

So Souls Unite in Flight

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There's a simple aphorism given out in the ancient wisdom teachings which highlights the importance of working together in group formation -- one of the signatures and opportunities of Triangles.

It runs as follows:

"As birds fly together to summer realms, so souls unite in flight. Passing through the gate they thus alight before the throne of God." An annotation following the aphorism stated that this was written by "an unknown saint of the Church, who travelled not alone."

The Law of Analogy is one of the key teaching modes of the spiritual path. The teachings of spiritual teachers throughout time have repeatedly highlighted this fact. In this aphorism our attention is drawn to birds flying in formation as akin to "souls in flight." Why so? Perhaps this calls us to remember that when we work spiritually, this inner union is possible and is, in fact, the very nature of the soul. The soul is group and at that level we can accomplish much that as limited individuals is not possible.

In group formation birds gain velocity through the aid of other birds --the uplift in the wings of the bird in front of them serves to pull them along and a type of current is established within the group. Birds possess an instinctual telepathy between the members of the group. In fact birds combine several different types of senses when they navigate--they get compass information from the sun and the stars and also through the sensing the earth's magnetic field. They get information from the position of the setting sun and from landmarks seen during their long journeys. There's even evidence that a sense of smell plays a role in their migration.

Birds fly in a V formation as this is clearly the most effective formation in producing the maximum speed with the least amount of effort. Birds in flight are prepared, directed, focused, and polarised to achieve their goal which is survival itself.

Birds are highly responsive to the times and seasons of the year. The fall season we are moving towards in the northern hemisphere becomes one of the most important and challenging for birds, particularly those that migrate for they are preparing for an arduous and oft times perilous journey. And the preparations start now.

The migrating birds respond instinctively to the shortening of the days, the eventual growing shortage of food and, with the falling of leaves, to the sense of a need for protection as a result of a growing susceptibility to predators. All these factors combine to signal this as the time to make preparations for the rigorous time ahead. The preparations needed prior to the flight south and the flight itself, are grueling. They prepare for the flight by stocking up on food so as to gain weight to sustain them. Contemporary life has caused additional hazards for migrating birds -- the many lights and exceedingly tall buildings have caused interruptions and resulted in millions of casualties. Who knows as well if electro magnetic radiation is also interfering with their journeys, just as it may very well be interfering with our own.

As we move through our spiritual journeys we know that this period of Virgo, a mutable sign, is a time to begin shifting and preparing for the challenges and opportunities of the lower interlude period that lies ahead, the time of the waning of the sun's light and the eventual opportunity of the winter solstice. And this year's Virgo period --following as it does upon the influx of Sirian energies

during the two Leo full moon periods, has surely resulted in a tremendous release of the lighted Christ within.

The opening aphorism encapsulates aspects of the opportunity we have as Triangles members and more broadly as people following a spiritual path-- that is to work collectively, in group formation, finding direction from the alignment offered by the group—in all its many and varied sizes, qualities and intentions. Through our work together in Triangles we aid the Logos in creating a sacred planet--and he needs humanity's focused assistance to achieve that goal. It is a long journey and we can most effectively aid the process as we work together. Through that means, as the mantram states, we eventually become enabled to “alight before the throne of God.”