



Triangles

BULLETIN

No. 221
September 2022

A BEATITUDE OF EXPECTATION

Poise is a word that has real depth of meaning. For the artist, writer, actor and musician, the word points to that all-embracing but infinitely small moment when all one's creative forces are gathered together in a beatitude of expectation prior to the appearance in form of some specific work, a performance for example. It is the culmination of days and months and years of disciplined preparation; the outcome of mistakes, of blind alleys, false starts; the result of 'toil sweat and tears' that have been endured because all the while there is the sensed presence of the glorious vision of what might be – and what will be! This would never have been persisted in, were there not from the start that presence of joy and certainty about the enterprise at the core of the artist's being.

And now everything becomes compressed into a vortex of energy, a moment of infinite poise. It is the "still point of the turning world. Neither flesh nor fleshless; Neither from nor towards", as T S Eliot so beautifully expresses it. And he continues: "at the still point, there the dance is." Now the vortex of energy explodes into the scintillating appearance of something so new and so beautiful that we know it must always have existed, just waiting for the right group and the right time in order to appear before the astonished gaze of humanity.

How perfectly does this understanding of poise describe the life and work of people who, as well as being concerned and constructive citizens, have added the arduous task of spiritual development to their lives. They apply this joyful discipline to their creative work, increasingly understood in group terms, and focussing on the unseen worlds of the more spiritual planes. Here poise takes on additional meanings. What is the razor-edged path to truth other than one of total poise, the balancing of the pairs of opposites, the rising above the dualities of pleasure and pain into the synthesis of love and joy? What is the rainbow bridge, spanning to the spiritual triad, but the transcendence of the thesis/antithesis of the concrete mind into the synthesis of straight knowledge and beatitude?

We can also very usefully think of poise as being central to our triangles work. The gradual transformation of the planetary etheric body from a system of squares – with all that this connotes of oppositional posturing and relentless conflict – to a matrix of triangles that fosters cooperation and right human relationships. This is poise on a planetary level and it is the goal of our dedicated daily triangles work. It incorporates a spiritual vision of the future that will be gradually manifested by our group poise. This poise achieves that urgently needed spiritual balance, resting in the vision of love and goodness which we call the Plan. We can be sure that in due time it will appear before the astonished gaze of humanity. May we hasten the day.

STANDING AT THE CROSSROADS

Just as humanity now stands at the proverbial crossroads, the crisis of choice and discrimination touches every individual at some level. Each phase of life offers decisions with both the practical and the spiritual challenges. So, we have all been confronted with the need to exercise the faculty of discernment, whether it is deciding on a career or the next step on the spiritual path. Having some form of contact with the Soul no doubt influences the values and the motivation that determine such choices. Do the spiritual aspects outweigh material well-being or vice versa? Is it the service of the individual or humanity that holds the greater sway? Such considerations illustrate the need for a refined sense of discrimination.

Refinement increases through differentiating between the individual's personality and the Soul, and the more we understand their spheres of influence, the closer we will be to realizing the integration and fusion of both. Paradoxically, we first have to separate things and clearly define them as distinct entities before we can understand them as a synthetic whole. The lower or concrete mind separates and labels things, fixing descriptive associations, but finally finds its potential in the ability to discern *wisely*. This conscious recognition of everything that underlies the division is the prelude to wisdom.

It is the light of the Soul that illuminates and nourishes the innate ability of the lower mind until it flourishes as an instrument of wisdom. This organ of perception then enables the server to formulate, in concrete ways, the abstract ideas and ideals that the higher mind transmits. At this stage, the higher and the lower minds come together and form one light, allowing the higher to be reflected in the lower. Here the antechamber of true wisdom has already been entered.

