

## **“Death as Liberation”**

Maria Calegari

The purpose of our presenting some of the Ageless Wisdom’s ideas on the great glamour, the fear of death, is to stimulate further reflection and discussion on this very sacred and natural part of all life. The Triangles network of light and love can assist in dispelling this ancient fear of death and transform human consciousness towards soul awareness of the beauty and liberation of releasing the old forms.

For myself I am certainly no expert in this field except for the fact of being a part of humanity. We have all gone through countless experiences of the death process and many lifetimes thereafter. This topic is so vast, too much to cover in just the time we have today yet maybe it will encourage us to have more open discussions on death. Let’s consider a few truths presented in the compilation book, *“Death: The Great Adventure”* published by Lucis Publishing and taken from the 24 Volumes written by Alice A. Bailey.

This from *“Consciousness of the Atom”* pp 64-65,

“Our ideas about death have been erroneous; we have looked upon it as the great and ultimate terror, whereas in reality it is the great escape, the entrance into a fuller measure of activity, and the release of the life from the crystallized vehicle and an inadequate form.” (end quote)

Death as we know it is after all one of our most practiced activities. We have died numerous times and we die to physical plane life every night we go to sleep and function elsewhere. However death for humanity since Atlantean times has been looked upon with great fear and terror meaning the end of all human relations and the termination of the bonds of love and affection with those we are close to. We are urged to practice the Science of Dying each night, to withdraw our consciousness to the head as we fall asleep, to not permit a drifting off but a conscious withdrawal. This will prepare us for the hour of death making it automatic and without effort.

The Tibetan Master states in a *“Treatise on White Magic”* pp 300-301;

“I speak about death as one who knows the matter from both the outer world experience and the inner life expression- “There is no death.” “There is only entrance into fuller life, a life of freedom.”

Fear of death constitutes the Dweller on the Threshold in this age and cycle. Both of them indicate sentient reaction to psychological factors and cannot be dealt with by the use of another factor such as courage. We are told that they must be met by the omniscience of the soul, working through the mind- not by its omnipotence. In this is found an occult hint to further consider.

This makes us think about the important bridging work being done with hospice and palliative care for the dying or the ground breaking work of psychiatrist Elisabeth Kubler-Ross on death and dying. There is still much for us to learn about assisting our loved ones through the gate of liberation. And we know from other esoteric books on this subject (like the collection of Rudolf Steiner’s essays on communication with the discarnate called *“Staying Connected”*, or *“The Country Beyond, The Doctrine of Re-Birth”* by Jane Sherwood, and Helen Greaves who was an Arcane School student and wrote, *Testimony of Light”*), that there is quite a bit of documentation about the other side of the veil and the work that goes on there to greet new souls into the light as they make their adjustment including near death experiences.

Death can be seen as Beauty, as Joy, as Spirit in action, and as the consummation of all good.

We also can recognize that the intent is for everyone to die at the demand of his own soul. In the future we are told that a planned withdrawal of the soul will be a conscious choice even involving our loved ones and family. Death is the undertaking of the soul no matter how unaware a human being may be of that direction. As we become more soul-conscious death will be seen as an ordered process carried out in full consciousness and with the understanding of cyclic purpose, including the doctrine of re-birth.

To close before our group discussion some words from His Holiness The Dalai Lama given in the foreword of the *"Tibetan Book of Living and Dying"*;

"The actual point of death is also when the most profound and beneficial inner experiences can come about. Through repeated acquaintance with the process of death in meditation an accomplished meditator can use his or her actual death to gain great spiritual realization. This is why experienced practitioners engage in meditative practices as they pass away."

During the pandemic we've faced a great number of souls leaving the planet in a short period of time. We can ask ourselves, "how can we as Triangles workers assist in this energetic shift?" And, "How can we re-imagine our attitudes towards death and communicate it to others?"

I hope these ideas and questions have stimulated the group field for sharing.

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