

## **The Power of Words and their Meaning**

*Triangles Meditation Group Webinar*

*March 10, 2025*

We meet here today to support the Triangles work—a project which for nearly 100 years has been carried forward within the field of consciousness and the subtle ethers of our planetary life. This network of light and goodwill has stood now for many generations, and its strength lies in not only the hundreds of servers who continue to perpetuate it daily, but the countless more from the past whose efforts have made the network what it is today: a worldwide beacon of hope and vision; a great impressing agent whereby the energy of love-wisdom is made manifest in human hearts and minds. This redeeming, uplifting energy underlies the outer world of appearance, but by virtue of its magnetism and moral power, operates to consequential effect in our world.

The Triangles network thus acts as a bridge between the outer world of human activity and the inner world of thought, purpose, and even destiny. It supports the manifestation of the highest principles in man—wisdom, compassion, love, selflessness, responsibility, courage, beauty. It strengthens the link of every form to its indwelling soul; it pierces through the heavy clouds of glamour and illusion and provides a sure way forward—a path which lies between the pairs of opposites, through the veils of maya, and straight to the heart of the One Who is “greater than our whole yet also within that whole; the One Who thus remains, transcendent and immanent.”

The network functions by virtue of the souls who stand as centers of light, love, and will at the three points of every Triangle in the network and thus energize it daily. They (we) are the network itself. The network is thus wholly dependent upon the work of each and all Triangles members. Your contribution to this work is therefore valuable, consequential, and greatly needed today.

To those joining for the first time, welcome. I will shortly offer just a brief description of this work, but more information can be found on our website. Please also feel free to call or write to us and we will be happy to answer any questions you might have about this work.

In short, Triangles is a service activity which uses the power of thought, prayer, and invocation to uplift and transform consciousness. Three people agree to link in thought each day. They link up subjectively, in meditation, and visualize themselves as the three points of a Triangle connected by light and goodwill. They visualize their Triangle within a worldwide network of Triangles surrounding the planet, and they sound the Great Invocation, a world prayer, adding their spiritual contribution to the group’s work.

This webinar aims to energize and vivify the network, but also to introduce new people to this work and to the ideas and purposes which underly it. We know that even though it’s a very simple practice, it’s not always so easy to explain this work in a way that communicates its simplicity and also its efficacy as a means of doing real and lasting good. We invite you to invite anyone in your life who you think might be interested to join us on the second Monday of each month for this webinar to learn more about this work.

This webinar also acts as a platform to aid in the forming of new Triangles so if anyone is interested in forming a Triangle, put your name in the chat box and I'm sure we can find two others to join you.

Today after a brief introduction, we will do a meditation on the Great Invocation. Following this, we will hear from long-time Triangles member, Sarah Murphy, who will share some thoughts on **The Power of Words and their Meaning** in which she will draw on her experience as a therapist. We will then close with our meditation in support of the Triangles network.

**May the Power of the one Life pour through the group of all true servers.**

**May the Love of the one Soul characterise the lives of all who seek to aid the Great Ones.**

**May I fulfill my part in the one Work through self-forgetfulness, harmlessness, and right speech.**

Our use of mantrams is based on the occult idea that the secret of all creative forces in the universe lies concealed in the mysteries of vibration and sound—and that behind every creation (living or inanimate) lies a creator—some agent or agency who creates through the power of will, thought, and speech—these three being nearly synonymous in the occult philosophy.

The etymology of the word mantra can be immediately seen in its two syllables: man- (from manas which means “to think” or “mind) and -tra (which is “tool” or “instrument”). A mantram is thus a tool of thought: a sound, syllable, word, or group of words employed by the mind—ie the thinker, the creating agent—towards some end.

Mantrams are known for their ability to produce vibrations, particularly in the subtle ethers, and to carry either a magnetic (creative) potency or else a destructive one. But mantrams only become truly operative (spiritually consequential) when sounded forth from the realm of causes, or what esotericism refers to as the realm of subjectivity—the world of the soul, of true individuality. When sounded by the soul and carried forward to the grosser vibrations of the physical plane, it produces effects which span the higher and the lower worlds and bring them into direct relationship.

All things in nature vibrate to their own note or chord. Mantrams tune into this note and, rightly sounded, create a channel of communication between the one using the mantram and the center, body, individual, agency, or force which the mantram embodies. The real power of these mantrams thus lies in their ability to produce relationship, alignment, and communication.

The Great Invocation is one such mantram which has been entrusted to us for use. It places humanity in direct contact with divine agencies and energies, and it directs these energies in service through the medium of the human mind, heart, and will—and definitely upon the physical plane.

As we now proceed with our meditation on the Great invocation, let us keep in mind the special power of these words to create a direct, unimpeachable, and very real relationship between the Mind of God and the mind of man; between the Heart of God and every human heart; and particularly between the Will of God and Humanity's collective will as it seeks to discover and carry out its sacred duty.