Our planet is a living organism and its life is sustained, as with all living organisms, by the breath and its cycles of inbreathing and outbreathing and the periods in between, the pauses or interludes. The stages of these vast breaths are reflective, on the one hand, of the four seasons of the year but they are also found within the daily cycle that demonstrates in the rising and setting of the sun, and the noontime and midnight hours. We could also divide a century in four 25 year cycles that also correspond to this cyclic breathing, each having its varied purpose within the greater whole.

If we were able to step back from the forefront of the currents of the immediate, we would know in fact that all things move in perfect harmony — that there is a grand Plan, a divine design, a cosmic order. And within this order, this plan, all things are known, all things are ceremonial, and all things are tending towards greater beauty and harmony.

As we begin to see through the eye of the soul, light pours in and we're permitted a glimpse within these wider and vaster cycles and recognize that they, too possess the same basic pattern of inbreathing, pause, outbreathing, pause but within an infinitely grander scale.

We come to recognize that there is one great wheel and as it turns all the many spheres and sun, of all degrees, follow its course. It's said that "the night of time is lost in it, and kalpas measure less than seconds in the little day of man."

Through working within the smaller cycles of the day, the year, the life, the century, we come to sense how this plan is working out before our eyes--and we learn to work rhythmically within its patterns and consequently come to move more smoothly through the choppy waters of the times. We come to touch a fragment of the reality of the Plan as held within the consciousness of Those who have transcended time as we know it and instead "live in the eternal."

The yearly cycle we've just entered at the solstice is the time of outbreathing. This cycle releases the energies that began being generated at the December solstice which coincided this year with the powerful Festival Week period and which continued during the time of the three spiritual festivals of the Aries, Taurus and Gemini full moons. And then this period was followed by the pause of the June solstice and another powerful eclipse. So we can see how this past six month period has carried such a potent charge within our planetary life. And now, as we enter the period of release, the outbreath, all these cumulative energies are pouring forth and releasing the living waters into the world. And to remind everyone, the yearly cycle ends and the next cycle begins with the December solstice which is auspiciously aligned with an exact Jupiter/Saturn alignment in the sign of the coming World Teacher, the coming age, the age of Aquarius. These are powerful symbols that the skies are writing for us. Are we learning to read them?

This inpouring tide of new life is sweeping through the world, pouring out through the five planetary inlets and through the planetary etheric web, in which all Triangles workers undertake their constructive work.

As the light pours forth we might imagine only good as a result and while there is much good manifesting everywhere, we know that light also reveals the dark side of our world, that which which has not been addressed, that which is in need of rectification.

The Triangles network is very responsive to the cycles of the Great breath. We are, together with the all the other meditators, mystics and thinkers in the world building the planetary web anew, helping to construct it into a form which more clearly reflects the consciousness of the new age into which we are moving and the new humanity. Just as we in our little way must adapt to the shifting array of inpouring energies in such a way that enhances the flow, so, too, do the great Lives, on their vast scale, have to adjust their bodies--which are the planets, to the ever changing patterns. And as we know it's a group process, Aquarius is all about group. The group idea extends to the Logos, to his challenge to learn to to work more cooperatively with the other planets and stars with Whom his destiny is allied and through this means take his next step on His Path.

In response to the spiritual energies that are pouring into the planet the light workers of the world are establishing a vast planetary network that is increasingly recognizing these equinox and solstice periods as times of spiritual opportunity. Some of these groups are also working with the cycles of the moon and as we move into the Aquarian age full moon meditation will surely become part of this practice.

The recently concluded WORLD UNITY SUMMIT which Dot Maver who will be featured on this webinar helped to realize, offered many displays of unity, hearts and minds coming together across borders in support of a common purpose, one that transcends race, religion, economic inequality, nationality, and sex --a wonderful demonstration of humanity taking the opportunity to work in cooperation with the available energies.

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