Inner and Outer Expansiveness Kathy Newburn

To imagine is to look beyond the known boundaries and contemplate landscapes or fields of consciousness that transcend our known understanding but towards which we can bridge as we establish right conditions. With each step forward we recognize more fully than ever before the vastness of it all, how little we know and how much is yet to be revealed. A contemplation of the vastness of the starry heavens, the never-ending enormity of the groupings of stars within our local system, and the great Lives who embody them, stimulates our imaginative powers.

Since the Aquarian age began coming into manifestation some 500 years ago, this widening of our perceptions of the heavens has greatly expanded through the use of technology, high powered telescopes and space probes, enabling us to see into the vastness of it all in ways that were previously unimaginable. The boundaries that once confined us to a recognition of the planets that are visible to us through the naked eye have now been stretched exponentially. So while we were previously held within the structures and confines of time and space as we understood them and which were defined by Saturn, the farthest visible planet., known as the boundary, Father Time, these confines have now disappeared, giving us a exponentially expanded point of view.

This ability to reach beyond these confines finds its parallel within consciousness in the vastness of the inner worlds awaiting exploration. This expansiveness within the mind was commented upon by Alice Bailey in relation to her work with the Tibetan Master. She stated that at times when she was working with him she was able to penetrate or touch fragments of his mind which revealed vast vistas of truth, truths which she couldn't really fathom and which she could just touch the fringes of. The cultivation of this inner expansiveness starts by learning to work imaginatively, using the creative imagination which aids us to move beyond the concreteness of the lower mind. Our ability to imagine can bring this mind to life and each day we can build and nourish these forms that the imagination can reveal. The work of Triangles is one such imaginative activity that has for its purpose planetary transformation—using the power of visualization to make our planet sacred and find its way out of darkness into light.

This immensity of the capabilities of the mind and how little we as yet have developed them, bring home to us the fact that we have barely taken the first step on the path. This understanding is revealed in a commentary on an ancient Tibetan scripture. It expresses the recognition that dawns upon the initiate consciousness as he reaches into a high stage of consciousness, At this point it's said he catches a glimpse of the vastness of it all, and the endless nature of the path as it reaches out to the very heart of the universe. He then comes to realize that even this great expansion of consciousness through which he has passed, which is Nirvana itself, is but the beginning of the Endless way. The passage reads as follows:

"All beauty, all goodness, all that makes for the eradication of sorrow and ignorance upon earth must be devoted to the one Great Consummation. Then when the Lords of Compassion shall have spiritually civilised the Earth and made of it a Heaven, there will be revealed to the Pilgrims the Endless Path, which reaches to the heart of the universe. Man, then no longer man, will transcend Nature, and impersonally, yet consciously, in at-one-ment with all the Enlightened Ones, help to fulfil the Law of the Higher Evolution, of which Nirvana is but the beginning" (*Tibetan Yoga and Secret Doctrine* by W.Y. Evans-Wentz, p. 12). Such passages which speak of levels of consciousness far beyond our own might appear of little value, being so distant to us but nonetheless they serve to help us realize the potential of that which exists beyond the boundaries of our inner space awaiting penetration.