Eventually Soul consciousness develops and the inner union of spirit and matter seeks expression through the personality. This manifests itself in the reorientation of the personality and a search for understanding. This response is a self-initiated process to precipitate the correct balance of conflicting forces in the microcosm. Projecting its vibration through all aspects of the personality, the Soul serves the evolutionary Plan by this act of redemption, raising manifestation to a higher level. As contact or fusion with the Soul increases, discernment manifests itself in successive degrees of subtlety. In this way we recognize the influence of different energies in our life and we can identify which of them come from our self-centered personality and which come from the Soul. Constantly irradiating the planetary consciousness with light and goodwill, the work of Triangles serves as a powerful lens helping humanity to discern the forces and energies that come into action at any given time.

Triangles Webinar: Broadcast every Monday
www.lucistrust.org/triangles/webinar

THE ESSENTIAL SPUR

Ranging from mild displeasure or restlessness to anxiety or even intense vexation, discontent arises from a multitude of sources and appears to come from all directions when nothing seems right. Often being such a fractious state of emotional turmoil, it is difficult to see how it could be a welcome part of life. This is especially so because, at first glance, such discontent may well seem to ruin any chance of ever achieving a truly peaceful spiritual life as it may be imagined. Whatever is imagined, however, at some point, sooner or later, there is a recognition that the spiritual life is not one that is lacking in discontent. On the contrary, spiritual evolution is filled with discontent, and not just that, but that this uncomfortable experience is essential.

Of course, discontent does not need to be a fractious state. Whether it arises from conflicting conditions within the individual self or relates more to environmental factors, the attitude to the situation, to a large extent, determines how it is perceived and what potential results may come from it. When a mental focus is achieved, there is greater perspective, and it is with such detachment that the consciousness can rise above tumultuous emotions. Much of the suffering falls away, too. An even clearer and wider perspective can be achieved when a measure of soul consciousness is accessed: for the soul, life is experience, movement and change – the opportunity to express qualities and values and to acquire greater skill in action. All experience then is valuable if it is regarded as potential education, and if its lessons can be fathomed and their meaning assimilated, then the experience is part of a redemptive progression.

Spiritual teachings say that this recurring discontent arises from the inherent and irresistible urge towards betterment within each human being. This *divine discontent* emerges from an inner awareness of a glorious destiny beyond the human state of consciousness. The urge towards betterment may initially express itself selfishly and in seeking material improvements, but this path eventually becomes a spiritual one. In esoteric terms this is the path of initiation, part of the divine plan for humanity to evolve creatively. It is also the ultimate path of redemption, for each lesson mastered is eventually exchanged for its next higher aspect of a rising spiral of spiritual attainment.

The Triangles network enhances this process working behind the scenes with the etheric web of the planet. The daily renewal of light and goodwill provides support for all redemptive efforts of raising earthly substance towards greater spirituality and consciousness.

SHARING GROUP THOUGHT

We invite you to share your insights on Triangles by post, email or online at triangles.org

When we visualise the world with individuals and groups of light on it, we are imagining enlightened souls, and groups of enlightened souls. Each shining according to its level of spiritual enlightenment.

Triangle workers gather as a group and lift their consciousness above the physical level and imaginatively look down on the scene. Through their work, they then send thoughts of love and light to these lighted beings to increase the brilliance of them. Energy follows thought and the lights are made brighter.

UK

THE GREAT INVOCATION

From the point of Light within the Mind of God
Let light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ* return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men –
The purpose which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power
restore the Plan on Earth.

THE GREAT INVOCATION (Adapted)

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One* return to Earth.

From the centre where the Will of God is known
Let purpose guide all little human wills -
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power
restore the Plan on Earth.

* Many religions believe in a World Teacher, a “Coming One”, knowing him under such names as the Lord Maitreya, the Imam Mahdi, the Kalki Avatar and the Bodhisattva. These terms are sometimes used in versions of the Great Invocation for people of specific faiths.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for people of goodwill and is published four times a year in Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

For further information and literature write to Triangles:

Suite 54
3 Whitehall Court
London SW1A 2EF
UK

Rue du Stand 40
Geneva
CH-1204
SWITZERLAND

866 United Nations Plaza
Suite 482
New York NY 10017
USA

www.lucistrust.org/triangles