

“Pliability and adaptability.”

It's Monday 25th of November – we have just entered the *ninth* sign of Sagittarius, the Archer with its arrow pointing up to the last three signs: Capricorn, Aquarius, and Pisces. Tomorrow is the next to last *new moon* of the year 2019 - the last one (in Capricorn) falling within the Festival week of the NGWS on Boxing Day.

We are both in a lesser and greater *preparation* period (from *prae* ‘before’ + *parare* ‘make ready’) – a word worth pondering: to make (something) ready for use or consideration, created in advance; pre-planned, to make (a substance) by a chemical reaction or series of reactions, to make (someone) ready or able to do or deal with something, to be willing to do something etc.

Since the root word *pare* (common in *prepare*, *repair*, *despair* and many others) is defined as to carefully *cut off the outside or the ends* of (something) or to make (something) smaller, to *reduce* (something) in size, amount, or number- we should see how this procedure can consciously and willingly mold and forge the group mind, the group heart and the group activity.

Living as we do in unique times characterized as never before by an overall *uncertainty and unpredictability*, it is quite challenging not just to understand but also to embrace this common field of experience within the greater Plan of evolution. No group, individual, community or nation can refrain from this aspect of crisis bringing turbulent and rapid changes and the shattering of forms. Letting go of old patterns and mindsets of control widens the mind, opens the perspective, and elucidates the view. Rather than following the old standards and trends (instinctive life, survival) of holding back, being defensive, fearful and competitive and to turn instead to commanding, planning, predicting and managing, we have to learn individually and collectively in our groups how to purposefully slow down, step back, soften our gaze and listen – remaining silent, in order to be able to function more efficiently as mediators and mere conductors.

The Tibetan tells us that “Up to the present time the majority of aspirants in the world express the results of little and weak thought, but rapid action. The goal for students should at this time be *rapid concentrated thought* and slow action”.

How beautifully do these words synchronize with the focusing of mind in the fiery sign of Sagittarius and in the preparation of our posture and attitude before firing the arrow of insightful vision towards our goal!

“Cultivate responsiveness to the Great Ones, aim at mental expansion and keep learning. *Think whenever possible in terms abstract or numerical*, and by loving all, work at the *plasticity of the astral body*. *In love of all that breathes comes capacity to vibrate universally and in that astral pliability will come responsiveness to the vibration of the Great Lord*”. (TWM/265)

Inspired by the Tibetan's injunction to “think whenever possible in terms abstract or numerical”, we might want to explore further our well known symbol of the Triangle (as Tria is the number 3 and Triad unfolds from 1, 2 and 3). Yet by doing this, its previous form in our minds might need to be broken down or deconstructed in order to be reconstructed and vivified anew.

Geometrizing means literally the measuring of earth/Gaia and in this context we know the triangle as the first complete geometrical shape.

A line is the extension of a point in one direction until it finds another point. This movement and measurement of space brings forth the two – sides, poles, aspects etc – and hence duality. Our present solar system is dual: Love-Wisdom.

We find ourselves moving back and forth many times (if not lives) reaching from one extreme to another before we realize the nature and the purpose of the *pairs* of opposites – and also the *despair* and conflict they are producing. This movement may be depicted as an expanded line with repeated curves leading down and in and becoming ever narrower – but not before awareness has touched all the way to the extremities - their bottom and limits.

Drawing imaginatively these lines we might see them to our surprise filling a triangular shape with its apex pointing downwards. At the same time we realize that on that same pulsating line, similar to string, a center is formed with a middle point of balance resulting from the interplay between the opposites and their ultimate fusion. Paradoxically it is both a center of poise *and* a point of tension. It's from there – and after having known the depths and center of our being – that we can draw or “be drawn” by the vertical up-leading magnetic line to the top of the ‘mountain shaped’ triangle; its form shaped now through and by the free flow of energy.

It may seem that we still find ourselves in an unknown and indefinable space but it's from that point of uncertainty and tension that the new emerges as -at the center of the triangle this time- the light will burst like a radiant sun or an all-seeing eye– uplifting the whole triangle into a higher dimension. The symbol for this is the tetrahedron, which is the *first*, *four* faced, solid (or crystal) associated with *fire*, and perpetuating balance and stability.

Christina Kosmadaki

~~~~~

“In these days you will need to ponder on this matter of the form, for with the entering in of a new ray, and the commencement of a new era comes ever a period of much disruption until the forms that be have adapted themselves to the newer vibration. (...) Particularly now should *pliability and responsiveness of form be aimed at*, for when He Whom we all adore comes, think you His vibration will not cause disruption if crystallization is present? It was so before; it will be so again”. (TWM/265)

“Perfect Poise indicates complete control of the astral body, so that emotional upheavals are overcome, or at least are greatly minimised in the life of the disciple. It indicates also, on the higher turn of the spiral, an ability to function freely on buddhic levels, owing to complete liberation (and consequent poise) from all the influences and impulses which are motivated from the three worlds. This type or quality of poise connotes-if you will think deeply-an *abstract state of mind*; nothing which is regarded as nonperfection can create disturbance. You can realise surely that, if you were entirely free from all emotional reactions, your clarity of mind and your ability to think clearly would be enormously increased, with all that that involves.

Naturally, the perfect poise of an initiated disciple and that of the initiated Master are different, for one concerns the effect of the three worlds or their non-effect, and the other concerns adaptability to the rhythm of the Spiritual Triad; nevertheless, the earlier type of poise must precede the later achievement, hence my consideration of the subject. This perfect poise (which is a possible achievement for you who read) is arrived at by ruling out the pulls, the urges, impulses and attractions of the astral or emotional nature, and also by the practice of what I have earlier mentioned: *Divine Indifference*. (Esoteric Healing/672-3)