



Triangles

BULLETIN

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AMID FIRE AND ASH

Every moment of every day presents an opportunity to work towards piercing the veil of illusion, of finding the truth within the lie – an opportunity to truly think, feel and act according to the teachings passed on to us by the great Masters of wisdom. Initially much of this work entails disengaging from the natural propensity to define existence – and life – in terms of physical manifestation. Much like the mythological phoenix which dies in a show of flames only to rise again from its ashes, we realise that each human, or any physical being, is defined not by its manifested aspect but by its true essence of energy or spirit.

In a universe of vibrating energy, governed by the law of cycles, the destruction, or de-structuring of form is but a stage in the process of transformation. It is a transitory state, a fundamental and inextricable part of the divine creative process. In this context, end and beginning are one, and physical death ceases to denote loss of life but is seen as a mechanism of regeneration, the apex where departing waves of vibration withdraw and new ones enter. We, like the phoenix, are no longer defined merely in terms of our physical vehicle, destined to burn in the fire of friction, but by the eternal essence which lies behind the construction, use and purpose of the form.

We are taught that what holds true above is also true below, and all that applies to a human being also applies to a single atom, a nation, a civilisation, the entire human race. Likewise, while the human lifetime constitutes the single, most monumental cycle in human experience, the process of construction, experience, demolition and rebuilding from the remains of the past applies indefinitely, to all forms, at all levels, on all planes. From the great circle of evolution and involution, through to earthly life and death, day and night, inhalation and exhalation, all the way to the rise and fall of ideologies, religions, and civilisations, it is within the interludes where the vibration of the departing note still echoes that the next note of spirit will sound forth. Here, we find the most wonderful opportunity. When we cease to resist what is, free ourselves from the paralysing identification with physical substance and look beyond the world of appearances into the world of meaning, we enter into a new consciousness where intelligent participation with the forces of evolution is possible.

From the highest point within ourselves, we observe experience turning into resolution and then again into experience, knowing that all proceeds according to law and serves a common purpose, the true vision of which we can only attempt to fathom. In this high place, we draw meaning from the past, and project our highest notion of divine purpose into the future, aligning our consciousness with the designs of the Soul.

WITHIN THE STILLNESS

From the dawn chorus to the familiar sounds of community living in the twenty-first century, outer silence can be quite rare. Considered esoterically however, silence indicates a deep state of inner calm, distinct from and independent of outer conditions. Being within the scope of personal control and responsibility, this kind of subjective silence often falls prey to the restless mind and fluid emotions which disrupt meditation and demonstrate that, compared to outer silence, inner silence is even more elusive. The best noise-cancelling headphones only serve as a reminder that this subjective stillness is created within oneself.

There is then, this longing for inner quiet; but when most outer distractions cease, as they have done for many now restricted by Covid-19 measures, the interior noises of the inner psyche may become more prominent, revealing unresolved conflicts and the wounds that are yet to heal. Along with much else that has been successfully submerged by busy life patterns, this uprising presents a crisis and a challenge. At the same time, such revelations provide an opportunity for a conscious evaluation. Through addressing what has been discovered, it is possible to change the dynamics and move towards the creation of greater inner calm.

One expression of a deep inner silence is the capacity to listen with an aligned and unwavering receptivity, focused on the energy and content of the message being conveyed. This poise creates a non-judgemental space for enlightened goodwill to enter and it prepares a time for both assimilation and the formulation of an appropriate response. Within a religious context, this same stillness might be described in terms of faith and communication in prayer. Mother Teresa once spoke of this kind of silence when she was asked what she did when she prayed. She answered that she listened. Then, being asked what God did when she prayed, she replied that He listened.

Such profound inner quiet as this, and that which is needed for meditation, is eventually established through persistence and by patiently dismissing wayward thoughts and emotional interference. When such inner calm is achieved, even fleetingly, a profound stillness can reveal itself. This space is not lifelessly empty, and when the meditation is aligned and appropriately directed, it is akin to magnetism. Finely attuned, it attracts a certain level of vibration favourable to the level of meditation and contemplation that is evolutionary in nature. This state of consciousness is a portal for abstract perception and spiritual communication unbounded by words and perhaps most easily expressed in the energies of light and love. These same energies are those that the Triangles meditations circulate in service to humanity.

