

The Triangles Work, its Challenges, and Esoteric Nature

Triangles Meditation Group Webinar

November 11, 2024

Hello everyone and welcome to this Triangles Meditation Group Webinar...

A special welcome to anyone who is joining us for the first time or who is new to Triangles. I'll shortly offer just a brief description of this work, but more information can be found on our website, please feel free to call or write to us and we are happy to answer any further questions you might have about the Triangles work.

In short, Triangles is a service activity which uses the power of thought and prayer and invocation to uplift and transform consciousness. Three people agree to link in thought each day. They link up subjectively, in meditation, and visualize themselves as the three points of a Triangle. Linking these three points are strands of light and goodwill. Each member visualizes their Triangle within a worldwide network of Triangles surrounding the planet. They sound the Great Invocation, a world prayer, adding their spiritual contribution to the whole.

This webinar aims to support the daily practice of Triangles, but also to introduce new people to this work and the ideas and purposes which underly it. We know that even though it's a very simple practice, it's not always so easy to explain this work in a way that communicates its simplicity and also its efficacy as a means of doing real and lasting good. We invite you to invite anyone in your life who you think might be interested to join us on the second Monday of each month.

This webinar also acts as a platform to aid in the forming of new Triangles. So if anyone is interested in forming a Triangle, put your name in the chat box and I'm sure we can find two others to join you.

Today after a brief introduction, we will have our reflective meditation on the Great Invocation. Following this, we will hear from long-time Triangles member, Eduardo Gramaglia, who will share some thoughts on **The Triangles Work, some of its Challenges, and its Esoteric Nature**. We will then close with our meditation in support of the Triangles network.

Affirmation of Love

In the centre of all Love I stand. From that centre I, the soul, will outward move.

From that centre I, the one who serves, will work.

May the love of the divine Self be shed abroad, in my heart, through my group, and throughout the world.

Humanity's entrance into the Aquarian Age heralds a great opportunity for planetary renewal, moral upliftment, and for a transformation of consciousness the likes of which will guarantee the fulfilment of humanity's evolutionary potential. But with these opportunities come new difficulties and challenges which must first be overcome. The things which separate us have become much more subtle and rarified, but curiously also more pronounced and seemingly insurmountable. As humanity achieves higher degrees of mental polarization and begins to respond to the call of the soul, it will increasingly face these challenges on all levels of the personality at once—thus their intensity, thus the difficulty.

This poses a real dilemma, for such a 'total' confrontation of crisis means it is very easy for it to become overexaggerated in our minds. Such difficulties appear insurmountable only when problem

and solution are not well understood, when there is not intelligent understanding of the dilemma and when no vision exists to guide us forward on the path towards resolution.

On one level, humanity's problem is the perennial spiritual problem which all spiritual seekers face when first encountering the crises which soul contact inevitably brings. The energy of the soul, in its first direct contact with the personality immediately produces conflict, and the quintessential "battle of the pairs of opposites" begins.

Such a battle must eventually be won on each of the three levels of the personality. Though each of these battles are distinct, the solution in every case is generally the same. The aspirant or spiritual seeker must learn to discriminate between the higher and the lower self, between the vehicles of the soul and the life which animates them, and they must throw their weight entirely behind the higher until the at-oneing and redeeming power of the soul wins the day.

The basic dilemma of what is 'right action' when confronted with two irreconcilable (and often equally distasteful choices) is a perennial one, most famously laid out for us in the Bhagavad Gita. The Gita counsel us that the pairs of opposites are resolved by the discovery of a third or higher choice, one which adjudicates between the polar opposites bringing clarity and a true inspired righteousness to the whole dilemma.

In the Bhagavad Gita, the answer which Arjuna sought led him to a direct revelation of Deity given to him by Lord Krishna. The vision transformed Arjuna and gave him a renewed perspective

Importantly, it also left him still at the center of his dilemma, it did not solve it for him. He was however, no longer a victim of circumstance caught between two forces. He was able to act with moral decisiveness with regard to the choice which fate had given him. He set aside his emotional anguish and resolved to do his whole duty, to do what he now knew was objectively just and right.

I invite everyone to read the Bhagavad Gita and to draw your own parallels to the struggles faced in your own lives and also to the trials faced by Humanity in our time. While it is true that, unlike Arjuna, most of us do not have a direct and literal line of communication to anyone approximating the spiritual stature of a Lord Krishna, we do inherently possess the ability to make contact with our own souls. And this is in fact good enough as the soul provides direct contact with the wider world of spiritual truth. We can therefore, if we choose, draw on the power inherent in the soul to discern for ourselves that basic question of what, in our particular circumstance, is right and good.

There are many measures of moral rightness. But as part of our efforts to tune into, and to align with the voice and call of the soul, we might ask ourselves which, of all the many choices before us in any circumstance represents the truest and highest love.

Love, we know from the Tibetan, is one of the most fundamental, most spiritual, most occult, and most powerful energies with which the human being can work. Love is the force which motivated Deity itself to take form. It is the motivating cause of all creation. And it continues to be the impelling force behind evolution itself, unifying and bridging every divide.

True love goes beyond love of form, beyond love of the personal, beyond ideology, partisanship, or national allegiance. It is beyond desire for or attachment to any exclusive part of the whole. In fact it

goes beyond the love/hate paradigm altogether. True love is therefore not limited to one's friends, to those with whom one is in harmonious agreement or who are of 'like mind'. True love becomes possible only when all enmity has ceased, and when one chooses intelligent compassion over all else.

Choosing to wield this energy of 'true love' produces a spiritual alignment which creates a magnetic aura within all three aspects of the personality. Upon this aura, high impressions, via the soul, are able to take root and become a consequential factor in the world. It is via this magnetic current and alignment that true and right vision becomes possible. And it becomes possible because one stands as a magnetic center of love in the world—a true "pillar of righteousness".

Achieving a state of total compassion is a nice goal to strive for, but not immediately attainable for most. We can, however, strive to align ourselves with what the Tibetan has called the "simplest form of true love" which is goodwill. Goodwill is not loving sentiment; it brings love to bear on the very real, very concrete problems in our world—and it does so powerfully and in a consequential way—consequential in terms of producing effects. Goodwill is a way of directing human intelligence along right and constructive lines. It is an energy which all of us know and can understand.

Goodwill is also an energy which is promoted through the effective carrying forward of our Triangles work. Triangles is a network of light and goodwill—and it is worth keeping in mind that the energy of goodwill (or applied love) is in fact more esoteric and more potent than the energy of light which in many ways is simply its carrier.

As we proceed with our reflective meditation on the Great Invocation, let us keep in mind that true love is silent, non-critical and above all steadfast—but it can be applied to consequential effect in every area of human endeavor. Our work in meditation is an effective tool towards this end.