

TRIANGLES WEBINAR – 13TH JANUARY 2025

Welcome to this Triangles Webinar for Monday, January 13th, 2025. My name is *Mintze van der Velde* and the webinar of today is managed by Geneva. It is a busy day today, as we are also celebrating the Capricorn Full Moon. As we are about 2.5 hours away from the exact time of the Full Moon, we decided to keep this Triangles webinar relatively simple. *Gabriele Körber*, who is in Berlin, Germany, will share with us some thoughts on *The Cultivation of Triangles in Qigong Practice*. Gabriele is a long-time co-worker of the Tian Ai Qigong institute in Berlin and has given many Qigong trainings.

The monthly Triangles webinars have two major goals – both of which seek to strengthen the planetary network.

- First, to have a space where existing Triangles members can come together to share in a meditative visualisation in support of the Triangles work and to hear reflections and share ideas about world service through the power of thought from different Triangles co-workers.
- Second, to introduce new people to Triangles and hopefully stimulate the formation of new triangles. And if you are already a Triangles member, you may also want to form a new Triangle.

We will begin with some introductory remarks about Triangles and the use of the Great Invocation, followed by a visualisation on the Great Invocation, which regular participants in this webinar are familiar with. Then we will have a talk by our guest, Gabriele, followed by some time for discussion. You can put your questions in the chat or raise your hand. Perhaps you will hear now and then something in German, but that is because in Geneva we give credit to its motto: we seek to fuse, to blend and serve. We will conclude with a Triangles webinar meditation: *Energising the Planetary Network of Triangles*.

If you are new to Triangles, you can find all information on the Triangles website, www.triangles.org, about how to form a triangle – including a section where you can form a Triangle online, by entering your details and inviting others to contact you to form a triangle.

In the second volume of the book *Discipleship in the New Age*, published in 1955, the Tibetan states that there has never been a period in our planetary history in which opportunity has loomed so large or when so much spiritual light and force could be contacted and utilised by humanity. Time-wise we are here around and just after the period of the two great World Wars. The Tibetan urges the New Group of World Servers and all men and women of goodwill to help produce fundamental changes in human thought, awareness and direction. A few key concepts were taking shape, for example the whole idea of the New Group of World Servers itself, the idea of the return of the Christ, the concept of a Plan for humanity and the Great Invocation as a world prayer, amongst other things. But also, the release of energy from matter itself, i.e. atomic energy. At that time the Tibetan then thought that in a few decades, up till 2025, much would have become common place, provided the inertia so prevalent among spiritual people was overcome. He also stated, as is clear from the Great Invocation too, that, despite the ending of the World War, evil was not yet sealed. We are now

in 2025 and even though it is clear that evil still is not sealed, much has been accomplished, which does not mean that from now we can rest on our laurels!

Focusing on Triangles and the Triangles network, it is useful always to remember that both *light* and *love* are active energies. As scientifically light and matter are synonymous terms it follows that the network of light is veritably substance, and therefore the carrier of goodwill. Thus, we realise that it is one network, composed of two types of energy. Consequently, there are also two types of Triangles: Triangles of Goodwill and Triangles of Light – and the work of creating Triangles falls into two categories: some people work more easily with one type of energy than another.

The Triangles of Light are basically more material than the Triangles of Goodwill because they are related to substance, to the energy with which humanity is more familiar, and to etheric matter. The Triangles of Goodwill are hierarchical in origin, even though we are told that at this time of world crisis currently both types of Triangles can be considered hierarchical. It is good to remember that the Masters work in substance (that is to say: light) and not with matter. We know that the work to be done by Triangle members is purely mental and, when rightly done, extremely powerful. “Energy follows thought” is fundamental and the work of Triangles is that of directing thought. When we speak of directing thought, we do not mean focusing on one particular person or even a group of people. We mean directing thought to all men and women everywhere.

The work of the network of light and goodwill, focused on the plane of mind, is to affect public consciousness. It is about working with the minds of men and women everywhere. The effort is to impress these minds with certain ideas which are necessary for human progress. In other words, we are invoking divine aid – invocation – and then directing the energies of light and love to all men and women everywhere - evocation. These energies will then be registered as illumination and goodwill. Through our work with Triangles spiritual energies are tapped and brought into activity.

About seventy years ago the Tibetan wrote: *“People recognise the present darkness and misery, and consequently welcome light; men are tired of hating and fighting, and therefore welcome goodwill.”* This was after the World War and thereafter we have seen a time of relative optimism, rebuilding of a more prosperous world and relative peace. War and misery, however, have never left us on a global scale and seem even to increase in the last decades. Despite this reality, efforts to lift humanity upwards are ongoing too. And the Tibetans statement of seventy years ago seems definitely to apply to the world of today too – that is to say the world of 2025.

In the period after the Great War, the Tibetan urged all men and women of goodwill to use the Great Invocation as much as possible, but also as good as possible – that is to say with the deepest understanding of its meaning we, as Triangle workers, can achieve in our consciousness. It is hoped that these few thoughts above are of help to keep our Triangles work vibrant and energetic, always keeping in mind that “Energy follows thought.”