



Triangles

BULLETIN

No.213
September 2020

THE OCEAN OF CONNECTIVITY

As a species, humanity is being forced to learn a new skill of ‘social distancing’. It seems to be inherently negative, against everything in our nature as beings who live within an ocean of relationships. Yet the need to ‘distance’ reminds us that physical relationships, including the structures and social systems of our interdependent world, are only one sphere of connectivity.

We also occupy an internal, subjective world of vertical relationships with subtle ecologies of mind and heart, leading through desires and ideas of separation and competition, into realms of soul and spirit characterized by harmony, synthesis, and wholeness. Spiritual development matures through efforts to connect with these vertical dimensions of the Self, growing into an identity where mind, body and spirit can move forward on a path towards increasing integration and wholeness.

Within this vertical dimension, teachers through the ages have pointed to the existence of Wise Presences who watch over the consciousness of nations and humanity, and today we can envision them directing evolutionary progress, enlivening ideas and ideals which mark the transition into an age of cooperation and wholeness. Through subtle lines of communication, these inner and outer worlds relate and interpenetrate – life and form, spirit and matter – two parts of one whole in process of balancing and harmonizing. So even while Covid-19 is forcing us to social distance, this is also provoking us to explore purposeful initiatives to connect in new ways, less physical but more spiritual. This gives pause for thought about our Triangles practice, and about the Buddhist notion that the art of living is the art of right relationship.

Making relationships ‘right’ in a way that perfectly harmonizes spirit and matter depends on our ability to connect – not just with the social aspect of others but with their essential presence – what we might think of as their soul. Triangles is one way to develop this conscious connection with the soul of two others. It takes time to begin to sense the individual quality of light that distinguishes the soul of each co-worker, and then to reach out to each of the two lighted points and connect to the triangle’s subtle reality, as it radiates the higher frequency of soul.

By cultivating this skill of spiritual connection in our Triangles, we are also refining our ability to develop right relations with our higher Self and with the world of Soul. And it is here that the living, pulsing network of Triangles is contributing to humanity’s evolution, deepening and enhancing relationships with soul and spirit.

THE PRECIPITATION OF CONSCIOUSNESS

If thought in itself contains creative energy, then how useful it is to direct good thought into space. When mankind will agree to send forth good thought simultaneously, then also the infected atmosphere of the lower spheres will at once clear. Thus, it is necessary to take care, even a few times daily, to send out thought not about oneself, but about the world.

Heart, S. 300

Here Triangles workers have affirmed, in one brief sutra, the effectiveness of the work we do together. But this group work is coordinated within a vast network which combines the individual's thought with that of all other Triangles members, so we know that the good thoughts sent out into space are exponentially magnified. And not only are we working with human thought but rather, through the agency of the Great Invocation, we align with and bring through the energies of the subtle worlds, weaving them into the fabric of this one. The Triangles network stands as a vast emanation of light directing and transmitting new life into "the dismal weary vale of Earth."¹

All life is cyclic with periods or entire lives of quiet, reflective interlude inevitably followed by times of intense activity, challenges and new growth. It goes without saying that this present time is one such period of activity resulting from the intensification of light which is streaming in from the subtle planes. Indeed, we can concur with Bob Dylan's famous song that "the times they are a changin'."

Transition periods – within the yearly cycles, within individual lives, or those within the larger cycles between the ages – call for adaptability and pliability. By seeking to expand the contours of our minds and broaden our horizons, we can become bridging and harmonizing agents within our environment, drawing upon the richness and wisdom of the past while, at the same time, forging new areas of thought and creating those forms through which the inpouring light can be released and met with positive response.

So as we move through this annual period of spiritual precipitation, we can recall that there is a 'raincloud of knowable things' hovering over humanity.² This raincloud exists upon the subtle planes, and we can add to it as well as draw from it. It stands as the repository of all the thoughts, wishes and dreams that have been generated by the great thinkers of all time and these ideas form the inspiration for all creative activity in alignment with the Plan. It is said that today this raincloud is "heavy with portent and knowledge" and hovering over humanity. Let us encourage each other to draw forth this raincloud and use its precipitations to regenerate and reorganize the world.

