



Triangles

BULLETIN

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ON THE WINGS OF SOUL EXPRESSION

The dream of freedom is one of the most potent forces driving societal changes in our modern times. Its emergence onto the world stage can be especially noted around the time of the Second World War when US President Franklin D. Roosevelt made freedom the theme of his State of the Union address. In his speech, he proposed that people everywhere in the world should enjoy Freedom of Speech, Freedom of Worship, Freedom from Want and Freedom from Fear. These freedoms were regarded as so important that they were included in the United Nations Declaration of Human Rights and have since become a defining source of vision. But they are also a point of tension and conflict as each nation in its own way struggles in the quest to balance the individual freedoms of speech and worship with the collective freedoms from want and fear.

The spiritual path for the individual is essentially a path of freedom, and it is similarly characterized by both vision and tension. To be free is to break out of the self-centered impulses, desires and thoughts of the separative identity which imprisons the soul. Yet this freedom also requires an acceptance of the soul's nature, orientation and authority as the teacher within. A struggle to free oneself of illusion and glamour may require a lifetime's focus and persistence. We are often blind to our shortcomings and need a keen discipline to practice dispassion, discrimination, and detachment, so that we do not succumb to a glamour of supposed freedom, where we imagine ourselves as isolated units, free to do as we wish without any sense of responsibility to the good of the whole.

Rather than being isolated as individuals, each of us is embedded within communities of relationship, within groups small and large. Even the soul, with its individual essence, is part of a group with a task to be performed in the unfolding divine plan. From this perspective of the group conscious soul, individual freedom lies in the ability to find and to choose one's unique contribution to the service provided by the group. We are shaped by group relationships, just as we shape the groups that we are part of, and we evolve together as groups. The Triangles network is a living example of this group synthesis. It is part of that universal group of spiritual servers, from all traditions, using the power of thought, invoking higher energies of light and goodwill and radiating them on behalf of humanity and its evolving expression of soul consciousness which is true freedom.

Triangles Webinar: Broadcast every Monday
www.lucistrust.org/triangles/webinar

THE RADIANCE OF INNER LIGHT

At this time of the year, the energies of lighted goodwill become abundantly available and effervescent. This characteristic emanation of the holiday season allows doors to open, new solutions to be found and the healing of divisions. Amidst the tumult of the world, the annual influence of Sagittarius with its arrows of the intuition brings a sense of direction from the higher realms, and its ebullient nature encourages a keen expectation for the greater light which is to yet to come. Even as the sun hovers low at the winter solstice and the darkness of the outer world crowds in, an inner light ever holds the promise of renewal and the hope of joy.

Considered esoterically, joy is not the same as the happiness of celebrations or the fulfillment of desires. Happiness and joy can occur simultaneously when the outer world converges with spiritual consciousness, but they are different qualities, independent of each other. And while the expression of joy can be facilitated by favorable outer events and seasons, the presence of joy is not dependent upon external conditions. Instead, joy arises through transformations within the inner realms of being when the group consciousness of the soul and its joyful nature are known. Then when the soul controls the personality, even if only for a moment, this inner light of soul consciousness reveals itself in service, displaying the radiance of joy, and touching the lives of others.

Even where it is least expected, joy exists, and it is remarkable that individuals and groups who have suffered immensely may radiate joy most clearly. Often through the force of circumstance, soul consciousness is cultivated, and it transforms perception as well as the values that define and empower outer service. The potential of the moment is then revealed, and one finds the power to live more fully within it. Through pondering on joy, happiness, and bliss, it is possible to release the channels of the inner life and to reach out to others. Not only at this holiday season, but more broadly at this time within the greater planetary cycle, the opportunity is now. No matter what is transpiring in the outer world, the new group of world servers everywhere are drawing upon the radiance of this inner light to prepare the way ahead by holding an enlightened vision of the future before humanity. The Triangles network is at its heart, and we can radiate the joyful radiance of the inner light and greater love to come.

IMAGINATION, VIBRATION, AND HUMAN REGENERATION

Inspired by the theme of the World Goodwill Seminar, Imagination and Social Regeneration, the following mental images, based on our shared reality, are offered to give focus to the role of sound vibrations as a medium for bringing about the needed re-energising of human beings as individuals and as a collective centre of life on our planet.

Our daily work of linking with our Triangles partners is an act of directed imagination. Rather than

being a random mental act, we develop and direct the imagination in an act of intentional visualisation or “seeing with and in the mind”. The particular visualisation of being connected to two other people by a mutually created mental thread of lighted substance, and the further intent to see that thread as a carrier of the quality of goodwill or impersonal love between the three people, is an amazing imaginative use of the power of thought. It can and does stimulate the imagination in multiple ways and forms an inner base for the growth of a network of goodwill energy in the world. When we extend our imagination to see our own Triangle as an integral part of a growing network of people who relate to each other in the same way, we suddenly discover that humanity is not only what it appears to be on the outside, or as we might previously have thought. A question we might all begin to ask at that point is, “What impact will the existence of a network of people related in Triangles formation have on human relations, on human societies, on human growth and development?”