Triangles Webinar: Broadcast every Monday
www.lucistrust.org/triangles/webinar

IN PERPETUUM MOBILE

The term “creation”, when applied to the manifested world, errs to the extent that it suggests something static, inert, unmoving, or final. The myriad forms of which the manifested world is composed are in a constant state of motion, growth, and evolution. As the indwelling life cycles into and out of phenomenal expression, there is death and rebirth, accumulation and dissolution. All lives, all forms onward move towards their destined consummation in a dynamic dance of magnetic, fiery interrelationship.

Where is this dance taking us? Towards the exaltation of the soul which lies hid within all forms. Its exaltation fulfills divine intent – that Will which is the engine of evolution. We are told that naught exists but consciousness, for all life stands in measured grades, embodying an ever-perfecting relationship between spirit and form. It is this process of perfection – fiery, intense, and sobering – which frees the imprisoned life and allows the soul to triumph as the creator and master of its form.

Through countless cycles, the consciousness emerges from the darkness of form life into the lighted recognition of its spiritual nature. This emergence of the personality into soul consciousness is the preeminent creative act of the soul in our planetary cycle. Through trial and error, defeat and triumph, the soul always persists – its original intent inevitably consummated. The soul knows that time, when rightly handled, becomes an agent of creative beauty rather than a limiting factor in the creative process.

Time perfects all things through cyclic repetition and through an enforced dissolution, preparing the way for renewed growth and activity. The soul understands time as immortality, yet works within cycles of activity and inactivity (pralaya). The lower interlude of the spiritual year is naturally a time of introspection, recollection, and planning. Growth and evolution follow and, with poise, the right relationships are established between oneself and one’s environment, between the soul and its mechanism.

In this state, the soul impresses its vision upon the mind of the personality, revealing the divine potential hidden within the present. Once bestowed, this vision impels us to point the way, to uplift and restore humanity’s faith in the future. This opportunity to serve evokes the soul quality of joy. Joy clarifies and vitalizes. It is realized in the mind and supervenes when right alignment has been achieved. It continues to expand as group consciousness is realized, when one’s actions are selfless and non-acquisitive, and when desire for personal comfort fades in the realization of spiritual service. The soul delights in the perpetual motion of creation and re-creation with inexhaustible love, mobilizing goodwill and drawing all things upwards.

It is the secret of the world that all things subsist and do not die, but only retire a little from sight and afterwards return again . . . Nothing is dead.

Emerson

SHARING GROUP THOUGHT

We invite you to share your insights on Triangles by post, email or online at triangles.org

The Pandemic has shone a deeper light on numerous critical issues that humanity must address and solve to build a greater future which works for everyone. Triangle service is that powerful, simple and practical tool and channel of communication between the Hierarchy and humanity using the Great Invocation to bring more light and goodwill, the needed ingredients for a better future.

AUSTRALIA

It has become apparent to me that each Triangle develops its own 'character'. Some people are content to perform the necessary work, contacting each other outside of that work occasionally. Others like to exchange information and ideas on esoteric matters more often. It is another demonstration that 'many different coloured threads are required to make a rich tapestry'.

UK

At last I have come to realise that it is not so much the case that I am working the triangle but that the triangle is also working me, nor am I directing the triangle because equally the triangle is directing me.

I am not suggesting that on account of this all I have to do is show up and the spirit of love will do the rest. Only with purity of motive and

a clear intention in the heart is the door opened for the spirit of love to enter in and lead the way.

I am finally learning to move out of the way so that light, love and power can find their point of contact through the triangle as the agent of direction rather than my personality striving to be the agent of control, or the one at the centre.

There is a correspondence to the idea of love working through us, and love directing us in our chosen service.... Seeing it this way has enabled me to make the transition from thinking of it as my spiritual right to be a member of the Triangles group, to realising a long overdue sense of humility and that this form of service is indeed a privilege to be earned.

UK

I continue to work at visualizing and seeing the Network of Triangles. Although this is an area that I need to continue to work on, it does not come easy for me. Using the Great Invocation as a Word of Power, projecting and pulsating through the Network comes more naturally for me. Although I can't see it (although I do imagine it), I definitely can feel it, pervading the Network along with the corresponding assurance of "Faith" that is manifesting.

USA

Triangles is a world service activity in which people link in thought in groups of three to create a planetary network of Triangles of light and goodwill. Using a world prayer, the Great Invocation, they invoke light and love as a service to humanity. Further information is available on request from Triangles.

The Triangles Bulletin is for people of goodwill and is published four times a year in Dutch, English, French, German, Greek, Italian, Polish, Portuguese, Russian and Spanish. Triangles is an activity of the Lucis Trust, a non-profit educational charity which exists to promote right human relations.

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