¹ *The Rays and Initiations*, pp 94-95

² *Discipleship in the New Age, Vol.2*, pp 299-300

THE SPIRITUAL HARVEST

The soul's long journey through numerous incarnations reaches a turning point when one consciously sets foot upon the spiritual path and begins to tread the way back to the source of Light and Love from whence one came. In this moment, the soul reorients itself and begins to take interest in its shadow, the personality. The seeker begins to look not just outwards at the phenomenal world but inwards to the source of their being and engages in a self-enquiry as to the true nature of who they are. Eventually they find that they are the thinker, the director, and the observer of their life. They find that they are the immortal soul who projects itself into incarnation under cyclic law to evolve, to save and to express divinity through form. The soul seeks expression in conformity with the divine will of that great Being in whose body all souls on our planet find their place.

The reality of the self as the everlasting soul, or Solar Angel, comes to condition the daily consciousness of the man or woman in incarnation, and a sense of responsibility emerges. This responsibility is initially evidenced as a nascent sensitivity to the wellbeing of others, which eventually expands into an impulse to aid wherever possible. As it matures, it blossoms into some form of creative service to the world, expressing divine potential rather than individual ambition. The seeker lives and works with joy and plants seeds of joy in others.

This sense of spiritual responsibility emerges concurrently with a recognition of the soul within all things – the Self in All, and what is referred to in the East as Atma-Brahma. The practice of meditation is essential in developing this recognition for it elevates the separated self into the worlds of intuitional awareness wherein all forms through which the One Life acts retain their essential oneness. In this high place, the Divine Plan exists as a potentiality, and the blueprints for its outer manifestation are carefully laid. From this perspective, the “future stands revealed.”

The one who seeks after the light must become the one who mediates that light into existence. Towards this end, the practice of meditation is coupled with the expression of the higher consciousness through service. A cyclic rhythm of meditation and expression is established, and as the soul and personality breathe in unison, the creative work proceeds.

With joy and recollectedness, the higher Self finds expression in everyday thoughts and actions, and the worker in the light reaps the soul's harvest. The fruitful journey from darkness to light becomes an offering to the emergent Plan. It is a spiritual harvest that feeds those who hunger for light and liberation. The Triangles network provides an opportunity to distribute this illuminated and dynamic goodwill in service to humanity and the planet.

Disciples need to remember that love brings all earthly karma to an end. Love induces that radiation which invokes and evokes not only the heart of God but the heart of humanity also. Love is the cause of all creation and the sustaining factor in all living.

Discipleship in the New Age II, p 541

THE PLANETARY NETWORK

The Planetary network of light, love and service is transforming the mental climate of the planet, reorienting humanity to spiritual attitudes and values. The groups and activities reported here reflect different aspects of the network.

The Soul Conscious Community – SCC Workers

The group's work in Hong Kong is an offshoot of a similar project which began in Perth more than twenty years ago, and this link with Perth continues as a cooperative effort that now also includes a group in Tokyo.

Their objective is the promotion of spiritual teachings and service through group meditations and study. Various activities support these aims, all of which have now been moved to online access and include live meditations at the new and full moon in addition to their weekly Triangles meditation. Workshops and a monthly book club are offered in addition to their Soul Conscious Community website and social

media platforms. A further outreach provides counselling to local university students using the paradigm of harmlessness and right speech.

The Hong Kong and Tokyo Triangles Groups are working together to bring more awareness of this linking network in Asia. There are already triangles formed between members in Tokyo and Hong Kong to increase the connection. A translation of the Adapted Great Invocation into Chinese is nearly done, and a new Japanese translation of the Adapted version is now available.

For further details, please email: office@amindset.hk or go online to: <https://soulconsciouscommunity.com>

The Persian-Inspired Group of Spiritual Workers

With similar backgrounds shaped by Persian wisdom and culture, this group is currently about forty in number from geographically diverse regions. Through a tragedy that touched them all, they came together for mutual support, leading them to pray using the Great Invocation, which proved a profound help for many. This beginning developed further to an exploration of meditation and to the formation of Triangles amongst themselves.

Through shared efforts, they are moving for-

ward with the translation of various items of the ageless wisdom teachings, including the Great Invocation and some of the World Goodwill and Triangles offerings, so that they may be shared more widely within their group and strengthen their links with the wider community in which they find themselves.

For Persian (Farsi) items of literature, please visit the Lucis Trust website <https://www.lucistrust.org/persian>

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for people of goodwill and is published four times a year in Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

For further information and literature write to Triangles:

Suite 54
3 Whitehall Court
London SW1A 2EF
UK

www.triangles.org

Rue du Stand 40
Case Postale 5323
CH-1211 Geneva 11
SWITZERLAND

866 United Nations Plaza
Suite 482
New York NY 10017
USA