Well, it may well be that this depends on the quality of the vibration of the minds and hearts of the people who are learning to relate to each other in this way. The basic Triangles activity stimulates the mind in such a way that it is willing to imagine itself as part of a greater whole which extends upwards into increasingly spiritual levels of enlightenment, understanding, compassion, and expression of divine or even cosmic goodness. We are stabilised in this mental extension by the links we have created with our Triangle and with the global network of Triangles as a whole. Along the way, we can begin to become aware that our use of the Great Invocation is not only a guide to our imagination and mental visualisation but is also a fundamental activity in the science of right human evolutionary and spiritual development. I would go as far as saying that the regeneration of human societies into societies qualified by the higher values and qualities of the human soul is summed up in the vibrations of the word formula known as the Great Invocation.

To make this a bit clearer, we can refer to the practice of visualising humanity as a centre of life linked to two other major centres on our planet, one being the planetary Heart centre (the Hierarchy), and the other being the planetary Head centre (called Shamballa, the centre where the will of God is known). The Great Invocation invites us to see the function of the will in humanity as being guided by the spiritual purpose emanating from Shamballa. It can be helpful to remind ourselves that each of these centres – Shamballa, Hierarchy, Humanity – has its own sound or stable and living vibration that conditions all lives associated with the given centre. We can imagine this to be so, and this act of directed imagination can be supported or strengthened by becoming more aware of our own vibration. This is the basis of the sounding or chanting of the sacred Word, the OM. In fact the chanting of sacred prayers and mantras has the effect of bringing to the fore our own higher vibrations, the vibrations of our Soul nature. The implication here is that when our imagination is tuned to the vibration of our higher nature, it brings us into contact with higher ideas, higher ideals, and higher life potencies. It brings us into contact with the vibrations of the two higher planetary centres, Hierarchy and Shamballa.

We are living in times of tremendous crisis, and we know that we must take decisions that will profoundly determine the path humanity will travel for the next major phase in its development. If the quality of the vibrations of our minds and hearts can be tuned to the quality of the vibrations of the two higher planetary centres, then the qualities of these two centres will naturally flow more easily into human livingness. The entire network of people of goodwill all around the world is

needed for such an event because of the tremendous life-regenerating impact that the energies of these two centres inevitably have when they pour into humanity. The inflow of these energies forces us into tension and conflict between the old social patterns and structures and the new and emergent patterns that better express our higher nature. They pull us towards Soul growth, force us to see what is wrong and what must be righted, force us to choose between the old patterns of relationship and the new Aquarian patterns of evolutionary development. People who are organised and ready for the new life forces are galvanized into service activities that are the practical initiatives that condition societal regeneration. A new consciousness and understanding of humanity as a planetary centre begin to emerge. We can already see this happening and we can contribute to this.

We are told in the Alice Bailey writings that in the year 2025 a great Sound or note will be sounded in Shamballa. This Sound, described as “an O, rounded and full,”¹ sets up a vibration that brings together the most evolutionary developed lives on our planet who will meet in Council in Shamballa. For the first time in our planetary history humanity has the opportunity to listen for vibrations of this sounding of the O from Shamballa. Because we have been cultivating a degree of sensitivity to the Shamballa vibration over the past one hundred years, voicing this sensitivity in the words of the Great Invocation, we can imagine that we are rapidly approaching a period in which the vibrations of the Shamballa O will resonate through networks of minds and hearts such as those who work in Triangles, impacting on the quality of the life force expressing through such networks. These networks will naturally be and become organs for the regeneration of humanity in our times.

A final point is to remind us that we live within the aura or field of influence of a cosmic body we call the Sun. Both Shamballa and Hierarchy are said to have specific relationships to the emanations from our Sun. Humanity itself has always had a mystical or religious relationship to the sun, and it is easy to see that many of our most enlightened teachers have been perceived as radiators of energies that are sunlike in quality – light, warmth, selfless giving, universality, patience. It is likely that the coming sounding of the O in Shamballa will focus the solar vibrations and qualities in our planetary life in a way that will have evolutionary significance for all humanity.

¹ *The Rays and the Initiations*, p.203 Alice Bailey

This article is a transcript from the Triangles webinar presented on 8 November 2021 by Clarence Harvey, a Triangles member of long-standing. An audio recording of this webinar is available via www.lucistrust.org/triangles and the text can be found at https://www.lucistrust.org/blog_triangles.

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles. www.lucistrust.org/triangles

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